

1 Sodium-hydrogen exchangers in *C. elegans*: Investigations
2 towards their potential role in hypodermal H⁺ excretion, Na⁺
3 uptake and ammonia excretion as well as acid-base balance
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30 **Abstract**

31 Cation/proton exchangers of the Cation proton antiporter 1 (CPA1) subfamily (NHEs, SLC 9)
32 play an important role in many physiological processes, including cell volume regulation, acid-
33 base homeostasis and ammonia excretion. The soil nematode *Caenorhabditis elegans* expresses
34 nine paralogues (NHX-1 to -9). The current study was undertaken to investigate the role of the
35 cation/proton exchanger in hypodermal Na⁺ and H⁺ fluxes as well in ammonia excretion
36 processes. Measurements using the scanning ion-selective electrode technique (SIET) showed
37 that the hypodermis promotes H⁺ secretion as well as a Na⁺ uptake. Interestingly, while both
38 fluxes, as well as whole body ammonia excretion rates were partially inhibited by amiloride (100
39 μmol l⁻¹), no effect was observed on the H⁺ efflux and ammonia excretion rates when animals
40 were exposed to 100 μmol l⁻¹ EIPA, suggesting rather the participation of apical Na⁺ channels in
41 the Na⁺ uptake process, but probably not NHX transporters. In response to stress induced by
42 starvation or exposure to 1 mmol l⁻¹ NH₄Cl (HEA), pH = 5.5, pH = 8.0), body pH stayed fairly
43 constant, with changes of mRNA expression levels detected in intestinal NHX-2 and hypodermal
44 NHX-3. Excretory cell NHX-9 mRNA expression was altered by exposure to pH 5.5 or 8.0 but
45 not by HEA. In conclusion, the study suggest that hypodermal apically localized EIPA-sensitive
46 sodium/hydrogen exchangers do likely not play a role in ammonia excretion and Na⁺ uptake in
47 the hypodermis of *C. elegans*, while apical amiloride sensitive Na⁺ channels seems to be
48 involved not just in hypodermal Na⁺ uptake, but indirectly also in NH₄⁺ and H⁺ excretion.

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53 **Introduction**

54 Members of solute carrier family 9 (NHEs, cation/proton exchangers, SLC 9) belong to
55 the Cation proton antiporter 1 (CPA1) subfamily and play an important role in diverse
56 physiological processes by facilitating monovalent cation/proton exchange across cell
57 membranes and membranes of intracellular organelles. Transporting Na^+ or K^+ in exchange for
58 protons, NHEs are primarily involved in the regulation of cellular and organellar pH as well as in
59 cell volume adjustment (Orlowski and Grinstein 2004; Zachos et al. 2005). Although sometimes
60 driven by a V-ATPase, e.g. in the Malpighian tubules of mosquitoes (Wieczorek et al. 2009),
61 cation/proton exchangers are commonly energized by the Na^+/K^+ -ATPase, which generates w
62 low intracellular Na^+ concentration that drive Na^+ in and H^+ out of the cytoplasm. In aquatic
63 animals NHEs have been implicated to be involved in branchial osmoregulatory Na^+ uptake
64 mechanisms observed e.g. in fish (Edwards et al. 1999; Hirata et al. 2003; Scott et al. 2005;
65 Wilson et al. 2000) and crustaceans (Towle et al. 1997; Towle and Weihrauch 2001). In addition,
66 NHEs have also been associated with transepithelial ammonia transport. The apical NHE-3 has
67 been suggested to play a role in mammalian renal ammonia transport (Weiner and Hamm 2007;
68 Nagami 1988), while earlier studies showed $\text{Na}^+/\text{NH}_4^+$ exchange activity in nephridial brush
69 border vesicles prepared from the proximal tubule (Kinsella and Aronson 1981). Also, in the
70 midgut epithelium of the tobacco hornworm *Manduca sexta*, an as yet uncharacterized
71 amiloride- and 5-(N-Ethyl-N-isopropyl) amiloride (EIPA)-sensitive cation/ H^+ antiporter has been
72 implicated in transport of NH_4^+ from the alkaline gut lumen into the cytoplasm in exchange for
73 protons (Weihrauch 2006; Blaesse et al. 2010). Although it has only been suggested that
74 cation/ H^+ exchangers may transport NH_4^+ ions directly, it is generally accepted that these
75 transporters can facilitate the acidification of the apical unstirred boundary layer in ammonia

76 excreting epithelia and thereby generate an outwardly directed partial pressure gradient for NH₃.
77 Accordingly, an NHE facilitated ammonia excretion mechanism was suggested for trans-
78 epidermal ammonia excretion in the freshwater planarian *Schmidtea mediterranea* (Weihrauch et
79 al. 2012), and also for branchial ammonia excretion in the pufferfish *Takifugu rubripes* (Nawata
80 et al. 2010) and the amphibious mudskipper *Periophthalmodon schlosseri* (Randall et al. 1999).
81 Moreover, Wright and Wood proposed a general model for ammonia excretion in freshwater
82 fish, suggesting an apical “Na⁺/NH₄⁺ exchange complex”, where several membrane transporters,
83 including Rh-proteins, V-ATPase, NHE-2 and/or NHE-3 and Na⁺ channels operate together as a
84 metabolon to provide a mechanism for acid trapping of ammonia on the apical surface (Wright
85 and Wood 2009).

86 Sodium/hydrogen exchangers have been most thoroughly studied in mammals, and NHE-
87 1 is likely the best-understood transporter of the NHE family (Wakabayashi et al. 2000; Slepkov
88 et al. 2005; Slepkov et al. 2007). For NHE-1, the N-terminal membrane domain is necessary and
89 sufficient for ion translocation (Wakabayashi et al. 1992; Murtazina et al. 2001; Touret et al.
90 2001), while the C-terminus is important for regulatory functions. Numerous phosphorylation
91 sites for various protein kinases and other sites responsible for interaction with accessory
92 proteins are localized in the C-terminus (Orlowski and Grinstein 2004; Slepkov et al. 2007). Part
93 of the ion conduction pathway is the fourth transmembrane domain (TM4) (Slepkov et al. 2005).
94 This domain also contains the nine amino acid amiloride binding motif
95 “**F1·F2·X3·X4·X5·L6·P7·P8·I9**”, that is conserved in members of the NHE family (Counillon et al.
96 1993; Counillon et al. 1997) (figure 1).

97 In the genetic model system *Caenorhabditis elegans* 9 putative NHE homologs have been
98 cloned (called NHX-1 through -9) and investigated for their tissue and cellular localization in the

99 nematode (Nehrke and Melvin 2002). The authors reported that NHX-1 showed expression in a
100 multicomponent pattern in hypodermal and muscle cells over the entire length of the worm.
101 NHX-2, -6 and -7 were found in the intestine, with NHX-2 localized to the apical membrane and
102 NHX-7 localized predominantly to the basolateral membrane. NHX-6 is also localized to the
103 basolateral membrane, but only in the most anterior and most posterior regions of the intestine.
104 NHX-4 was evidently expressed in all cell types. In polarized cells, NHX-4 was targeted to the
105 basolateral membrane and was therefore compared to the ubiquitously expressed mammalian
106 NHE-1. In contrast to the NHX isoforms mentioned above, NHX-3, -5, -8 and -9 appeared to be
107 localized to intracellular membranes. NHX-3 showed highest abundance in the hypodermis with
108 additional expression found in the uterine cells and spermathecal junction cells. NHX-5 occurred
109 primarily in neuronal cell bodies. NHX-8 is localized to the seam cells, but also to the
110 pharyngeal muscles, the pharyngeal-intestinal and intestinal-rectal valve cells. The authors
111 further demonstrated that NHX-9 is targeted to the excretory cell. In a recent study it was
112 suggested that *C. elegans* excretes at least part of its nitrogenous waste in form of ammonia
113 across the hypodermis mediated by the acidification of the apical unstirred boundary layer
114 (Adlimoghaddam et al. 2015).

115 The aim of the current study was to explore whether NHX-transporters in *C. elegans* play
116 a role in hypodermal H⁺ secretion, Na⁺ uptake, and ammonia excretion, employing the scanning
117 ion-selective microelectrode technique (SIET) and whole animal excretion experiments. In
118 addition, changes of NHX expression levels were monitored upon physiological stressors such as
119 feeding (elevated internal ammonia loads), starvation, exposure to elevated external ammonia
120 levels, as well as high and low environmental pH regimes.

121

122 **Materials and Methods**

123 *Nematode cultivation*

124 The *Caenorhabditis elegans* strain (N2) employed in this investigation was obtained from
125 the Caenorhabditis Genetics Center (CGC, University of Minnesota, Minneapolis). Worms were
126 maintained in the laboratory at 16°C on Nematode Growth Medium (NGM) seeded as a food
127 source with *E. coli* OP50 according to the standard methods described by Brenner (Brenner
128 1974). After five days of incubation, chunks of gravid worms on NGM were transferred to
129 freshly seeded NGM plates for revitalization of the animals (Hope 1999). After an incubation
130 period of two days at 16°C, animals were washed from the plates with M9 buffer (in mmol l⁻¹:
131 22 KH₂PO₄, 43.5 Na₂HPO₄, 85.54 NaCl, and 3 MgSO₄, pH 7) and transferred aseptically into
132 250 mL of liquid medium as previously described (Adlimoghaddam et al. 2015) using “heat
133 killed” (100°C, 1h) *E. coli* OP50 as a food source. If not noted otherwise, worms starved for 24
134 hours were used in subsequent experiments to avoid physiological effects and changes in gene-
135 expression patterns related to feeding and corresponding increased internal ammonia loads. All
136 experiments on living worms were performed at room temperature (RT, 22 °C).

137

138 *Ammonia excretion experiments*

139 In this series of short-term experiments (2 hour treatment), ammonia excretion rates were
140 determined under the influence of amiloride and EIPA (amiloride- and 5-(N-Ethyl-N-isopropyl)
141 amiloride). Worms (8 mL) from the liquid culture were washed twice with non-buffered/control
142 medium (mmol l⁻¹): 129 NaCl, 22 KCl, 1 MgSO₄, adjusted to pH 7) followed by a centrifugation
143 step (188 x g, 2 min). Worms of a combined fresh weight of approximately 0.15 - 0.2 g were
144 then exposed to either the control medium or an inhibitor-enriched control medium (pH 7) for 2

145 hours. Drugs were used at the following concentrations ($\mu\text{mol l}^{-1}$): 10 and 100 amiloride and 1,
146 5, 10, 50, 100, and 500 EIPA. EIPA was dissolved in dimethyl sulfoxide (DMSO) at a final
147 concentration of 0.5%. DMSO (0.5%) was also added to the respective control solutions. During
148 the 2 hour incubation period, worms were agitated at 200 rpm at room temperature. At the end of
149 this experimental period, worms were pelleted by centrifugation (188 x g, 3 min) and checked
150 for survival under a microscope. After determining the fresh weight of worms, the supernatants
151 of control media and inhibitor-enriched media were collected. All samples were immediately
152 frozen at -80°C for subsequent ammonia measurement of ammonia concentrations.

153

154 ***Determination of ammonia concentrations***

155 Ammonia concentrations in the samples were determined by means of a gas sensitive
156 NH_3 electrode (Thermo Orion, Beverly, USA) connected to an mV/pH meter as described in
157 detail in previous studies (Weihrauch et al. 1998; Adlimoghaddam et al. 2015).

158

159 ***Determination of body pH***

160 In this set of long-term experiments, body pH was investigated in fed and starved worms
161 as well as in worms exposed to either $1 \text{ mmol l}^{-1} \text{NH}_4\text{Cl}$ (HEA), pH 5.5 and pH 8.0.

162 Approximately 0.15-0.2 g of worms from the liquid culture were washed 2 times and
163 subsequently acclimated for 24 hour to the following solutions: a) control media adjusted to pH
164 7.0 enriched with “heat killed” *E. coli* OP50 (fed worms); b) control media adjusted to pH 7.0
165 (no food source, starved worms). Additionally, worms were exposed for 48 hours to c) control
166 media adjusted to pH 7.0 enriched with $1 \text{ mmol l}^{-1} \text{NH}_4\text{Cl}$; d) control media adjusted to pH 5.5
167 with 5 mmol l^{-1} 2-(N- morpholino) ethanesulfonic acid (MES); e) control media adjusted to pH

168 8.0 with 5 mmol l⁻¹ tris (hydroxymethyl) aminomethane hydrochloride (Tris-HCL). For
169 treatments c, d and e the media were replaced after 24 hours of incubation so that there was no
170 food source in the last 24 hours. At the end of the treatments, worms were washed twice, pelleted
171 and, after determination of the fresh weight, transferred to a small glass beaker containing 4 mL
172 of millipore water (pH 7.3), and homogenized on ice for 20 s using a polytron homogenizer
173 (AHS, Pro Scientific, Oxford, CT, USA). The homogenized samples were then centrifuged (188
174 x g, 2 min) and the pH of supernatants was determined using a digital pH meter.

175

176 **Quantitative PCR:**

177 For this series of experiments animals were treated as described in the preceding section.
178 At the end of each treatment, RNA was extracted from pelleted worms (0.15 – 0.2g) under
179 RNase-free conditions using the RNeasy plus Mini Kit (Qiagen Inc, Mississauga, Ontario,
180 Canada). RNA was then quantified spectrophotometrically (Thermo Fisher Scientific, MA,
181 USA). Following DNase I treatment (Invitrogen, Carlsbad, CA, USA), RNA samples were then
182 checked for DNA contamination by high cycle polymerase chain reaction (PCR) utilizing the
183 primer pair CeActin F/R (Table 1). For cDNA synthesis, 0.3 µg DNased RNA (DNA free) was
184 transcribed using Superscript II reverse transcriptase and oligo-dT primers (iScript™ cDNA
185 Synthesis Kit, Biorad, Mississauga, Ontario, Canada). The quality of cDNA samples was
186 verified by PCR (CeActin F/R) and post run gel visualization.

187 All primers employed in qPCR were designed based on published sequences as indicated
188 in Table 1. PCR protocols for each employed primer pair were optimized in order to gain a single
189 amplicon of the predicted size (data not shown). All PCR products of all target genes were gel
190 purified (The E.Z.N.A.® gel extraction kit, Omega Bio-Tek, Norcross, Georgia, USA) and

191 subsequently evaluated for correctness by sequencing (Robarts Research Institute, London,
192 Ontario, Canada).

193 For quantitative PCR (MiniOpticon, Biorad, Mississauga, Ontario, Canada) standard
194 curves of each target gene were generated employing a dilution series of known quantities (10^{+4} ,
195 10^{+3} , 10^{+2} , 10^{+1} , 10^{+0} , 10^{-1} fg DNA) of the respective purified PCR product (QIAquick Gel
196 Extraction Kit, Qiagen Inc, Mississauga, Ontario, Canada). A minimum R^2 value of 0.98 was
197 required for the standard curve. Real-time PCR assays contained a total volume of 15 μ L using
198 SSoFastTM EvaGreen supermix (Biorad, Mississauga, Ontario, Canada). After each run a melting
199 curve analysis was performed to verify single product PCR reaction.

200

201 *SIET*

202 Worms were bathed in moderately hard reconstituted water (MHRW) (Khanna et al.
203 1997) for measurements of H^+ and Na^+ fluxes. For H^+ flux measurements, MHRW contained (in
204 $mmol\ l^{-1}$): 1 NaCl, 1 $NaHCO_3$, 0.3 $CaCl_2$ and 0.1 KCl. For Na^+ flux measurements, NaCl and
205 $NaHCO_3$ were reduced to 0.5 and 0.6 $mmol\ l^{-1}$, respectively, to facilitate detection of Na^+
206 concentration gradients, as described below.

207 Fluxes of Na^+ and H^+ were measured using SIET. Levamisole ($0.5\ mmol\ l^{-1}$) was added
208 to all media to minimize worm movements during SIET measurements, as described previously
209 (Adlimoghaddam et al. 2014). Transport of Na^+ or H^+ into or out of the nematode creates
210 gradients in the activities of these ions in the unstirred layer ('boundary layer') near the surface
211 of the hypodermis. Gradients were measured with Na^+ -selective and H^+ -selective
212 microelectrodes positioned at two points within the unstirred layer. The use of a self-referencing
213 microelectrode permits detection of unstirred layer gradients as small as 0.04% of the

214 concentration in the bulk solution (*i.e.* outside of the unstirred layer). The microelectrode was
215 moved perpendicular to the worm surface between two positions separated by 50 μm at each
216 measurement site. It was first moved to the inner position within 5 μm of the worm surface. The
217 microelectrode then remained stationary during a 4 s wait period to allow ion gradients near the
218 tissue to re-establish after the localized stirring during the movement period. No data were
219 collected during the wait period. Lastly, the microelectrode voltage was recorded for 0.5 s during
220 the sampling period. The microelectrode was then moved to the other extreme of the 50 μm
221 excursion, perpendicular to the long axis of the worm, followed by another wait and sample
222 period. Each move, wait and sample cycle at each extreme of microelectrode excursion was
223 complete in <5 s. Voltage measurement at both extremes of microelectrode excursion thus
224 required a total of ~ 10 s and three replicate measurements at each site could thus be completed in
225 <30 s. Voltage measurements taken at the limits of the excursion were used to calculate a mean
226 voltage difference over the excursion distance of the microelectrode. This differential signal was
227 then converted into a Na^+ or H^+ activity difference using standard microelectrode calibration
228 curves that related voltage output to Na^+ or H^+ activity in MHRW. The resultant ion activity
229 gradients were then used to calculate the ion flux, using the Fick equation: $J = D \Delta C / \Delta X$, where J
230 is the flux ($\text{mol cm}^{-2} \text{s}^{-1}$), D is the diffusion coefficient ($\text{cm}^2 \text{s}^{-1}$), ΔC is the concentration gradient
231 (mols cm^{-3}) and ΔX is the distance between the two points (cm). Ion-selective microelectrodes
232 were moved in the X, Y and Z planes by a system of computer-controlled stepper motors.
233 Images of the preparation from a CCD camera mounted on the Zeiss Axiovert microscope were
234 captured by a frame-grabber and the fluxes were overlaid as vectors on the image, permitting
235 spatial differences in ion flux to be shown. SIET measurements were made with hardware from
236 Applicable Electronics (Forestdale, MA, USA). Automated Scanning Electrode Technique

237 (ASET) software (version 2.0; Science Wares, Falmouth, MA, USA) was used to automate
238 microelectrode positioning, microelectrode voltage recording, and image capture.

239

240 *Phylogenetic analysis*

241 The CPA1 and CPA2 protein data set contained 33 full length cDNA sequences. Amino
242 acid sequences were aligned by MUSCLE alignment in MEGA 5. Phylogenetic analysis of
243 MUSCLE aligned sequences was done in MEGA 5 using maximum likelihood method with the
244 Jones-Taylor-Thornton + four categories of gamma substitution rates + invariable sites model
245 and Nearest Neighbor Interchange (NNI) Heuristic Method. Bootstrap values were determined
246 from 1000 bootstrap replicates.

247

248 *Chemicals*

249 All chemicals were obtained from either Sigma-Aldrich (St. Louis, MO, USA) or Thermo
250 Fisher Scientific (MA, USA) unless reported otherwise.

251

252 *Statistics*

253 With the exception of ion-flux experiments where individual worms were employed
254 (SIET), each N-value represents the combined pool of worms with a mass of approximately
255 0.15-0.2 g. Values are given as the mean \pm standard error of the mean (s.e.m.). The software
256 PAST3 (http://palaeo-electronica.org/2001_1/past/issue1_01.htm; Hammer et al., 2001) was
257 employed for all statistical analysis. Statistical tests performed included Student's t-tests for
258 comparing two means and one-way ANOVA followed by Tukeys post-hoc tests for comparing
259 more than two means. Alternatively, when data were not normally distributed (before and after

260 log-transformation) and/or homogeneity of variance was not given, the Kruskal-Wallis-Test was
261 applied with post-hoc Mann-Whitney pairwise comparisons. P-values ≤ 0.05 were considered
262 statistically significant. The statistical method employed in each particular experiment is given in
263 the respective figure legends.

264

265 **Results**

266 As seen in figure 1, an amino acid sequence alignment revealed that all NHX-isoforms in
267 *C. elegans* contain the typical NHE amiloride binding motif, with the exception that at position 9
268 in NHX-2 and NHX-6b a leucine is replaced by an isoleucine. There is a 100% match of the
269 relevant amino acid leucine at position 3 within that motif for the amiloride-sensitive human
270 NHE-1 and NHX-1, - 8a, -9a as well as the hypodermally expressed NHX-3a.

271

272 ***Na⁺ and H⁺ fluxes across the hypodermis of C. elegans***

273 To evaluate the participation of NHX proteins in hypodermal Na⁺-uptake and H⁺
274 excretion, ion fluxes across the hypodermis were measured by SIET in control N2 medium and
275 in the presence of 100 $\mu\text{mol l}^{-1}$ amiloride or EIPA. The current study showed that regions of the
276 hypodermis $> 100 \mu\text{m}$ posterior to the excretory pore in wild-type worms (N2) take up Na⁺ at a
277 rate of $20.8 \pm 1.3 \text{ pmol cm}^{-2} \text{ s}^{-1}$ (N=6), which is ~ 7 times greater than the observed rate of H⁺
278 excretion ($2.97 \pm 0.21 \text{ pmol cm}^{-2} \text{ s}^{-1}$, N=5) (Fig. 2). Application of 100 $\mu\text{mol l}^{-1}$ amiloride
279 reduced Na⁺ uptake and H⁺ secretion by ca. 60% and 42%, respectively. In contrast, the
280 application of 100 $\mu\text{mol l}^{-1}$ EIPA had no effect on the H⁺ flux rate (Fig. 3).

281

282

283 ***Effects of amiloride and EIPA on ammonia excretion***

284 To determine the participation of NHX proteins in the ammonia excretion process,
285 various concentrations of either amiloride or EIPA were applied and ammonia excretion rates of
286 whole worms monitored. While ammonia excretion rates decreased significantly by ca. 23% and
287 40% after application of 10 and 100 $\mu\text{mol l}^{-1}$ amiloride, respectively, exposure to various
288 concentrations of EIPA (1 to 500 $\mu\text{mol l}^{-1}$) caused no inhibition of the flux (Fig. 4).

289

290 ***Effects of starvation, high environmental ammonia (HEA), high pH and low pH on gene***
291 ***expression levels of NHX isoforms.***

292 To evaluate responses of all NHX isoforms to internal and external stressors, changes of
293 mRNA expression levels were assessed in worms which were either starved or exposed to
294 elevated environmental ammonia (1 mmol L^{-1} , HEA), high pH (8.0) and low pH (5.5).

295 In fed worms, mRNAs of the nine NHX isoforms expressed in *C. elegans* showed
296 different expression levels when compared to each other. Highest mRNA expression levels were
297 detected for NHX-1 and NHX-4 followed by moderate expression levels for NHX-2, -5, -7, low
298 levels for NHX-3 and -9, and lowest levels for NHX-6 and -8 (Table 2).

299 When animals were deprived of food for 24 hours a moderate to strong down-regulation
300 of NHX-2, -3, -4, and -5 was detected. Also, while mRNA expression levels NHX-1, -6, -7, and -
301 8 displayed no changes after starvation, mRNA expression level of NHX-9 increased
302 approximately 2-fold (Fig. 5A). In addition, body pH decreased by 0.17 units after starvation
303 (Table 3).

304 To avoid effects from internal ammonia loads due to protein catabolism, only starved
305 animals were employed in the following three series of experiments (HEA, low and high pH

306 regimes). After a 2 day exposure to 1 mmol l⁻¹ NH₄Cl, mRNA expression levels of the intestinal
307 NHX-2 increased and there was a trend towards an increase in neuronal NHX-5 (p= 0.06). By
308 contrast, there was a decrease in expression of hypodermal NHX-3 and the housekeeping NHX-
309 4. A trend towards reduced expression was also seen for the basolaterally expressed intestinal
310 NHX-6 (Fig. 5B). Exposure to HEA had no effect on body pH (Table 3).

311 A 48 hour exposure to a low environmental pH (5.5) was associated with an up-
312 regulation of ca. 4-, 3-, and 2-fold for NHX-2, -3 and -5, respectively, while NHX-9, which is
313 localized to the excretory cell, was partially down-regulated. A strong down-regulation was also
314 found for NHX-4 (Fig. 5C). The body pH decreased by 0.28 units after exposure to a low
315 environmental pH (Table 3).

316 When animals were exposed for 48 hours to pH 8, NHX-2, 3, 5, 6, 7, and -8 showed an
317 up-regulation, while, similar to the findings under low pH exposure, NHX-4 and -9 were down-
318 regulated (Fig. 5D). In contrast to the low pH treatment and starvation, body pH did not change
319 after exposure to pH 8 (Table 3).

320

321 **Discussion**

322 *Effect of EIPA and amiloride on ammonia excretion and hypodermal Na⁺ and H⁺ fluxes.*

323 The scanning ion-selective electrode technique (SIET) permits direct measurements of
324 Na⁺ and H⁺ fluxes across the hypodermis of the minute nematode *C. elegans*. In the current study
325 we found Na⁺ uptake and H⁺ secretion over the hypodermis, suggesting an apically localized V-
326 ATPase that drives indirectly apical NH₃ excretion *via* RHR-2 (Adlimoghaddam et al. 2016),
327 and Na⁺ uptake via Na⁺ channels as proposed e.g. in the gills of strong hyper-regulating crabs or
328 branchial PNA⁻ cells in rainbow trout gills (Larsen et al. 2014). Alternatively, participation of an

329 apically-localized cation/proton exchanger in these transport processes might be considered. It is
330 noteworthy, that Na⁺ uptake rates were approximately 9-times greater than H⁺ secretion rates,
331 indicating that additional Na⁺ uptake mechanism, must be in place under this scenario. However,
332 the strong presence of NHX-1 and -3 in the hypodermis and their identified/speculated plasma
333 membrane localization in *C. elegans* led to the assumption that these two transporters are
334 potential candidate transporters contributing to the measured cation fluxes (Nehrke and Melvin
335 2002) (see also figure 6). Our sequence analysis revealed that the hypodermally expressed NHX-
336 1 and NHX-3 exhibit the conserved amiloride binding motif. Furthermore, both NHXs contain,
337 as in the mammalian NHE-1, a leucine in the third position of the amiloride binding motif (Fig.
338 1), an amino acid critical for amiloride sensitivity (Counillon et al. 1993). Consequently, an
339 inhibition of the Na⁺, H⁺, and possibly ammonia fluxes was expected after the application of
340 inhibitory agents. After exposure to relatively high concentrations (100 μmol l⁻¹) of EIPA, an
341 amiloride derivate and potent inhibitor of NHEs in vertebrate and invertebrate epithelia
342 (Kleyman and Cragoe 1988; Blaesse et al. 2010), no inhibition of the hypodermal H⁺ flux and
343 whole animal ammonia excretion was observed. Although in need for experimental
344 confirmation, it is fairly unlikely that hypodermal NHX-1 and NHX-3 are not EIPA sensitive as,
345 in contrast to the EIPA un-sensitive housekeeping NHX-4 (Nehrke and Melvin 2002), both
346 contain a leucine in the third position within the amiloride binding motif. It is more likely that
347 both NHX-1 and NHX-3 are simply not involved in apical H⁺ and ammonia excretion. As
348 mentioned in the introduction, NHX-3 is localized primarily to intracellular membranes, while
349 the cellular localization of NHX-1 is still unknown. In contrast to the absence of effects of EIPA
350 (100 μmol l⁻¹), amiloride caused a decrease not only in hypodermal H⁺ and Na⁺ fluxes, but also
351 in whole animal ammonia excretion rates (Fig. 4), even at a low dose of 10 μmol l⁻¹. Since EIPA

352 is the more specific and more potent inhibitor of NHEs, compared to amiloride, it seems likely
353 that the effects seen with amiloride are due to a partial or full blockage of apical Na^+ channels as
354 this inhibitor functions at low doses as a very potent Na^+ channel blocker, (Kleyman and Cragoe
355 1988; Blaesse et al. 2010). How can a blockage of apical Na^+ uptake influence ammonia
356 excretion rates?

357 A reduced Na^+ uptake would have an inhibitory effect on the Na^+/K^+ -ATPase due to the
358 consequent reduction in intracellular availability of Na^+ as a substrate. As recently suggested, the
359 Na^+/K^+ -ATPase is most likely a key player in hypodermal ammonia transport because it accepts
360 not only K^+ , but instead also NH_4^+ as a substrate. (Adlimoghaddam et al. 2015). The pump is
361 therefore responsible, for the transport of ammonia from the body fluids into the hypodermal
362 syncytium. Such a role of the Na^+/K^+ -ATPase in ammonia transport processes has been
363 described for many vertebrate and invertebrate epithelia (Larsen et al. 2014). Another possibility
364 for the observed changes in transport rates could be that a blockage of the Na^+ ion pathway over
365 the apical membrane of the hypodermis caused a hyperpolarization of the syncytium, as observed
366 for epithelial cells in the frog skin. Here, the inhibition of the Na^+ entry by apical application of
367 amiloride caused a hyperpolarization of the epithelial cells and consequently also an inhibition of
368 the net H^+ efflux (Harvey and Ehrenfeld 1988). Assuming also in *C. elegans* the presence of
369 NH_4^+ and H^+ conductive pathways in the apical membrane of the syncytium, e.g. K^+ channels,
370 AMTs (ammonium transporters) and V-ATPase, reduced cation transport rates are expected due
371 to a less favorable electrochemical gradient.

372

373 ***Effects of starvation and high environmental ammonia (HEA) on mRNA expression levels of***
374 ***epithelial NHX-2, -3 and -9.***

375 As mentioned in the introduction, NHEs play a crucial role in pH homeostasis (Orlowski
376 and Grinstein 2004). Therefore it is most likely that also the NHX-transporters in the nematode
377 play a role in pH homeostasis under various pH challenging conditions such exposure to high
378 and low environmental pH regimes and internal or external ammonia loads. The following
379 discussion focuses on NHX-2, -3 and -9 expressed in the intestine, hypodermis and excretory
380 cell, respectively, and found within the CPA1 subcluster of transporters to be localized in
381 recycling vesicles or residential in plasma membranes (Fig. 6).

382

383 *Feeding*

384 An earlier study showed that fed *C. elegans* exhibited 3-fold higher ammonia excretion
385 rates compared to starved animals, likely due to an elevated internal ammonia load caused by
386 protein catabolism (Adlimoghaddam et al. 2015). Feeding was also correlated with an up-
387 regulation of NHX isoforms highly abundant in epithelia of the intestine (NHX-2) and
388 hypodermis (NHX-3). Participation of the intestinal expressed NHX-2 in digestive related
389 electrolyte transport during defecation was also suggested by early by Allman and co-workers
390 (Allman et al. 2009).

391 In contrast, transcripts of NHX-9, abundant in the excretory cell, were down-regulated
392 during feeding. This suggests that these epithelial transporters are involved in regulating feeding-
393 related pH variations of the body fluids, but may also play a role in ammonia excretion. NHEs
394 have been linked to ammonia transport through their capacity to build up a transmembrane pH
395 gradient and thereby also a ΔP_{NH_3} (Weihrauch et al. 2012; Shih et al. 2012; Wright and Wood
396 2009), thus promoting ammonia trapping. Localized in the apical membrane of the intestine,
397 NHX-2 is likely, together with an apically localized V-ATPase (Allman et al. 2009), responsible

398 for acidifying the unstirred apical layer in the gut lumen, creating thereby a ΔP_{NH_3} . NHX-3 on
399 the other hand, is primarily located intracellularly, (Nehrke and Melvin 2002), possibly in
400 intracellular vesicles recycling to the plasma membrane similar to the mammalian NHE3 (Brett
401 et al. 2005) as our sequence analysis implies (Fig. 6). A vesicular NHX-3 could acidify the
402 compartmental lumen, trapping thereby ammonia in form of NH_4^+ . Indeed, a vesicular ammonia
403 excretion was suggested in an earlier study as inhibitory effects on excretion were observed after
404 the application of colchicine (Adlimoghaddam et al. 2015). Members of the CPA2 subfamily,
405 the electrogenic NHAs, do not contain an amiloride binding motif and cluster distinctively to the
406 NHEs (Fig. 6). NHAs have been correlated to acid-base regulatory mechanisms in insects
407 (Rheault et al. 2007; Weihrauch and O'Donnell 2015; Day et al. 2008), while future studies must
408 show their role in the nematoda.

409

410 *Exposure to high environmental ammonia (HEA)*

411 A recent study revealed that exposure to HEA (1 mmol l⁻¹) caused a 7 fold increase in
412 body ammonia but also a doubling of the ammonia excretion rate (Adlimoghaddam et al. 2015).
413 In the current study it was observed that body pH was not affected in worms after a 2 day
414 exposure to HEA. However, under this stress, NHX-2 mRNA levels increased more than 3.5
415 fold, indicating that this transporter is involved in intestinal ammonia excretion and/or the
416 regulation of acid-base homeostasis after HEA exposure.

417 After a 2 day HEA exposure NHX-3 was slightly down-regulated, indicating a minor
418 importance for this transporter in the ammonia excretion process under this condition. Further,
419 due to the lack of response, NHX-9 seems not to play a significant role in the ammonia handling
420 processes in the excretory cell. The potential importance of NHX-2 in intestinal ammonia

421 handling is further underlined by the overall high abundance of its mRNA, which is
422 approximately 10 times greater compared to NHX-3 (Table 2).

423

424 *The effects of high and low environmental pH on NHX mRNA expression levels*

425 *Exposure to pH 5.5*

426 Exposure to an environmental pH of 5.5 had significant effects on the mRNA expression
427 levels of NHX transporters localized in the epithelium (NHX-2, -3, -4 and -9). The
428 corresponding body pH was 6.35 and thus not different from values found in the control (also
429 starved) animals (Table 3). While the up-regulation of NHX-2 and -3 indicates an involvement in
430 the protective acid secretion process, the observed slight down-regulation of NHX-9 upon low
431 pH stress is more difficult to interpret and awaits more investigations towards its general role in
432 the excretory cell.

433 The severe down-regulation of the housekeeping gene NHX-4 (Fig. 5C) is, however, also
434 puzzling, since its basolateral localization should protect the cells from detrimental effects due to
435 acidification. In epithelial cells however, a lower abundance of this transporter could mean a
436 lower H⁺ back-flow from the cells into the body fluids, and thereby potentially enhance H⁺
437 secretion. Again, all these assumptions are at this moment speculative as experimental proof is
438 lacking.

439 Up-regulation of NHX-5, in contrast, suggests a protective role of this transporter in the
440 neuronal cells, in spite of its cytoplasmic, rather than plasma membrane predicted localization
441 (Fig. 6).

442

443

444 *Exposure to pH 8*

445 When exposed to an elevated external pH of 8, body pH increased by approximately 0.2
446 units when compared to the respective control values in starved animals (Table 3).

447 Again puzzling, changes in gene expression levels of the NHX isoforms were very
448 similar, with the same direction but even more pronounced when compared to the effects seen
449 after a low pH exposure. In addition, an up-regulation of the intestinal NHX-6 and -7 isoforms
450 and also the NHX-8 (seam cells) isoforms was seen in response to high pH stress. NHX-6 and -7
451 are localized to the basolateral membrane, promoting possibly a compensatory H⁺ influx into the
452 body fluids. Overall, the results from the pH experiments are not conclusive, but they do
453 underline the general physiological importance in acid-base homeostasis of basically all NHX
454 transporters. It is clear that more experiments need to be undertaken to further our understanding
455 in the nematode's acid-base regulation and the particular role of each member of the CPA1 sub-
456 family. This includes functional transport studies as well as the determination of K_i values
457 towards amiloride and its derivatives.

458

459 ***Conclusion***

460 The current study provides new information regarding the role of NHXs in the acid base
461 homeostasis in the genetic model system *C. elegans*. A most recent study on this worm
462 suggested that ammonia excretion across the hypodermis involves a basal Na⁺/K⁺-ATPase, a
463 vesicular microtubule-dependent transport mechanism, and an ammonia trapping mechanism
464 over the apical membrane, which is promoted by an acidification of the apical unstirred
465 boundary layer (Adlimoghaddam et al. 2015) .

466 Unexpectedly, it was observed that NHXs are likely not involved in H⁺ secretion and
467 ammonia excretion over the apical membrane of the hypodermis in *C. elegans*, suggesting a lack
468 of expression in this membrane. By contrast, our results point rather to a role of an apically
469 localized Na⁺ channel in both processes, which can be inhibited by low concentrations of
470 amiloride. If this holds true in future studies, the Na⁺ uptake mechanism in the soil nematode *C.*
471 *elegans* may be comparable to that found in the osmoregulatory tissues found in freshwater
472 living animals such as amphibians and crustaceans (Henry et al. 2012; Klein et al. 1997). Gene-
473 expression analysis revealed further that, in contrast to the NHX isoforms expressed in the
474 hypodermis, or NHX-9, which is localized in the excretory cell, the isoform localized to the
475 apical membrane of the intestine (NHX-2) seems to be important in acid-base homeostasis and
476 probably also in elimination of metabolic ammonia.

477

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481

482 **5. Literature**

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632 Table 1: Primers employed in PCR targeting Na⁺/H⁺ exchangers (NHX-1, NHX-2, NHX-3
633 isoform a, NHX-4 isoform a, NHX-5 isoform a, NHX-6 isoform a, NHX-7, NHX-8 isoform b,
634 NHX-9 isoform b) from the nematode, *Caenorhabditis elegans*.

635

Primer	Nucleotide sequence (5' → 3')	Annealing Temp. (°C)	Product size (bp)	GenBank Acc. #
Na⁺/H⁺ exchanger				
CeNHX-1 F CeNHX-1 R	AAAACAAAGTCGACAAATGG CCCGTTCCTCCTATA CTTGA	58	180	NM_078221.5
CeNHX-2 F CeNHX-2 R	AAGACATTGCCGGTTTCAAG TCCACGTGCAATCTTCTTTG	60	179	NM_063213.4
CeNHX-3 F CeNHX-3 R	GCGGGTCAACGTGGTCATTA TGTGGCGTCGAAGCTTTGTC	60	110	NM_001028564.2
CeNHX-4 F CeNHX-4 R	GGATTTGCCGGTGTGTTTCAT TGCCAGTTTCAGCAAGGA	60	114	NM_001029391.2
CeNHX-5 F CeNHX-5 R	AAGCCGACTTGTTTGCGTTA CGCGTTCATACATCCAATCA	57	200	NM_001029549.2
CeNHX-6 F CeNHX-6 R	CCTCTACCGGATGTTCTCTGA TGAAGACGCAGTTGAGGATG	58	197	NM_001027043.2
CeNHX-7 F CeNHX-7 R	TTATTGCACTGATTGCCTGC CCGAAACTGCAGAGAACACA	54	207	AF497831.1
CeNHX-8 F CeNHX-8 R	ATCGGGTATCATGGCAATTC CCAGAATATGAGCCACGGT	60	200	NM_001026558.2
CeNHX-9 F CeNHX-9 R	TGGATTATGCAACTGGTGGA TTGCGATTGCTATGATGGAG	60	207	AF497835.1

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643 Table 2: Absolute mRNA expression levels (fg DNA/50 ng total RNA) of NHX isoforms in *C.*
 644 *elegans*. For statistical analysis a Kruskal-Wallis-Test was applied with post-hoc Mann-Whitney
 645 pairwise comparisons. Significant differences are indicated by different letters ($p \leq 0.05$).

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 647

	NHX-1	NHX-2	NHX-3	NHX-4	NHX-5	NHX-6	NHX-7	NHX-8	NHX-9
Mean	28.5	11.4	0.9	35.6	2.9	0.1	3.2	0.2	1.1
s.e.m.	3.7	3.1	0.1	2.0	0.5	0.02	0.4	0.04	0.2
N	5	5	5	5	5	3	5	5	5
Statistics	a	b	c	a	b	d	b	d	c

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651 Table 3: Body pH of homogenized *C. elegans* cultured in different media. Fed, unbuffered media
 652 pH 7; Starved, starved for 24 hours, unbuffered media pH 7; HEA, starved for 24 hours,
 653 unbuffered media enriched with 1 mmol l⁻¹ NH₄Cl (48 hours), pH 7; pH 5.5, starved for 24 hours,
 654 MES buffered media, pH 5.5 (48 hours); pH 8, starved for 24 hours, TRIS buffered media, pH 8
 655 (48 hours). For statistical analysis a Kruskal-Wallis-Test was applied with post-hoc Mann-
 656 Whitney pairwise comparisons. Significant differences are indicated by different letters ($p \leq$
 657 0.05).

658

	Fed	Starved	HEA	pH 5.5	pH 8.0
Mean	6.63	6.46	6.65	6.35	6.67
s.e.m.	0.016	0.022	0.027	0.050	0.023
N	5	5	5	5	5
Statistics	a	b	a	b	a

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664 **Figure legends**

665

666 Figure 1: The conserved amiloride binding motif is indicated in the outer black box. A critical
667 leucine, underlaid in grey within the pocket, renders amiloride sensitivity. Mammalian NHE1
668 (Orlowski & Grinstein et al., 2004) was shown to be amiloride-sensitive. The diagram was
669 constructed with MultAlign ([bioinfo.genopole-toulouse.prd.fr/multalin/ multalin.html](http://bioinfo.genopole-toulouse.prd.fr/multalin/multalin.html)).
670 Accession numbers are given in parentheses: *H. sapiens* NHE1 (NP_003038); NHX-
671 1(NM_078221.5); NHX-2 (NM_063213.4); NHX-3a (NM_001028564.2); NHX-4a
672 (NM_001029391.2); NHX-5a (NM_001029549.2); NHX-6b (NM_001027043.2); NHX-7
673 (AF497831.1); NHX-8a (NM_001026558.2); NHX-9a AF497835.1).

674

675 Figure 2: Representative scans showing voltage differences recorded by SIET over the
676 hypodermis for H⁺ fluxes (A) and Na⁺ fluxes (B) at locations 100 μm or more posterior to the
677 excretory pore of adult *C. elegans*. The length of the arrow corresponds to the mean voltage
678 difference of 3 replicate measurements at each site. Voltage scales are provided in the top right
679 of each panels.

680

681 Figure 3: H⁺ and Na⁺ fluxes over the hypodermis of adult wild type *C. elegans* (N2)
682 under the influence of either 100 μmol l⁻¹ amiloride (black bars) or 100 μmol l⁻¹ EIPA (gray bar).
683 (A) H⁺ efflux; N = 5; (B) Na⁺ influx; N = 5-6. Data represent means ± s.e.m. and were analyzed
684 employing one-way ANOVA followed by Tukeys post-hoc tests. Significant differences are
685 indicated by different letters.

686

687 Figure 4: Ammonia excretion rates of *C. elegans* exposed to various concentrations of
688 EIPA (Panel A; N=6) and amiloride (Panel B; N= 4-5). Control conditions = unbuffered control
689 media (pH=7, open bar). Data represent means \pm s.e.m. and were analyzed employing one-way
690 ANOVA followed by Tukeys post-hoc tests. Significant differences are indicated by different
691 letters.

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693 Figure 5: Changes of mRNA expression levels of NHX-1 to -9 after 1 day starvation
694 (Panel A; N=4-5), 2 day exposure to 1 mmol l⁻¹ NH₄Cl (HEA) in starved worms (Panel B; N=4-
695 5), 2 day exposure to pH 5.5 in starved worms (Panel C; N=4-5), and 2 day exposure to pH 8.0
696 in starved worms (Panel D; N=4-5). Absolute mRNA expression levels of respective control
697 animals were set to 1 (open bars) with values measured under the experimental conditions are
698 given as “fold changes” of the respective controls (closed bars). The asterisk (*) indicates
699 significant differences between treatments ($p \leq 0.05$). Data represent means \pm s.e.m. and were
700 analyzed employing an unpaired, two-tailed Student’s t-test prior to calculation for fold change
701 values.

702
703 Figure 6: Maximum likelihood unrooted tree of members of the CPA superfamily. Numbers
704 beside branches represent bootstrap values from 1000 replicates. The tree branches are drawn to
705 scale, with the scale bar representing the number of amino acid substitutions per site. Based on
706 subcellular localization and function the CPA1 clade (NHEs) can be divided into two subcluster,
707 containing either a) NHEs localized to plasma membranes or submembranous vesicles cycling to
708 the plasma membranes or b) NHEs localized to endomembranes (Golgi or endosomes) (Nehrke
709 and Melvin 2002; Brett et al. 2005; Tse et al. 1993; Piermarini et al. 2009; Ivanis et al. 2008;

710 Pullikuth et al. 2006). Note, the nomenclature of the mammalian NHEs is not consistent with the
711 nomenclature in *C. elegans*.

712 Accession numbers are given in parentheses: AeNHE3 (AAM63432.1), AeNHE79
713 (XP_001654568.1), AeNHE8 (ACJ02512.1), AgNHA1 (ABJ91581), AgNHA2 (XP_312647),
714 CeNHX1 (NP_510622), CeNHX2 (NP_495614), CeNHX3a (NP_001023735), CeNHX4a
715 (NP_001024562), CeNHX5a (NP_001024720), CeNHX6a (NP_001022214), CeNHX7
716 (AAM18109), CeNHX8a (NP_001021728), CeNHX9a (NP_001023627), CeNHA1
717 (NP_509724), CeNHA2 (NP_509723), CeNHA3 (NP_507130), CmNHE (AAC26968),
718 DmNHA1 (NP_723224), DmNHA2 (NP_732807), HsNHE1 (NP_003038.2), HsNHE2
719 (Q9UBY0.1), HsNHE3 (AAI01670), HsNHE4 (NP_001011552), HsNHE5 (Q14940),
720 HsNHE6a (NP_001036002), HsNHE7 (NP_115980), HsNHE8 (Q9Y2E8), HsNHE9
721 (BAD69592), HsNHA1 (NP_631912), HsNH Amt (NP_849155), MsNHE8 (ABX71221.1),
722 OmNHE (NP_001118167). Abbreviations: Ae, *Aedes aegypti*; Ag, *Anopheles gambia*; Ce,
723 *Caenorhabditis elegans* ; Cm, *Carcinus maenas*; Dm, *Drosophila melanogaster*; Hs, *Homo*
724 *sapiens*; Ms, *Manduca sexta*; Om, *Oncorhynchus mykiss*.

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Figure 1

NHX-1	PDIFFLYLLPPIVLEAG
NHX-2	SEVFMLYLLPPLVFDAG
NHX-3a	SHAFFLYLLPPIIFDAG
NHX-4a	TFMFEMILLPAIVNDAG
NHX-5a	PEVFFNMLIPPIIFNAG
NHX-6b	SEIFMLYLLPPLVFDAG
NHX-7	SKVFFFYLLPPIILESA
NHX-8a	PDVFFLVLLPPIIFENA
NHX-9a	SHTFFLYLLPPIIFDAG
Human NHE-1	SDVFFLFLLPPIILDAG

734

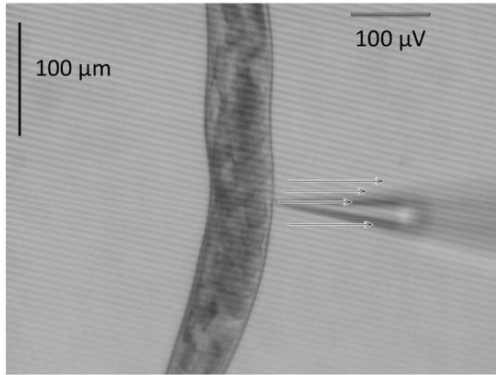
735

736

Figure 2:

737

A



H^+ flux

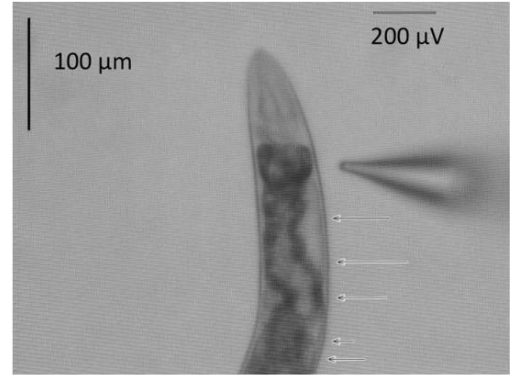
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740

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B



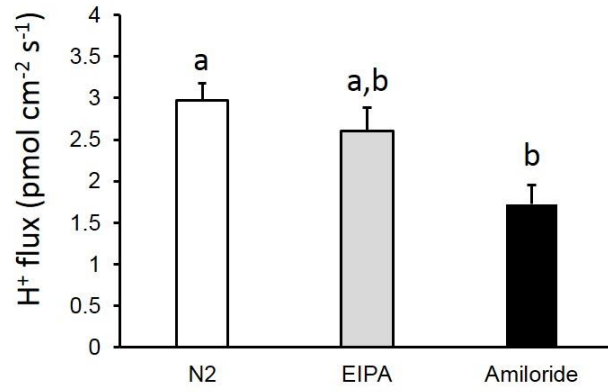
Na^+ flux

742

Figure 3:

743

A

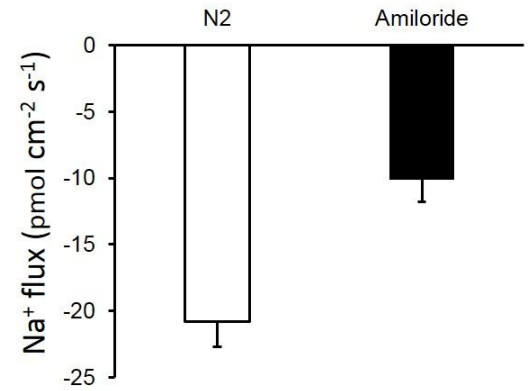


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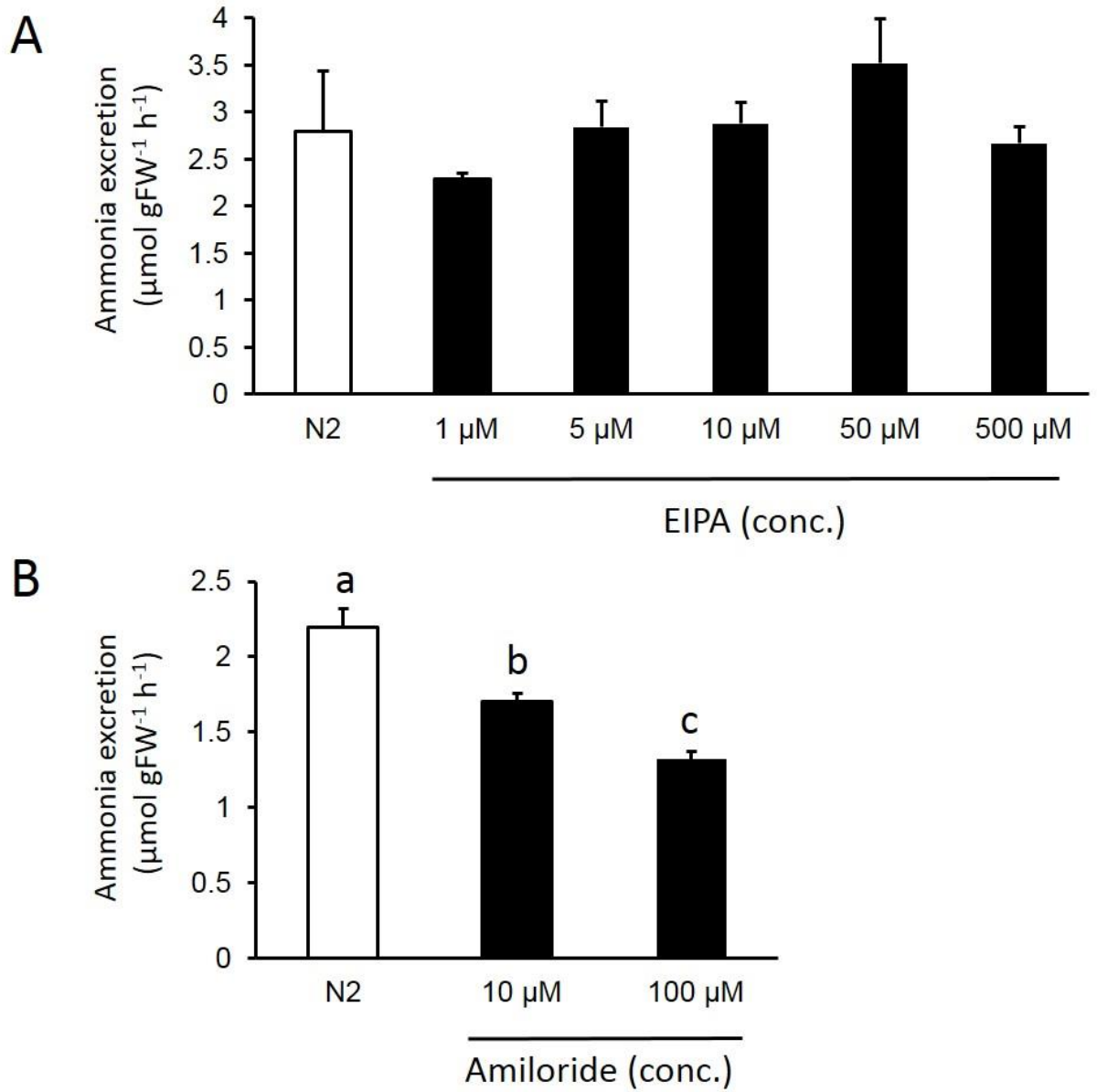
B



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Figure 4:

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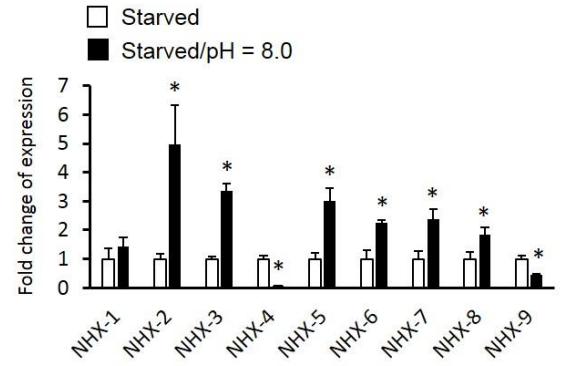
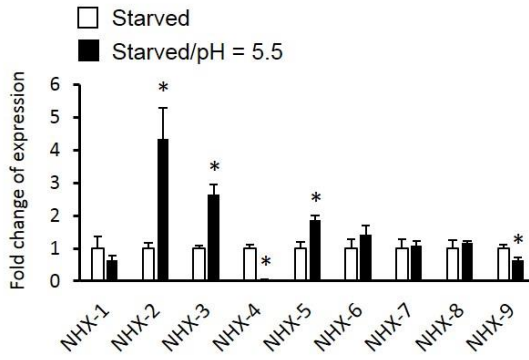
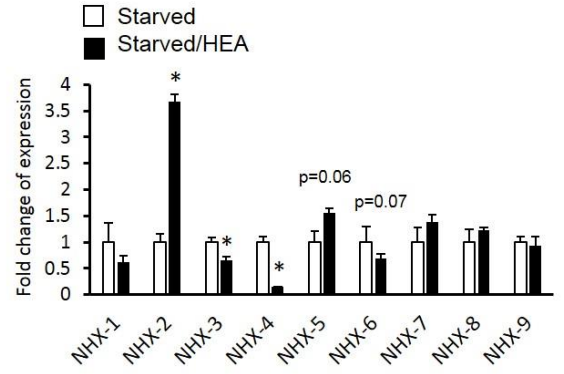
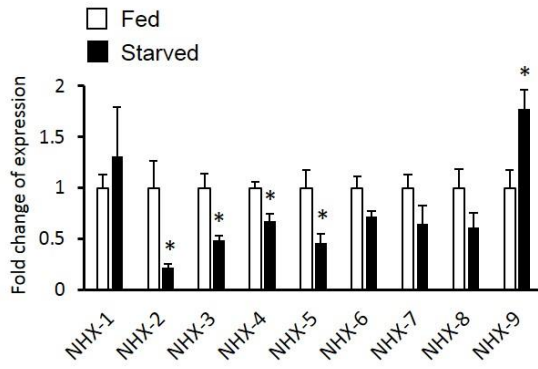
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Figure 5:

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Figure 6:

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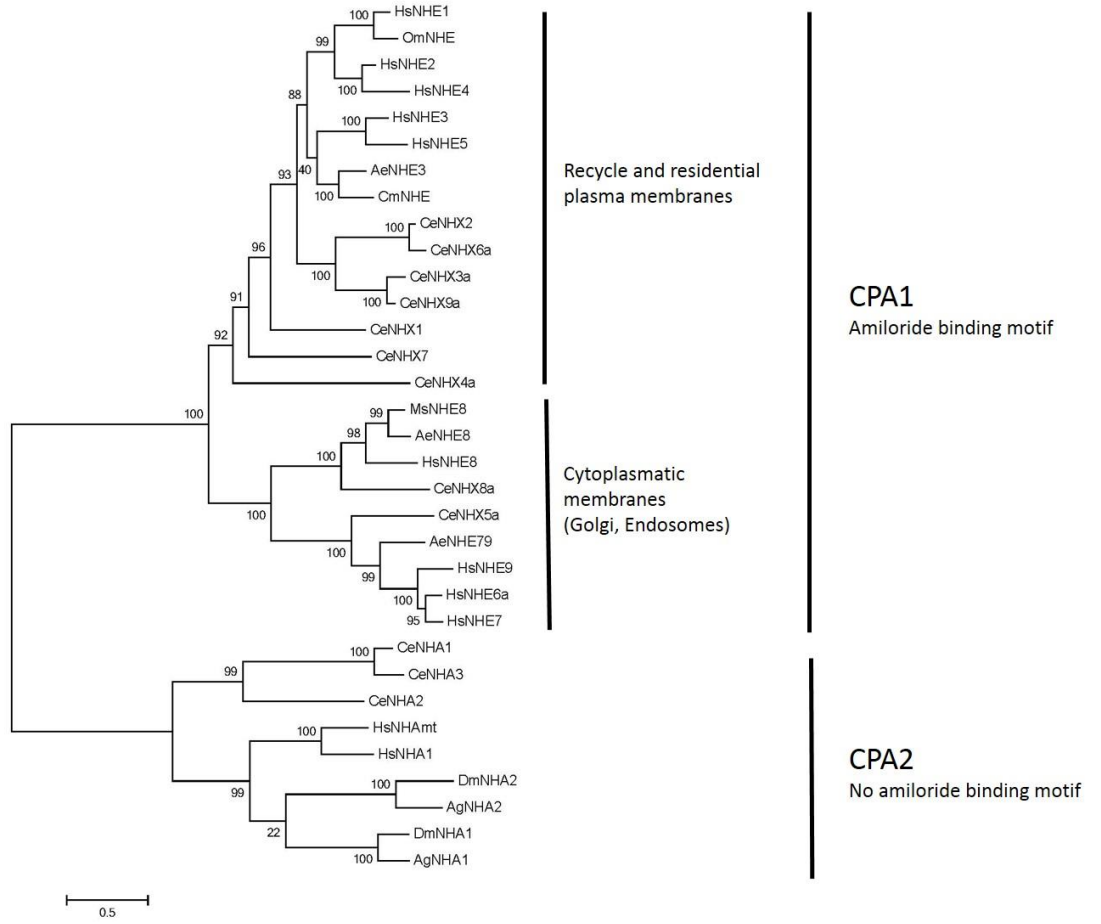


Figure 6

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