

**INVESTIGATION OF HEALTH PROMOTING EFFECTS OF MANITOBA-GROWN  
RED OSIER DOGWOOD AS AN ALTERNATIVE TO ANTIBIOTICS IN NURSERY  
PIG PRODUCTION**

by

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## Abstract

The objective of this study was to investigate the health-promoting effects of red osier dogwood extract as an alternative to antibiotics, in weaned piglets challenged with enterotoxigenic *Escherichia coli*. Twenty-eight weaned piglets ( $9.15 \pm 0.95$  kg BW), confirmed to be genetically susceptible to ETEC, were individually assigned to one of four dietary treatments in a completely randomized design. The experimental diets were, negative control (NC), corn-wheat soybean meal diet with no additives; positive control (PC), NC plus antibiotics; ROD1, NC plus 0.1% ROD extract; ROD2, NC plus 0.2% ROD extract. Piglets were orally challenged on d 7 with ETEC F4. Feed disappearance, body weight, fecal score, and rectal temperature were recorded, and blood samples were taken before and after the challenge. On d 14, the piglets were euthanized to collect intestinal tissue samples for histomorphology, Ussing chamber analysis, and mRNA gene expression. Colon digesta was collected for analyzing microbial DNA. Data were analyzed with the MIXED procedure of SAS using individual piglet as the experimental unit. There were no differences ( $P > 0.10$ ) in histomorphology and intestinal permeability. Piglets fed the NC diet tended ( $P < 0.10$ ) to have a higher average daily gain post-inoculation than those fed ROD1 or ROD2. The fecal score of piglets fed the PC diet tended to ( $P < 0.10$ ) or was significantly lower ( $P < 0.05$ ) than for piglets fed ROD1 or ROD2 on 0 and 2 days post-inoculation (dpi), respectively. On 0 dpi, piglets fed the ROD1 diet had significantly higher ( $P < 0.05$ ) body temperature than those fed PC or ROD2. The anti-inflammatory cytokine IL-10 tended ( $P < 0.10$ ) to be higher in the blood of ROD2 piglets as compared to the NC group, pre-inoculation. The IL-10 was significantly higher ( $P < 0.05$ ) in the blood of ROD2 group than in the NC group and tended ( $P < 0.10$ ) to be higher in the ROD2 piglets than in the PC or ROD1 group, post-inoculation. In the post-inoculation phase, the antioxidative enzyme superoxide dismutase showed a lower trend ( $P$

< 0.10) in the ROD2 group as compared to the PC group. Similarly, malondialdehyde levels tended ( $P < 0.10$ ) to be lower in the ROD2 group than in the ROD1 group. The mRNA gene expression of the catalase enzyme in the jejunum was significantly higher ( $P < 0.05$ ) in the ROD1 group than in the NC group. The gene expression of IL-10 tended ( $P < 0.10$ ) to be lower in ROD1 than in NC piglets. In the case of inflammatory cytokine IL-6, the PC group had significantly lower ( $P < 0.05$ ) and ROD2 had a lower tendency ( $P < 0.10$ ) of gene expression than the NC group. With regards to microbial DNA, *Bifidobacterium* was significantly lower ( $P < 0.05$ ) in ROD2 and tended ( $P < 0.10$ ) to be lower in ROD1 and PC as compared to NC piglets. Also, *E. coli* F4 tended ( $P < 0.10$ ) to be lower in the PC group as compared to the NC group. In conclusion, red osier dogwood extract supplementation might have some health-promoting effects on gut health and oxidative status of ETEC challenged weaned piglets but is not comparable to antibiotic growth promoters.

## **Dedication**

I would like to dedicate this work to my parents, Sangita and Manmohan, my husband, Sunny and to all the animals that contribute towards research in the field of Animal Science.

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## List of Abbreviations

ADFI	Average daily feed intake
ADG	Average daily gain
AGP	Antibiotic growth promoter
AMP	Antimicrobial peptide
BW	Body weight
CD	Crypt depth
CFU	Colony-forming unit
CP	Crude protein
Ct	Threshold cycle
EDTA	Ethylenediamine tetra acetic acid
ELISA	Enzyme-linked immunosorbent assay
ETEC	Enterotoxigenic <i>Escherichia coli</i>
FITC	Fluorescein isothiocyanate
GAE	Gallic acid equivalent
GF	Gain: Feed ratio
GIT	Gastrointestinal tract
GPX	Glutathione peroxidase

Ig	Immunoglobulin
Ig	Immunoglobulins
IL	Interleukin
KRB	Krebs-Ringer bicarbonate
MCFA	Medium chain fatty acid
MDA	Malondialdehyde
ME	Metabolizable energy
NC	Negative control
ORAC	Oxygen radical absorbance capacity
PBS	Phosphate buffer saline
PC	Positive control
PWD	Post weaning diarrhea
RDE	Red osier dogwood extract
RNA	Ribonucleic acid
ROD	Red osier dogwood
ROS	Reactive oxygen species
RPM	Revolutions per minute
RT-qPCR	Reverse transcription- quantitative polymerase chain reaction

SCFA	Short chain fatty acids
SOD	Superoxide dismutase
TAC	Total anthocyanin content
TBARS	Thiobarbituric acid reactive substances
TEER	Trans-epithelial electrical resistance
TNF- $\alpha$	Tumor necrosis factor-alpha
TP	Total protein
TPC	Total polyphenol content
TSB	Tryptic soy broth
VFA	Volatile fatty acid
VH	Villous height

## 1 General Introduction

Weaning is a process of separation of animals from their mothers. It happens in all mammalian species in nature and is a gradual process. However, with the farming of domestic animals for meat production, the livestock industry conducts the process of weaning abruptly and at a young age of the animal. If not properly managed, this can cause a serious impact on the health of animals during their lifetime. It is of particular importance in pigs because they are weaned at an age of 3 to 4 weeks and many organ systems including the gut are still in development and not fully matured. If the pig gets sick after weaning, it also causes production losses to the farmer. In the period during weaning, a cascade of events occurs in the body of piglets and the environment around them. The piglets stay with their sows during the nursery phase for approximately 3 weeks and in 24 hours they have a change in the environment, that is the separation from sow and littermates, new pen mates, human handling, transportation, and most importantly shift in their diet from energy-rich, highly palatable sow milk to mostly plant-based, less digestible dry feed (Pluske et al., 1997; Lallès et al., 2007).

Some pigs do not consume feed for prolonged periods (up to 48 hours) post-weaning due to the tremendous stress, leading to post-weaning diarrhea (PWD) (Brooks et al., 2001). The PWD is a multifactorial disorder and is characterized by the proliferation of *Escherichia coli* in the intestine of piglets (Pluske et al., 2003). Around weaning, the digestive system of the piglet is still developing and therefore constantly changing. It has been reported that stomach secretions (HCl, pepsin, and lipase) and motility are reduced in early-weaned pigs compared to sow-reared pigs (Snoeck et al., 2004). The acidic environment is necessary for the stomach for protein breakdown and killing pathogenic bacteria. However, with higher stomach and intestinal pH, the weaned



piglets are more prone to diarrhea (Heo et al., 2013). Villus atrophy and crypt elongation along with a transient decrease in brush border enzyme secretion (lactase, maltase, amino peptidase) is observed in piglets, post-weaning (Hampson, 1986; Lallès and David, 2011).

Antibiotics are added to the pig's diet as a supplement for growth promotion. These antimicrobial compounds are added at subtherapeutic doses which aid in protection against pathogens and enhance growth performance. Two main reasons for antibiotics to play a great role as growth promoters are, their direct effect on the gut microbes and thinning of the gut wall (Frankel et al., 1994). Antibiotics modify the gut microbiota in such a way that there is a reduced competition for nutrients between host and pathogens, and decreased production of toxic microbial metabolites that defer growth in piglets (Anderson et al., 1999). Antibiotics also help indirectly in thinning the villi which facilitate more nutrient absorption (Frankel et al., 1994). Unfortunately, there are growing concerns regarding antibiotic usage in the livestock industry. Using antibiotics for other than therapeutic purposes can accelerate antimicrobial resistance in microbes and contaminate the food chain due to antibiotic residue in meat consumed by humans (Dibner and Richards, 2005). This was first brought to attention in the report of the Joint Committee on the Use of Antibiotics in Animal Husbandry and Veterinary Medicine (Swann et al., 1969). The first European country to ban antibiotics as growth promoters was Sweden in 1986. Soon many countries like the United Kingdom, Denmark, United States, etc. followed and either banned or restricted antibiotic use in food-producing animals (Dibner and Richards, 2005). With the ban, extensive research started in several countries to find a natural alternative to antibiotics.

The research developed some exemplary alternatives like probiotics, prebiotics, synbiotics, feed enzymes, phytogenics, organic acids, nucleotides, antimicrobial peptides, seaweed extract, vaccines, and so on. These additives not only have a growth promotional effect on piglets but also

provide various nutritional and non-nutritional benefits. The most popular and researched feed additives are presented in detail in the literature review. Many antibiotic alternatives, when used in combination have a synergistic effect on gut health in piglets. However, there are still many challenges like digestibility, absorption, bioavailability, side effects, optimal concentration in the feed, and palatability of these feed additives. Therefore, it is important to find the solutions to all these problems before antibiotics are prohibited completely for animal growth promotion.

Plants and their extracts have been used in traditional medicine in every part of the world. There are recognized health benefits of common herbs and spices which are still used as a remedy for different illnesses in humans. When plant extracts were added to swine diets, similar results were obtained. Phytochemicals, also known as plant extracts, not just have antimicrobial properties but also immunomodulatory, antiviral, antioxidative, and anti-inflammatory properties (Xiong et al., 2019). In experiments involving *E. coli* challenged weaned piglets, oleoresin supplements made from pepper, turmeric, and ginger extracts, increased the gene expression of tight junction proteins, improving the intestinal barrier function of the piglets (Liu et al., 2014b). Another study found that allicin present in garlic extract helped in reducing chemokine production in intestinal epithelial cells and leukocyte placement in the inflamed tissue *in vitro* (Lang et al., 2004). Phytochemicals that are used as herbs like fennel, oregano, thyme, basil, cinnamon, mint, etc. are known to have antioxidative properties (Slamenova et al., 2008; Frankič et al., 2010a; Amorati et al., 2013; Wu et al., 2018a).

Red osier dogwood (ROD) was the plant of choice for this research as it is commonly found in Canada and northern parts of the United States, and it has been used by Indigenous people as traditional medicine. Moreover, there has been *in vitro* research done on dogwood extract which showed the antioxidative effect of the plant extract (Yang et al., 2019). When pigs were fed diet

having 4% raw dogwood plant, they had lower serum and ileal malondialdehyde and higher serum superoxide dismutase levels than the group of piglets fed control diet (corn-wheat-soybean meal) (Koo et al., 2018). There were no *in vivo* studies in pigs fed polyphenol extract made from dogwood plant. Hence, this study would be pivotal research in bringing red osier dogwood extract (RDE) closer to commercial use as an alternative to antibiotic growth promoters (AGP).

## 2 Literature review

### 2.1 Gut health

Gut health is a broad term that includes various physiological and functional features of an animal's gastrointestinal tract (GIT). The GIT is responsible for the first physiological step of bringing nutrients to the body's cells and plays a crucial role in regulating the development of young piglets (Guilloteau et al., 2010). A healthy gut can be defined as 'the absence or prevention or avoidance of disease so that the animal is able to perform its physiological functions in order to withstand exogenous and endogenous stressors' (Kogut and Arsenault 2016). The basis for this definition needs a GIT framework that includes, effective digestion and absorption of feed, effective structure and function of intestinal epithelium for barrier function, the interaction of the host with the intestinal microbiome, and a powerful immune status in absence of GIT illness (Bischoff, 2011; Celi et al., 2017). The general metabolism, growth performance, and physiology of pigs are highly influenced by GIT function in all stages of growth and development. The physiological changes in the swine digestive tract are a result of a complex interacting system formed by nutrition, the barrier function of the intestinal mucosa, and the intestinal microbiome (Pluske et al., 2018). Growth and maturation of intestinal epithelial cells, the establishment of gut barrier function by gut mucosa, gut microbiome for microbial fermentation of feed components, morphology and structure of intestine constitute GIT physiology and are essential aspects of gut health in piglets. To understand these elements of the digestive system it is useful to know the foundation of the digestive tract and its maturation.

## **2.2 Developmental physiology of the digestive tract in swine**

In the pre- and post-natal period, GIT function and growth increases dynamically so that the young pig is prepared for its future development and ultimately survival. Incidents in this period are crucial because they can affect the pig's whole life by altering feed efficiency and/or health resilience (Williams, 2003; Morales J., 2006). There are three main developmental phases of the digestive system namely, the prenatal phase (mainly structural formation of organs), neonatal phase (milk and colostrum influence on the piglets' GIT physiology) and lastly the post-weaning phase (associated with significant changes and adaptation to solid feed and external stress factors) (Zabielski et al., 2008).

In the last stage of gestation, during the prenatal period, there is a sudden weight gain in the fetus, which is attributed to the growth of the immature digestive system (McPherson et al., 2004). During this period, the fetus ingests amniotic fluid while in utero and this regulates many gastric enzyme activities and GIT growth before birth. According to Sangild et al. (2002), when the esophagus of fetal piglets was ligated to prevent swallowing of amniotic fluid, body weight (BW), intestinal weight, aminopeptidase A activity, and glucose absorption were significantly lowered.

The early postnatal growth of GIT is seen in several studies, to be disproportionately faster than the rest of the body. During the first three days following birth, the stomach experiences profound functional maturation, with its gastric acid secretion capacity (expressed as a function of gastric tissue mass) increasing roughly threefold (Xu and Cranwell, 1990). Postnatally, the GIT of newborn piglets modifies quickly for the shift from parenteral to enteral nutrition. This adaptation is vital for piglets because their intestine readily absorbs macromolecules like immunoglobulins (Ig) to gain passive immunity from the sow's colostrum in the first 24 to 36 h after birth.

Furthermore, colostrum supplies essential nutrients in the form of lactose, fatty acids, and milk protein, and at least 68.5 kcal/kg BW of metabolizable energy is needed during the first 24 hours of life because the piglets' energy reserves, especially fat, are insufficient at birth (Le Dividich et al., 1994). With inadequate energy intake, the newborn piglets are unable to maintain body heat, which is linked to increased mortality and morbidity (Theil et al., 2014).

In the weaning period, the digestive system is still not fully matured and several changes in the gut microbiome, intestinal tissue structure and immune system are going on. During the 2 weeks post-weaning, changes happening in the intestinal physiology include a transient net increase in ion transport and glucose absorption, and a decrease in jejunal electrical resistance in piglets fasting for 2 days post-weaning (Boudry et al., 2004). Other than the basic digestive processes like prehension, digestion, active or passive absorption, and excretion, the GIT also regulates vitally important activities for normal physiological functioning and homeostasis in the body. In natural conditions, the weaning transition is a slow and gradual process that is achieved by the pig at approximately 20 weeks of age (Jensen and Stangel, 1992). However, in commercial farms, the pig undergoes a transition that includes an abrupt change in diet, transportation, handling by humans, new pen mates, and separation from their sow and siblings at a much younger age of 3 to 4 weeks. This drastic change can have short-term effects on pigs like diarrhea and loss of appetite and long-term effects like poor growth performance and additional days to market weight. This section briefly describes the three stages in the development of swine GIT. But it is not in the scope of this review to elucidate each stage in detail, therefore the focus in the subsequent chapters is on the weaning transition and post-weaning phase in piglets.

## 2.3 Changes during weaning

Many times, weaning is considered as only a shift in the diet and surroundings of the piglet. However, there is an intricate connection between the nutrition of the piglet, its gut barrier function or immunity, and its gut microbes i.e., microbiome, as shown in figure 2.1. These three domains maintain a delicate balance in the GIT and play major role in shaping the pig's physiology, health, and well-being. This balance is disrupted during weaning, causing a series of changes in the GIT. The following subsections summarize the changes in these three elements and their effects on gut health during weaning.

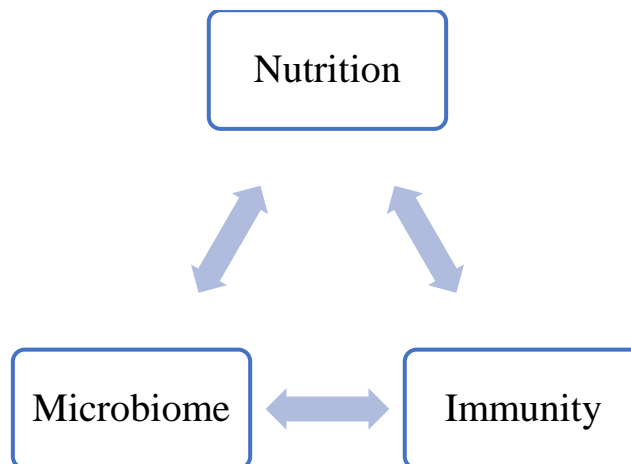


Figure 2.1 Mutual interaction between nutrition, microbiome, and gut immunity that maintains the structure and function of the GIT.

Adapted from Niewold, (2006).

### 2.3.1 Nutrition

As discussed earlier, weaning involves nutritional difficulty along with social and environmental disturbances. This results in decreased feed intake, sub-optimal growth, behavioral abnormalities, and gastrointestinal issues (Colson et al., 2006; Gresse et al., 2017). Multiple research projects have shown that a decrease in the voluntary feed intake critically affects future intestinal

development, growth, and disease susceptibility as well as villus height and maturation of gut lymphoid tissue (Pluske et al., 1997; Spreeuwenberg et al., 2001; Spreeuwenberg et al., 2003).

Ideally for optimal feed intake, creep feeding in nursing piglets should start at an age of 2 weeks or less and piglets should be provided with *ad libitum* feed in an easily accessible feeder space, along with the addition of feed supplements (Jayaraman and Nyachoti, 2017). In a study by Lee and Kim (2018), piglets fed creep feed at 7 days of age had more BW post-weaning than those which did not have creep feed or were given creep feed later than 7 days of age. According to Carstensen et al. (2005), voluntary consumption of creep feed by nursing piglets, just before weaning, significantly reduced the occurrence of colibacillosis post-weaning. Creep feeding is a husbandry practice that improves growth performance in piglets, acclimatizes the digestive system to dry feed, and promotes voluntary feed intake post-weaning.

Almost 50% of weaned piglets adapt to the dietary changes 24 h post-weaning, however, 10% do not eat the dry feed for up to 48 h (Brooks et al., 2001). According to a review written by Sève (2000), the metabolizable energy (ME) intake of weaned piglets is lowered by 30 to 40 percent compared to pre-weaning milk intake, and it takes roughly 2 weeks post-weaning to reach the required intake level of ME consumption. This shows that decreased feed intake directly affects growth performance. Piglets lose approximately 100 to 250 g of BW on the first day after weaning, irrespective of their age at weaning and it takes them at least 4 days to recover (Sève, 2000). Conversely, for piglets gaining more than 227 g/day in the first week after weaning, the days to the market were cut by 6 to 10 compared to piglets who gained less than 150 g/day (Kats et al., 1992). This suggests that growth and development during the first week after weaning influence the final number of days to market. Therefore, timely feed consumption in weaned piglets is of



utmost importance for a healthy gut, maximum growth and development, and consequently more profit for the producer.

### **2.3.2 Microbiome**

Sow milk consumption alters the microbiome, resulting in a milk-oriented microflora from the birth of the piglet, which is the beginning of microbial colonization (Isaacson and Kim, 2012; Frese et al., 2015). After weaning of pigs, at the age of 3 to 4 weeks, solid feed constitutes their major source of energy and other nutrients (Gresse et al., 2017). As a result of the weaning process, the microbial population shifts in favor of microbial pathogens (Li et al., 2018). Post-weaning diarrhea is mainly caused by changes in gut microbiota composition due to weaning shock. After weaning, there is a decrease in bacteria like *Alloprevotella* and *Oscillospira*, and an increase in *Campylobacterales*, *Campylobacteraceae*, and *Campylobacter* in the gut of piglets (Li et al., 2018). A previous metagenomic study of the fecal microbiome found that diarrhea was related to an increased proportion in the number of *Prevotella*, *Sutterella*, *Campylobacter*, and *Fusobacteriaceae* (Yang et al., 2017). Succinate and acetate, which can be produced by *Alloprevotella*, may improve the intestinal barrier and show anti-inflammatory properties (Downes et al., 2013). Some species of *Oscillospira* generate butyrate, which is effective in treating inflammatory diseases (Gophna et al., 2017).

Dietary changes from basic to complex food sources during weaning, which affect the small intestine's absorption capacity and ultimately impact growth and feed efficiency, are key contributors driving rapid alterations in the microbiota in piglets during weaning (Upadhaya and Kim, 2021). Short-chain fatty acids (SCFAs) are produced by *Prevotella* species by breaking down structural polysaccharides using enzymes such as  $\beta$ -glucanase, mannanase, and xylanase, which

have the ability to degrade plant cell walls (Ivarsson et al., 2014). *Lactobacilli* break down the carbohydrates in the large intestine, where they are transformed by fermentation into SCFAs, which are then used by the pigs as a source of energy (Gänzle and Follador, 2012). The microbial population of the pig's gut is vast and dynamic, and it is not feasible to observe the changes constantly. Therefore, these are only some of the significant changes in microbial composition based on the functional requirements of the pig for adaptation to the weaning transition (Upadhaya and Kim, 2021).

### **2.3.3 Immunity**

Weaning transition leads to histomorphological and functional changes in the gut, which includes villous atrophy and increased crypt depth, reduced nutrient absorption, and enzyme secretion, to name a few (Wijten et al., 2011; Pluske et al., 2018). The intestinal barrier comprises a mucosal layer formed by extracellular and cellular components, which consists of epithelial cells (enterocytes, Goblet cells, Paneth cells, and enteric lymphocytes) and intercellular junctional complexes (tight junctions, adherens junctions, gap junctions, and desmosomes) (Salvo-Romero et al., 2015). This barrier acts as the first line of defense and protects the pig against the unknown substances that enter the digestive lumen. When the gut barrier breaks down, intestinal permeability increases, enabling pathogenic agents contained within the lumen to leak through the epithelium, making it simple to enter the sub-epithelial tissue. This leakage may lead to inflammation, diarrhea, malabsorption, and systemic illness, all of which can have a negative impact on the animal's health and development (Madara, 1990; Nabuurs et al., 1993).

It was reported that the intestinal permeability and secretory activity in the mid-jejunum and colon of pigs weaned at 19 days of age was higher than that of unweaned pigs in a study by Moeser et

al. (2007). A similar finding was noted in the study by Boudry et al. (2004), who observed a transitory drop in transepithelial electrical resistance with the help of the Ussing chamber in the jejunum of piglets weaned at 21 days of age. The effects of early weaning on the GI barrier, the immune system, and the neurological system may remain throughout maturity (Medland et al., 2016). Two days after weaning, pig intestinal T lymphocytes (CD4+ and CD8+) increase dramatically, amplifying the mRNA expression of inflammatory cytokines such as tumor necrosis factor-alpha (TNF- $\alpha$ ) and interleukins (IL), such as IL-6 and IL-8 in the mid-jejunum (Pié et al., 2004). Secretory IgA is an antibody that particularly protects the mucosal linings of the body, including intestinal mucosa. Therefore, it plays a very important role in the intestinal barrier function. Ushida et al. (2008), observed that weaning 25 d old piglets, resulted in a lower secretory IgA in feces for 5 consecutive days. It should be noted that, during the age of weaning, the immune system is undergoing modifications for maturation and these changes are aggravated by external stimuli during the weaning transition.

Many changes in intestinal physiology occur during the two weeks after weaning, some of which are transient, while others are long-term. Examples of short-term alterations include increased net ion transport and glucose absorption capacity in the jejunum, and decreased jejunal electric resistance in piglets fasted for two days after weaning (Lallès et al., 2007). The authors also observed that 2 weeks post-weaning glucose absorption and permeability to macromolecules in jejunum decreased, while the ileal transmucosal electric resistance increased and then stabilized. This shows that weaning induces temporary albeit acute changes caused by post-weaning fasting but with the resumption of voluntary feed intake, intestinal maturation resumes.

The alterations in nutrition, microbiome, and immunity have some serious effects on newly weaned piglets, making weaning the most crucial stage of pig production. The most concerning consequence is PWD. Most of the nutrition and management strategies in piglets are aimed at preventing PWD.

#### **2.4 Post-weaning diarrhea**

Post-weaning diarrhea is defined as an intestinal illness caused by multiple stressors, and signals include watery stools, poor growth, high morbidity, and high death rates (Wellock et al., 2008; Wu et al., 2015). It is a significant gastrointestinal illness that can alter the future growth and development of piglets and if not managed in time, it can be fatal. Multiple factors (as discussed above) in combination with ETEC are involved in causing PWD. Piglets are most susceptible to coliform infections during the first 2 weeks post-weaning. While some pathogens directly affect the intestinal tract, others put piglets in a more vulnerable situation. An example given by Nakamine et al. (1998), is the infection of porcine reproductive and respiratory syndrome virus, which weakens the immune response of piglets, allowing ETEC (enterotoxigenic *Escherichia coli*) to spread in the systemic circulation, causing septicemia and sometimes, death. According to Laine et al. (2008), farms that provided restricted feeding to weaned piglets had more occurrences of PWD than other farms that did not. Similarly, other elements like hygiene, temperature control, herd size, and feed supplements or additives have an impact on PWD infections (Melin et al., 1997; Lofstedt et al., 2002). Although, it is not possible to review each factor in detail, certain essential aspects which have a major role in triggering or aggravating diarrhea after weaning are discussed in the next section. Figure 2.2 summarizes the situation during early weaning and the crucial factors associated with it.

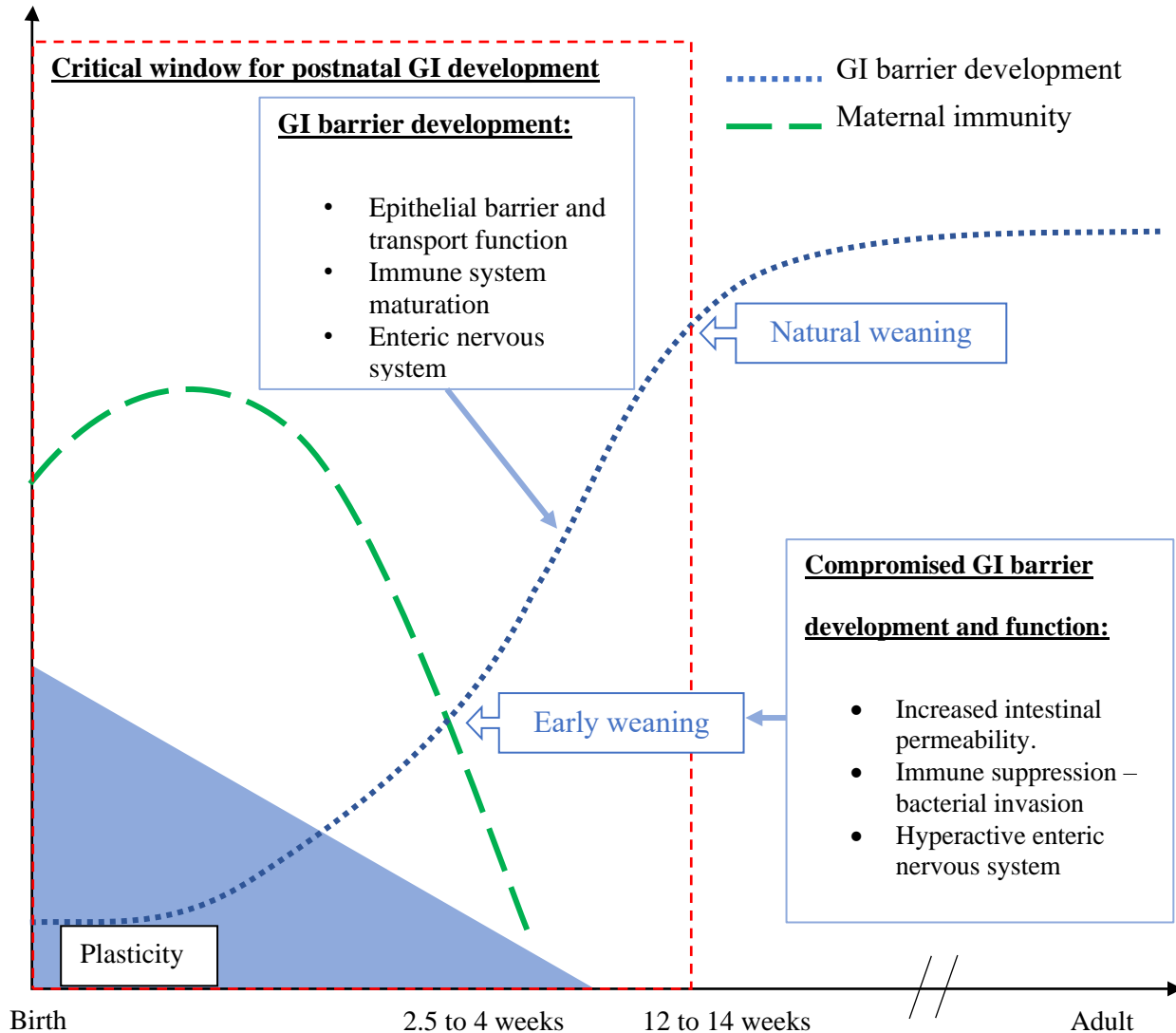


Figure 2.2 Summary of events during early weaning and their effects on gut health.

Adapted from Moeser et al. (2017).

### 2.4.1 Causes

Diarrhea occurring after weaning is a complex disorder and as mentioned earlier, there is not one particular cause of PWD but several conditions the pig is exposed to that lead to PWD. This section elucidates its causes and the mechanism behind the development of diarrhea in weaned piglets. Figure 2.3 summarizes some of the common causes that make piglets susceptible to PWD.

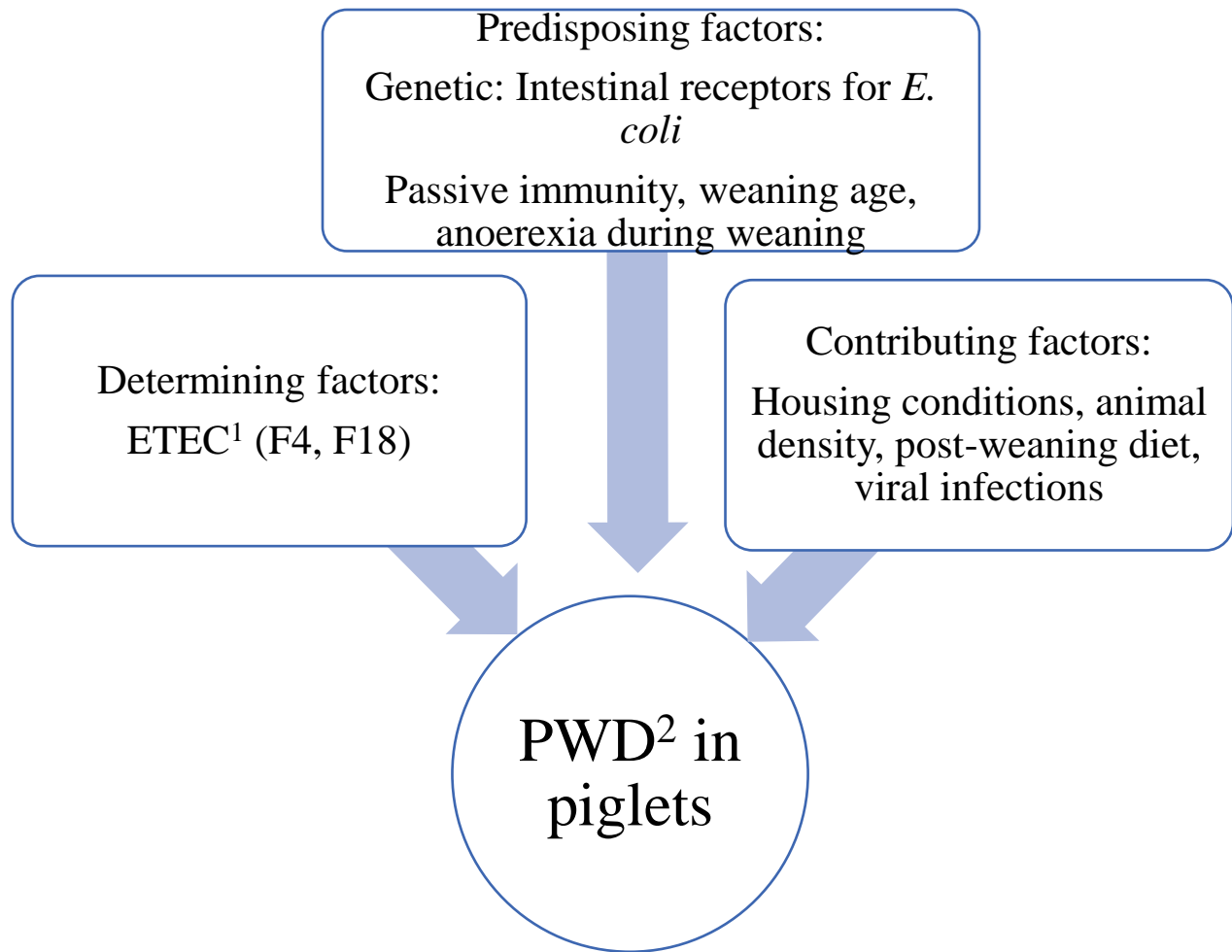


Figure 2.3 Schematic representation of the multifactorial causes of PWD.

Adapted from Rhouma et al. (2017a).

<sup>1</sup>Enterotoxigenic *Escherichia coli*

<sup>2</sup>Post-weaning diarrhea

#### 2.4.1.1 Causative pathogen

*Escherichia coli* is a natural inhabitant of the gut, present in normal and sick pigs (Schierack et al., 2006). However, the fact remains that some *E. coli* serotypes with certain virulence genes (for instance, fimbrial and toxin genes) are linked to PWD in pigs and diarrhoeal illness in calves and humans (Nagy and Fekete, 2005). As some of these ETEC bacteria multiply in number, PWD is caused (Fairbrother et al., 2005; Nagy and Fekete, 2005). As the bacteria proliferate in the intestine, enterotoxins and adhesins are abundantly produced, both contributing the most to symptoms of

PWD. F4 and F18 are the two paramount adhesins in ETEC infections(Luppi et al., 2016). The occurrence and function of F4 and F18 specific receptors in the small intestine regulates the susceptibility of piglets to the infection (Delisle et al., 2012). *Escherichia coli* is the predominant causative agent of PWD, however, other pathogenic microbes contribute to the severity of this disease. Viruses like strains of rotavirus and sapovirus, which destroy the intestinal villi, and bacteria like *campylobacters* and *salmonella*, as well as protozoa like *Cryptosporidium*, promote diarrhea in this age group (Katsuda et al., 2006). It is also noted that plenty of  $\beta$ -hemolytic ETEC is excreted through feces during the occurrence of this illness (Schierack et al., 2006). The specific fimbriae (F4 or F18) present on ETEC adhere to the glycoprotein receptors of enterocytes in the small intestine. These receptors are located on the brush border of the villi. The precise method of the linkage between the fimbriae and receptors is not precisely known (van den Broeck et al., 2000).

#### **2.4.1.2 High crude protein**

According to researchers like Bikker et al. (2006) and Kluess et al. (2010), feeding a high-protein diet to piglets weaned at 3 to 4 weeks of age, may increase the risk of developing PWD. The mechanism of action behind that is the high level of crude protein (CP) in the diets of these early-weaned pigs, which might promote microbial fermentation of undigested protein and boost the growth of harmful bacteria in the intestine (Heo et al., 2015). This process produces an excess amount of branched-chain volatile fatty acids (VFA) and possibly toxic compounds like ammonia and amines, which can decrease the rate of development in piglets and increase the occurrence of diarrhea in pigs after they are weaned (Porter and Kenworthy, 1969; Rist et al., 2013; Rajoka et al., 2017). The abovementioned compounds are synthesized by bacteria such as *Bacteroides* spp., *Propionibacterium* spp., *Streptococcus*, and *Clostridium* species (Rist et al., 2014). For the most

part, these compounds are inflammatory and can damage barrier function (Hamer et al., 2012). The metabolites or bacterial toxins may then impede fluid reuptake and conceal small intestinal hypersecretion (Pieper et al., 2016). Hydrogen sulfide has a detrimental effect on gut health by damaging the mucus membrane and increasing the permeability of intestinal epithelium (Ijssennagger et al., 2015). Some studies have connected high-protein fermentation to a higher risk of developing cancer as well (Davis and Milner, 2009). Furthermore, there is an inhibition of the production of SCFAs due to a decrease in the quantity of Lactobacilli, which are prevalent before weaning (Jensen, 1998). When pigs are fed a high-protein diet, they not only have less expression of SCFAs, such as butyrate, which may allow the intestinal epithelium to recover more quickly, but also show a higher small intestine pH (Burrin et al., 2001; Htoo et al., 2007). The findings of Jeaurond et al. (2008) showed that dietary amounts of fermentable protein (eg. poultry meal) increased the abundance of *Clostridia* species in the large intestine, while pigs fed more fermentable carbohydrates (eg. sugar beet pulp) reduced the number. The changes occurring in the pig's digestive tract due to high crude protein are summarised in figure 2.4.



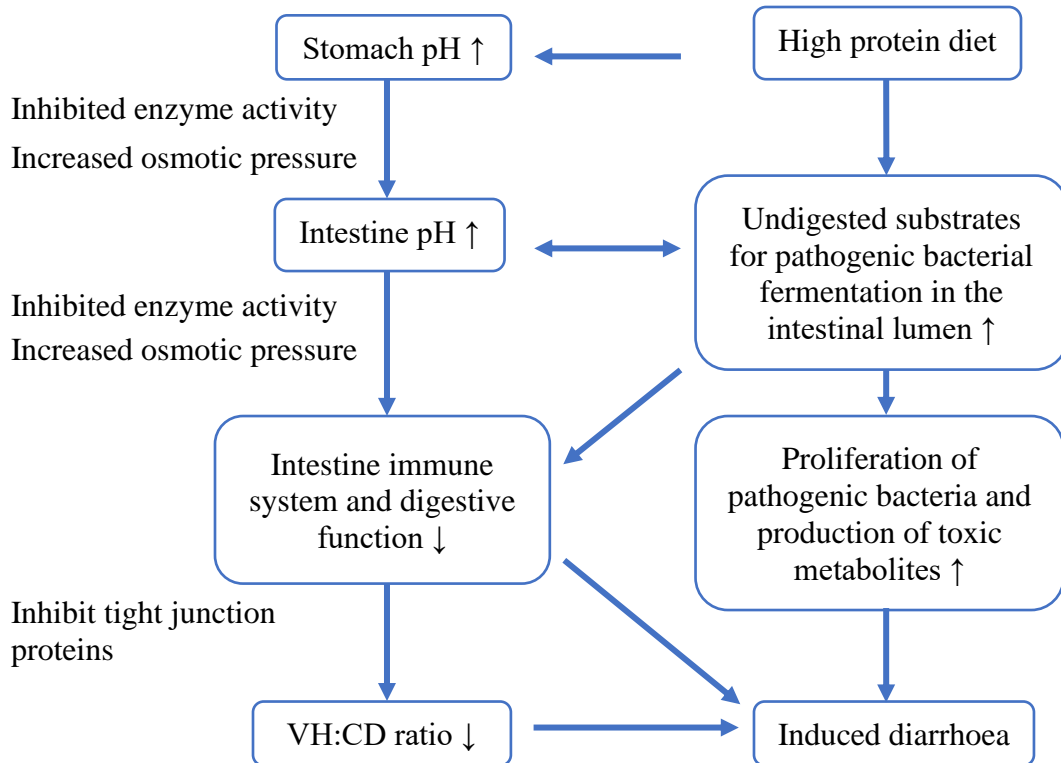


Figure 2.4 The possible mechanism of high protein diets induced post-weaning nutritional diarrhea.

Adapted from Gao et al. (2019).

↑ represent higher and ↓ represent lower value, respectively.

### 2.4.1.3 Water and electrolyte imbalance

Almost 98 percent of the water in digesta along with electrolytes is absorbed by the small intestine and some amount is absorbed by the colon (Chowdhury and Lobo, 2011). Ions are absorbed into the body through ion exchangers present on the luminal surface of the small intestine (Hoque et al., 2014). While some ions are transported by an osmotic gradient, others need an energy-driven processes. The maintenance of electrolyte balance and absorption of water and electrolytes is a complicated procedure and is not yet completely understood. Calcium as limestone, phosphorus as calcium phosphate, sodium and chloride as salt, and sodium bicarbonate are regularly added to swine feeds, to meet their nutritional requirement as well as the gastrointestinal electrolyte balance (Liu et al., 2014a). Most of the pathogenic bacteria in the gut stimulate the secretion of fluid and

electrolytes into the lumen of the intestine with the help of the different toxins they produce (Viswanathan et al., 2008). Post-weaning electrolyte imbalances contribute substantially to PWD, produce major intestinal electrolyte instability, and adversely affect the development and growth performance of weaned piglets by significant salt and water depletion from their bodies (Patience et al., 1987; Guzmán-Pino et al., 2015). The possible explanation behind this is demonstrated in a flow diagram in Figure 2.5. To begin with, water and electrolytes are brought into the luminal space of the small intestine, employing the osmotic force provided by the unabsorbed solutes contained in the post-weaning diets (Buddington et al., 2012). Simultaneously, PWD causes villus atrophy and crypt enlargement, affecting the body's absorption and secretion processes negatively (Stenson, 2013). Finally, the unabsorbed dihydroxy bile acid and fatty acid promote active secretion (Hofmann et al., 2008). These organic acids then travel into the lipid phase of the plasma membrane (Kim et al., 2018) and lead to reduced intestinal absorption, increased intestinal output, and excess fecal water resulting in diarrhea (Ridlon et al., 2015).

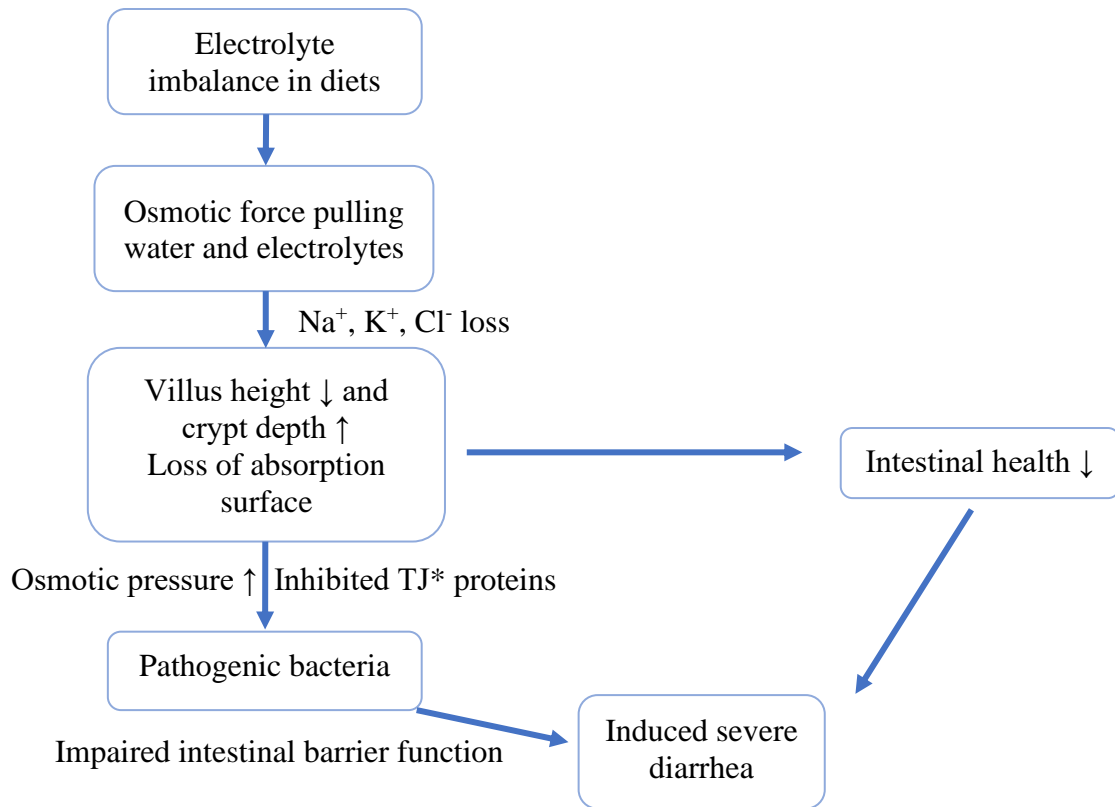


Figure 2.5 The possible mechanism of electrolyte imbalanced diets induced post-weaning nutritional diarrhea.

Adapted from Gao et al., (2019).

\*Tight junction

## 2.4.2 Pathogenesis

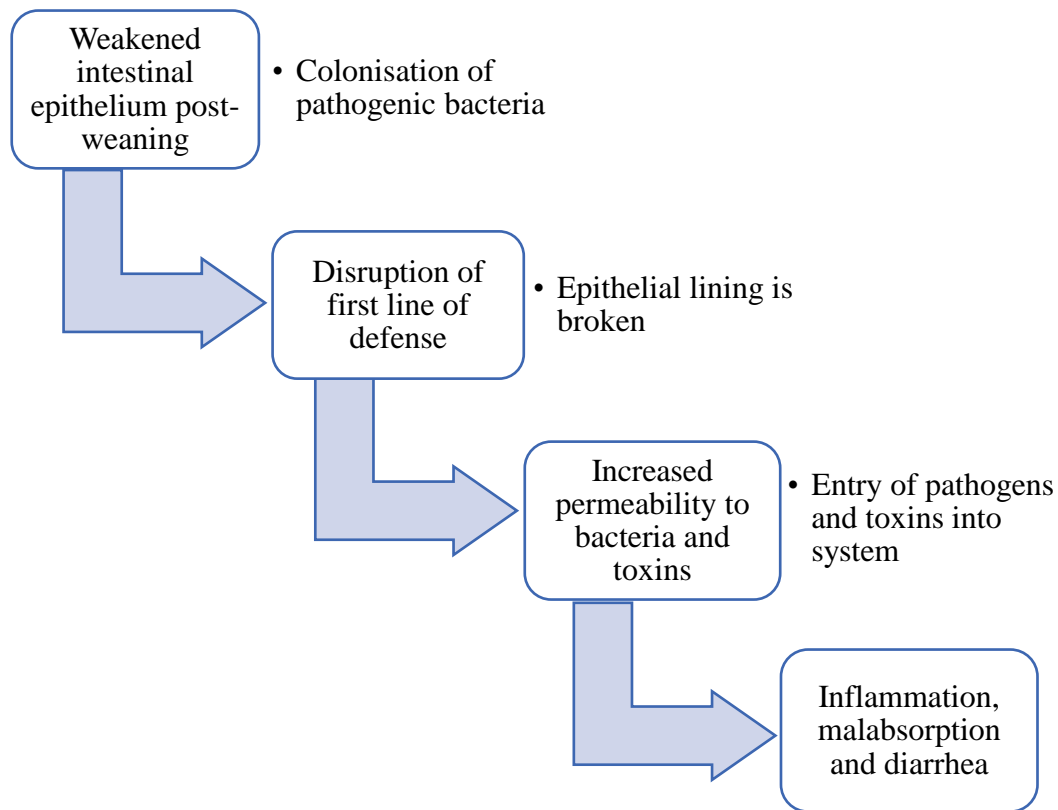


Figure 2.6 Pathogenesis of PWD.

Piglets can get exposed to ETEC in their surrounding through the mammary glands of their mother, the farrowing pen, or in the pens they are moved to for the nursery period (Gyles et al., 2010). Step by step effects and changes done by ETEC are shown in a simplified manner in Figure 2.6. Once the bacteria enter the GIT, they reach the small intestine and attach to the glycoprotein receptors of the epithelium with the support of fimbriae. Weaning reduces active immunity and damages gut integrity, providing favorable conditions for bacterial adhesion (Pluske et al., 2002). Soon after adhesion and colonization, the ETEC are empowered to release an enormous amount of enterotoxins in the lumen. The toxins produced are of 2 types, heat-labile which promotes sodium, chloride, and hydrogen carbonate ion secretion into the lumen; and heat-stable toxin, which lowers the absorption of liquid and salts into the body (Nagy and Fekete, 1999). Both toxins collectively

cause hypersecretion of water and electrolytes in the lumen, causing dysfunction of enterocytes and bringing excessive luminal contents in the colon, which are beyond its absorptive capacity (Heo et al., 2013). With the disproportionate volume of water and electrolytes, piglets suffer from dehydration, metabolic acidosis, malnutrition, osmotic diarrhea, and sometimes death (Zhang et al., 2006; Rhouma et al., 2016; Rhouma and Letellier, 2017; Roubos-van den Hil et al., 2017).

Other physiological processes that are happening in the piglet's body contribute to the symptoms of PWD. It has been observed that inflammatory responses in the intestines are triggered right after weaning and subside gradually. After weaning, McCracken et al. (1999) found that in two days, pigs given a soy or milk diet had a lower jejunal expression of major histocompatibility complex class 1 mRNA and higher CD4+ T cell counts in the jejunal villi, respectively. This leads to an increase in the pro-inflammatory cytokines, such as TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 (Pié et al., 2004). The reduced appetite post-weaning combined with its deleterious effects on intestinal morphology causes a regional inflammatory response in the intestine (McCracken et al., 1999).

As explained by Pluske et al. (2018), too much immune system excitation during weaning might have a detrimental effect on growth rate and feed efficiency. This physiological function has a high-energy requirement and pigs might suffer from excessive prostaglandin E2 production that can lead to pyrexia, cachexia, and poor performance. The effects of PWD vary based on the severity of the illness, but oxidative stress is a common feature of PWD. It is therefore very important to understand what it is and how it can be managed.

### **2.4.3 Oxidative stress**

An imbalance between the production and elimination of free radicals such as reactive oxygen species (ROS) and reactive nitrogen species to an extent that there is an accumulation of ROS is

called oxidative stress. Free radicals are produced as a by-product of regular metabolic reactions occurring in the body. They are unstable and highly reactive enabling them to react with lipid, protein and DNA, therefore causing oxidative injury to the cells (Zhu et al., 2012). At the molecular level, they modify signalling pathways, mutate genetic material, change protein structures, and disrupt energy metabolism (Rahal et al., 2014). Weaning greatly escalates the production of free radicals and ROS (Rao, 2008; Vergauwen et al., 2015). This is caused by an increased expression of pro-inflammatory cytokines restructuring the tight junction proteins and decreasing their gene expression, ultimately increasing gut permeability (Hao et al., 2021). Nuclear factor-kappa B (NF- $\kappa$ B) is a protein complex that regulates the expression of genes causing inflammation and forms the link between ROS production and gut inflammation which is explained in figure 2.7. However, each animal has a natural mechanism to protect cells from oxidative stress. This ROS scavenging system is made up of various enzymes that act as antioxidants (Finkel, 2003; Minelli et al., 2009).

There are exogenous and endogenous antioxidants, which contribute in balancing prooxidant and antioxidant compounds in the body. The endogenous antioxidants comprise enzymes like superoxide dismutase (SOD), catalase and glutathione peroxidase. The SOD reduces oxidized species which are later on destroyed by other compounds like glutathione peroxidase and catalase (Yin, 2013). There are exogenous sources or antioxidants available as micronutrients in the diet like ascorbic acid (vitamin C), tocopherol (vitamin E), carotenoids, flavonoids, and anthocyanins. The PWD and its effects have created a field of special interest concerning feed additives supplemented during weaning. As the GIT undergoes rapid changes during the post-weaning transition, it is of utmost importance to manage and stabilize the growth and overall health of weaned piglets (Pluske, 2013). To achieve this, various growth promoters have been used in

commercial pig production. A thorough description is provided in the following sections about current and potential growth promoters available for swine.

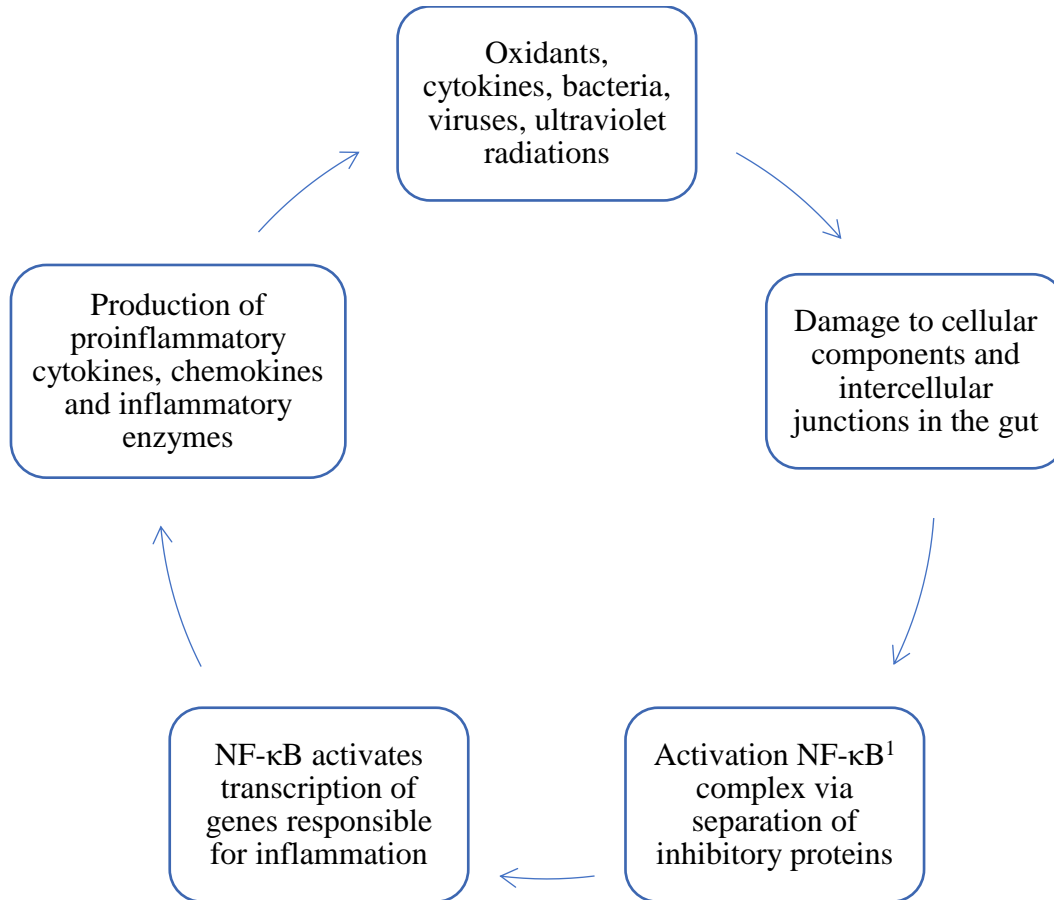


Figure 2.7 Link between inflammation and oxidative stress that leads to post-weaning diarrhea in piglets.

Adapted from Gessner et al. (2017).

<sup>1</sup>NF-κB - Nuclear factor-kappa B

## 2.5 Antibiotics as growth promoters

Since animal agriculture has become increasingly industrialized, antibiotics have been rapidly integrated into the animal production system, where they serve as both preventative and therapeutic agents, in addition to being a cost-effective economic instrument (Begemann et al.,

2018). As years went by and animal farming became intensive and demanding, the distinctions between these applications became increasingly hazy. To expedite animal growth, notably in monogastric animals like pigs and poultry, shorten production cycles, and enhance space usage through a higher 'density' of herds, group treatment with antibiotics in feed or water became a standard (Nathan and Cars, 2014). Basically, antibiotics paved the way for the intensification of animal-based food production (Thoms, 2012). Antibiotics and high levels of trace elements (copper and zinc) have been highly successful in decreasing the economic burden of post-weaning diarrhea in the first two weeks following weaning. Enhanced therapeutic doses of copper (up to 170 mg/kg feed as a feed additive) and zinc (up to 2,500 mg/kg feed of zinc oxide as a prescribed veterinary medication) exceeding more than 20-fold the dietary needs have also been used routinely as prophylaxis for diarrhea in the diet formulation of piglets (López-Gálvez et al., 2021a).

As explained by Vervaeke et al. (1979); Nugon-Baudon et al. (1985); Dierick et al. (1986) and Dierick et al. (2002), antibiotics and heavy metals mainly work in the following ways,

1. They reduce the microbial load significantly in the proximal GIT and shift the microbial population towards the beneficial microbes.
2. They lower the net energy requirement by making more glucose available for the host. This happens because there is decreased microbial breakdown of glucose to SCFA.
3. They limit the microbial decarboxylation of amino acids to amines (cadaverine, histamine, and tyramine) and minimize the deamination to ammonia in the small intestine, which is where nutrients are actively absorbed in the animal.



4. They lead to an increase in the ileal digestibility coefficients of nutrients by moving the enzymatic digestion of major nutrients to more proximal locations in the gut.

However, in the United Kingdom the government was soon obliged to create the Swann Committee when veterinarians in the country warned about episodes of antibiotic resistance on animal farms that also harmed humans and were highlighted in the media. According to the Swann report of 1969, antibiotics used for growth promotion and similar objectives are harmful to both human and animal health because they cause bacteria to become resistant to them (Medicine and Swann, 1969; Wise, 2007; Kahn, 2016; Kirchhelle, 2018). Similarly, compounds with heavy metals also came with a lot of harmful aftermath like accumulation in soil, causing environmental pollution of soil and water; might influence the development of resistant bacteria (Panel, 2014; Panel, 2016), and may influence the production of genes that affect the immunological response of pigs (Debski, 2016). Other countries also had similar observations and started adopting measures to curb these effects.

An explanation for the beneficial connection between AGP usage and the growth performance of piglets, according to Cardinal et al. (2021), is a decreased intestinal inflammatory response. For example, Mazutti et al. (2016) proved that animals who got colistin or tylosin at subtherapeutic doses throughout the nursery, gained up to 1.74 kg more weight at the end of the nursery phase. A similar observation was noted by Helm et al. (2019) that the average daily gain of pigs treated with subtherapeutic doses of chlor-tetracycline, rose by 0.110 kg/day. Both authors credit the increased weight to the lower costs of immunological stimulation caused by AGPs' impact on gut microbiota. Microbial dysbiosis, characterized by an overpopulation of possible pathogens such as *Escherichia* and *Clostridium*, as well as the decrease in healthy bacteria such as *Bacteroides*,

*Bifidobacterium*, and *Lactobacillus*, is a long-term consequence of using AGP. As an added downside, the AGPs decreased the microbiome diversity, which resulted in detrimental effects on the overall health of piglets (Correa-Fiz et al., 2019; Guevarra et al., 2019).

In several countries, processed pork products like ham, salami and sausages come from the commercial pig farms that are still highly dependent on antibiotics for growth promotion. Waluszewski et al. (2021) write that there might be a relationship between the use of AGP and difficulties in treating secondary bacterial infections caused by viruses like the coronavirus in humans.

It is based on a 2010 estimate that in the United States, approximately 63,151 tonnes of antibiotics are used in animal agriculture, and this will rise by 67% by 2030 (van Boeckel et al., 2015). Almost 71 percent of the United State's yearly antibiotic usage is attributed to the livestock sector. In terms of its contribution to the spread of antibiotic-resistant bacteria in animals and people, these activities ultimately pose a serious public health hazard. The use of antibiotics in animal feed for production purposes is prohibited from 2017 in the United States as stated in GFI #213, published by the United States Food and Drug Administration (US Department of Health and Human Services and Medicine, 2013).

## **2.6 Alternatives to antibiotics**

### **2.6.1 Prebiotics**

Prebiotics are additives that act as a substrate for utilization by the host microbes, for the benefit of the health of the host (Gibson et al., 2017). According to the definition above, an ideal prebiotic should be resistant to stomach acids and digestive enzymes, so that the microbes in the large

intestine can utilize it for their metabolism. Certain non-digestible carbohydrates commonly used as prebiotics are lactulose, mannan oligosaccharides, galactomannan oligosaccharides, inulin, fructooligosaccharides, isomaltooligosaccharides, chitooligosaccharides, resistant starch, dietary fiber, and lactose (López-Gálvez et al., 2021b). The majority of prebiotics are produced or extracted from polysaccharides found in plants and algae (Wu et al., 2017). A chemical treatment that hydrolyzes polysaccharides (example, isomalto-oligosaccharides from starch) or enzyme-catalyzed synthesis from disaccharides can also yield prebiotics (van den Broek et al., 2008).

Prebiotics influence gut health primarily through promoting the growth of helpful gut microbes and boosting the production of SCFA (lactate, propionate, acetate, butyrate). Lactose is significant for weaned piglets because it goes to the large intestine and gets fermented by *Lactobacillus* yielding lactate. Lactate lowers the pH and hence, is detrimental to pathogens. Lactose also boosts the production of SCFA, which are an important source of energy for colonocytes (López-Gálvez et al., 2021b). From previous research it is evident that prebiotics can alter the gut microbiota and benefit the host however, there have been inconsistent results in some experiments, and we still need to explore their interaction with other feed components, and their influence on the immune system and other organ systems of the body.

### **2.6.2 Probiotics**

Probiotics, also known as direct-fed microbials, are fed to animals as live microbes for increasing their growth performance and overall health. There are three groups commonly used in livestock, *Bifidobacterium*, *Lactobacilli*, and *Eubacteria* (NRC, 2012). Probiotics composed of *Bifidobacterium* are spore-forming, making them capable of surviving high temperatures and low

pH (Ferrari et al., 2014). Extracellular fiber degrading enzymes are efficiently produced by these bacteria, enhancing nutrient digestibility and uptake (Schreier, 2014). Lactic acid-producing bacteria do not form spores hence, their preservation during feed processing is critical (de Lange et al., 2010). They are abundantly found in the GIT of young pigs aiding in lactic acid production and lowering the pH, suppressing pathogens in the gut (Richards et al., 2005; Li et al., 2003). However, the concentration of these bacteria decreases once the pigs are weaned, therefore, supplementation of *Lactobacillus* is needed for improving their health (Niers et al., 2005). It can be concluded from the research data available, that probiotics certainly have a positive effect on pigs. *Lactobacillus* provides better gut health and management after weaning while *Bifidobacterium* aids in nutrient digestibility and energy bioavailability, contributing to weight gain for grower-finisher pigs. Most bacteria belonging to these three genera are beneficial for intestinal health and help in the prevention of GIT diseases (van der Aar et al., 2017). They produce more lactic and acetic acid in the colon, thereby lowering pH and amplifying fermentation and SCFA. These aid in reducing the pathogenic bacterial population (Smiricky-Tjardes et al., 2003). Not just that, they might also help in breaking down the complex structures of non-starch polysaccharides into smaller compounds digestible by the pigs, making energy sources more available (Jaworski et al., 2017). Also, they may contribute to stabilizing the piglets' immune system by inhibiting the production of pro-inflammatory cytokines by the intestinal cells, adding the unused energy towards growth (Cho et al., 2011).

There are not many conclusive experiments on yeast, however, it has many potential health benefits. Based on a study done by Bontempo et al. (2006), weaned piglets supplemented with live dietary yeast showed higher growth performance and improved intestinal health than piglets fed a control diet without any additives. Moreover, weaned piglets, when fed a combination of bovine

casein hydrolysate and yeast  $\beta$ -glucan, had growth parameters, fecal scores, and inhibition of the NF- $\kappa$ B pathway similar to piglets supplemented with zinc oxide (Mukhopadhyaya et al., 2019). More trials with antibiotic comparison groups and standardization against random variables like pig breed, age, management practices, probiotic quantity and durability, timespan for supplementation, etc. are needed to replace antibiotics.

### **2.6.3 Postbiotics and synbiotics**

Postbiotics are compounds that are produced from microbial fermentation. They can include a variety of carbohydrates, amino acids, and proteins. Synbiotics are a combination of probiotics and prebiotics, supplemented together to observe their synergistic effects on livestock (Laird et al., 2021). Both postbiotics and synbiotics have recently emerged and gained attention due to their positive effect on gut health and growth performance. Postbiotics of *Saccharomyces cerevisiae* increased biodiversity in the intestine and reduced ammonia and *E. coli* in treatment pigs compared to the control group (Kiarie et al., 2011). Similarly, supplements containing fermentation products of *L. acidophilus* increased the gain to feed ratio of weaned piglets (Nordeste et al., 2017). Some synbiotics have shown increased growth performance in pigs as compared to probiotics alone (Wang et al., 2019). However, there are a wide array of mixtures possible with prebiotics and probiotics, and every combination has to be tested *in vitro* and *in vivo* before drawing any conclusions.

### **2.6.4 Organic acids**

Organic acids are carboxylic acids having a particular carboxyl structure in each molecule. One kind of organic acid is a fatty acid, comprising an aliphatic chain and forming the main energy source in animal diets (Kil et al., 2011). They are classified based on the number of carbon atoms,

as SCFA (1-5 carbon) and medium-chain fatty acids (MCFA; 6-12 carbon). The principal mechanisms behind the productive outcome on the gut microbiome, architecture, and digestibility due to organic acids are as follows: reduced stomach pH promoting protein digestion; boosting small intestinal function and enzyme output; antimicrobial activity; increased gastric retention, and aiding in mucosal barrier function (Dierick et al., 2002).

Commonly used organic acids in the animal industry are formic, fumaric, lactic, and citric acid (Suiryanrayna and Ramana, 2015). Formic acid, citric acid, and benzoic acid have been shown to increase growth performance when fed to weaned pigs (Diao et al., 2016; Luise et al., 2017). Eckel et al. (1992) reported increased apparent total tract digestibility of protein when pigs were supplemented with formic acid and its salts but Gabert and Sauer (1995) noted a lower ileal amino acid digestibility in pigs. Moreover, the digestibility of calcium and phosphorus in growing pigs (Bühler et al., 2010; Xu et al., 2018) and crude protein in weaning pigs (Halas et al., 2010) was enhanced when they were supplemented with benzoic acid. Zentek et al. (2013) integrated organic acids with MCFA and reported increased anti-microbial activity, growth, and digestibility in piglets as compared to feeding them individually. This was proven in another study where *Lactobacillus* count increased and pro-inflammatory cytokines were less expressed in pigs (Kuang et al., 2015). Similarly, Long et al. (2018) mentioned a reduction in hydroxyl radicals in the blood of weaned piglets after feeding mixed organic acids. This also illustrates the antioxidative power of organic acids and MCFA in combination. Research shows that organic acids are compelling feed additives and might completely replace AGP in future.

### 2.6.5 Nucleotides

Nucleotides are mainly known as monomers of nucleic acids i.e., DNA and RNA which form the genetic material of each organism. They are a macromolecule comprising a nitrogenous base, either purine or pyrimidine, attached to a pentose sugar and a phosphate group. Pyrimidine is a six-atom single aromatic ring seen in compounds such as uridine, cytosine and thymine, and purine are made up of a five and six atom dual aromatic ring and includes compounds like hypoxanthine, adenine, and guanine (Rudolph, 1994).

Besides forming nucleic acids, nucleotides assist in energy metabolism, oxidation and reduction reactions, carrying intermediates in physiological reactions, development of the immune system, gut barrier function, and microbiome (Liu et al., 2018). The demand for nucleotides increases during immunological stress because they are fundamental in both cellular and humoral immune responses. Domeneghini et al. (2004) and Šperanda et al. (2008) observed that macrophages and lymphocytes were upscaled in the small intestinal epithelium of piglets when fed with nucleotides. Similar studies were made where nucleotides protected DNA in blood lymphocytes (Salobir et al., 2005), reduced TNF- $\alpha$  and IL-6 in serum of ETEC challenged piglets (Hung, 2015), and increased serum IgA (Lee et al., 2007; Sauer et al., 2012b; Sauer et al., 2012a). Nucleosides are nitrogenous compounds similar to nucleotides, except that they do not have a phosphate group attached to them. Diets not including nucleotides were fed to 2 groups of piglets, one as control and the other group as nucleoside supplemented. The group with nucleoside supplementation expressed a higher concentration of healthy bacteria and a lower concentration of *Clostridium perfringens* as compared to the control group (Mateo and Stein, 2004). After adding nucleotides (Weaver and Kim, 2014) or nucleotide-rich yeast extract (Waititu et al., 2016), the pigs' growth parameters were enhanced. On the contrary, many other studies did not note such an observation (di Giancamillo

et al., 2003; Martinez-Puig et al., 2007; Moore et al., 2011). Changes in the type, quantity, and duration of the feeding of nucleotides can show such variabilities across different experiments. In the future, nucleotides could be a probable candidate for enhancing the adaptive ability and growth performance of piglets after weaning.

### **2.6.6 Antimicrobial peptides**

Antimicrobial peptides (AMP) are a varied group of polypeptide molecules commonly found in every living organism. They can be obtained from various sources from prokaryotes to mammals or can be synthesized chemically. The AMP can fight against a broad spectrum of gram-positive and gram-negative bacteria, fungi, viruses, and parasites (Hancock, 2001). They are small, positively charged compounds with a hydrophobic and hydrophilic region facilitating a trouble-free entry into the bacterial cell (Zasloff, 2002). Examples of AMP are lactoferrins and defensins. Wang et al. (2006), reported that augmentation with recombinant lactoferrin improved intestinal architecture and performance parameters in weaned piglets. Similarly, several types of defensins have up-regulated the expression of mucin and tight junction proteins resulting in fortified mucosal barrier function (Robinson et al., 2015). The two ways in which AMP are supplemented to the animals are, as exogenous AMP either synthesized or obtained from another organism, or as ingredients that prompt AMP production inside the body (Robinson et al., 2018). It is important to note that AMPs are proteins and might be broken down in the upper GIT, while most of the pathogenic organisms reside in the lower intestinal tract (Xiong et al., 2019). While there are not many consistent results obtained yet, AMPs are a very promising alternative to antibiotics.



### **2.6.7 Feed enzymes**

Feed enzymes are added to the diet, largely to facilitate the digestion of particular feed ingredients so that their bioavailability is increased. There are a variety of enzymes used commercially, like phytases, lysozymes, carbohydrases, and proteases. Each enzyme works differently and has been shown to benefit gut health. A study compared a multi-enzyme additive (protease,  $\alpha$ -amylase, xylanase,  $\beta$ -mannanase, glucose oxidase, acid cellulose, and galactosidase) averse to an antibiotic supplemented group and both showed similar growth performance as well as a significantly higher digestibility than the antibiotic group (Han et al., 2017). Other researchers exhibited optimistic results on oxidative stress (Duarte et al., 2017), gut morphology, and microbiome (Chen et al., 2017). Similarly, lysozymes supplied through drinking water reduced the amplification of ETEC as antibiotic supplementation (Nyachoti et al., 2012). Feed enzymes are a very promising AGP replacement, and they aid in digestion which is a bonus for a healthy gut. More research in the future can bring us closer to a multi-enzyme product that would not only act as an AGP alternative but also have various other benefits for nutrient digestibility and intestinal health.

### **2.6.8 Seaweed extract**

Marine seaweeds have been used for decades for their numerous health uses as an antioxidant, anticancer, anticoagulant, and anti-inflammatory. They are considered indispensable by the pharmaceutical industry. With regards to the feed industry, products of brown marine algae such as alginates, fucoidans, laminarins, and phlorotannin have been evaluated as probable AGP replacements (Michiels et al., 2012). Laminarin (300mg/kg of feed) and zinc oxide have similar effects on growth performance and gain to feed ratio when supplemented to weaned piglets as well as better nutrient digestibility and gut morphology compared to the negative control group without any supplements (Dillon et al., 2010; McDonnell et al., 2010). Similar results were obtained by

Heim et al. (2014) when fucoidans were supplemented at 240 mg/kg of feed. However, laminarin and fucoidans cannot be combined as they displayed incongruity by cancelling each other's usefulness, as demonstrated by Walsh et al. (2013). Also, it was noted that at higher doses of laminarin, the production of pro-inflammatory cytokines was promoted having deleterious effects on the pigs (O'Doherty et al., 2017). The research data obtained leads to the positive use of seaweed extracts in the future, but there are still some ambiguities that need to be resolved like the effective duration and dose of the supplement, bioavailability, and interactions with other compounds. Although commercial seaweed products are available in some regions, they are still not popular worldwide.

### **2.6.9 Vaccines**

Vaccines have been a great tool in the eradication or prevention of many infectious and deadly diseases. But it is not easy to make them, as each pathogen acts differently and the body's responses also vary. In the case of bacteria, there are factors like strains, type of toxin produced, specific antigen, immune response, route of administration and more to be considered before making a commercial vaccine. In the last decade, vaccine studies exploring possibilities of subunit, encapsulated, and parenteral vaccines have been done for ETEC-led PWD but only a live oral vaccine has been made available until now (Melkebeek et al., 2013; Hedegaard and Heegaard, 2016). Countless vaccines target a fimbrial antigen but the antibodies generated are only useful for a particular strain and do not provide cross-protection (Fairbrother et al., 2017; Rhouma et al., 2017). Enterotoxin-based vaccine research also showed no cross-immunity because of high variability in nature and quantity of toxins amongst serotypes (H. Wang et al., 2020). Vaccination can be provided in two ways, by immunizing sows and conferring piglets with passive immunity or immunizing weaned piglets for stimulating active immunity. Immunizing sows will only protect

piglets during nursing. Once they are weaned, the immunity will slowly subside. On the other hand, scheduling administration is fundamental in piglet immunization. Vaccine effectiveness of Coliprotec F4 (Prevtect Microbia GmbH, Germany) comprising an F4<sup>+</sup> tame *E. coli* strain was tested by Fairbrother et al. (2017) while administering ETEC challenge strain on days 3, 7 and 21 post-vaccination on piglets weaned at 18 days of age and vaccinated one day post-weaning. They observed that diarrhea, and ETEC colonization and shedding were significantly higher in pigs challenged on day 3 as compared to those challenged on day 7 or 21. This shows that vaccine administration should be done at a precise time to gain full protection against PWD caused by ETEC.

There have been limitations in transporting live vaccines globally due to biosecurity reasons but the progress achieved until now is remarkable and can pave the way towards antibiotic-free production. Having said that, it is still vital to find antibiotic alternatives until sufficient data and proof for vaccination is available.

#### **2.6.10 Phage therapy**

Phage therapy indicates supplementing viral particles called bacteriophages targeting a specific strain of bacteria in the gut. The virus then carries out a lytic cycle wherein, it enters the host (pathogenic bacteria), takes control over the biochemical processes, and starts replicating inside the cell until it is exhausted resulting in the breakdown of the bacterial cell wall (Cha et al., 2012a). The virus then infects other bacteria of the same strain and repeats the cycle. It is noteworthy that the high specificity of the target bacteria allows us to control the bacteria to be killed without disturbing the remaining gut microbiome. Several trials have shown that phage therapy can mitigate the symptoms induced by ETEC infection in weaned piglets as well as abating the risk of

spreading infection from one farm to another by decreasing the fecal load of target bacteria (Jamalludeen et al., 2009; Cha et al., 2012b; Lee et al., 2017).

In some situations, however, the limited target range of phages may not be beneficial because it restricts manufacturing a universal product for all farms as the strain of bacteria on one farm is most probably not similar to another. Additionally, there is only limited research on various phages, no detailed data is available about phages particularly useful for livestock and most of them are not commercially available yet.

### **2.6.11 Plant extracts**

Plant extracts, also known as phytochemicals, are chemical compounds produced by plants as secondary metabolites with various important functions. They provide protection to plants from ultraviolet radiation, pathogens, oxidative stress, and harsh climatic conditions. They are derived from natural sources with minimum alteration and stand as one of the significant alternatives for antibiotics. Humans and animals cannot synthesize most of the phytochemical compounds and therefore need an exogenous source of polyphenols from plants. The four most extensively studied properties of phytochemicals are broad-spectrum antimicrobial, potential anti-viral, anti-oxidative and immunomodulation, because of which they are becoming popular among researchers (Liu et al., 2012; Liu et al., 2013). There are five methods for the extraction of polyphenols including (1) solvent extraction; (2) pressurized liquid extraction; (3) ultrasonic-assisted extraction; (4) microwave-assisted extraction and (5) supercritical extraction (Rasouli et al., 2017). Supplementing plant extracts demonstrated strengthened intestinal health and immune function, further leading to better growth performance and resistance to diarrhea in weaned piglets. Curcumin, turmeric oleoresin, and capsicum oleoresin are phytochemicals that might be responsible

for an increase in gene expression of tight junction and cell-cell junction proteins and a decrease in gene expression related to immune stimulation due to antigens, in piglets after inoculation with ETEC (Wang et al., 2012; Liu et al., 2014c). Chemokine production in intestinal epithelial cells reduced after garlic extract supplementation, indicating inhibition in the count of circulating leucocytes in areas of inflammation (Lang et al., 2004). In many studies done *in vivo* and *in vitro*, extracts derived from common herbs like ginger, thyme, fennel, pepper, oregano, cinnamon, basil, garlic, mint, and clove have shown strong free radical scavenging properties (Frankič et al., 2010b; Amorati et al., 2013; Wu et al., 2018b). Phenolic acids have been described as the active components in the extracts that aid in the protection of proteins and lipids from oxidative damage of peroxy radicals (Djeridane et al., 2006; Lobo et al., 2010). Positive effects on the immune system, like increased lymphocyte proliferation rate, phagocytic rate and IgA, IgM levels in the blood of weaned piglets, were reported after administering encapsulated essential oils containing thymol and cinnamaldehyde at 50, 100, or 150 g/ton of feed (Li et al., 2012). A mixture of oregano, anise, and citrus peel (40 mg/kg diet) added to the piglet diet enhanced the anti-inflammatory effect by reducing the gene expression of NF- $\kappa$ B and TNF- $\alpha$  (Kroismayr et al., 2008). The antibacterial, antifungal, antiviral, and anti-coccidial properties are said to be present in some well-known phytochemicals like carvacrol, eugenol, thymol, capsaicin, cineole, and so on (Windisch et al., 2008). Plant extracts are without a doubt beneficial for both humans and animals and can be obtained without harming the environment or presenting any adverse effects on human or animal life. But like any other additive, there are still many unresolved issues with phytochemicals. They are less bioavailable because of poor absorption, high metabolism, and rapid excretion. Since the pathogens are in the lower GIT, it is important that phytochemicals are delivered to that location after ingestion. To ensure that, various encapsulation methods have been implemented. Less data is

available on the interactions of polyphenols with each other and with different feed components. More polyphenols that are present in nature are yet to be explored. We still do not have availability of pure plant extracts from different parts of the world. The content of polyphenols in plant extracts varies tremendously as it depends on harvesting time, storage conditions, extraction processes, part of plant taken, etc. With time and research, there will be an answer to all the above disparities.

## **2.7 Red osier dogwood**

*Cornus sericea* or commonly known as red osier dogwood is a plant naturally found everywhere in Canada and some northern states in the United States. It thrives in moist or swampy soil in open woodlands and has little white flowers in Summer and early Autumn, as well as white berries in the Fall. Through various studies done on *Cornus* species, it is shown that its fruits are rich in flavonoids like rutin, quercetin, and kaempferol (Seeram et al., 2002; Vareed et al., 2006; Pawlowska et al., 2010). In the past, many tribes of Native Americans used the plant as a remedy for weakness or to cure sores, stomach pain, and skin diseases (Smith, 1929). However, with leaves and barks, there is only a limited amount of information available about their polyphenolic contents.

There is some research with piglets showing the beneficial effects of polyphenols obtained from ROD. Jayaraman et al. (2018) and Koo et al. (2018) found that supplementing weaned pig diets with 4 % powdered ROD reduced oxidative stress and enhanced growth performance. In the study by Yang et al. (2019), RDE increased trans-epithelial electrical resistance (TEER) and decreased permeability in Caco-2 intestinal cell culture. The RDE protected the cell culture from hydrogen peroxide H<sub>2</sub>O<sub>2</sub>-induced oxidative damage, *in vitro*. In addition to directly scavenging free radicals and boosting the cellular antioxidant system, RDE increases cell activity via restoring tight

junction proteins and increasing their expression (Jiang et al., 2019). Similarly, it has been shown that rumen protein degradation may be reduced, and protein efficiency increased by ROD feeding in finishing beef heifers (Gomaa et al., 2018). Mogire et al. (2021) found that ROD had no influence on growth performance in broiler chickens, but it did enhance gastrointestinal function and had no negative impact on meat quality.

According to Isaak et al. (2013), the total phenolic content found after methanolic extraction of air-dried ROD leaves, stems, and bark is much higher than its counterpart in the olive plant (figure 2.8). Phenolics are more acidic and stable than regular alcohols because of the dispersed pi electrons. ROS and other free radicals feed on these extra electrons or hydrogen atoms and are neutralized. These sturdy hydroxyl compounds also work as singlet oxygen destroyers, metal chelators, and enzyme inhibitors (Bravo, 1998). Hence, the phenolic content of a sample is mostly responsible for its antioxidant action. Oxygen radical absorbance capacity (ORAC) assay is an accurate measurement of antioxidant activity, as it assesses the sample's capacity to prevent fluorescein from being oxidized by a peroxy radical generator. The ORAC analysis by Isaak et al. (2013), showed values substantially higher for ROD than other antioxidant-rich plants like basil leaves, parsley leaves, and tea leaves (figure 2.9). Another group of compounds that are soluble in water and gives a red, purple, or blue pigment to plants, fruits, and flowers and are a crucial component of seed dissemination and pollination are called anthocyanins. Anthocyanins were also analyzed from stem, leaves, and bark of ROD, and in the spring, the sample had a good amount of anthocyanin and in the winter, it was exceptionally high (figure 2.10).

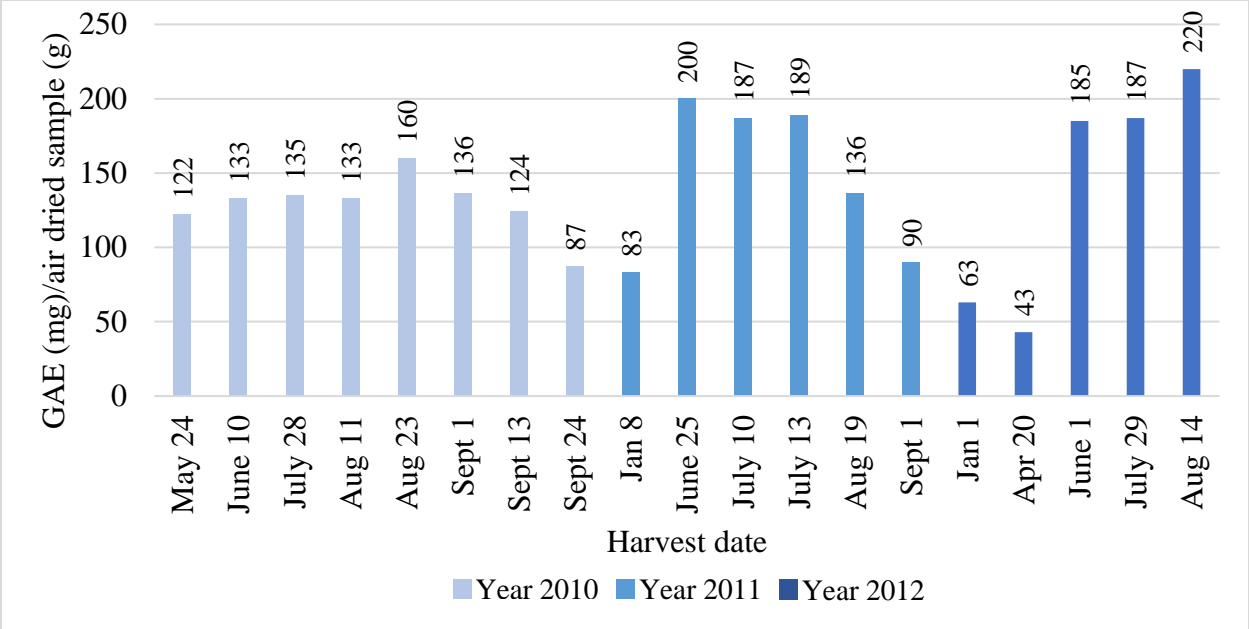


Figure 2.8 Total phenolic content in plant material harvested from *Cornus sericea* at various intervals over a 3-yr period.

Values are the mean of triplicate analysis of samples (mean ± SD, n=3).

Adapted from Isaak et al. (2013).

GAE – Gallic acid equivalent



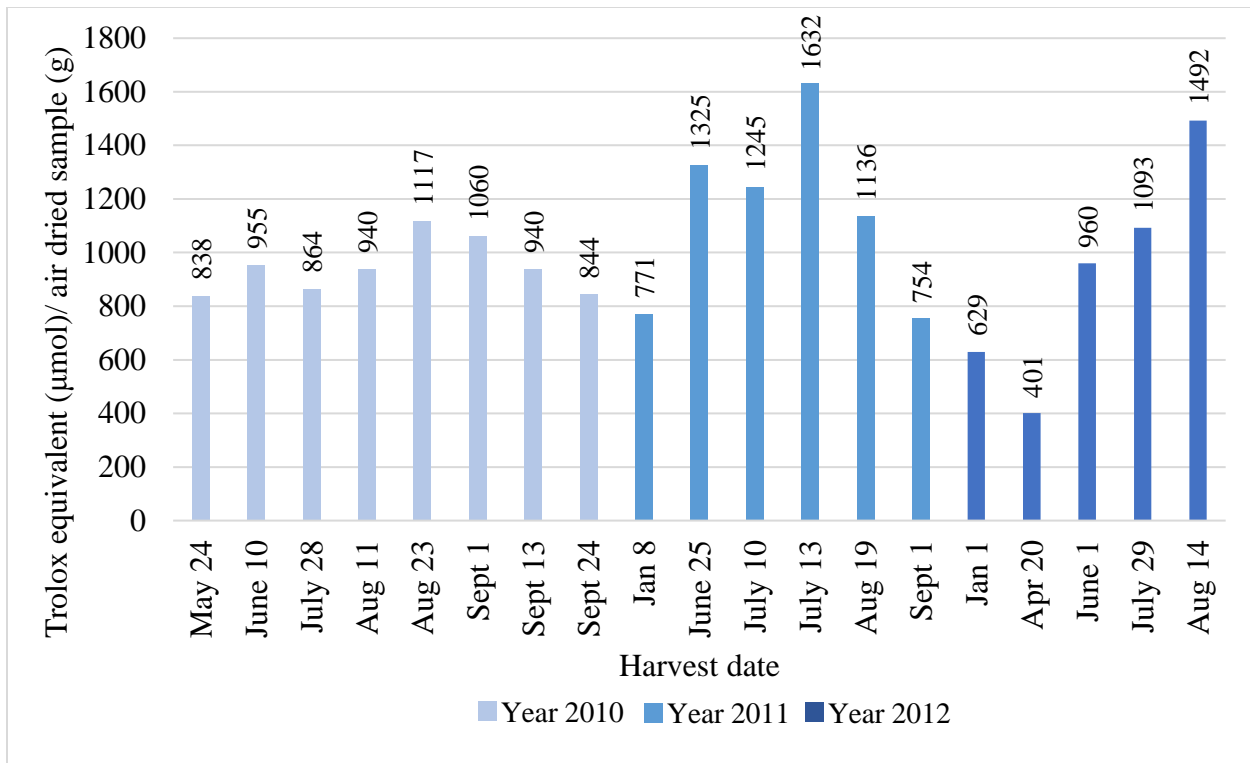


Figure 2.9 Oxygen radical absorbance capacity in plant material harvested from *Cornus sericea* at various intervals over a 3-yr period.

Values are the mean of quadruplicate analysis of samples (mean  $\pm$  SD, n=4). Adapted from Isaak et al. (2013).

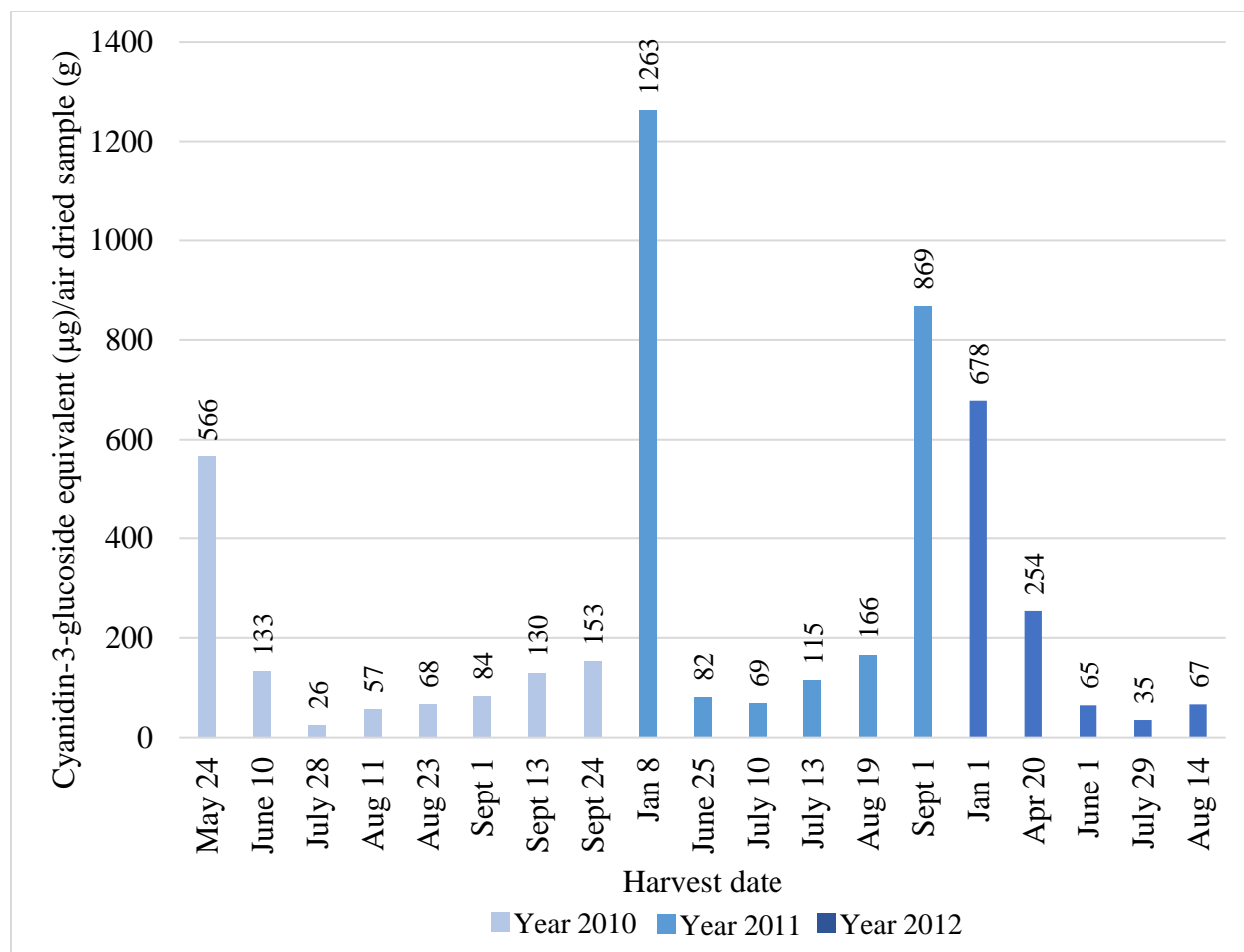


Figure 2.10 Total anthocyanin content in plant material harvested from *Cornus sericea* at various intervals over a 3-yr period.

Values are the mean of quadruplicate analysis of samples (mean  $\pm$  SD, n=4). Adapted from Isaak et al. (2013).

Based on the analysis of Apea-Bah et al. (2020), five phenolic compounds were identified in samples collected from ROD bark and leaves. These include two phenolic acids namely, glucogallic acid and ellagic acid; and three flavonoids namely, rutin, quercetin, and quercetin 3-*O*-malonylglucoside.

It can be concluded, based on the research data that there is a huge scope for plants containing polyphenols like ROD, to replace antibiotics. This will pave the way for safer meat consumption for humans and healthier life for livestock. In the next years, more animal-based experiments

should be conducted to know the actual impact of antibiotic alternatives on animal health and meat production. The plant-derived products can be a breakthrough for antibiotic replacement in the pork industry.

### **3 Hypothesis and Objectives**

#### **3.1 Hypothesis**

Dietary supplementation of red osier dogwood extract will improve antioxidant defense system and gut health indices of weaned piglets challenged with *E. coli*.

#### **3.2 Objectives**

The experiment was designed to address the following specific objectives:

1. To evaluate the effects of dogwood extract on gut and systemic health.
2. To compare the effects of dogwood extract with antibiotic growth promoters using contrasts.
3. To investigate a dose-response associated with different levels of dogwood extract.

## **4 Materials and Methods**

All experimental procedures were reviewed and approved (animal care approval number AC11414) by the University of Manitoba Animal Care Committee (Winnipeg, Manitoba) and pigs were cared for according to the guidelines of the Canadian Council on Animal Care (CCAC, 2009).

### **4.1 Red osier dogwood extract**

The RDE was supplied by Robert Scales, chief executive officer of Red Dog Enterprises Ltd. (Swan River, Manitoba, Canada). This company with the help of the Food Development Centre (Portage La Prairie, Manitoba, Canada) prepared the RDE. The ROD plant was harvested from July 1 to 11 in 2018 from Swan River (Manitoba, Canada). The plant was grown in an insulated land free from chemical contamination. Stem, branches, and leaves were collected and cut into smaller pieces, dried with an air dryer, and stored in food-grade bags until they were sent for extraction.

The ROD extraction was performed in the following steps in the given order, water steeping (at  $98 \pm 2^{\circ}\text{C}$ ), solid separation, clarification, concentration, and, lastly, spray drying. The moisture content, water activity, total aerobic count, total phenolic content, and ORAC values were measured after preparing the extract.

Before mixing the RDE with the basal diet, a phenolic composition analysis was done at the Department of Food and Human Nutritional Sciences, University of Manitoba. Under this investigation, phenolic compounds were extracted, total phenolic content (TPC), total anthocyanin content (TAC), and phenolic composition of the extract were obtained. The compounds identified in the dogwood extract were gallic acid, rutin, ellagic acid, and quercetin (Table 4.1). Anthocyanins were not present in any of the samples. Since the commercial feed contains some

cereals and legumes, they most likely have some constituent phenolic compounds. It was, therefore, useful to determine the TPC of both the NC and treatment diets to enable a good comparison between them.

However, the TPC of treatment diets was also calculated, due to the small amount of individual polyphenol in the mixed diets, it was not feasible to detect the peaks of phenolic compounds with the mass spectrometer.

Table 4.1 Total phenolic content and phenolic composition of red dogwood extract and experimental diets.

Sample <sup>1</sup>	TPC <sup>2</sup>	Gallic acid	Rutin	Ellagic acid	Quercetin
RDE	263.11	47.86	9.86	8.84	0.25
NC	0.40	-	-	-	-
ROD1	0.43	-	-	-	-
ROD2	0.45	-	-	-	-

<sup>1</sup>RDE, Red osier dogwood extract; NC, Negative Control, corn, wheat, soybean meal diet; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

<sup>2</sup> TPC – total phenolic content, expressed as mg GAE (gallic acid equivalent)/g sample, dry weight basis; concentration of all phenolic compounds (gallic acid, rutin, ellagic acid, quercetin) are expressed as mg GAE/g sample, dry weight basis.

Values are mean ± standard deviation of 3 replicates.

## 4.2 Gene screening of piglets

Based on the publication by Jensen et al. (2006), only piglets genetically susceptible to ETEC F4 were selected for the experiment. A specific receptor in the pigs' intestine determines if the ETEC F4 bacterium can attach to the digestive tract or not. This is controlled by an autosomal dominant

Mendelian trait with 2 alleles, S: adhesion and dominant; R: non-adhesion and recessive (Gibbons et al., 1977). Tissue samples were collected on day 3 post-farrowing when tail docking was being done of the newborn piglets and later stored at -20°C. The DNA extraction was done using the method described by Truett et al. (2000). It was done in 2 steps, first, lysis was performed for DNA extraction using 25 mM hot sodium hydroxide and 0.2 mM EDTA (Ethylenediamine tetraacetic acid) solution, followed by neutralization with 40 mM Tris-HCl.

The extracted DNA was used to amplify the MUC4 gene using PCR by adding DreamTaq DNA polymerase (Thermo Fisher Scientific, Waltham, Massachusetts, USA), 2 mmol. L<sup>-1</sup> MgCl<sub>2</sub>, 200 μmol. L<sup>-1</sup> of each dNTP, 400 μmol. L<sup>-1</sup> of each primer and 2 μl of DNA made the volume of 25 μl. Thermocycling was done 35 times with each cycle having an initial denaturation at 95°C for 3 minutes followed by 95°C for 30 s, annealing at 65°C, and extension at 72°C in T100 thermal cycler (Bio-Rad Life Science Inc., Hercules, California, USA). The amplified MUC4 gene having the size of 367 bp was digested using FastDigest XbaI (Thermo Fisher Scientific) at 37°C for 5 minutes following the kit's instructions. An agar gel electrophoresis was conducted on the final product to separate the DNA fragments based on their size. The 2% agar gel was submerged in Tris-borate-EDTA buffer, and the samples were stained with SYBR green (Invitrogen, Thermo Fisher Scientific, Frederick, Maryland, USA). The electrophoresis was run at 80 V and 160 mA for 40 minutes. ChemiDoc MP imaging system version 3.0.1 (Bio-Rad Life Science Inc., Hercules, California, USA) was used to visualize the results. Only the susceptible allele was broken down into 151 bp and 216 bp DNA fragments as seen in Figure 4.1. Those piglets with susceptible alleles were chosen for the experiment.

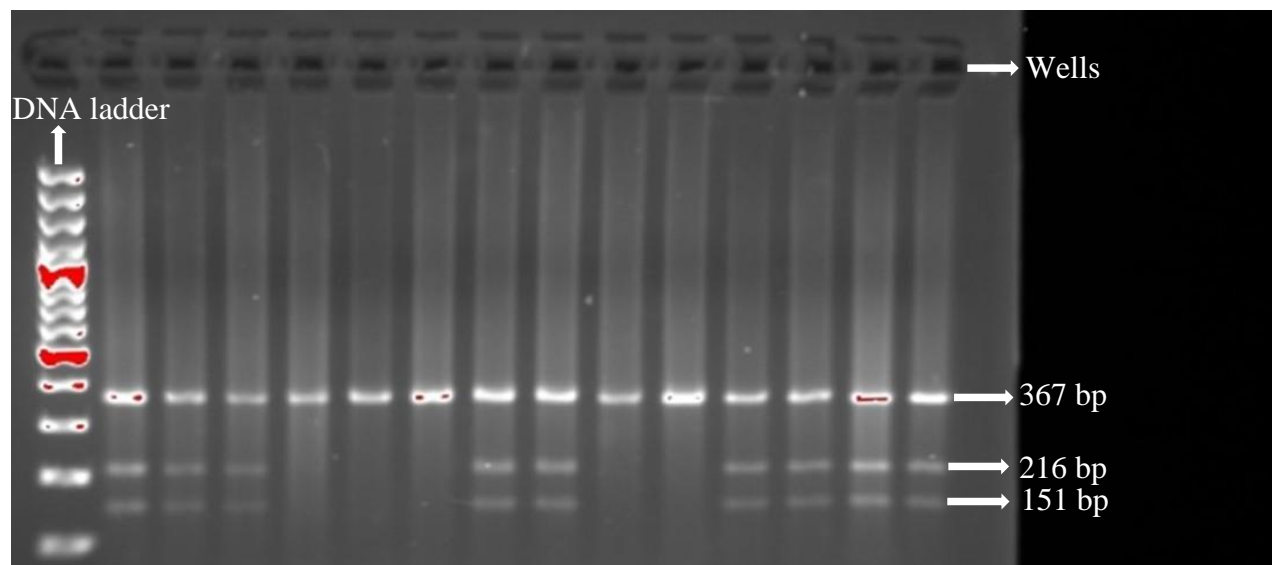


Figure 4.1 Visualisation of the DNA fragments after electrophoresis. The samples were put in wells before starting electrophoresis. The luminescent lines show the DNA fragments based on their weights (in bp). For reference, a DNA ladder is put in the first well. It contains DNA of different bp and indicates the proper performance of electrophoresis. Those samples which were broken down into 3 fragments (2 additional lines on the image in Figure 4.1) contained the gene with R and S allele and were susceptible to ETEC.

### 4.3 Preparation of ETEC F4 inoculation

The ETEC F4 inoculum was prepared in Dr. Song Liu's lab in Department of Biosystems Engineering, University of Manitoba. The tryptic soy broth (TSB) powder was dissolved in double-distilled water and autoclaved with the intent to provide a growth medium for *E. coli*. One bead of ETEC F4 was taken from the frozen stock and added to 10 mL autoclaved TSB. An additional tube with just TSB was used. Both the tubes were loosely capped (to let oxygen in) and placed on a shaker with the speed of 150 rpm to incubate at 37°C for 16 to 18 hours. After incubating for one night, the tube with TSB was tested for contaminations.



Approximately, 100 to 200  $\mu\text{L}$  of the bacterial culture was added to fresh TSB and placed on a shaker for another 2 hours until it reached the log phase. Using a small sample, the bacterial OD value was measured, and the same amount of fresh TSB was taken as blank. The wavelength in the UV spectrophotometer was set to 600 nm and the result was within the normal range of 0.3 to 0.5. The amount of ETEC F4 was calculated in CFU/mL and diluted with phosphate buffer saline (PBS) till the target concentration of  $5 \times 10^6$  CFU/mL was achieved. The culture was stored in a box with ice packs before usage.

#### **4.4 Animals and housing**

A total of 28 and 2 spare female piglets (TN70 X Tempo) susceptible to ETEC F4, weaned at 21 d of age with an average BW of  $9.03 \pm 0.35$  kg were acquired from the Glenlea Swine Research Unit at the University of Manitoba. Only female piglets were selected to eliminate any sex-based effects on immunity, growth performance, or antioxidant status. These piglets were individually housed in a Containment Level – 2 room at the T. K Cheung Centre for Animal Science Research, University of Manitoba. Room temperature was regulated and maintained at  $29 \pm 1^\circ\text{C}$  in the pre-inoculation phase and reduced by  $1.5^\circ\text{C}$  in the post-inoculation phase. Each piglet was provided with an enrichment toy, *ad-libitum* feed, and water.

#### **4.5 Experimental design and dietary treatments**

A completely randomized design was implemented with 4 dietary treatments and each treatment constituting 7 replicates. A corn wheat soybean meal basal diet was prepared to meet or exceed the NRC (2012) requirements. RDE and antibiotic were added to the basal diet according to the treatment groups. The four dietary treatments were negative control (NC) with no additives; positive control (PC) with known additive, antibiotic avilamycin (Surmax 100® Elanco Inc.);

ROD1 with testing additive, 0.1% RDE and ROD2 with testing additive, 0.2% RDE. The dietary composition on an as-fed basis is shown in Table 4.2.

Table 4.2 Ingredient and calculated nutrient composition of experimental diets (% , as-fed basis).

Treatment*	NC	PC	ROD1	ROD2
<b>Ingredient, %</b>				
Corn	41.87	41.87	41.77	41.67
Wheat	15.00	15.00	15.00	15.00
Soybean meal	27.50	27.50	27.50	27.50
Fish meal	3.00	3.00	3.00	3.00
Dried whey	3.50	3.50	3.50	3.50
Vegetable oils	3.50	3.50	3.50	3.50
Limestone	1.20	1.20	1.20	1.20
Monocalcium phosphate	1.50	1.50	1.50	1.50
Salt	0.80	0.80	0.80	0.80
Vit-Min premix <sup>1</sup>	1.00	1.00	1.00	1.00
Lysine-HCl	0.55	0.55	0.55	0.55
DL-Methionine	0.20	0.20	0.20	0.20
L-Threonine	0.18	0.18	0.18	0.18
L-Tryptophan	0.10	0.10	0.10	0.10
L-Valine	0.10	0.10	0.10	0.10
RDE	-	-	0.10	0.20
Antibiotic	-	0.1	-	-
<b>Calculated Nutrient, %</b>				
ME <sup>2</sup> , kcal/kg	3,413	3,413	3,410	3,407
NE <sup>3</sup> , kcal/kg	2,552	2,552	2,549	2,546
Crude protein, %	22.00	22.00	22.00	22.00
Ether extracts, %	5.90	5.90	5.90	5.90
Linoleic acid, %	2.90	2.90	2.90	2.90
NDF <sup>4</sup> , %	8.10	8.10	8.10	8.10
ADF <sup>5</sup> , %	3.40	3.40	3.40	3.40
NSP <sup>6</sup> , %	11.20	11.20	11.20	11.20
Calcium, %	1.00	1.00	1.00	1.00
Total phosphorus, %	0.70	0.70	0.70	0.70
STTD <sup>7</sup> P, %	0.50	0.50	0.50	0.50
SID <sup>8</sup> Lysine, %	1.40	1.40	1.40	1.40

\*NC, negative control, corn, wheat, soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE; RDE, Red osier dogwood extract. Vitamin and mineral premix<sup>1</sup>, metabolizable energy<sup>2</sup>, net energy<sup>3</sup>, neutral detergent fibre<sup>4</sup>, acid detergent fibre<sup>5</sup>, non-starch polysaccharides<sup>6</sup>, standard total tract digestibility<sup>7</sup>, standard ileal digestibility<sup>8</sup>. Diets were formulated to meet or exceed the daily nutrient recommendation for nursery pigs weighing 7 to 11 kg (NRC, 2012).

#### **4.6 Sample collection**

In the 14 d experiment, there was a 7 d adaptation period for the piglets and on d 7, they were challenged with ETEC after which they were under observation for 7 d. BW and feed disappearance along with feed wastage were measured every week to calculate growth performance parameters like average daily gain (ADG), average daily feed intake (ADFI), and gain: feed ratio (GF). Blood was collected in a BD Vacutainer® PST™ lithium heparin tube (Becton, Dickinson, and Company, NJ, USA) before and 48 hours after the inoculation. On the d 7, 5 mL of the ETEC inoculum was orally administered in each pig using a polyethylene syringe. Body temperature was recorded pre-inoculation, 3 hpi (hours post-inoculation), 24 hpi, and 48 hpi by measuring the rectal temperature. The fecal score was noted before inoculation and every 8 hpi for the first 72 hpi and every 12 hours, afterward. The scale for fecal consistency score was 0 = normal; 1 = soft feces; 2 = mild diarrhoea; 3 = severe diarrhoea (Marquardt et al., 1999). The fecal scores were noted by a person not knowing the treatment groups, to have unbiased result. The health status of piglets was checked every 8 hpi for 48 hours and any concerns or observations were conveyed to the veterinarian in charge. On d 14, intestinal tissue samples were collected from the piglets after euthanasia. Pigs were first sedated using a combination of drugs, xylazine at the rate of 4 mg/kg of BW (Xylamax®) and acepromazine at the rate of 1.1 mg/kg of BW (Acevet 25®), and then euthanized with a captive bolt gun. As soon as the pigs were euthanized, they were transported to a clean room for sampling. With a surgical blade, the small intestine was promptly exteriorized by making an incision along the midline of the lower abdomen. The ileocecal junction was tracked to locate the mid-jejunum approximately 2 m proximally to the junction. A tissue sample of 10 cm length was taken from mid-jejunum and cleaned with PBS to remove any digesta and then temporarily stored in 50 mL tubes containing Krebs-Ringer bicarbonate (KRB) buffer

(Sigma Aldrich Co LLC, Oakville, Ontario, Canada) to maintain the osmotic balance and pH range at the physiological level and prevent calcium precipitation. These sample tubes were transferred immediately on ice to the laboratory for TEER and FITC (fluorescein isothiocyanate) dextran flux with the help of the Ussing chamber. Another section of mid-jejunum tissue of 2 cm was cleaned with PBS and fixed in 10% formalin for histomorphological evaluation. Similarly, a 10 cm long tissue sample from mid-jejunum was cleaned, stored in aluminium foil coated with RNaseZAP™ (Thermo Fisher Scientific Inc., Waltham, Massachusetts, USA) to decontaminate the surface and protect samples from RNases and frozen in liquid nitrogen before transferring to a -80°C freezer for further use in gene expression analysis. Lastly, the colon was located approximately 40 cm away from the ileocecal junction and digesta samples were collected from the lumen for microbial DNA analysis. The digesta was collected in sterile sampling bags, snap-frozen using liquid nitrogen and later moved to a -80°C freezer.

#### **4.7 Histomorphology**

The histomorphology samples were processed and stained by the pathology laboratory in the Department of Human Anatomy and Cell Science, University of Manitoba. They were embedded in paraffin blocks, sliced into 5 µm thick sections, and stained with Alcian blue/periodic acid Schiff stain. The slides were observed under an Axio Scope A1 microscope (Carl Zeiss Micro-Imaging GmbH, Göttingen, Germany) with a color camera. The images captured from the microscope were used for measuring villus height (VH) and crypt depth (CD) with the help of Infinity Analyze programme (version 6.5.4; Lumenera Corporation, Ottawa, Ontario, Canada). A minimum of fifty intact villi and crypts were selected from one tissue cross-section per animal and VH:CD ratio was calculated from the measurements.

#### **4.8 RNA isolation and RT-qPCR (Reverse transcription-quantitative polymerase chain reaction)**

The intestinal tissue samples from mid-jejunum stored in the -80° C freezer were ground using a mortar and pestle. The ground sample was weighed (approximately 80 mg) and placed in a microcentrifuge tube for extraction using TRIzol® Plus RNA purification kit (Invitrogen, Thermo Fisher Scientific Inc.) and tissue homogenizer. TRIzol® reagent lysed the cell and the silica cartridge purified RNA after centrifugation. The quality and quantity of RNA in each sample was tested using a Nanodrop™ 2000 UV-Vis spectrophotometer (Thermo Fisher Scientific Inc. Ottawa, Ontario, Canada). The value of OD260:OD280 was in the range of 1.9 to 2.1 indicating highly pure nucleic acid with minimum contamination. The samples were then run through agar gel electrophoresis to ensure the presence of RNA in the samples. All samples were diluted to a standard concentration of 200 ng/μL. Using the High-capacity cDNA reverse transcription kit (Applied Biosystems®, Thermo Fisher Scientific Inc.; Woolston, Warrington, UK) RNA was converted into cDNA. Instructions given in its manual were followed. The cDNA obtained was diluted to a standard concentration of 20 ng/μL before performing qPCR. In order to perform qPCR, a mixture of 5μL iTAP™ Universal SYBR® Green Supermix, 0.5μL forward primer (10 pmol/μL concentration), 0.5 μL reverse primer (10 pmol/μL concentration), 2μL nuclease-free water, and 2μL cDNA sample was added to the wells of Hard-Shell PCR plates (Bio-Rad Laboratories Inc., USA). The plate was sealed using Microseal® 'B' seal (Bio-Rad Laboratories Inc., UK) and centrifuged at 3,000 rpm (revolutions per minute) to spin down the contents. The RT-PCR was run on CFX Connect™ Real-Time PCR Detection System (Bio-Rad Laboratories Inc., USA). The thermal cycle for each plate was: denaturation at 95°C for 5 minutes followed by 35 cycles of 95°C for 15 seconds, 60°C for 15 seconds, and 72°C for 30 seconds, and ending with a melt curve program from 65°C to 95°C. The mRNA Ct (cycle threshold) of each target gene was

normalized using a housekeeping gene and relative mRNA Ct was determined using the  $2^{-\Delta\Delta Ct}$  method as described by Livak and Schmittgen (2001). All primers were developed using the primer designing tool, Primer-Blast (<https://www.ncbi.nlm.nih.gov/tools/primer-blast/>) and manufactured by IDT (Integrated DNA Technology Inc., Coralville, IA, USA). The genes along with their accession ID and forward and reverse primer sequence are shown in Table 4.3. Each sample for each gene was run in duplicate and every gene had a set of the negative control.

Table 4.3 Gene, primer sequences and accession ID used for gene expression of inflammatory cytokines, tight junction proteins, antioxidants, and housekeeping genes.

Gene <sup>1</sup>	primer sequence <sup>2</sup>	Accession ID
<i>IL-6</i>	F-AAGGTGATGCCACCTCAGAC R-TCTGCCAGTACCTCCTTGCT	M86722
<i>IL-10</i>	F-CATCCACTTCCCAACCAGCC R-CTCCCCATCACTCTCTGCCTTC	NM_214041
<i>TNFA</i>	F-ATGGATGGGTGGATGAGAAA R-TGGAAACTGTTGGGGAGAAG	X54001
<i>CLDN1</i>	F-CTGTGGATGTCCTGCGTGT R-GGTTGCTTGCAAAGTGGTGTT	NM_001244539.1
<i>OCN</i>	F-GAGAGAGTGGACAGCCCAT R-TGCTGCTGTAATGAGGCTGC	NM_001163647
<i>ZO1</i>	F-GATCCTGACCCGGTGTCTGA R-TTGGTGGGTTTGGTGGGTTG	XM_021098856
<i>MUC2</i>	F-CCAGGTCGAGTACATCCTGC R-GTGCTGACCATGGCCCC	XM_021082584.1
<i>SOD</i>	F-GTACCAGTGCAGGTCCTCAC R-TTTGCCAGCAGTCACATTGC	NM_001190422
<i>CAT</i>	F-ACACAGGCACATGAACGGAT R-GTCCCGGATGCCATAGTCAG	NM_214301

<i>GSH-Px</i>	F-TGTGGTTTACGGATTCTGG R-CCTTGGGCTGGACTTTCA	NM_214407.1
<i>ACTB</i>	F-GGATGCAGAAGGAGATCACG R-ATCTGCTGGAAGGTGGACAG	XM_021086047.1
<i>HPRT</i>	F-GGACTTGAATCATGTTTGTG R-CAGATGTTTCCAAACTCAAC	NM_001032376

<sup>1</sup>IL-6; Interleukin-6; IL-10, Interleukin-10; TNFA, tumour necrosis factor-alpha; CLDN-1, Claudin-1; OCLN, Occludin; ZO-1, Zona occludens-1; MUC-2, Mucin-2; SOD, Superoxide dismutase; CAT, Catalase; GPx, Glutathione peroxidase; ACTB, Beta-actin; HPRT, Hypoxanthine-guanine phosphoribosyl transferase. <sup>2</sup>F, forward; R, reverse.

#### 4.9 Relative microbial abundance in colon digesta using qPCR

The colonic digesta samples were thawed on ice after removing from -80°C and approximately 250 mg sample was used for DNA extraction using QIAamp® PowerFecal® Pro DNA Kit (QIAGEN, Hilden, Germany) and following the manufacturer’s instructions. The concentration and sample purity were tested using Nanodrop™ 2000 UV-Vis spectrophotometer (Thermo Fisher Scientific Inc.). All samples had an absorbance ratio of approximately 1.8 (OD230:OD260). Based on the concentration in each sample, they were diluted to a standard level of 20 ng/μL. The bacterial DNA analysed were, *Escherichia coli* F4, *Bifidobacterium*, *Lactobacilli*, and *Clostridium*. For qPCR, the procedure described in section 4.8 was followed. The bacteria with its primer name and sequence are mentioned in Table 4.4. Each sample for each bacterium was run in duplicate and every bacterium had a set of the negative control.

Table 4.4 Bacteria, primer name and primer sequences used for identification of bacterial genomic DNA.

Target bacteria	Primer name <sup>2</sup>	Primer sequence
<i>Eubacteria</i>	F: F338	ACTCCTACGGGAGGCAG
	R: R518	GTATTACCGCGGCTGCTG



<i>Escherichia coli</i> F4	F: faeGF	CACTGGCAATTGCTGCATCT
	R: faeGR	ACCACCGATATCGACCGAAC
<i>Bifidobacterium</i>	F: BifF	TCGCGTCYGGTGTGAAAG
	R: BifR	CCACATCCAGCRTCCAC
Lactobacilli subgroup <sup>1</sup>	F: LactF	AGCAGTAGGGAATCTTCCA
	R: LactR	CACCGCTACACATGGAG
<i>Clostridium perfringens</i>	F: CPerf165F	CGCATAACGTTGAAAGATGG
	R: CPerf269R	CCTTGGTAGGCCGTTACCC

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<sup>1</sup>*Lactobacillus* and *Lactococcus* <sup>2</sup>F, forward; R, reverse.

#### 4.10 Blood plasma antioxidant status

After collection, blood was centrifuged at 3,000 rpm for 10 minutes and plasma was removed and stored at -80°C. For knowing the plasma antioxidant status, superoxide dismutase activity, lipid peroxidation, and TAC were measured. Serial dilution was performed before assaying to measure precise sample values in the curve fitting model. The SOD assay was performed using a kit from Cayman Chemical, MI, USA, and as per the manufacturer's manual. The final absorbance was measured at 450 nm using a Synergy HTX multi-mode microplate reader (BioTek Instruments Inc., Vermont, USA). The SOD activity of the sample was calculated by plotting a linearized standard curve with final SOD activity as its function. The lipid peroxidation results in the formation of malondialdehyde (MDA) which can be measured as Thiobarbituric Acid Reactive Substances (TBARS) (Ohkawa et al., 1979). As per the instructions in the TBARS assay kit (R&D Systems, Inc. Minneapolis, MN, USA) the samples first had an acid treatment followed by a reaction between MDA and Thiobarbituric Acid in the presence of heat and acid. The absorbance of the colored end product was read at OD 532 nm in the same microplate reader used for SOD and the TBARS concentration was calculated by plotting a standard curve. The TAC was measured using an antioxidant assay kit from Cayman Chemical, MI, USA. The assay is based on the

capacity of antioxidants in the sample to inhibit the oxidation of ABTS® (2,2'-Azino-di- [3-ethylbenzthiazoline sulphonate]) to ABTS®<sup>+</sup> by metmyoglobin. This depicts if there is more antioxidant, less absorbance of ABTS® is seen in the microplate reader mentioned above at OD 750 nm. The TAC was calculated as the function of absorbance after obtaining a linear regression equation from a standard curve.

#### **4.11 Blood plasma cytokines and total protein**

Blood plasma cytokines were measured by performing an enzyme-linked immunosorbent assay (ELISA) and total protein (TP) was evaluated using Thermo Scientific™ Pierce™ BCA Protein Assay Kit (Thermo Fisher Scientific, IL, USA). The reagents for ELISA were provided by RayBio® Porcine TNF-alpha ELISA kit, RayBio® Porcine IL-6 ELISA kit (RayBiotech, Inc. GA, USA), and Invitrogen™ Swine IL-10 ELISA Kit (Bender MedSystems GmbH, Thermo Fisher Scientific Inc. Vienna, Austria). For highly specific and sensitive results, solid-phase sandwich ELISA was performed. The microtiter plates were coated with primary antibodies. A cytokine-specific biotin conjugate was used as a secondary antibody in each assay and horseradish peroxidase streptavidin as its enzyme and tetramethylbenzidine as the substrate chromogen. At each step, the wells were washed four times with wash buffer and after substrate addition, the plate was incubated in absence of direct light. The absorbance of individual plates was measured at OD 450 nm in the Synergy HTX multi-mode microplate reader. A standard curve of optical density with standard concentration as its function was plotted and used for calculating sample concentration. For total protein, a bicinchoninic acid-based colorimetric detection and quantification assay was performed and plate absorbance was measured at OD 562 nm. A color response curve was plotted with bovine serum albumin as the standard and sample values were derived from the linear regression equation.

Each plasma sample for individual assays was run in duplicate with a set of blanks in every analysis.

#### **4.12 Intestinal permeability**

The mid-jejunal tissue samples stored in KRB buffer were promptly transported to the laboratory for TEER measurement in Ussing chamber (VCC-MC8; Physiologic Instruments Inc., San Diego, CA). The set up included pairs of current (Ag wire) and voltage (Ag/AgCl pellet) electrodes placed in 3% agar bridges and filled in KRB buffer without glucose. The mucosal and serosal chambers were constantly supplied with 5% carbon dioxide and 21% oxygen gas. Glucose (10 mmol/L) enriched 5ml of KBR buffer was added to the serosal chamber. A temperature of 37°C was maintained in the chambers with the help of water jacketed reservoir. In the Ussing chambers the tissue was placed using tissue slider with a 1 cm<sup>2</sup> opening after the serosal and longitudinal muscle layers were gently removed. After placing the tissue, 10 minutes were required for the tissue to equilibrate, followed by measurements for 10 minutes. The mucosal side was treated with 0.1 mg/ml of FITC-D4 (Sigma Aldrich Co.) and a sample of 1 ml was taken from the serosal side, afterwards. These samples were later used for calculating FITC flux. The fluorescence was measured at 485 nm and 528 nm at the excitation and emission wavelengths, respectively in a Bio-Tek PowerWave HT Microplate Scanning Spectrophotometer (Bio-Tek Instruments Inc.) The FITC-D4 concentration was calculated from a standard curve prepared from known dilutions.

#### **4.13 Statistical analyses**

All data were analysed using the MIXED procedure of SAS (version 9.4; SAS Institute Inc., Cary, NC, USA). An individual pig was considered the experimental unit and each treatment had 7 experimental units. Experimental diets (NC; PC; ROD1; ROD2) were considered as fixed variables in a completely randomized design. Data were considered significantly different at  $P <$

0.05 and tended to be different at  $P < 0.10$ . Orthogonal contrasts were used to compare NC and PC, determine the response to increasing levels of RDE and compare RDE supplementation to NC and PC treatment groups. To calculate treatment means and compare their differences the LSMEANS statement with the option of Tukey-adjusted PDIFF was used. Each table in the result shows the least square mean for each treatment group with a pooled standard error of means alongside the level of significance of each contrast. All the comparisons in mRNA gene expression and microbial DNA results were made with the NC group.

## 5 Results

### 5.1 Growth performance

In the trial, piglets in all the treatment groups had similar ( $P > 0.05$ ) BW and other growth parameters like ADG, ADFI, and GF throughout the experiment. Although, the ADG of the NC group tended to be higher ( $P < 0.10$ ) than RDE treatment groups (ROD1 & ROD2) (Table 5.1).

### 5.2 Fecal score and body temperature

There were no significant differences ( $P > 0.05$ ) in the fecal score between NC, ROD1, and ROD2 groups. However, the diarrhea incidence in the PC group compared to the RDE treatment groups tended to be lower ( $P < 0.10$ ) 3 hours after inoculation and was significantly reduced ( $P < 0.05$ ) on 3 dpi as seen in Figure 5.1.

The body temperature data is presented in Figure 5.2. The differences in body temperature before and after inoculation were non-significant ( $P > 0.05$ ) except two observations made at 3 hpi which showed that PC and ROD2 group piglets had significantly lower ( $P < 0.05$ ) body temperature than the ROD1 group.

### 5.3 Intestinal permeability and histomorphology

With the help of the Ussing chamber and microplate absorbance reader, the TEER and flux of FITC were measured for intestinal tissue. Although numerically TEER of ROD1 was higher than other treatment groups there were no significant differences ( $P > 0.05$ ) observed. Similarly, treatment groups did not show any significant differences ( $P > 0.05$ ) in FITC values (Table 5.3). For histomorphological evaluation VH, CD, and VH:CD ratio data is indicated in Table 5.2. There were no significant differences ( $P > 0.05$ ) among treatment groups in any of these response criteria.

#### 5.4 Plasma cytokines and antioxidants

The plasma variables were measured before and after the inoculation. The three cytokines (IL-6, IL-10 and TNF- $\alpha$ ) did not show any significant differences ( $P > 0.05$ ) in the predetermined contrasts (Table 5.4). However, in a comparison between ROD2 and NC group, IL-10 tended to be higher ( $P < 0.10$ ) in the ROD2 group than in NC during the pre-inoculation phase. It remained significantly higher ( $P < 0.05$ ) in ROD2 as compared to NC in the post-inoculation phase. Trends ( $P < 0.10$ ) for an increase in IL-10 were observed in ROD2 supplemented piglets as compared to PC or ROD1 groups post-inoculation.

The data for plasma antioxidants and total protein (TP) is summarized in Table 5.5. The values of SOD, MDA, TAC, and TP were similar ( $P > 0.05$ ) in all the treatment groups before inoculation. This situation tended to change post-inoculation with SOD trending higher ( $P < 0.10$ ) in PC than in the ROD1 and ROD2 group and MDA trending lower ( $P < 0.10$ ) in ROD2 as compared to ROD1.

#### 5.5 mRNA gene expression and microbial DNA

Gene expression for inflammatory genes like *IL-6*, *IL-10*, and *TNF- $\alpha$* ; antioxidant genes like *SOD*, *GPx*, and *CAT*; barrier function genes like *ZO-1*, *OCLN*, *CLDN-1*, and *MUC-2* from mid-jejunal tissue is illustrated in Figure 5.4. Except for *IL-10*, *IL-6*, and *CAT*, other genes did not have a significant difference ( $P > 0.05$ ) among treatments. There was a significantly higher ( $P < 0.05$ ) expression of *CAT* in the ROD1 group. Similarly, *IL-10* showed a tendency to be lower ( $P < 0.10$ ) in ROD1 than NC. The expression of *IL-6* was notably lower ( $P < 0.05$ ) in PC and trended to be lower ( $P < 0.10$ ) in ROD2 compared to NC.

Bacterial DNA for *Bifidobacterium*, *Clostridium*, *Lactobacillus*, and *Escherichia coli* F4 was quantified relatively to total eubacteria population for each treatment and displayed in Figure 5.3. Piglets in group ROD2 had a significantly lower ( $P < 0.05$ ) amount of *Bifidobacterium* in their colon as compared to NC. Following a similar trend were ROD1 and PC treatment groups. The only group to show a tendency of lower ( $P < 0.10$ ) *E. coli* F4 than NC piglets is the antibiotic supplemented group, PC.

Table 5.1 Effect of antibiotic and RDE supplementation on growth performance of piglets challenged with Escherichia coli F4.

Item <sup>3</sup>	Treatment <sup>1,5</sup>				SEM <sup>2</sup>	P-value <sup>4</sup>			
	NC	PC	ROD1	ROD2		1	2	3	4
<b>BW, kg</b>									
initial	9.05	9.03	9.00	9.06	0.35	0.982	0.900	0.969	0.990
pre-inoculation	10.36	10.24	10.59	10.35	0.56	0.874	0.749	0.862	0.723
post-inoculation	13.56	12.87	13.30	12.53	0.77	0.500	0.468	0.474	0.958
<b>ADG, g/day</b>									
pre-inoculation	163	151	198	144	37	0.802	0.294	0.849	0.634
post-inoculation	433	354	357	293	52	0.255	0.375	<b>0.083</b>	0.636
overall	322	274	307	237	39	0.352	0.196	0.274	0.968
<b>ADFI, g/day</b>									
pre-inoculation	252	239	293	236	31	0.744	0.187	0.739	0.483
post-inoculation	509	449	455	424	43	0.296	0.603	0.175	0.858
overall	392	348	389	320	39	0.397	0.207	0.410	0.888
<b>GF, g/g</b>									
pre-inoculation	0.61	0.60	0.65	0.54	0.08	0.924	0.317	0.923	0.990
post-inoculation	0.90	0.84	0.85	0.72	0.09	0.629	0.304	0.298	0.617
overall	0.81	0.79	0.79	0.71	0.07	0.820	0.353	0.422	0.583

<sup>1</sup>NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

<sup>2</sup>SEM, Standard error of the mean.

<sup>3</sup>BW, body weight; ADG, average daily gain; ADFI, average daily feed intake; GF, gain: feed ratio.

<sup>4</sup>P- value, level of significance; 1: NC vs. PC; 2: ROD1 vs. ROD2; 3: NC vs. ROD1 + ROD2; 4: PC vs. ROD1 + ROD2.

<sup>5</sup>Each value represents the mean of 7 replicates except for ROD2 with 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.



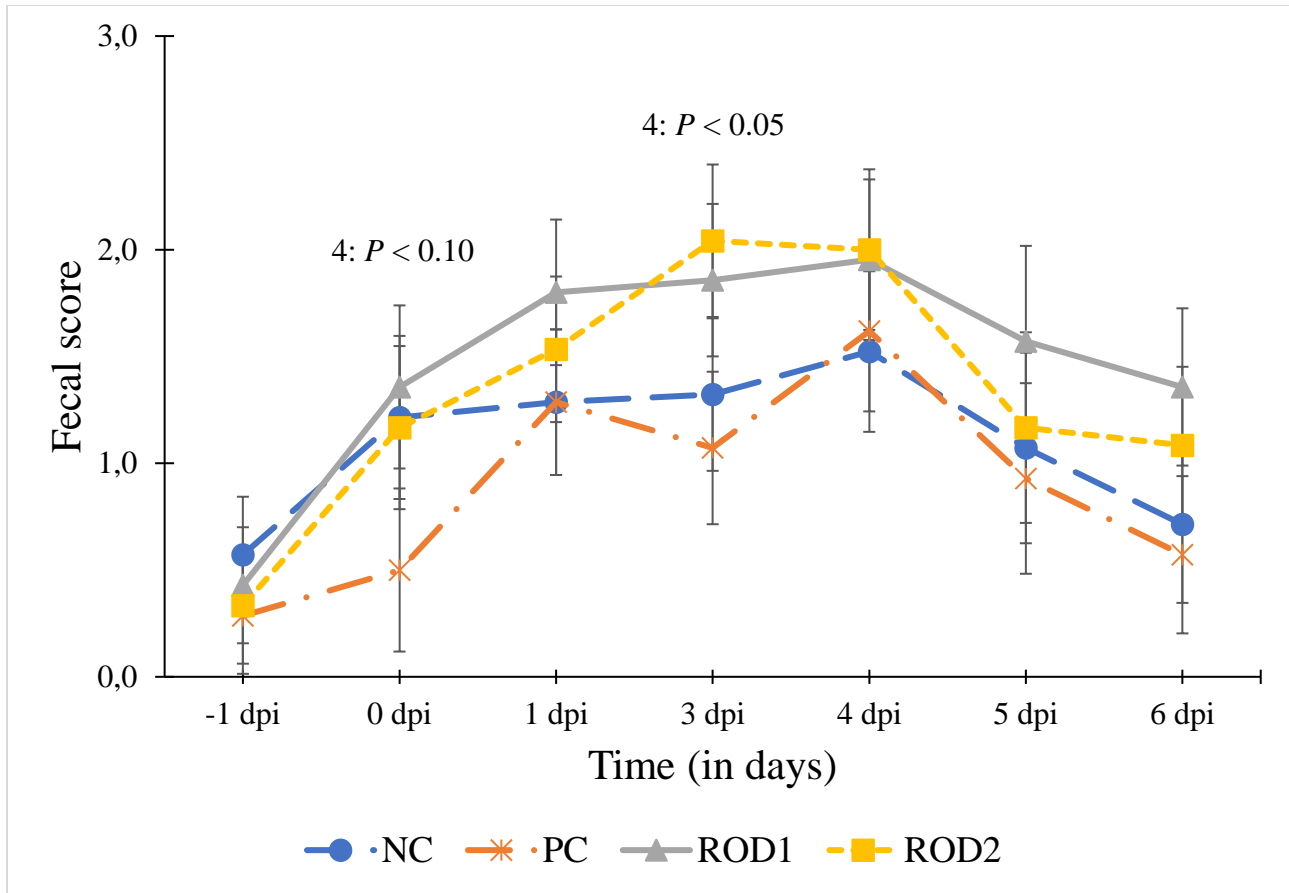


Figure 5.1 Effect of antibiotic and RDE supplementation on the fecal score of piglets challenged with *Escherichia coli* F4.

NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE; dpi, days post-inoculation.

4: PC vs. ROD1 + ROD2.

*P*: Level of significance (*P* – value)

Fecal score = 0, normal feces; 1, soft feces; 2, mild diarrhea; and 3, severe diarrhea.

Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

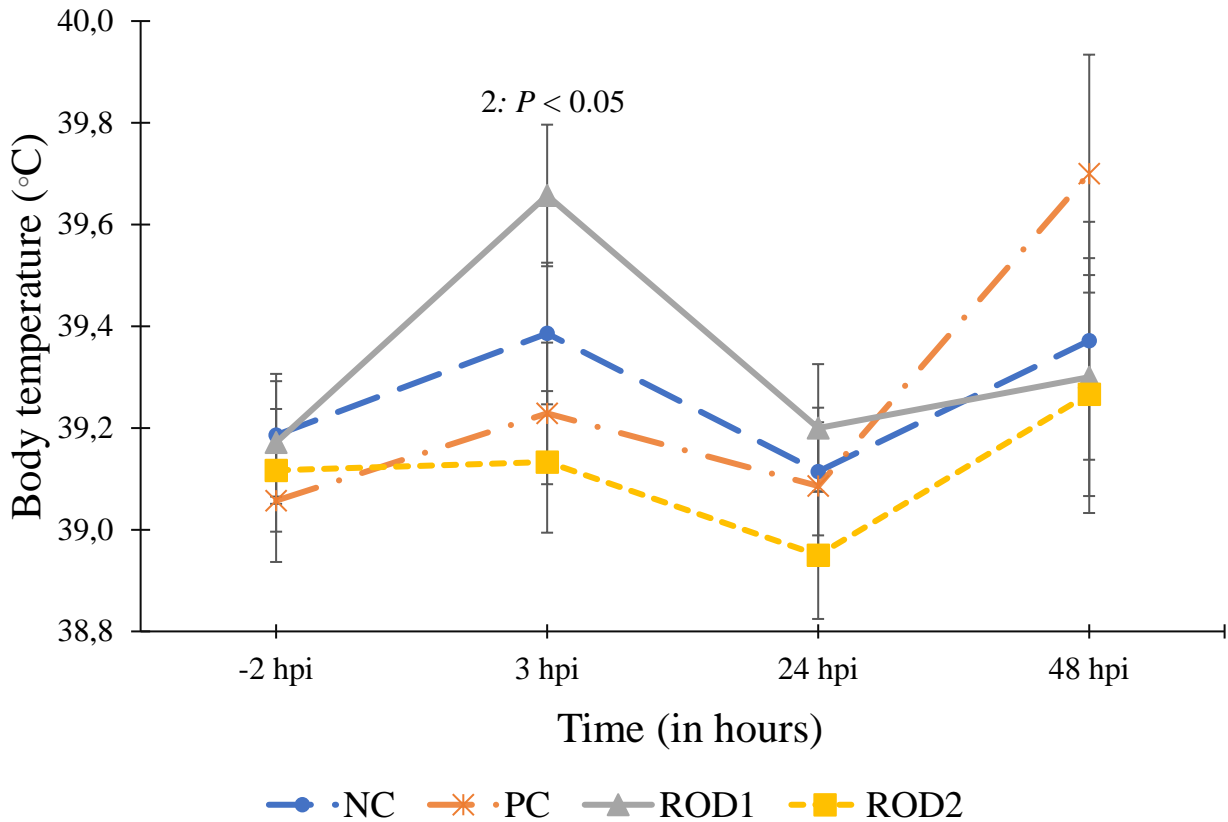


Figure 5.2 Effect of antibiotic and RDE supplementation on body temperature of piglets challenged with *Escherichia coli* F4.

NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE; hpi, hours post-inoculation.

2: ROD1 vs. ROD2

*P*: Level of significance (*P*-value)

Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

Table 5.2 Effect of antibiotic and RDE supplementation on intestinal morphology of piglets challenged with *Escherichia coli* F4.

Item <sup>3</sup>	Treatment <sup>1,5</sup>				SEM <sup>2</sup>	P-value <sup>4</sup>			
	NC	PC	ROD1	ROD2		1	2	3	4
VH, $\mu\text{m}$	376	330	350	388	34	0.319	0.430	0.862	0.335
CD, $\mu\text{m}$	271	270	256	270	15	0.974	0.499	0.637	0.663
VH:CD, $\mu\text{m}/\mu\text{m}$	1.60	1.40	1.61	1.73	0.18	0.430	0.622	0.797	0.251

<sup>1</sup>NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

<sup>2</sup>SEM, Standard error of the mean.

<sup>3</sup>VH, Villous height; CD, Crypt depth.

<sup>4</sup>P- value, level of significance; 1: NC vs. PC; 2: ROD1 vs. ROD2; 3: NC vs. ROD1 + ROD2; 4: PC vs. ROD1 + ROD2.

<sup>5</sup>Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

Table 5.3 Effect of antibiotic and RDE supplementation on intestinal permeability of piglets challenged with *Escherichia coli* F4.

Item <sup>3</sup>	Treatment <sup>1,5</sup>				SEM <sup>2</sup>	P-value <sup>4</sup>			
	NC	PC	ROD1	ROD2		1	2	3	4
TEER, $\Omega \cdot \text{cm}^2$	58.0	56.0	62.7	56.2	12.9	0.930	0.716	0.920	0.841
FITC flux, $\mu\text{g}/\text{cm}^2 \cdot \text{hr} \cdot \text{mL}$	55.0	91.0	70.3	79.1	18.5	0.157	0.732	0.374	0.454

<sup>1</sup>NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

<sup>2</sup>SEM, Standard error of the mean.

<sup>3</sup>TEER, Trans-epithelial electrical resistance; FITC, fluorescein isothiocyanate.

<sup>4</sup>P- value, level of significance; 1: NC vs. PC; 2: ROD1 vs. ROD2; 3: NC vs. ROD1 + ROD2; 4: PC vs. ROD1 + ROD2.

<sup>5</sup>Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

Table 5.4 Effect of antibiotic and RDE supplementation on plasma level of inflammatory cytokines of piglets challenged with *Escherichia coli* F4.

Item <sup>3</sup>	Treatment <sup>1,5</sup>				SEM <sup>2</sup>	P-value <sup>4</sup>			
	NC	PC	ROD1	ROD2		1	2	3	4
<b>IL-6, pg/ml</b>									
pre-inoculation	518.64	875.85	559.13	614.14	371.22	0.207	0.851	0.781	0.245
post-inoculation	903.84	1894.06	1141.33	1088.28	886.26	0.151	0.940	0.722	0.197
<b>IL-10, pg/ml</b>									
pre-inoculation	38.83	52.77	44.90	77.56	13.31	0.466	0.109	0.188	0.614
post-inoculation	33.60	40.67	37.07	79.41	14.86	0.740	<b>0.065</b>	0.195	0.351
<b>TNF-<math>\alpha</math>, pg/ml</b>									
pre-inoculation	562.92	127.26	63.40	565.93	219.90	0.920	0.392	0.511	0.442
post-inoculation	27.48	22.98	73.49	33.31	31.28	0.175	0.134	0.373	0.499

<sup>1</sup>NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

<sup>2</sup>SEM, Standard error of the mean.

<sup>3</sup>IL-6, Interleukin-6; IL-10, Interleukin-10; TNF- $\alpha$ , Tumour necrosis factor-alpha.

<sup>4</sup>P- value, level of significance; 1: NC vs. PC; 2: ROD1 vs. ROD2; 3: NC vs. ROD1 + ROD2; 4: PC vs. ROD1 + ROD2.

<sup>5</sup>Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

Table 5.5 Effect of antibiotic and RDE supplementation on plasma antioxidant status of piglets challenged with *Escherichia coli* F4.

Item <sup>3</sup>	Treatment <sup>1,5</sup>				SEM <sup>2</sup>	P-value <sup>4</sup>			
	NC	PC	ROD1	ROD2		1	2	3	4
<b>SOD, *U/ml</b>									
pre-inoculation	0.78	0.51	0.53	0.65	0.11	0.113	0.481	0.191	0.600
post-inoculation	0.84	0.99	0.72	0.58	0.16	0.512	0.555	0.328	<b>0.092</b>
<b>MDA, <math>\mu</math>M/ml</b>									
pre-inoculation	0.87	0.92	0.84	0.67	0.13	0.813	0.370	0.464	0.320
post-inoculation	1.12	0.83	1.21	0.77	0.16	0.219	<b>0.081</b>	0.531	0.431

**TAC, mM/ml**

pre-inoculation	0.69	0.73	0.72	0.72	0.03	0.307	0.939	0.366	0.792
post-inoculation	0.75	0.72	0.71	0.78	0.03	0.301	0.112	0.743	0.391

**TP, µg/ml**

pre-inoculation	39031	26294	27809	20458	7992	0.271	0.824	0.329	0.777
post-inoculation	23079	34043	13755	13847	9687	0.432	0.995	0.448	0.106

<sup>1</sup>NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

<sup>2</sup>SEM, Standard error of the mean.

<sup>3</sup>SOD, Superoxide dismutase; MDA, malondialdehyde; TAC, total antioxidant capacity; TP, total protein.

\*U/ml, one unit is defined as the amount of enzyme needed to exhibit 50% dismutation of the superoxide radical.

<sup>4</sup>P- value, level of significance; 1: NC vs. PC; 2: ROD1 vs. ROD2; 3: NC vs. ROD1 + ROD2; 4: PC vs. ROD1 + ROD2.

<sup>5</sup>Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

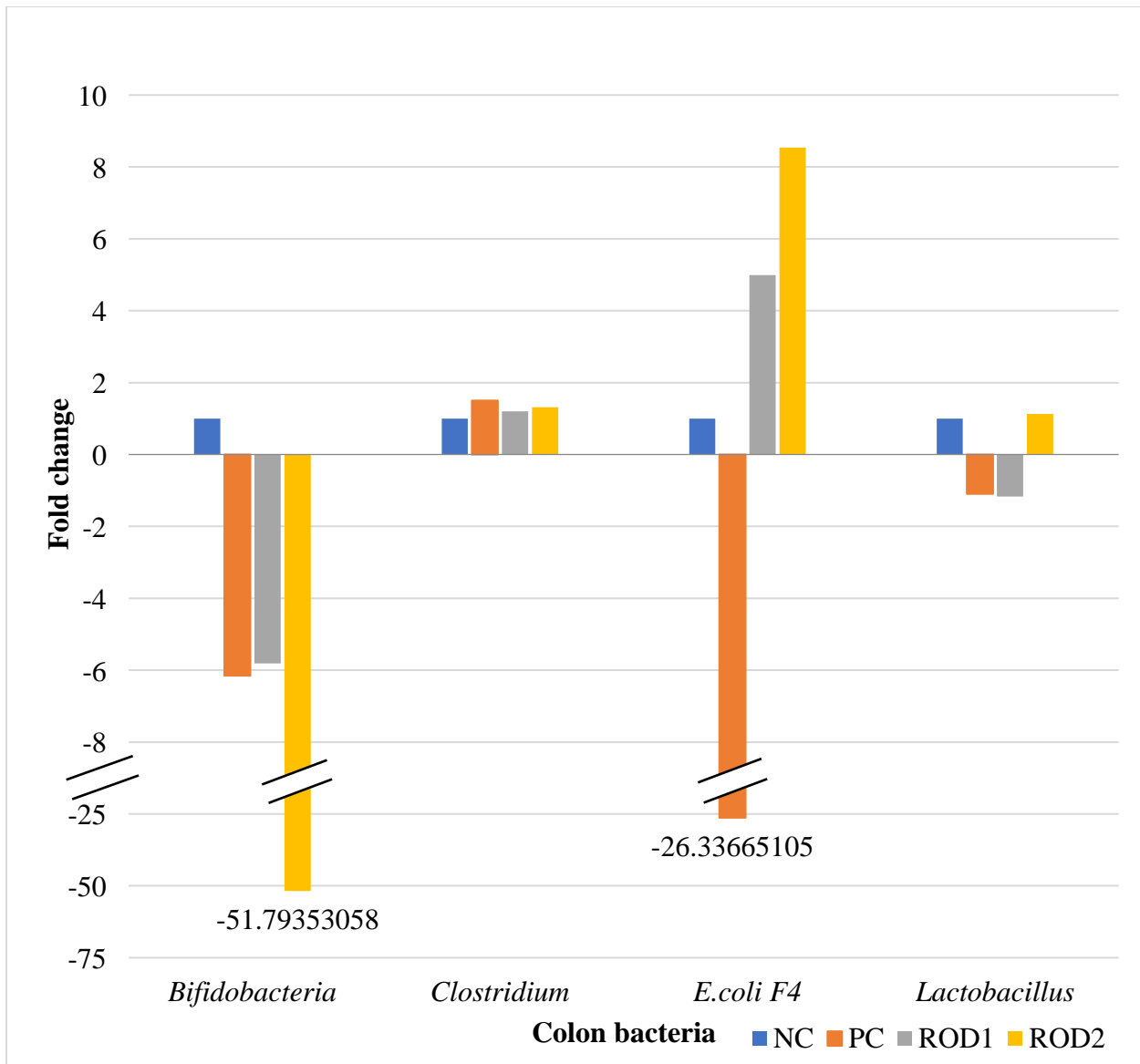


Figure 5.3 Effect of antibiotic and RDE supplementation on microbial DNA in the colon of piglets challenged with *Escherichia coli* F4.

NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

SEM, Standard error of the mean.

*P*-value, level of significance; 1: NC vs. PC; 2: NC vs. ROD1; 3: NC vs. ROD2.

Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

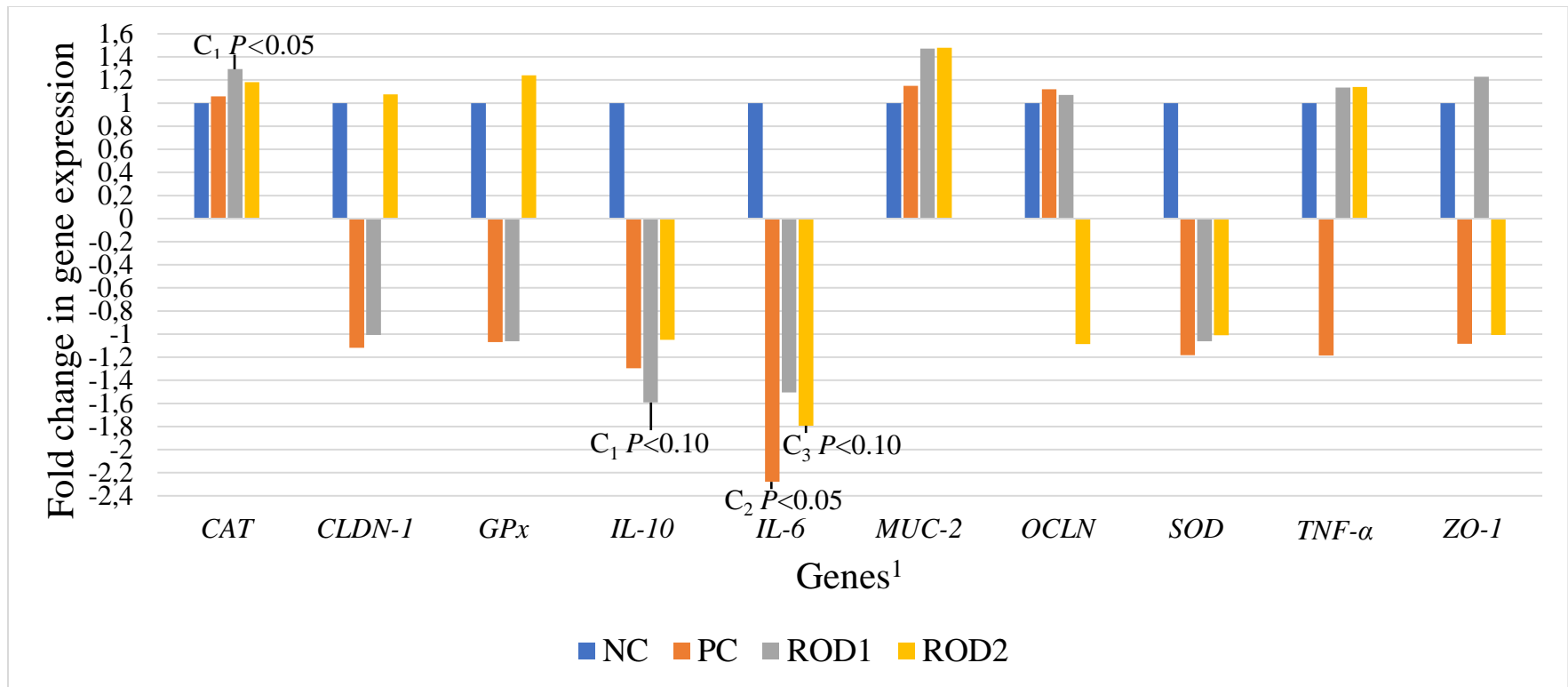


Figure 5.4 Effect of antibiotic and RDE supplementation on mRNA gene expression in mid-jejunum of piglets challenged with *Escherichia coli* F4.

NC, negative control, corn, wheat soybean meal diet; PC, positive control, NC plus antibiotics; ROD1, NC plus 0.1% RDE; ROD2, NC plus 0.2% RDE.

C<sub>1</sub>: contrast 1: NC vs. ROD1; C<sub>2</sub>: contrast 2: NC vs. PC; C<sub>3</sub>: Contrast 3: NC vs. ROD2.

P: Level of significance (P-value)

Each value represents the mean of 7 replicates except for ROD2 which represents the mean of 6 replicates due to the elimination of 1 piglet in the pre-inoculation phase.

<sup>1</sup>CAT, Catalase; CLDN-1, Claudin-1; GPx, Glutathione peroxidase; IL-10, Interleukin-10; IL-6; Interleukin-6; MUC-2, Mucin-2; OCLN, Occludin; SOD, Superoxide dismutase; TNF-α, tumour necrosis factor-alpha; ZO-1, Zona occludens-1.

## 6 Discussion

Pigs are social creatures and any disruption in their environment can cause tremendous stress in their lives. Due to early and artificial weaning in most commercial swine facilities, the piglets undergo many changes that affects their growth and might make them severely anorexic affecting the rest of their productive time. This very delicate phase of a pig's life makes it very critical to provide proper nourishment and care to weaned piglets to minimize any economic losses to farmers or illnesses to pigs. Researchers have studied the post-weaning phase and established many therapeutic, natural, and managerial ways to reduce stress and promote gut health and growth performance in weaned piglets. However, there is still more to expand the knowledge about weaning and its complications.

In research experiments, pigs are provided with all the necessities and recreational articles to let them exhibit natural behavior. But most importantly, in the research setup, there are a smaller number of pigs, and they are kept in a controlled environment where each pig may be housed an individual pen, as in the current study. This affects their stress level as there is no social hierarchy or fights as well as ensuring hygienic uniform feed and water supply to each piglet. Due to these conditions, translating research findings to commercial farms are difficult because there are many factors that are not accounted for in a “research controlled environment” (Cornelison et al., 2018). Thus, such factors may influence the outcomes observed in “research pigs” towards an unexpected direction in “commercial pigs”.

In the current ETEC challenge study, there were no significant differences in the BW, ADFI, or GF among the four treatment groups of the experiment. However, there was a trend in the NC group after the challenge that showed higher ADG as compared to RDE treatment groups (ROD1



and ROD2). Similar observations were noted in other polyphenol-rich supplements like dietary grape pomace (Wang et al., 2020), gallic acid (Cai et al., 2020), apple polyphenols (Xu et al., 2019), and various other plant extracts like *Boswellia serrata*, *Uncaria tomentosa*, *Tanacetum parthenium* and *Asteraceae*, *Verbenaceae* and *Lamiaceae* (Corino et al., 2021) where weaned piglets supplemented with phytochemicals did not show any significant difference in GP in comparison to the non-supplemented group. Moreover, Bruins et al. (2011) found that black tea extract can diminish the growth of *E. coli* challenged weaned piglets as compared to the control group.

Out of all the swine pathogens, *E. coli* is the most prominent bacteria to exacerbate PWD in weaned piglets. Therefore, the ETEC challenge model is widely used in scientific experiments for the prevention of PWD. To find an alternative strategy in place of AGPs, several phytochemicals and their combinations with or without the inclusion of other feed additives are being studied around the world. In this study, the fecal consistency of RDE treatment groups had a higher score than that of PC group, which was supplemented by an antibiotic. Positive control piglets already showed a tendency towards less diarrhea at 3 hpi and they significantly improved 3 dpi, with reference to ROD1 and ROD2. In an ETEC challenge study done by Caprarulo et al. (2022), the treatment group supplemented with phytochemical additive FRESTA<sup>®</sup> F (Delacon Biotechnik GmbH) (containing caraway oil, lemon oil, and dried herbs and spices) along with SCFA and MCFA showed the lowest diarrhea occurrence as compared to positive control with antibiotics, negative control, and phytochemical additive only treatments. This shows that although phytochemicals alone might not significantly alleviate diarrhea, their synergistic effect with other feed additives can be remarkable.

When bacteria circulate through the blood it produces sepsis, resulting in increased production of inflammatory cytokines and chemokines. This inflammatory response throughout the body is responsible for elevated body temperature causing pyrexia. Many studies have had similar observations as a symptom of *E. coli* infection in piglets (Zhang et al., 2010; Lee et al., 2017). However, Spitzer et al. (2014) found that almost all the piglets, irrespective of the treatment, had hypothermia approximately 1 to 3 days after the ETEC challenge. A possible explanation for this could be when animals are anorexic due to a loss of appetite their body tries to conserve heat for internal organs by reducing body temperature (Romanovsky and Székely, 1998; Schieber and Ayres, 2016). As shown in Figure 4.2, ROD2 piglets had a stable body temperature throughout the experiment. However, PC and ROD1 piglets showed a significant jump in body temperature 3 hours after inoculation. According to the ‘Swine Health Guide’ of the American Association of Swine Veterinarians, the normal body temperature of weaned piglets ranges from 38.6°C to 39.5°C (American Association of Swine Veterinarians). ROD2 group piglets were below the upper-temperature limit along with the NC group. This might be because RDE has anti-inflammatory properties and can reduce inflammatory cytokine production in the body however, the reason behind NC group is not quite clear.

Longer villi and shorter crypt have been associated with better growth performance and intestinal health as villi aid in increased absorption of nutrients and short crypt indicates decreased cell regeneration thereby reducing energy expenditure (Iji et al., 2001; de Los Santos et al., 2007). This additional energy can be then used in BW gain and increase in muscle size. Dietary quercetin supplementation in piglets increased VH, VH:CD ratio, and decreased CD in the jejunum as compared to the non-supplemented group among weaned piglets (Xu et al., 2021). A similar observation was recorded when piglets challenged with *E. coli* were supplemented with red osier

dogwood (Koo et al., 2021). In other species like broiler chicken, longer villi, and shorter crypt than the control group was reported when supplemented with phytogetic blends (Oso et al., 2019). Another important feature of intestinal health is mucosal permeability. The intestinal mucosa protects the body by being the first line of defense against oral toxins while facilitating nutrient transport at the same time. To measure this selective permeability, the Ussing chamber is a useful tool. When RDE was evaluated *in vitro* it increased the TEER and decreased the FITC transport across the intestinal cells (Yang et al., 2019) suggesting an improved intestinal barrier function. Similar *in vitro* results were produced by Vergauwen et al. (2016) using quercetin and rosmarinic acid. However, in the current experiment, there were no significant changes due to dietary treatments in the intestinal permeability and histomorphology in piglets. It is difficult to conclude that NC, PC, ROD1, and ROD2 all act indifferently on the above intestinal parameters because in a large population unlike small sample size, differences in the values might have statistical significance. It is necessary to conduct large-scale animal studies in order to get definitive results.

Plasma cytokines are a systemic indicator of inflammation in the body. Cytokines and chemokines are produced by the body in response to external agents like stress, pathogens, and nutritional imbalance. They aid in protecting the body against toxic foreign substances but also utilize protein required for growth in weaned piglets. Tea polyphenols have been shown to reduce pro-inflammatory cytokines such as IL-1, TNF- $\alpha$ , and IFN- $\gamma$  in blood after pigs were challenged with diquat, an herbicide inducing oxidative stress (Deng et al., 2010). This shows that phenolic compounds supplement the anti-oxidative system of the body and help in reducing inflammation. In the present study, IL-10 an anti-inflammatory cytokine is significantly higher in ROD2 than NC group and a tended to be higher than PC and ROD1 in the post-inoculation period. It is also showing a higher trend in ROD2 than NC in the pre-inoculation period. Upregulation of IL-10

during an inflammatory trigger can help in balancing the immune response and preventing any inflammatory injury to the pigs. There were no remarkable differences in TNF- $\alpha$  or IL-6 plasma levels among treatment groups, however, it is also important to understand the systemic antioxidant levels and the effect of each treatment on them.

A balance between the production and elimination of ROS is essential for prohibiting tissue damage due to oxidative stress. The antioxidative system in the body regulates this cycle during normal circumstances, however, when external factors lead to the overproduction of ROS the endogenous antioxidants fail to prevent the damage. For this reason, it is beneficial to supplement piglets with antioxidant-rich compounds during weaning. Early weaning has been associated with oxidative damage. A study done by Yin et al. (2014) shows high levels of plasma MDA, protein carbonyl, and 8-hydroxydeoxyguanosine indicating lipid, protein, and DNA damage, respectively when pigs were weaned at 14 days of age. Yin et al. (2014) also noted low levels of antioxidant enzymes including SOD, catalase, and glutathione peroxidase in the blood. The plasma levels of SOD were measured in the current study. Table 4.5 shows slightly higher levels of SOD in PC piglets than in ROD2 piglets. On the other hand, the MDA level in the ROD2 group post-inoculation was the lowest and was significantly lower than for the ROD1 group, indicating less lipid peroxidation in ROD2 piglets.

Since, jejunum is the region of the small intestine most affected by oxidative damage and inflammation (Campbell et al., 2013), a tissue sample from the mid-jejunum was analyzed for mRNA gene expression in the present study. In mid-jejunum, the mRNA gene expression of the antioxidative enzyme, *catalase* was significantly higher in the ROD1 group as compared to the NC group. Similarly, there was reduced expression of anti-inflammatory cytokine *IL-10* in the ROD1 group than in the NC group. Piglets receiving the PC diet showed less signs of jejunal

inflammation than those receiving the NC diet as the *IL-6* expression was significantly lower in them. There have been many studies in other species including broiler chickens showing an increase in gene expression of tight junction proteins in the small intestine after feeding carvacrol essential oil as a supplement (Christaki et al., 2020). Similarly, curcumin and resveratrol have been associated with lower gene expression of pro-inflammatory cytokines in the jejunum of weaned piglets (Gan et al., 2019). There is ample evidence based on research to prove that phytochemicals work as antioxidants and anti-inflammatory agents for intestinal tissues. In the current study, we could observe such anti-inflammatory effect by reduced gene expression of *IL-6* in ROD2 group and increased gene expression of *catalase* in ROD1 group in comparison to NC. Similarly, antioxidative effect was seen when serum MDA levels were lower in pigs supplemented with higher level of RDE than in pigs supplemented with lower level of RDE.

In the case of bacterial DNA in the colon, the PC group presented the least value for *E. coli* F4. This is correlated to the antimicrobial effect of the antibiotic. Other results in the bacterial DNA analysis were inconclusive.

## 7 Summary

For pork producers, weaning of piglets has always been a crucial phase and in the past, there have been many advancements that have ameliorated the weaning transition. Antibiotics have been used for decades to keep mortality and morbidity low during this phase and enhance the weight gain and health of piglets. However, with the rise of concern regarding the use of AGPs among scientists, producers, and consumers, there has been a concerted effort to acquire alternatives for the growth promotion and wellbeing of young piglets. With increasing awareness people tend to choose meat options that are organic and antibiotic-free. This concern led to the development of various natural non-therapeutic alternatives having more than one benefit for the health like better gut permeability and histology, less gene expression of pro-inflammatory cytokines, strengthening antioxidant system, and defense against gut pathogens. Plant-derived polyphenols have shown antioxidative, anti-microbial, and anti-inflammatory properties *in vitro* as well as *in vivo* experimental settings. Red osier dogwood plant contains high levels of polyphenols having such properties like rutin, quercetin, ellagic acid, and gallic acid. In this study, it was hypothesized that dietary supplementation of RDE will improve antioxidant defense and gut health indices of weaned piglets challenged with *E. coli*. The objectives that were accomplished through this research were,

1. Evaluation of the effects of RDE on gut and systemic health by measuring growth parameters, intestinal permeability, structure, and systemic and local inflammatory as well as oxidative biomarkers.
2. Comparison of the effects of RDE with AGP using contrasts and analysis of variance.
3. Investigating if there is a dose-response associated with different levels of RDE.

It is possible to conclude from the data of this experiment that ROD might alleviate oxidative stress and PWD symptoms during weaning and have an anti-inflammatory effect on pigs. However, it is

still uncertain to conclude that it will be able to replace antibiotics used for growth promotion in the future. Further investigation can provide a more definitive conclusion. Some things to consider for future studies are written below.

## **8 Future studies**

This study has helped to know the effects of ROD on gut health and growth performance of weaned piglets challenged with ETEC. However, polyphenols from plant extracts are novel to the livestock industry and their many aspects are yet to be explored.

Polyphenols are abundant in nature and hardly a fraction of them have been studied till now. Along with this, experiments of already known polyphenol containing plant extracts like RDE in combination with other feed additives like organic acids, nucleotides, probiotics, feed enzymes, etc. should be examined for their synergistic effects.

Better availability and standardization of plant extracts from different parts of the world should be done. The information on some phytochemicals and their ingredients are still ambiguous, and their contents change with each harvest, making it difficult to calculate the optimum dose in each livestock species. Although there are few studies of RDE in pigs, chickens, and cattle, a standard dose has not yet been established. For this, further animal studies should be promoted.



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