

**MODULATION OF CARDIAC REMODELING BY ANTIPLATELET  
AGENTS IN CONGESTIVE HEART FAILURE**

**BY**

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**A Dissertation Submitted to**

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**MASTER OF SCIENCE**

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**MODULATION OF CARDIAC REMODELING BY ANTIPLATELET  
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**A Thesis/Practicum submitted to the Faculty of Graduate Studies of The University of**

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**MASTER OF SCIENCE**

**Santosh K. Sanganalmath © 2005**

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## ABSTRACT

Cardiac remodeling due to myocardial infarction (MI) is associated with impaired ventricular function that can progress to congestive heart failure (CHF) and has important implications for survival. In spite of several pharmacological and surgical interventions, many patients continue to experience a progressive decline in cardiac function. Therefore, improved methods to attenuate ventricular remodeling and function in ischemic heart failure are needed.

Although, antiplatelet agents are widely used in CHF to prevent platelet aggregation and risk of thromboembolism, the effects of these agents in reversing structural and subcellular remodeling in CHF are not known. Sarpogrelate (SAR), a 5-Hydroxy tryptamine (5HT)<sub>2A</sub> receptor antagonist and cilostazol (CIL), a phosphodiesterase-III (PDEIII) inhibitor are some of the antiplatelet agents used clinically to prevent restenosis of coronary vessels after stent implantation as well as to prevent platelet aggregation in peripheral vascular disease. We sought to examine if these agents could also prevent structural remodeling in CHF because it would be beneficial for the patients to use a single drug that can prevent platelet aggregation and cardiac remodeling in CHF. The aim of this study was therefore to examine the effects of antiplatelet agents, SAR and CIL in infarcted rats on LV function, myofibrillar Ca<sup>2+</sup> stimulated ATPase activity, myosin heavy chain (MHC) protein content and gene expression as well as SR Ca<sup>2+</sup> uptake and release, SR protein content and changes in SR gene expression.

From day 21 post-MI (coronary artery ligation), rats received either SAR (5 mg/day, n=34) or CIL (5mg/day, n=36) for 5 weeks. *In vivo* hemodynamic, echocardiographic and electrocardiographic measurements were made at the end of 8 weeks after coronary

ligation. Sham-operated rats served as controls. At 8 weeks after coronary ligation, untreated MI rats showed marked increase in right ventricular weight (RVW), left ventricular (LV) end-diastolic pressure (LVEDP), LV intrinsic diameters, LV end-diastolic and end-systolic volumes and reduction in rates of pressure development and decay ( $\pm$  dP/dt), LV systolic pressure (SP), mean arterial pressure (MAP), cardiac output, LV stroke volume (SV), LV ejection fraction (EF) and LV fractional shortening (FS). Untreated MI rats also showed signs of CHF as evidenced by an increase in lung wet/dry weight (wt) ratio and development of pulmonary edema. ECGs of untreated MI rats showed marked deviation in ST-segment, premature ventricular complexes (PVCs), loss of R waves, prolongation of QRS duration and prolongation of QT<sub>c</sub> (corrected QT) interval. The RVW, LVEDP, LV intrinsic diameters, LV volumes and lung wet/dry wt ratio were reduced, whereas the  $\pm$  dP/dt, LVSP, cardiac output, LVSV, LVEF and LVFS and MAP were increased towards sham levels in SAR-treated and CIL-treated groups compared with untreated MI. SAR-treated rats also showed preservation of R waves and decrease in QT<sub>c</sub> interval. ECGs showed increased incidence of PVCs and ventricular tachycardia (VT) in CIL-treated group. Total mortality during 5 weeks treatment period averaged 27% in untreated MI rats, 11% in SAR-treated rats and 38% in CIL-treated rats. Thus, treatment with SAR significantly reduced mortality whereas treatment with CIL increased mortality.

In order to examine the effects of these antiplatelet agents on subcellular remodeling of myofibrils and sarcoplasmic reticulum (SR), myofibrillar ATPase activity, myosin heavy chain (MHC) isoform expression,  $\alpha$ -MHC and  $\beta$ -MHC gene expression as well as SR Ca<sup>2+</sup> uptake, Ca<sup>2+</sup> release, SR protein content and gene expression for SR Ca<sup>2+</sup> pump

ATPase (SERCA2a), ryanodine receptor (RyR) and phospholamban (PLB) were studied in failing hearts following MI. The infarcted animals exhibited a decrease in LV myofibrillar  $\text{Ca}^{2+}$ -stimulated ATPase activity. MHC- $\alpha$  isoform content as well as MHC- $\alpha$  mRNA levels were also significantly decreased whereas those of MHC- $\beta$  isoform content and MHC- $\beta$  mRNA levels were markedly increased. Both SAR and CIL significantly improved the MI-induced changes in myofibrillar  $\text{Ca}^{2+}$ -stimulated ATPase activity, MHC- $\alpha$  and MHC- $\beta$  protein content and gene expression. SR  $\text{Ca}^{2+}$  uptake and  $\text{Ca}^{2+}$  release was depressed in the failing hearts; protein content and mRNA levels for SERCA2a, RyR and PLB was also decreased. Treatment with SAR and CIL of infarcted animals attenuated alterations in SR  $\text{Ca}^{2+}$  pump and  $\text{Ca}^{2+}$  release activities. Changes in protein content and mRNA levels for SERCA2a, RyR and PLB were also prevented by SAR and CIL treatment. The results suggest that while SAR and CIL had beneficial effects on LV function and subcellular remodeling in CHF post-MI, CIL increased mortality, which may be attributed to VT. These findings may have important therapeutic implications of SAR in post-MI CHF.

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## LIST OF ABBREVIATIONS

5-hydroxy tryptamine (5HT)  
Ang-II type 1 receptors (AT1R)  
Angiotensin converting enzyme (ACE)  
Angiotensin II (Ang-II)  
Angiotensin-1 receptor blockers (ARBs)  
Arginine vasopressin (AVP)  
Atrial natriuretic peptides (ANP)  
Brain natriuretic peptides (BNP)  
Cardiac output (CO)  
Cardiac Resynchronization Therapy (CRT)  
Cilostazol (CIL)  
Congestive heart failure (CHF)  
Coronary artery bypass graft (CABG)  
CREST (Cilostazol for RESTenosis)  
Cyclic adenosine mono phosphate (cAMP)  
Diethyl pyrocarbonate (DEPC)  
Ejection fraction (EF)  
Electrocardiography (ECG)  
Endothelins (ET)  
Excitation-contraction (EC)  
Extracellular matrix (ECM)  
Fractional shortening (FS)

Gi (inhibitory)

Gs (stimulatory)

Hydroxymethylglutaryl coenzyme A (HMG CoA)

Interleukin (IL)

Left ventricular (LV)

Left ventricular assist device (LVAD)

Left ventricular end-diastolic pressure (LVEDP)

Matrix metalloproteinases (MMPs)

Mean arterial pressure (MAP)

Mitogen activated protein kinases (MAPK)

Mitral regurgitation (MR)

Myocardial infarction (MI)

Myosin heavy chain (MHC)

Neutral endopeptidase (NEP)

Nitric oxide (NO)

Norepinephrine (NE)

Partial left ventriculectomy (PLV)

Percutaneous transluminal coronary angioplasty (PTCA)

Phosphodiesterase-III (PDE-III)

Phospholamban (PLB)

Platelet-derived growth factor (PDGF)

Premature ventricular complexes (PVCs)

Protein kinase A (PKA)

Protein kinase C (PKC)

Rate of pressure decay ( $-dP/dt$ )

Rate of pressure development ( $+dP/dt$ )

Reactive oxygen species (ROS)

Renin-angiotensin-aldosterone system (RAAS)

Ryanodine receptor (RyR)

Sarcolemma (SL)

Sarcoplasmic reticulum (SR)

Sarpogrelate (SAR)

SR  $Ca^{2+}$  pump ATPase (SERCA2a)

Stroke volume (SV)

Sympathetic nervous system (SNS)

Tissue inhibitors of MMPs (TIMPs)

Transforming growth factor- $\beta$  (TGF- $\beta$ )

Triphenyl-tetrazolium chloride (TTC)

Tumor necrotic factor (TNF- $\alpha$ )

Vascular smooth muscle (VSM)

Ventricular tachycardia (VT)



## **I. LITERATURE REVIEW**

### **A. Introduction**

Congestive heart failure (CHF), an important public health problem, has affected approximately 2.5 to 3 million Americans, while about 750,000 new cases are diagnosed every year in the United States of America (1,2). The economic burden in treating CHF has been estimated to be approximately 5.5 billion dollars, which is 6.5% of the total health care budget; this estimate is more than double the costs of cancer care treatment (3). Since left ventricular (LV) remodeling (changes in cardiac size and shape), due to myocardial infarction (MI) plays a key role in the progression to CHF (4,5), elucidating therapeutic strategies to attenuate the process of cardiac remodeling has become an important area of research in the field of HF (6). Ventricular remodeling in CHF secondary to MI has been shown to occur in 2 phases: an early phase which occurs within 72 hr, and a late phase which occurs within days to months after MI. Infarct expansion, which represents the early phase, may result in ventricular rupture or aneurysm formation. On the other hand, global LV dilation with distortion of ventricular shape and cardiac hypertrophy occurs during the late phase. Failure to attenuate the increased wall stress due to MI is considered to result in progressive LV hypertrophy and impairment in myocardial contractile function.

Although various cardiovascular diseases including coronary artery disease, valvular heart disease, cardiomyopathy, septal defects, hypertension and pericardial disease have also been demonstrated to result in cardiac remodeling and HF, MI is known to be the most common cause of CHF.

## **B. Acute Ventricular Remodeling**

Acute coronary occlusion leads to irreversible cell necrosis, which may be affected, by a number of factors such as preconditioning stimulus (7), collateral flow (8) and the volume of ischemic myocardium. Reperfusion of the ischemic myocardium within 2 - 4 hours of the coronary occlusion when cardiomyocytes are still viable, prevents apoptosis, reduces infarct size and decreases mortality in humans (9). Following one or more MI episodes, the LV undergoes complex changes referred as post-infarction ventricular remodeling (10).

During initial stages of cardiac remodeling after MI, dilation of the LV occurs, which in turn causes acute distension of the noninfarcted myocardium as a compensatory mechanism to restore the stroke volume (SV) and cardiac output (CO). However, in chronic CHF where myocardial damage is extensive, the LV remodeling is inadequate, results in further LV dilation and is thus associated with progressive systolic and diastolic dysfunction. LV volume is considered one of the most important markers of LV dysfunction and a powerful predictor of mortality after MI (11).

Acute myocardial injury leads to a diminished systolic performance and decreased SV followed by a series of histopathological and structural changes in myocardium (12). This was first demonstrated by Pfeffer and Braunwald (13), who used a post-MI rat model of CHF, and showed that rats with smaller MI had lesser degree of LV remodeling and mortality when compared with rats with larger MI. In early stages of transmural MI, the infarcted myocardium expands with an acute increase in surface area; this process occurs because of thinning and slippage of necrotic myofibrils (14,15,16). Infarct expansion occurs due to early distortion of the inter-myocyte collagen struts, which

results in thinning, dilation, and increased wall stress of the LV (17). Increased wall stress activates several neurohormonal pathways like renin-angiotensin-aldosterone system (RAAS), sympathetic nervous system (SNS), endothelins (ET) and natriuretic peptides-atrial natriuretic peptides (ANP) and brain natriuretic peptides (BNP) that induce compensatory cardiac hypertrophy in the noninfarcted myocardium (18,19,20) and preserve the SV (21). This type of cardiac hypertrophy involves inappropriate increase in length/width ratio of sarcomeres (22). Microscopically, myocyte hypertrophy shows 70% increase in cell volume while mural hypertrophy shows 'in series' sarcomeric replication without any alteration in the sarcomeric length (23). Sympathetic over activity results in augmented shortening and an increase in heart rate that, in turn, results in hyperkinetic movements in the noninfarcted myocardium and temporary circulatory compensation. Natriuretic peptides decrease LV volume and systemic vascular resistance normalizes the filling pressure and improves cardiac function (6).

### **C. Global Ventricular Dilation and Remodeling in Heart Failure**

As previously mentioned, initially there is a progressive increase in LV volume as a result of infarct expansion (24) but subsequently as a result of the increase in wall stress on the residual myocardium, enlargement of noninfarcted myocardium occurs culminating in eccentric hypertrophy of the LV (19,25). In eccentric hypertrophy, there is elongation of cardiomyocytes without increase in cell thickness; this type of cardiac hypertrophy occurs due to the serial deposition of new sarcoplasmic elements (10). According to Law of Laplace, wall tension gradually increases due to eccentric hypertrophy, which in turn leads to global dilation and thinning of the LV wall (26).

Because of this dilation, LV shape eventually changes to spherical from elliptical (27,28) and a functional mitral regurgitation (MR) may result (29). Furthermore, cardiomyocytes may show contractile dysfunction, which is further blended by the increased LV mass/LV volume ratio, leading to myocardial ischemia because the blood supply and oxygen demand cannot cope with increased demands of the hypertrophied LV (10).

Extracellular Matrix (ECM) plays a significant role in cardiac remodeling, infarct expansion and scar formation after MI (30). About two-third of heart cells are composed of cardiac fibroblasts, which synthesize and secrete type-I collagen; the main function of cardiac fibroblasts is to regulate ECM levels by synthesis and deposition of matrix molecules, as well as matrix breakdown and turnover by matrix metalloproteinases (MMPs) and by maintaining mechanical tension on the collagen strut (31). Type-I collagen has the tensile strength of steel and represents 90% of the total collagen content (32). Type-I collagen forms a structural framework, which maintains myocyte alignment during contraction and relaxation (32). Procollagen type III N-peptide is a significant marker of myocardial fibrosis and it is shown to be significantly elevated in LV hypertrophy and HF (33).

In the early phase of infarct expansion after MI, edema and inflammation occur at the region of ischemia, which are followed by scarring of myocardium over a period of weeks to months. The infarcted myocardium can thin and elongate before the tensile strength is restored (34). Thinning of the infarcted myocardium occurs due the “slippage” between muscle bundles, which in turn results in a decrease in the number of myocytes (35). In the collagen matrix, myocytes are held in an organized fashion by the intercellular struts, which is broken following an ischemic attack (36). Thus, ischemic

zone shows diminished force generation followed by decreased contractile performance due to uncoupling of these cardiac cells. Moreover, there is a diminished blood supply and oxygen to the infarcted area because of the interruption in collagen fibres, which bridges myocytes to the capillaries (37). During the process of healing, the connective tissue provides resistance against further myocardial stretch by connecting disrupted myocyte fibres (38). After days to weeks of MI, granulation of tissue is followed by replacement of necrotic tissue with scar formation interwoven with muscle fibres (39). Clinically, infarct expansion is reflected by a decrease in SV, CO, and ejection fraction (EF) (40), which can be evaluated by echocardiography, showing aberration of the ventricle, as well as thinning and elongation of the noncontractile infarcted myocardium (41). These patients are more likely to experience complications such as CHF, aneurysm and cardiac rupture (41-44). Furthermore, Pirolo et al (45) have shown that a larger degree of infarct expansion is associated with endocardial thrombus and endocardial fibroelastosis.

*a. Role of MMPs and TIMPs in cardiac remodeling:* Apoptosis has been observed in both experimental models and in myocardium from patients with HF due to MI (46,47). Apoptosis is also observed in cultured cardiac cells which are stimulated by a number of factors like norepinephrine (NE), angiotensin II (Ang-II), cytokines, mechanical stretch and pressure overload (48-50). Following an ischemic attack, myocyte necrosis is associated with edema and inflammation followed by granulocyte infiltration and release of proteolytic enzymes. Role of MMPs, a family of zinc-dependent collagenases and tissue inhibitors of MMPs (TIMPs) in cardiac remodeling, collagen degradation and infarct expansion have gained fresh impetus lately (51). Serum levels of

MMP-1 are found to be elevated during the first 14 days following MI, during which period collagen breakdown predominates. Following this, serum TIMP-1 levels shift from lysis to fibroblast infiltration, collagen deposition and scar formation (52). MMPs are activated by several factors like cytokines, reactive oxygen species (ROS), Ang-II and ET (53,54).

Several MMPs are shown to degrade the components of ECM (33). Clinically, increased levels of MMP-2, MMP-3, MMP-9 and MMP-13 have been reported in myocardium of patients with CHF. Several experimental studies using transgenic and knockout mice models have also shown the role of MMPs and TIMPs in cardiac remodeling and LV dysfunction. Kim et al (55) showed loss of cardiac interstitial collagen and cardiac dysfunction in mice overexpressing MMP-1. In contrast, Ducharme et al (56) showed attenuation of LV hypertrophy and decreased collagen accretion by targeted deletion of MMP-9 in infarcted region after MI. Following MI, TIMP-1 has been shown to impair scar formation and revascularisation and prevent cardiac rupture. Roten et al (57) showed LV hypertrophy and reduction in collagen in TIMP-1 deficient mice. In a model of pacing induced HF, MMP inhibition early in the remodeling process was found to decrease the LV dimensions and improve cardiac performance (58). Thus, pharmacological inhibition of MMPs can be targeted as a potential mode of treatment for ventricular remodeling and HF (59).

***b. Role of cytokines and tissue growth factors in cardiac remodeling:***

Inflammatory cytokines are produced in different cellular systems of the body including myocytes, endothelial cells and macrophages. Cytokines like tumor necrotic factor (TNF- $\alpha$ ) and interleukin (IL)-6 play a key role in cardiac remodeling. Clinical studies have shown that levels of plasma cytokines like TNF- $\alpha$ , IL-6 and IL-1 $\beta$  are elevated in patients

with advanced CHF (60). Experimental studies have also shown that an increase in TNF- $\alpha$  promotes LV remodeling and cardiac dysfunction (61). The pioneering study conducted by Torre-Amione and colleagues (62) reported increased levels of TNF- $\alpha$  in patients with symptomatic LV dysfunction. Moreover, myocardial TNF- $\alpha$  has also been shown to be elevated in failing hearts (63-65). Clinical trials have revealed persistent TNF- $\alpha$  mRNA and protein levels in cardiomyopathic patients (63).

Bozkurt and colleagues (66) have also made several observations upon infusing TNF- $\alpha$  in rats with CHF and found a decrease in LV fractional shortening (FS) after 5 days which effect was reversible upon the removal of TNF- $\alpha$  infusion. Furthermore, a time-dependent increase in LV end-diastolic dimension was observed after TNF- $\alpha$  infusion (66), in addition to a small increase in the average LV myocyte cross-sectional area and decrease in number of myocytes across the transmural thickness of LV wall (66).

It has been shown that activation of TNF- $\alpha$  receptor increases the production of MMPs, which indirectly aids in the degradation of the ECM components (61,67). By the enhancement of Ang-II effects on cardiac fibroblasts, TNF- $\alpha$  is also considered to modulate cardiac remodeling in MI (33). It is pointed out that cytokines are known to stimulate iNOS (68), which in turn, may lead to the formation of free radicals and development of oxidative stress (69). It is also known that Ang-II promotes the generation of oxygen free radicals (70) whereas catalase, an antioxidant, has been reported to prevent cardiac hypertrophy induced by Ang-II or TNF- $\alpha$  (71). In addition to inducing cell necrosis, cytokines are known to affect Fas receptors, and thereby increase caspase activity and produce apoptosis (72). Stretching of cardiomyocytes has also been

shown to promote Fas expression (73) and TNF- $\alpha$  has been reported to upregulate the expression of Ang- II type 1 receptors (AT1R) in cardiac fibroblasts (74). It should also be noted that growth factors like transforming growth factor- $\beta$  (TGF- $\beta$ ), fibroblast growth factor, platelet-derived growth factor (PDGF) and Ang-II mediated TGF- $\beta$ 1 production have been shown to play a critical role in regulation of ECM production, cardiac hypertrophy and fibrosis (33). Schultz et al (75) have reported that there were no significant change in LV mass and cardiac function when TGF- $\beta$ 1 deficient mice were subjected to chronic subpressor doses of Ang-II but in contrast, Ang-II treated wild type mice showed cardiac hypertrophy and depressed cardiac function. Van Mawel et al (76) have shown that mechanical stress increases TGF- $\beta$ 1 expression through Ang-II and ET-1 in cardiomyocytes.

*c. Noninfarcted myocardium in ventricular remodeling:* Although MI induces cardinal changes in the infarcted myocardium, progressive alterations also occur in the noninfarcted segment (77). Theroux et al (78) showed a relative shortening of myocardial fibres and increase in the end-diastolic length of sarcomeres in the noninfarcted segment. This change occurs mainly as a compensatory mechanism to maintain SV and CO because of increased LV end-diastolic volume/muscle mass ratio, an index of overall wall tension (79). Following MI, wall stress and diastolic pressure increase significantly, which are directly proportional to the size of the infarct. Such an increase markedly diminishes the ventricular performance (80) as increased wall stress causes anatomic and cellular changes in the ventricle leading to dilation (80) and eventually to volume overload (81). The cardiac enlargement causes a proportional increase in LV chamber radius but only a slight increase in wall thickness and accommodates the excess blood



volume and returns diastolic pressure to normal. This type of hypertrophy is evidenced at the cellular level by elongation in cell length, which is out of proportion to the increase in diameter (40,81,82). Clinical studies have also shown an enlarged LV cavity even in the absence of elevated filling pressures in patients who have survived an attack of MI (83,84,85). As a result of this global ventricular dilation, the amount of ventricular damage is directly proportional to EF and thus, cardiac function worsens with severe myocardial cell damage (86,87,88). Moreover, EF decreases as end-diastolic volume increases in presence of chamber hypertrophy (40). SV and CO do not decline in acute distension because of the chronotropic and inotropic mechanisms that maintain the cardiac pump (89,93) but with chronic distension, mismatch occurs between volume overload and increased wall stress leading to the development of clinical HF (81,90). These events are associated with the activation of various neurohormonal systems post-MI; the degree and time frame of activation depend on infarct size and magnitude of LV dysfunction (91). These neurohormonal systems include the RAAS, SNS, natriuretic peptides, ETs, cytokines and arginine vasopressin (AVP) (92).

#### *i. Sympathetic Nervous System:*

SNS is activated very early after the onset of MI, which has both positive chronotropic and inotropic actions (93) and in fact, the sympathetic drive is increased >1000 fold in HF (94). This SNS overactivity leads to stimulation of  $\beta$ - and  $\alpha$ -1 receptors through different signaling pathways, which results in the activation of protein kinase A (PKA) and protein kinase C (PKC). Ultimately, cardiac remodeling and hypertrophy occurs as a result of transcription factor production and re-expression of fetal gene program due to subsequent stimulation of mitogen activated protein kinases (MAPK) and

expression of proto-oncogenes (33). In the acute phase of MI, SNS activation is adaptive and helps to maintain CO and blood pressure. However, sustained activation of this system becomes pathological and contributes to ventricular remodeling and increased cardiac wall stress, which leads to ventricular dilation and ultimately HF (95,96). Chronic SNS activation is likely to deteriorate cardiac function by increased generation of superoxide anions and development of oxidative stress (97-99). On the other hand, nitric oxide (NO) that is present in the myocardium (100) has been shown to prevent many processes associated with cardiac remodeling. There is clinical evidence that chronic treatment with nitrates attenuates cardiac remodeling, post-MI (101). Nitric oxide (NO) has been observed to decrease Ang-II induced cardiomyocyte hypertrophy (102), increase angiogenesis (103) and decrease cardiac fibrosis (104). Recently in a murine model of MI, Scherrer-Crosbie et al (105) have demonstrated that the presence of eNOS improved cardiac function and attenuated remodeling by decreasing myocyte hypertrophy in noninfarcted segment. Endothelial NO is also known to cause reduction in both afterload and preload by vasorelaxation (106).

#### *ii. Renin-Angiotensin-Aldosterone System:*

Activation of the RAAS induces systemic vasoconstriction and plays a key role in the pathophysiology and progression of ventricular remodeling after MI (107). RAAS also stimulates other systems including AVP and aldosterone that contribute to maintain adequate intravascular volume (108). AVP decreases excretion of water and electrolytes and increases blood volume (109). Chronic activation of RAAS has been found to be detrimental and contributes to the progression of ventricular remodeling in CHF (110). Renin that is released from the juxtaglomerular cells of the kidney in response to multiple

factors including SNS activity, reduced sodium absorption by distal tubules or AVP release (111), acts on angiotensinogen and converts it to Ang-II. Ang-II acts as a local growth factor and promotes LV hypertrophy following MI (107). Ang-II has several physiologic functions that are important in fluid regulation (112), vasoconstriction and stimulation of aldosterone from adrenal cortex. Aldosterone in turn aids in sodium ion resorption by distal tubules. The activity of RAAS including angiotensin-converting enzyme (ACE) is markedly increased in HF and this produces Ang-II, which results in LV remodeling (113). Ang-II has many adverse effects on cardiac tissue; these include (a) playing a significant role in cardiac hypertrophy by increasing DNA synthesis in both cardiocytes and fibroblasts, (b) increasing coronary permeability and thus allowing the tissue growth factors to diffuse inside the myocardium, resulting in adverse remodeling (114), and (c) that it causes necrosis due to its cytotoxic effects on cardiomyocytes (115).

Although aldosterone is a circulating hormone produced in suprarenal gland, it is now clear that aldosterone and its receptor are present in heart and blood vessels (116). Levels of aldosterone are significantly increased following MI and in CHF (117). In addition to avid fluid retention through its mineralocorticoid effects, aldosterone is also a potent mediator of myocardial fibrosis (118). Aldosterone is known to affect vascular compliance and endothelial function and induce ischemia (119). It is also pointed out that aldosterone has also been shown to cause an increase in SNS activity and electrolyte disturbances by increasing the urine excretion of magnesium and potassium, which in turn lead to myocardial apoptosis and ventricular arrhythmias (33). In addition to aldosterone, AVP, an antidiuretic hormone, is considered to affect the development of CHF. This hormone is synthesized in neurosecretory cells of the paraventricular and

supraoptic nuclei of hypothalamus (120), and has been shown to regulate various body functions including body osmolality, blood volume, cell contraction, blood pressure and adrenocorticotropin secretion (110). The actions (vasoconstriction and cardiac hypertrophy) of AVP are mediated by V1a, whereas water and sodium regulation are mediated by V1b and V2 vasopressin receptor subtypes (121). In patients with CHF, circulating AVP levels are elevated and associated with significant cardiac decompensation and hyponatemia (122,123,124).

### *iii. Natriuretic Peptides:*

Several vasodilating peptides are produced in cardiac tissue that has counteracting effects on cardiac remodeling; some of these include bradykinin, ANP and BNP. Following MI, ANP is released from the right atrium and BNP from the ventricles in response to right atrial stretch and right ventricular (RV) wall tension, respectively; thus, there occurs an increase in systemic levels of these peptides (125). Both ANP and BNP cause a reduction in afterload through a combination of peripheral vasodilation and natriuresis (125). These effects are opposite to that of sympathetic over activity and activated renin-angiotensin axis. Natriuretic peptides exert their beneficial effects on hemodynamics, fluid balance, and renal function initially after MI. In addition to this, natriuretic peptides inhibit cardiac hypertrophy and have beneficial effects on cardiac remodeling (126). Bradykinin is a vasodilator and has anti-remodeling effects by inducing NO formation (33). One of the mechanisms by which angiotensin converting enzyme (ACE) inhibition has anti- remodeling effects is by the increased production of bradykinin. Beneficial effects of bradykinin come from the experimental studies conducted on bradykinin  $\beta$ 2-knock-out mouse in which LV chamber size, as well as

perivascular and reparative fibrosis was significantly greater than in wild type mouse.

*iv. Endothelins:*

ET is released from the vascular endothelium and is a potent vasoconstrictor and hypertrophic peptide, which produces actions by acting upon ETA receptors (93). Following an ischemic attack, the systemic levels of ET are elevated to maintain blood pressure (127) but later, due to its hypertrophic effects, it produces cardiac remodeling and ventricular dilation (128). ET levels are significantly increased in HF (129); experimental rat model of CHF has also shown an increase in ETA and ETB receptor densities (130). ET leads to vascular smooth muscle cell proliferation by producing various factors like PDGF and TGF- $\beta$ 1 in vascular tissue. It is also known to increase thrombosis and ischemia by increased production of plasminogen activator inhibitor-1 (PAI-1). The activation of ETA receptor leads to cardiac hypertrophy through G $\alpha_q$  stimulation (33). ET has also been reported to act through ET1 indirectly and cause pathologic hypertrophy with early gene expression, as well as lead to myocardial apoptosis. Furthermore, ET was observed to synthesize ECM proteins like fibronectin, collagen and laminin and stimulate fibroblast proliferation directly (131) thus resulting in myocardial fibrosis (132). It is also known that ET stimulates the secretion of other neurohormones like NE, Ang-II and aldosterone. ET, by inducing the release of cytokines, stimulates the activity of lipooxygenase and increases the production of monocyte chemoattractant protein-1 for inducing the inflammatory reaction.

#### **D. Subcellular Remodeling in Heart Failure**

Subcellular remodeling of the sarcoplasmic reticulum (SR), myofibrils, sarcolemma (SL) and mitochondria has been reported to occur in cardiac hypertrophy and CHF (133,134). Cardiac remodeling during the development of CHF has been reported to be invariably associated with subcellular remodeling, which is reflected by alterations in the molecular structure and biochemical composition of different subcellular organelles in cardiomyocytes.

##### ***a. Sarcolemmal and Saroplasmic Reticular Remodeling in CHF:***

Numerous structures in myocardial cell are adversely affected by an ischemic insult of which SL and SR changes are more prominent. These two membranes play an important role in excitation-contraction (EC) coupling in the heart. Cardiac depolarization results in small influx of  $\text{Ca}^{2+}$  via voltage dependent SL channels; SL  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchanger also plays some role for  $\text{Ca}^{2+}$  influx in EC coupling under certain conditions (135,136).  $\text{Ca}^{2+}$  influx results in a further release of large amount of stored  $\text{Ca}^{2+}$  from SR via  $\text{Ca}^{2+}$  release channels. Myocardial contraction results in response to increased cytosolic  $\text{Ca}^{2+}$  when troponin-tropomyosin complex surrounding myosin allows sliding of thick myosin filaments over thin actin filaments. Relaxation results when there is  $\text{Ca}^{2+}$  uptake into SR;  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchanger and  $\text{Ca}^{2+}$  pump of SL also extrude  $\text{Ca}^{2+}$  from the cell into the extracellular space (135,136). In HF, EC coupling is disturbed because of changes that occur in SR and SL. It is now clear that in failing hearts, there is an increase in intracellular  $\text{Ca}^{2+}$  levels, which causes overload and contractile dysfunction (137,138).  $\text{Ca}^{2+}$  overload cause damage to contractile apparatus, energy generating systems and membranes which all lead to CHF.

SL maintains contractile function through various cation transporter activities including ATP-dependent  $\text{Ca}^{2+}$  uptake,  $\text{Ca}^{2+}$  stimulated ATPase activity,  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchanger and  $\text{Na}^+$ - $\text{K}^+$ -ATPase (135,138). It has been shown that the number of  $\text{Ca}^{2+}$  channels in SL is decreased in rats with CHF (139). In a clinical study, level of mRNA encoding of  $\text{Ca}^{2+}$  channels was decreased in HF (140). In cardiomyopathic hamsters with CHF, the  $\text{Ca}^{2+}$  channel density was unchanged (141). Thus, the  $\text{Ca}^{2+}$  channel changes in CHF depend on type of HF. SL  $\text{Na}^+$ - $\text{K}^+$ -ATPase pump and  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchange activities are shown to be decreased in MI (142,143).  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchange and  $\text{Ca}^{2+}$  pump activities were extensively studied using genetic cardiomyopathic hamster model of HF. In UM-X7.1 strain of cardiomyopathic hamsters,  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchange and  $\text{Ca}^{2+}$  pump activities were decreased.  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchange activity was also found to be decreased in BIO 14.6 cardiomyopathic hamsters (141,144). In a rat model of CHF, it should be noted that there was depressed SL  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchange with no changes in  $\text{Ca}^{2+}$  pump activities in the viable LV (143). Depression in SL  $\text{Na}^+$ - $\text{K}^+$ -ATPase activity was observed in failing hypoxic rat heart (145), UM-X7.1 cardiomyopathic hamsters (146), rabbits with pressure load hypertrophy (147) and viable LV in rats with CHF (142). However, the  $\text{Na}^+$ - $\text{K}^+$ -ATPase activity was increased in BIO 14.6 strain of cardiomyopathic hamsters and canine hearts with volume/pressure overload (148,149). Such diverging changes support the hypothesis that SL changes depend on the type of the disease. In addition to SL, marked alterations in SR membrane have been reported to occur in the failing heart. It is pointed out that  $\text{Ca}^{2+}$  uptake into SR is accomplished by a  $\text{Ca}^{2+}$  stimulated ATPase pump and release of  $\text{Ca}^{2+}$  occurs via ryanodine sensitive  $\text{Ca}^{2+}$  channels (150). Increased  $\text{Ca}^{2+}$  efflux via ryanodine-sensitive  $\text{Ca}^{2+}$  channels (151), decreased SR  $\text{Ca}^{2+}$  stimulated ATPase

activity (152) and depressed mRNA signal for gene expression (153) have been shown to decrease in  $\text{Ca}^{2+}$  uptake into SR in CHF due to MI.

***b. Myofibrillar and Mitochondrial Remodeling in CHF:***

Cardiac contractile apparatus contains two important proteins actin and myosin, the interaction of which is modulated by troponin and tropomyosin. Experimental studies with failing hearts have shown a shift in myosin isozyme content from V1 to V3 (154-157). This shift is also known to occur at the transcriptional level and has been demonstrated in hearts subjected to cardiac overload (158). It is believed that alterations in the myosin molecule in the failing heart cause changes in contractile properties and the sensitivity of contractile unit to  $\text{Ca}^{2+}$ . It needs to be emphasized that during the development of  $\text{Ca}^{2+}$  overload, enough  $\text{Ca}^{2+}$  accumulates inside the mitochondria, which results in decreased production of high-energy phosphates and in turn, cellular dysfunction (159). Phosphocreatine is the main high-energy phosphate store in heart and its concentration is known to be decreased in CHF (160). Creatine kinase is an enzyme, which mediates transfer of the phosphoryl group to and from phosphocreatine and is known to switch isoforms in response to myocardial stress (161). In a study on post-MI energy changes conducted by Neubauer et al (162), it was found that ATP levels of noninfarcted tissue were same as that of control animals. However, phosphocreatine levels, creatine content and mitochondrial creatine kinase levels were significantly reduced in infarcted rats; no changes in the glycolytic pathway were observed in this study.



### *c. $\beta$ -adrenoceptor Mechanism in Cardiac Remodeling and CHF*

Stimulation of SNS in HF leads to excess release of NE, which bind to  $\beta$ -receptors on the SL and the signal, is transmitted through guanine-nucleotide (G) proteins to adenylyl cyclase. G proteins may be  $G_s$  (stimulatory) or  $G_i$  (inhibitory) that modulate activity of adenylyl cyclase and subsequent formation of cAMP. The increase in cAMP activates cAMP-dependent PKA, which mediates phosphorylation of target proteins including L-type  $Ca^{2+}$  channels, phospholamban, troponin-I and troponin-C (136). However, the density of  $\beta$ -receptors was decreased without any changes in the affinity for agonists in post-MI CHF (163). Furthermore, Boehm and colleagues (164) studied the  $\beta$ -receptor density in human HF and found that  $\beta_1$  receptor density was significantly decreased, while  $\beta_2$  receptor density did not change.  $G_s$  activities and densities did not change, while  $G_i$  proteins were increased and adenylyl cyclase levels decreased in postinfarcted hearts (163,164). Yamamoto et al (165) studied  $\beta$ -adrenoceptor-G-protein-adenylate cyclase complex in rat hearts with ischemic heart failure and found that  $G_s$  and  $G_i$  function was decreased but adenylyl cyclase,  $B_{max}$ ,  $K_d$ , the amount of  $G_s$  and  $G_i$  did not change in ischemic heart failure. Therefore, these researchers concluded that a dysfunction in  $G_s$  might contribute to the contractile abnormalities in ischemic heart failure. Sethi et al (166) studied the alterations of  $\gamma$ -proteins in CHF in UM-X7.1 cardiomyopathic hamsters and found depressed adenylyl cyclase activation is not only due to increased content and bioactivity of  $G_i$  proteins but the functional uncoupling of  $G_s$  proteins from adenylyl cyclase enzyme may also be involved in this type of CHF. Since catecholamines are known to modify  $Ca^{2+}$  influx via the generation of cAMP through  $\beta$ -adrenoceptor pathway (136), it is likely that the decrease in catecholamines response in

the failing heart may be due to a decrease in  $\text{Ca}^{2+}$  influx. This results in less  $\text{Ca}^{2+}$  being released from SR that results in decreased contractile force generation in the failing heart. Because phosphorylation by cAMP dependent protein kinase is also known to increase  $\text{Ca}^{2+}$  uptake by cardiac SR and augments myocardial relaxation (136), a defect in phosphorylation at different subcellular organelles including SR can be seen to account for diastolic abnormalities in the failing heart.

## **E. Pharmacological Interventions for Attenuating Ventricular Remodeling**

### ***a. ACE Inhibition:***

The main mechanism of action of ACE inhibition is believed to be by decreasing the systemic levels of circulating Ang-II and subsequently increasing bradykinin levels, which in turn has anti-remodeling effects. Many investigators have shown that ACE inhibitors decrease the tissue levels of Ang-II by reducing its production and suppressing the cardiac dilation due to increased cardiac workload (107). Moreover, ACE inhibitors decreased the plasma aldosterone levels and prevented sodium retention and fluid accumulation (107). Previous studies have shown that different ACE inhibitors prevented the subcellular changes, which occur in the myocardium at the level of SL, SR, ECM and mitochondria in failing hearts due to MI (107). Also blockade of ACE attenuated the impairment of  $\beta$ -adrenergic signal transduction mechanisms in HF (107). McDonald et al (167) studied the effects of ACE inhibition in animal model of HF induced by transmyocardial direct current shock and was shown to prevent cardiac hypertrophy (167). Clinical studies with ACE inhibitors in patients with LV dysfunction have shown to prevent cardiac dilation (168). Angiotensin-1 receptor blockers (ARBs) were also

observed to have a prominent beneficial effect in preventing ventricular remodeling. Schieffer et al (169) compared the effects of losartan with enalapril in a rat model of CHF and showed that losartan was as beneficial as enalapril in reducing cardiac hypertrophy and myocardial fibrosis. ARBs have also been reported to prevent changes in the subcellular and molecular levels in failing heart (107). It should be noted that interventions other than these producing blockade of RAS have also been observed to exert beneficial effects in CHF. For example, inhibition of AVP activity in patients with symptoms of volume overload including pulmonary edema, congestion with hyponatremia by blocking V2 receptors were observed to reduce congestion and pulmonary edema (169), whereas V1a receptor blockade reduced plasma NE and Ang-II levels (170). These beneficial effects are found without deteriorating renal function or electrolyte abnormalities (169).

***b.  $\beta$ -Adrenergic Receptor Blockade:***

It is now well understood that long-term activation of the SNS releases excessive amounts of catecholamines, which in turn have deleterious effects on the heart i.e. cardiac dysfunction, death of cardiac myocytes and arrhythmias in CHF (171).  $\beta$ -blockers can attenuate many of these deleterious effects of catecholamines and arrest the structural changes that occur during progression of CHF (172), as well as increase survival in experimental models (173). Long-term administration of  $\beta$ -blockers has been shown to reduce mortality by 20 % in a large number of randomized controlled trials in patients with MI. It is believed that the reduction in mortality by  $\beta$ -blockers is probably by preventing myocardial ischemia and reducing the chances of arrhythmias (174).

The basis of this anti-ischemic effect is due to the reduction of heart rate and

myocardial oxygen demand and that of anti-infarction effect is related to the ability of these drugs to decrease the risk of atherosclerotic plaque rupture. In patients with CHF,  $\beta$ -blockers reduce myocardial oxygen consumption even when the heart rate is maintained at a high constant rate by atrial pacing (175).  $\beta$ -blockers have been shown to be cardioprotective due to anti-arrhythmic effects (173), anti-thrombotic effects (176), decreased myocardial oxygen demand (177) and prevention of atherosclerotic plaque rupture (178). The mechanism of action of  $\beta$ -blockers is still not clear but several different pathways have been suggested like attenuation of toxic effects of catecholamines (172), reversal of pathological remodeling (179), prevention of myocardial cell death (180), up-regulation of  $\beta$ -adrenergic receptors (181) and protection from autoantibodies against  $\beta_1$ -receptors (182). Theoretically, non-selective  $\beta$ -blockers are expected to be more effective in the treatment of CHF than selective agents due to several reasons. Firstly, both  $\beta_1$ - and  $\beta_2$ -receptors mediate the toxic effects of catecholamines on the myocardium, directly (183). Therefore, drugs that block both  $\beta_1$ - and  $\beta_2$ -receptors may be more effective in producing long-term beneficial effects than selective  $\beta_1$ -receptor blockers. Secondly, catecholamines stimulate their own release via pre-synaptic  $\beta_2$ -receptors (183), so non-selective agents can achieve better adrenergic drive control. Thus carvedilol being a non-selective  $\beta$ -blocker is considered more beneficial when compared to other  $\beta$ -blockers in attenuating cardiac remodeling in CHF. Metoprolol, a  $\beta_1$  selective blocker, was compared with carvedilol in HF in which carvedilol reduced LV volumes significantly but metoprolol failed to show the similar results (184,185). Moreover, only a small number of trials have reported a decrease in cardiac volumes with  $\beta_1$  selective blocking agents (186).

***c. Aldosterone Receptor Antagonists:***

Although Ang-II is known to stimulate the release of aldosterone and treatment with ACE inhibitor can block both Ang-II and aldosterone, excess aldosterone production may “escape” through non Ang-II dependent mechanism (187). Thus it is imperative to block the aldosterone receptor as this escape mechanism has several adverse effects on the heart including myocardial fibrosis, sodium retention, loss of potassium and magnesium, increase NE release, cardiac hypertrophy and endothelial dysfunction. With this background, ARBs were developed in the treatment of heart failure. Both spironolactone and eplerenone are widely used in HF and has shown to reduce cardiac fibrosis and decrease LV mass (33). In an animal model of CHF, spironolactone significantly decreased cardiac volumes and circulating procollagen levels resulting in improved cardiac performance and decreasing myocardial fibrosis (188). In a clinical trial, spironolactone was administered in conjunction with other standard medications for HF and significantly prevented the LV remodeling (189). Spironolactone treatment was also associated with a reduction in ventricular premature contractions and non-sustained VT, reduced LV mass (189), reduced LV volumes, increased EF and improved diastolic parameters (189). Since eplerenone is a novel selective competitive antagonist of aldosterone receptor (189), it was found to be more beneficial than spironolactone as it exhibited reduced binding to androgen or progesterone receptors and thus produced less endocrine side effects (189).

***d. Neutral Endopeptidase and Cytokine Inhibitors:***

Neutral endopeptidase (NEP) inhibitors block the conversion of Ang-I to Ang-II and the catabolism of bradykinin, ANP and BNP (190). Thus by inhibiting both ACE

and NEP, NEP inhibitors increase natriuretic and vasodilatory peptides as well as the half-life of other vasoactive peptides, bradykinin and adrenomedullin (191). Inhibition of both NEP and ACE is known to be more beneficial for patients in HF than ACE inhibition alone. Omapatrilat is a vasopeptidase inhibitor inhibiting both ACE and NEP activities (190). Clinically, omapatrilat reduced end-diastolic volumes over a period of 12 weeks in absence of ACE inhibitor or Ang-II antagonist therapy (192). However, the patients develop tolerance to this drug rapidly as the peptides have short half-life. Furthermore, other adverse effects like hypotension and bradycardia have limited their use (93). Trippodo et al (193) have shown that cardiomyopathic hamsters treated with omapatrilat had less mortality when compared to captopril treated hamsters.

Etanercept is a soluble recombinant TNF receptor protein, which binds TNF- $\alpha$  and thus inactivates the effects of TNF- $\alpha$  (194). It has been shown by Deswal et al (195) that etanercept-treated patients had improved LVEF when compared to HF patients on placebo. In another clinical trial, different dosages of etanercept in advanced HF administered to patients for a period of 3 months, showed improved LV function (196). It is well known that TNF- $\alpha$  administration leads to progressive LV dilation (33); cytokine production can also be suppressed by treatment with ACE inhibitors and  $\beta$ -blockers.

#### *e. Statins:*

In recent years, the use of hydroxymethylglutaryl coenzyme A (HMG CoA) reductase inhibitors has increased in coronary artery disease as these agents may have role beyond cholesterol lowering effects. In an experimental study of rat model of CHF by coronary ligation, statins were shown to improve ventricular function by limiting cardiac fibrosis (197,198). It is believed that blockade of HMG CoA reductase disrupts

the mevalonate pathway (199). These agents are also known to depress the detrimental cellular effects of Ang-II and decrease the expression of AT1 receptors by inhibiting HMG CoA-mevalonate-GGPP pathway (200). It is well known that ROS enhance proliferation of vascular smooth muscle (VSM) cells and induce apoptosis of endothelial cells resulting in cardiac remodeling (201). Statins can reverse this mechanism by down-regulation of AT1 receptor gene expression and thus decreasing Ang-II induced release of ROS (199). Statins are known to have sympatholytic effect by up-regulation of the eNOS expression (202,203). Pliquett et al (204) showed lowered plasma NE levels with simvastatin on normolipidemic rabbits with HF. In patients with advanced CHF, simvastatin was reported to modify the effect of ET-1 by reducing immunoreactive ET-1 (205). Statins were also studied in relation with cytokines and were shown to decrease the levels of TNF- $\alpha$  (25) and IL-6 (19). Havashidani et al (198) studied the effects of fluvastatin after MI and found that the drug decreased the levels of MMP and increased the levels of TIMP-2 resulting in an improvement in cardiac function and reduction in LV dilation and cardiac fibrosis. Furthermore, statins lower LDL-cholesterol and reduces ischemia and its adverse effects (206,207).

***f. Endothelin Antagonists:***

Several experimental studies have shown the beneficial effects of ET antagonists on cardiac remodeling either by ETA receptor blockade or ETA and ETB receptor blockade in CHF and increase survival (208-211). However, adverse effects of ETA blockade have also been reported by several investigators (129,212). When these agents are used early following MI, they may impair scar healing and lead to ventricular dilation. In contrast, this is not the case with combined ETA and ETB blockade with

bosentan (213). But in chronic stages of MI, both agents affect the remodeling to the similar extent. Sakai and colleagues (214) used BQ-123 in rats with chronic MI and showed significant reduction in cardiac hypertrophy and chamber dilation. Bosentan, an oral nonpeptide and a dual ET receptor antagonist is a novel drug, which is shown to improve ventricular remodeling in HF. Chronic administration of this drug in the MI rat HF model significantly reduced adverse cardiac remodeling, decreased LV filling pressures, LV volumes, cardiac fibrosis and catecholamine levels, and increased CO (215). Bosentan has also shown beneficial effects in acute HF, administered 3 hours and 24 hours after coronary occlusion (216,217). 8 weeks of bosentan treatment in the same model resulted in improved cardiac function (218) and normalized cytokine levels (219). Moreover, bosentan has been shown to decrease mortality in rats with CHF (215). Apart from this model, bosentan also attenuated adverse remodeling in Dahl-sensitive rat model (220) and pacing induced rat models of HF (221).

## **F. Surgical Interventions in Ventricular Remodeling**

Despite so many pharmacological interventions for CHF, 50% patients die within 3 years (222). Although cardiac transplantation remains the ultimate surgical therapy for CHF, it is applicable only to small percentage of patients because of unavailability of donors and thus it is necessary to consider alternative surgical approaches in treating end-stage heart disease. Cardiac transplantation is known to have excellent results with survival rate being 85% at the end of one year and 68.5% at the end of five years (223).

### ***a. Surgical Restoration of the Left Ventricle:***

Batista et al (224) were the first to suggest the idea of surgical restoration in



patients with signs and symptoms of CHF with dilated and poorly contracting heart. The main idea of this procedure was to reduce the ventricular volume by partial left ventriculectomy (PLV), by a resection of the lateral free wall of the LV. The rationale of this procedure was to restore wall thickness/wall radius ratio to normal and thereby normalizing wall stress, which in turn reduces workload of the heart and improves cardiac performance. In accordance with Laplace law, reduction in LV intrinsic diameter reduces wall tension and improves systolic performance (224,225). The effects of PLV were assessed using pressure-volume loops (226). PLV was associated with increased EF, reduction in peak wall stress, increased synchronization in contraction and relaxation, resulting in efficient cardiac performance. The operation was associated with number of drawbacks such as: (a) the mortality rate ranges between 10% and 25%, (b) outcome of the procedure is unpredictable as there are no fixed patient selection criteria, and (c) although systolic function improved, diastolic function deteriorated postoperatively (227,228). Dor combined septal exclusion with endoventricular patch plasty repair and showed to have more beneficial effects than classic PLV (229). MR that occurs due to the abnormality in movements of LV and displacement of papillary muscles has worse prognosis by exacerbating symptoms of CHF. Infarcted areas are of 2 types, akinetic and dyskinetic. Akinetic segments have thin rim of viable myocardium and do not move during systole while dyskinetic segments are transmural LV infarcts with thin ventricular wall leading to true LV aneurysms (230). The aim of SVR is to exclude these akinetic and dyskinetic segments by reducing volume in anterior and septal portions and thereby to restore LV function and elliptical contour of LV. SVR is commonly performed in conjunction with CABG and mitral annuloplasty.

***b. Coronary Artery Bypass Graft (CABG) Surgery:***

The patient who may require CABG is evaluated by extensive diagnostic screening. Patients who show ischemic or hibernating myocardium in association with hemodynamically evident coronary stenoses, preserved RV function, minimal MR, LVEF of <20% and no major associated medical problems are ideal candidates for CABG (231). Low-dose dobutamine echocardiography or positron emission tomography is used to identify and quantify preoperatively areas of hibernating myocardium (232). In patients with an extensive viable akinetic hibernating myocardium with global ventricular dysfunction, CABG is strongly indicated (233). CABG can also be considered when the patient presents with documented ischemia associated with dyspnea and angina because this procedure is considered to prevent further myocyte deterioration and improve myocyte function.

***c. Correction of Mitral Regurgitation:***

Although LV restoration is considered gold standard procedure to reverse remodeling by removal of a portion of the LV wall in acute stages of HF, correction of MR that was first proposed by Bolling et al (234) is known to reverse the LV remodeling in chronic stages. Hemodynamically, MR is known to worsen the prognosis of patients with CHF (235). Mitral valve repair is often associated with PLV. Presently, it is common procedure to perform mitral valve repair in dilated cardiomyopathic ventricles with severe MR, LVEF <30% and NYHA grade III-IV HF (236). Mitral insufficiency results from enlargement of the mitral annular ventricular apparatus with significant loss of valve leaflet coaptation (237-239). Often there occurs ventricular dilation due to functional restriction of the posterior leaflet.

In patients with dilated cardiomyopathy, mitral insufficiency is considered to be a predictor of low survival (240). The factors on which the severity of MR depends are cardiac geometry, preload and afterload; however, in ischemic dilated cardiomyopathy, the single main determinant of MR is the valvular apparatus, itself. Following an ischemic attack, an extensive geometrical change of the mitral valve occurs, which in turn causes insufficient coaptation of leaflets and MR. Ischemic MR usually results from changes that occur in ventricular geometry, annular dilation and papillary muscle dysfunction.

Mitral valve repair is considered in dilated cardiomyopathy for a morphologically intact but physiologically insufficient mitral valve, whereas mitral annuloplasty leads to readaptation and coaptation of mitral leaflets (236-238). Mitral annuloplasty undersize the mitral annulus by complete encirclage and thereby correct MR. This procedure helps to reverse the spherical shape of the LV contour (238). When leaflet coaptation is >1cm, annuloplasty may not be successful and addition of central “edge-to-edge” stitch abolishes MR by creating a double orifice mitral valve (241). Mitral valve replacement should be considered when the repair is impossible and performed by preserving subchordal attachments, which maintain ventricular geometry and function (242-245). It should be mentioned that whenever patients with CHF present with atrial fibrillation, which may be paroxysmal or chronic that worsens the symptoms, surgical ablation of atrial fibrillation should be considered in such patients (246,247).

#### ***d. Diastolic Support:***

Passive diastolic support is now considered as an adjunct to LV aneurysectomy and mitral valve repair. Dynamic cardiomyoplasty is a procedure in which conditioned

skeletal muscle, such as latissimus dorsi, is pedunculated and wrapped around the failing heart. The main drawback of this procedure is that muscle may undergo fatigue and thus deteriorate the systolic function. Nevertheless, patients had some clinical benefit, which was attributed to the girdling effect of wrapped muscle, which reduces wall stress, and prevent adverse ventricular remodeling (248). Improvement of diastolic function was associated with interrupting many changes including  $\text{Ca}^{2+}$  release, changes in ECM, maladaptive gene expression and myocardial apoptosis (249).

Acorn CorCap is a polyester mesh that is wrapped around the ventricle and thus has a girdling effect on the heart as it provides both flexibility and strength. It is useful in dilated cardiomyopathy and allows it to return to elliptical shape thus decreasing mortality (249). This procedure is performed with concomitant valve repair or CABG. It prevents further dilation and thus reverses cardiac remodeling. Myosplint is another external device, which consist of implantable transventricular splint and two epicardial pads (250). The two-epicardial pads are located on the heart. The splint passes through the heart and connects the pads. The splints are tightened to create two smaller LV chamber and thus a bilobular shape. The pads are adjusted to decrease LV intrinsic diameter. In accordance with Laplace law, wall tension is further decreased which in turn decreases wall stress, as well as improve hemodynamics and reverse cardiac remodeling.

#### *e. Left Ventricular Assist Devices:*

Left ventricular assist device (LVAD) is considered a therapeutic strategy to improve cardiac function and reverse cardiac remodeling. It usually acts as a bridge for HF patients awaiting cardiac transplantation (251). It induces profound cardiac unloading immediately after its implantation, decreasing both preload and afterload, which are

reflected by decreases in left ventricular end-diastolic volume and increases in relative wall thickness (252).

It is also known that LVAD decreases neurohormonal activation including RAAS, SNS, and the AVP and natriuretic peptide systems (253,254). It has also been reported to decrease myocyte size (253,255-258). LVAD also improves myocardial function as measured in isolated myocytes and muscle strips. A clinical study conducted by Frazier et al (259) showed that LVAD support increased LVEF from  $11 \pm 5\%$  to  $22 \pm 17\%$ . At the molecular level, LVAD support induced reversal of genetic expression for SR ATPase, RyR and  $\text{Na}^+ - \text{Ca}^{2+}$  exchange (260). Electrophysiologically, there was secondary decrease in QTc interval in isolated human ventricular myocytes after LVAD implantation (261).

#### *f. Cardiac Resynchronization Therapy:*

Cardiac Resynchronization Therapy (CRT) is known to improve the symptoms and reduce hospitalizations in patients with CHF and intraventricular conduction delay (262-267). Ventricular conduction delays extend MR, reduce LVEF and prolong the pre-ejection time (268,269). In fact, ventricular conduction delays have worst prognosis in patients with CHF (270), and are most frequently due to a left bundle branch block, which is often associated with delayed contraction of LV lateral wall (271).

Atrial sequential left or biventricular pacing in hearts with LBBB can resynchronize the ventricular activation and thus restore the normal contraction by pre-excitation of the left lateral wall (272). CRT can produce the early activation of papillary muscle and can decrease MR as evidenced by a decrease in capillary wedge pressure and an increase in systolic blood pressure when pacing is done from the left lateral wall from the proximity of posterior papillary muscle (273).

## **II. STATEMENT OF THE PROBLEM AND HYPOTHESES TO BE TESTED**

Despite the recent clinical advances in medical and surgical interventions for CHF of ischemic etiology, CHF secondary to MI is still a major cause of death worldwide. Ventricular remodeling is a maladaptive response in CHF and its attenuation is therefore, a principal therapeutic goal (274). CHF model of rats secondary to MI induced by left coronary artery ligation is commonly used as experimental model depicting the alterations similar to those seen in chronic HF in humans (275,276). In this model, hemodynamic measurements made at 8 weeks post-MI showed depressed cardiac function as evidenced by a marked increase in left ventricular end-diastolic pressure (LVEDP) and decrease in mean arterial pressure (MAP) and cardiac contractility ( $\pm$  dP/dt max). This hemodynamic abnormality was associated with structural changes including increases in heart weight to body weight ratio and right ventricular weight to body weight ratio. Since ventricular remodeling is an important predictor of clinical outcome after MI (11,13,277), successful pharmacologic interventions of CHF appear to be associated with attenuation of the LV remodeling process and to decrease mortality in CHF (278,279). In spite of the pharmacological and surgical interventions, many patients continue to experience a progressive decline in cardiac function. Therefore, newer strategies to attenuate ventricular remodeling and function in ischemic heart failure are needed.

CHF is considered as a prothrombotic state in which patients are at increased risk of MI, stroke and venous thromboembolism (280,281,282). These events can lead to sudden death (283) due the arrhythmias. In CHF, antiplatelet agents are used to prevent the aggregation of platelets and commonly used agents include aspirin, clopidogrel and

ticlopidine. In CHF patients who undergo percutaneous transluminal coronary angioplasty (PTCA), the main concern is restenosis of coronary vessels, which is seen in up to 30% to 40% of patients (284). The commonly used antiplatelet agents like aspirin and ticlopidine in CHF have several adverse effects in patients. Clinical trials have demonstrated that aspirin decreases the efficiency of ACE inhibitors in CHF (285,286). Aspirin is also known to have other effects like vasoconstriction (287), which are mediated by inhibiting cyclo-oxygenase and thereby prostacyclin synthesis (288). Recent clinical trials with aspirin and ticlopidine combination was shown to prevent restenosis in coronary vessels after PTCA (289,290) but the main drawback with ticlopidine is that it is known to cause neutropenia and abnormal liver function (291,292). The effects of antiplatelet agents in reversing structural and subcellular remodeling in CHF are not known. Sarpogrelate (SAR), a (5-hydroxy tryptamine) 5HT<sub>2A</sub> receptor antagonist and cilostazol (CIL), a phosphodiesterase-III (PDE-III) inhibitor are newer antiplatelet and antithrombotic agents belonging to two different drug groups and share many pharmacological effects in common. Clinical trials with these agents have shown beneficial effects in preventing restenosis of coronary vessels after stent implantation as well as in preventing platelet aggregation in peripheral vascular disease. We hypothesized that if these agents could also prevent detrimental ventricular remodeling in CHF, it would be beneficial for the patients to use a single drug that can prevent platelet aggregation as well as ventricular remodeling in CHF rather than using multidrug therapy. Thus, the aim of this study was to examine the effects of these antiplatelet agents, SAR and CIL, on LV function and subcellular remodeling, as well as on electrocardiographic (ECG) changes and mortality in post-MI rats. In this study, we

examined a model of MI induced by left coronary artery ligation in the rat, first to correlate the hemodynamic and pathological changes with myofibrillar and SR protein content and gene expression, and next to examine the effects of 5HT<sub>2A</sub> receptor blockade with SAR and PDEIII inhibition with CIL on these alterations.

Myofibrillar Ca<sup>2+</sup>-stimulated ATPase activity is a major parameter, which determines the ability of cardiac muscle to generate contractile force (293). Furthermore, different amounts of myosin heavy chain (MHC) isoforms i.e.,  $\alpha$ -MHC and  $\beta$ -MHC determine the myofibrillar Ca<sup>2+</sup> stimulated ATPase activity (294,295). In CHF, a shift in composition of myosin isoforms has been reported to depress myofibrillar Ca<sup>2+</sup>-stimulated ATPase activity resulting in myocardial contractile dysfunction (295-300). This study was thus undertaken to examine the pattern of changes in MHC isoforms, mRNA levels for  $\alpha$ -MHC and  $\beta$ -MHC and myofibrillar Ca<sup>2+</sup> stimulated ATPase activity in a rat model of CHF. We tested the effects of antiplatelet agents on myofibrillar Ca<sup>2+</sup>-stimulated and Mg<sup>2+</sup> ATPase, MHC isoforms and gene expression in infarcted hearts.

SR plays a significant role in the regulation of contraction and relaxation and also in regulating intracellular concentration of Ca<sup>2+</sup> in cardiomyocytes, by its ability to release and store Ca<sup>2+</sup> (301,138,302). Ca<sup>2+</sup> release channel, ryanodine receptor (RyR) and Ca<sup>2+</sup> pump ATPase (SERCA2a) mediates SR Ca<sup>2+</sup> release and accumulation, while phospholamban (PLB) regulates the SR Ca<sup>2+</sup> pump activity (138,302,303). Previous studies in both humans and animals, on SR have scattered information on SR Ca<sup>2+</sup> release and Ca<sup>2+</sup> uptake activities as well as SR protein content and gene expression in CHF (302-310). In CHF, there occurs a significant alteration in SR protein content and SR Ca<sup>2+</sup> release and Ca<sup>2+</sup> uptake activities, which in turn results in Ca<sup>2+</sup> handling



abnormalities in cardiomyocytes and cardiac dysfunction (302-304,311). In failing hearts, although the alteration in SR gene expression has been shown to modify the molecular structure of SR protein (303), the mechanism of remodeling of SR needs further elucidation. In CHF, previous studies have shown that alteration in SR  $\text{Ca}^{2+}$  uptake and  $\text{Ca}^{2+}$  release activities as well as changes in SR protein content and gene expression for SERCA2a and PLB is related to LV dysfunction and abnormalities in  $\text{Ca}^{2+}$  handling by cardiomyocytes (312,152,313,153,314,315). An improvement of altered SR function is a possible mechanism for the benefit of patients with CHF. However, there are no studies investigating the effects of antiplatelet agents on cardiac SR function in animals with CHF.

As previous studies have shown that  $5\text{HT}_{2\text{A}}$  receptor blockade with Ketanserin and PDEIII inhibition with milrinone and amrinone can prevent cardiac remodeling and improve heart function in CHF due to MI, it is likely that ventricular remodeling, myofibrillar and SR remodeling in the failing heart is prevented by these antiplatelet drugs, SAR and CIL. Accordingly it is planned to examine the effects of SAR and CIL treatment in infarcted rats on LV function, myofibrillar  $\text{Ca}^{2+}$ -stimulated ATPase activity, MHC protein content and gene expression, SR  $\text{Ca}^{2+}$  uptake and release, SR protein content as well as changes in SR gene expression.

### III. MATERIALS AND METHODS

#### A. Experimental Model

All experimental protocols were approved by the Animal Care Committee of the University of Manitoba and follow the guidelines established by the Canadian Institutes of Health Research. MI was induced in male Sprague-Dawley rats (175–200 g) by occlusion of the left coronary artery as described earlier (139). Briefly, the heart in anesthetized animals was exposed through left thoracotomy and the left coronary artery was ligated at about 2 mm from its origin at the aorta. The heart was repositioned in the chest and the incision was closed with a purse string suture. Sham-operated rats were treated in the same way except that the artery was not ligated. Mortality of experimental rats was approximately 35 % within 48 hr.

#### B. Protocol for Drug Treatments

All rats received standard care, kept at 12 hr day/night cycle and were fed rat chow and water *ad libitum*. Three weeks after the operation, animals were assigned to control, untreated infarcted (MI), 5 mg/kg SAR-treated infarcted, 5 mg/kg CIL-treated infarcted group. All drugs were given daily for 5 weeks via a gastric tube starting at 3 weeks after induction of MI; control animals received vehicle alone. A flow chart showing drug treatments is shown in Figure 1.

### **C. Hemodynamic Studies**

Hemodynamic measurements were carried out at 8 weeks post-surgery as described previously by Dixon et al. 1990 (139). Briefly, animals were anesthetized with an intraperitoneal injection of a mixture of ketamine (90 mg/kg) and xylazine (10 mg/kg). The right carotid artery was exposed and cannulated with a microtip pressure transducer (model SPR-249, Millar Instruments, Houston, TX, USA). The catheter was advanced carefully through the lumen of the carotid artery, until it entered the LV, and then was secured with a silk ligature around the artery. Measurements of LV systolic pressure (LVSP), LVEDP, heart rate, rate of pressure development (+dP/dt) and rate of pressure decay (-dP/dt) in anesthetized animals were performed using AcqKnowledge software (3.0.3 MP100, BIOPAC System Inc., Goleta, Calif). After hemodynamic measurements, the abdominal aorta was cannulated and 8-10 ml blood was collected into EDTA-containing ice-chilled vacutainers for catecholamine estimation. Blood samples were centrifuged for 10 min at a speed of 3,000 rpm at 4 °C and the plasma was collected and stored at -70 °C for further analysis. The hearts were removed, the atria and the large vessels were carefully trimmed, and the ventricles were separated and weighed. The LV (including septum) as well as the scar tissue were dissected and weighed. The lungs and the liver from all the animals were also removed and weighed for wet weight; then they were dried in the oven at 60 °C for 48 h and weighed again for dry weight.

### **D. Echocardiography**

The echocardiography was performed at baseline (i.e. 3 weeks post-surgery) and after 5 weeks of treatment (i.e. 8 weeks post-surgery). Transthoracic 2D-guided M-mode

echocardiographic tracings were recorded as described previously (316). Briefly, rats were anesthetized with isoflurane inhalation. Echocardiograms were performed using an ultrasound imaging system (Agilent SONOS 5500) equipped with a S12 phased-array transducer (Agilent Technologies Inc.). A 2-dimensional short-axis view of the LV cavity was obtained at the level of the papillary muscles. M-mode tracings were recorded through the anterior and posterior LV walls at a speed of 100 mm/s. Global LV systolic function was assessed by calculating LV fractional shortening (FS) and LVEF using the formula  $(\text{LV intrinsic diastolic diameter} - \text{LV intrinsic systolic diameter}) \times 100 / \text{LV intrinsic diastolic diameter}$  and  $(\text{LV intrinsic diastolic diameter}^3 - \text{LV intrinsic systolic diameter}^3) \times 100 / \text{LV intrinsic diastolic diameter}^3$ , respectively (316).

#### **E. Electrocardiography**

Electrocardiograms (ECGs, limb leads I, II, III, aVR, aVL and aVF) were recorded at the time of surgery, 24 hours post-surgery, 3 weeks post-surgery and after 5 weeks of treatment (i.e. 8 weeks post-surgery). ECGs were recorded for 5 to 10 min using AcqKnowledge 3.0.3 software for Windows (BIOPAC SYSTEM Inc., Goleta, Calif) on stabilized animals under isoflurane inhalational anesthesia. RR, PQ (or PR when Q wave was not present) and QT intervals were measured. QT intervals were measured from the onset of Q waves until termination of the T waves. Onset of the R wave was used if Q wave was not present. QT was corrected for the heart rate (HR) using Bazett's formula ( $QT_c = QT / \text{square root of RR interval}$ ). RR interval immediately preceding the QT interval was used to correct for heart rate. QRS complex duration was not analysed because QRS complex/T wave transition was ill defined in the recordings.

Pathological Q waves (a negative deflection at least 25 mV in amplitude, preceding the R wave) or QS complexes (in the absence of R wave) were considered as reliable ECG signs of a definite MI in the chronic stage.

#### **F. Infarct Size Estimation**

To determine the extent of myocardial necrosis, scar size in the LV was measured histologically. The heart was excised, and sliced transversely from apex to base into 2 mm thick sections. The sections were incubated in a 1 % solution of triphenyl-tetrazolium chloride (TTC) for 20 min at 37<sup>0</sup> C. The tissue sections were then fixed in a 10% formalin solution and weighed. Normal viable myocardium was stained dark red. Infarcted myocardium fails to stain with TTC. The scar was calculated as % of the LV wall area using the formula:

$$\text{Infarct size/LV mass (\%)} = \frac{\Sigma \text{ Infarct weight}}{\Sigma \text{ Total LV weight}} \times 100$$

#### **G. Determination of Myofibrillar Mg<sup>2+</sup>-ATPase and Ca<sup>2+</sup> stimulated ATPase Activities**

The myofibrillar fraction was isolated as described by Solaro et al. (317) and was suspended in a final solution containing 100 mM KCl, 20 mM Tris-HCl (pH 7.0). Myofibrillar Mg<sup>2+</sup>-ATPase and Ca<sup>2+</sup>-stimulated ATPase activities were determined according to methods used previously in our laboratory (318). Mg<sup>2+</sup>-ATPase activity was measured at 30°C in a medium containing 20 mM imidazole (pH 7.0), 2 mM MgCl<sub>2</sub>, 2 mM Na<sub>2</sub>ATP, 10 mM NaN<sub>3</sub>, 1.6 mM ethylenegluconol-bis (β-aminoethylether) N, N, N', N'-tetraacetic acid (EGTA) and 50 mM KCl. Total ATPase activity was determined in

the same medium except that EGTA was replaced by 10  $\mu$ M of free  $\text{Ca}^{2+}$ .  $\text{Ca}^{2+}$ -stimulated ATPase activity was taken as the difference between values obtained for total and  $\text{Mg}^{2+}$ -ATPase activities. All reactions were terminated at 5 min by the addition of 1 ml of 12 % trichloroacetic acid. These samples were centrifuged at 1000 X g and the phosphate in the protein-free supernatant was determined by colorimetric method.

#### **H. Analysis of Cardiac Myosin Heavy Chain Isoforms**

Cardiac MHC isoforms were determined under denaturing conditions. The  $\alpha$ - and  $\beta$ -MHCs were separated on a 4 % polyacrylamide gel as described previously (319). Equal amount of protein sample (2-4  $\mu$ g protein) was loaded in each well. The electrophoresis was carried out at a constant 220 V for 3-3.5 hr with cooling between 13°C and 17°C and continuous stirring of the buffer. The gels were stained with Coomassie brilliant blue R250 for 2 hr and were destained with 7 % acetic acid by diffusion. The relative amount of isoforms was estimated by Imaging Densitometer (GS-800, Bio-Rad).

#### **I. Determination of SR $\text{Ca}^{2+}$ -uptake and SR $\text{Ca}^{2+}$ -release activities**

SR vesicles were obtained using a method described previously (320-322, 323). LV tissue was pulverized and homogenized in a buffer (10 ml/g tissue) containing (in mM) 10  $\text{NaHCO}_3$ , 5  $\text{NaN}_3$ , and 15 Tris HCl (pH 6.8) with a Polytron homogenizer (Brinkmann, Westbury, NY). The homogenate was centrifuged for 20 min at 11,000 g. The pellet was discarded, and the supernatant was further centrifuged for 45 min at 43,000 g (JA 20 rotor; Beckman). The resultant pellet was resuspended in a buffer

containing 0.6 M KCl and 20 mM Tris HCl (pH 6.8) and centrifuged for 45 min at 43,000 g. The final pellet containing the SR fraction was suspended in a buffer containing 250 mM sucrose and 10 mM histidine (pH 7.0), aliquoted, and frozen in liquid nitrogen before being stored at  $-80^{\circ}\text{C}$ . All buffers used for isolation contained a cocktail of protease inhibitors consisting of aprotinin, leupeptin, 4-(2-aminoethyl) benzenesulfonyl fluoride, and 0.1% phenylmethylsulfonyl fluoride to prevent any degradation of proteins during the isolation procedure.

SR  $\text{Ca}^{2+}$  uptake was measured using a procedure described previously (320–322, 323). The reaction mixture contained (in mM) 50 Tris-maleate (pH 6.8), 5  $\text{NaN}_3$ , 5 ATP, 5  $\text{MgCl}_2$ , 120 KCl, 5 potassium oxalate, 0.1 EGTA, 0.1  $45\text{CaCl}_2$  (20 mCi/l), and 25  $\mu\text{M}$  ruthenium red. The initial free  $\text{Ca}^{2+}$  concentration in this medium, determined using the program of Fabiato (324), was 8.2  $\mu\text{M}$ . Ruthenium red was added as an inhibitor of the  $\text{Ca}^{2+}$  release channel. The reaction was initiated by adding SR vesicles (20  $\mu\text{g}$  protein) to the reaction mixture at  $37^{\circ}\text{C}$  and was terminated after 1 min by filtration. The filters were washed, dried, and counted in a beta scintillation counter. SR  $\text{Ca}^{2+}$  uptake at 1 min was found to be in the linear range.

The  $\text{Ca}^{2+}$  release activity of SR vesicles was determined by a method described earlier (325). Briefly, the SR fraction was incubated with 10  $\mu\text{M}$   $45\text{CaCl}_2$  (20 mCi/ml) and 5 mM ATP for 45 min in a medium containing (in mM) 100 KCl, 5  $\text{MgCl}_2$ , 5  $\text{NaN}_3$ , 20 Tris HCl (pH 6.8), and 5 potassium oxalate. The  $\text{Ca}^{2+}$  release was induced by addition of 1 mM EGTA and 1 mM  $\text{Ca}^{2+}$  to the reaction mixture and terminated at 15 s by Millipore filtration. Radioactivity in the filter was counted in 10 ml of scintillation fluid by using a

liquid scintillation counter (Beckman Instruments). Treatment of the SR preparation with 20  $\mu$ M ryanodine prevented 95–100% of this  $\text{Ca}^{2+}$  induced  $\text{Ca}^{2+}$  release.

#### **J. Relative Content of SR $\text{Ca}^{2+}$ cycling Proteins**

The relative protein content of SR  $\text{Ca}^{2+}$  cycling proteins, SERCA2a, RyR as well as PLB and its phosphorylated form, serine<sup>16</sup> PLB, were determined by Western blot analysis as described previously (321,322,323). SR samples (20  $\mu$ g) were separated by SDS-polyacrylamide gel electrophoresis on a gradient gel (4–20 %) (for RyR), 10 % (for SERCA2a) and 15 % (for PLB and serine<sup>16</sup> PLB) gels and transferred to polyvinylidene difluoride membranes. Membranes were probed with a monoclonal anti-RyR antibody and monoclonal anti-SERCA2a antibody obtained from Affinity Bioreagents (Golden, CO), as well as monoclonal anti-PLB polyclonal antibody obtained from Upstate Biotechnology and polyclonal anti-serine<sup>16</sup> PLB antibody obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Appropriate secondary antibodies were used, and the antibody-antigen complexes in all membranes were detected using the ECL kit (Amersham Life Science, Oakville, ON, Canada). An imaging densitometer (model GS-800; Bio-Rad, Hercules, CA) was used to scan the protein bands, and data were quantified using Quantity One 4.4.0 software (Bio-Rad).

#### **K. Isolation of Total RNA and Northern Blot Analysis**

Total RNA was isolated from the viable LV (including the septum) of sham control and experimental rats with or without drug treatment by the acid guanidinium thiocyanate-phenol-chloroform method (TRIzol Reagent, GIBCO-BRL Life



Technologies, Burlington, ON, Canada), as described previously (326,327). Briefly, frozen samples of viable LV were ground with a pestle and mortar and homogenized with a Polytron (model PT3000) at 12,000 rpm twice for 15 s each, with 20 s between homogenizations, in the presence of 1.5 ml of TRIzol Reagent. The mixture was cooled on ice for an additional 15 min and centrifuged at 12,000 g (model J2-HS, Beckman Instruments) for 10 min at 4°C. The supernatant was incubated with chloroform (0.3 ml/sample) for 5 min at room temperature and then centrifuged at 12,000 g for 15 min at 4°C. The RNA containing the upper aqueous phase was kept at -20°C for 4 hr after addition of 0.75 ml of isopropyl alcohol. After centrifugation at 12,000 g for 10 min at 4°C, RNA pellets were suspended in 75% molecular biology-grade ethanol diluted with diethyl pyrocarbonate (DEPC)-treated water. After sedimentation at 12,000 g for 10 min at 4°C, RNA pellets were washed again with 75% ethanol, centrifuged at 12,000 g for 10 min at 4°C, and vacuum dried by Speed Vac (model SC110, Savant Instruments, Farmingdale, NY). Samples were dissolved in DEPC-treated water, and the RNA concentration was calculated from the absorbance at 260 and 280 nm with SPECTRAMax PLUS (Molecular Devices, Sunnyvale, CA). The final RNA pellet was resuspended in sterile distilled water containing 0.1% DEPC and stored at -70°C. Total RNA (20 µg) was denatured at 65°C for 10 min and size fractionated on a 1.2% agarose gel containing 1.1 M formaldehyde. The blotted samples were transferred onto nylon membranes (Schleicher & Schuell, Keene, NH), UV cross-linked, and hybridized to randomly primed Cdna

## **L. Data Analysis**

15-20 animals were randomly selected for data analysis from each experimental group. Data are expressed as means  $\pm$  S.E.M. Statistical differences of the mean values were evaluated by Student's t-test, paired or unpaired as appropriate, and one-way ANOVA at a level of significance  $P < 0.05$ . Mortality was analysed using Kaplan Meier survival analysis.

## **IV. RESULTS**

### **A. Mortality in Untreated and Drug-treated Rats**

Out of 210 rats that underwent coronary ligation or sham operation, 71 rats died within the first 48 hours after surgery, which corresponds to 34 % mortality. 5 rats died in untreated MI group during 48 hr post surgery to 21days. We lost 10/36 rats during the 3-8-week post-operative (treatment-equivalent) period in the untreated MI group, 4/35 animals died in the SAR group and 13/34 animals died in the CIL group. There was no animal loss in the sham group of 29 rats. The data on mortality, as well as Kaplan Meier Survival plot for all groups is shown in Figure 2.

### **B. General Characteristics, Infarct Size and Cardiac Contractile Function**

The general characteristics of sham-operated, MI-untreated, SAR-treated and CIL-treated animals are shown in Table 1. Body wt was significantly decreased in untreated MI group compared to control animals. Untreated MI rats had clinical signs of CHF, i.e. lung congestion as reflected by the increased lung wet/dry wt ratio, ventricular chamber enlargement, RV hypertrophy, pulmonary edema and ascites. Ligation of the coronary artery resulted in scar formation with well-defined borders (Figure 3); however, no change in infarct size among different group was seen. Treatment with SAR and CIL led to significant decrease in total ventricular wt, RV wt, ventricular/body wt ratio and lung wet/dry wt ratio. There was no change in scar wt irrespective of treatment since the treatment was started in the chronic stage of MI when the scar is already formed (Table 1).

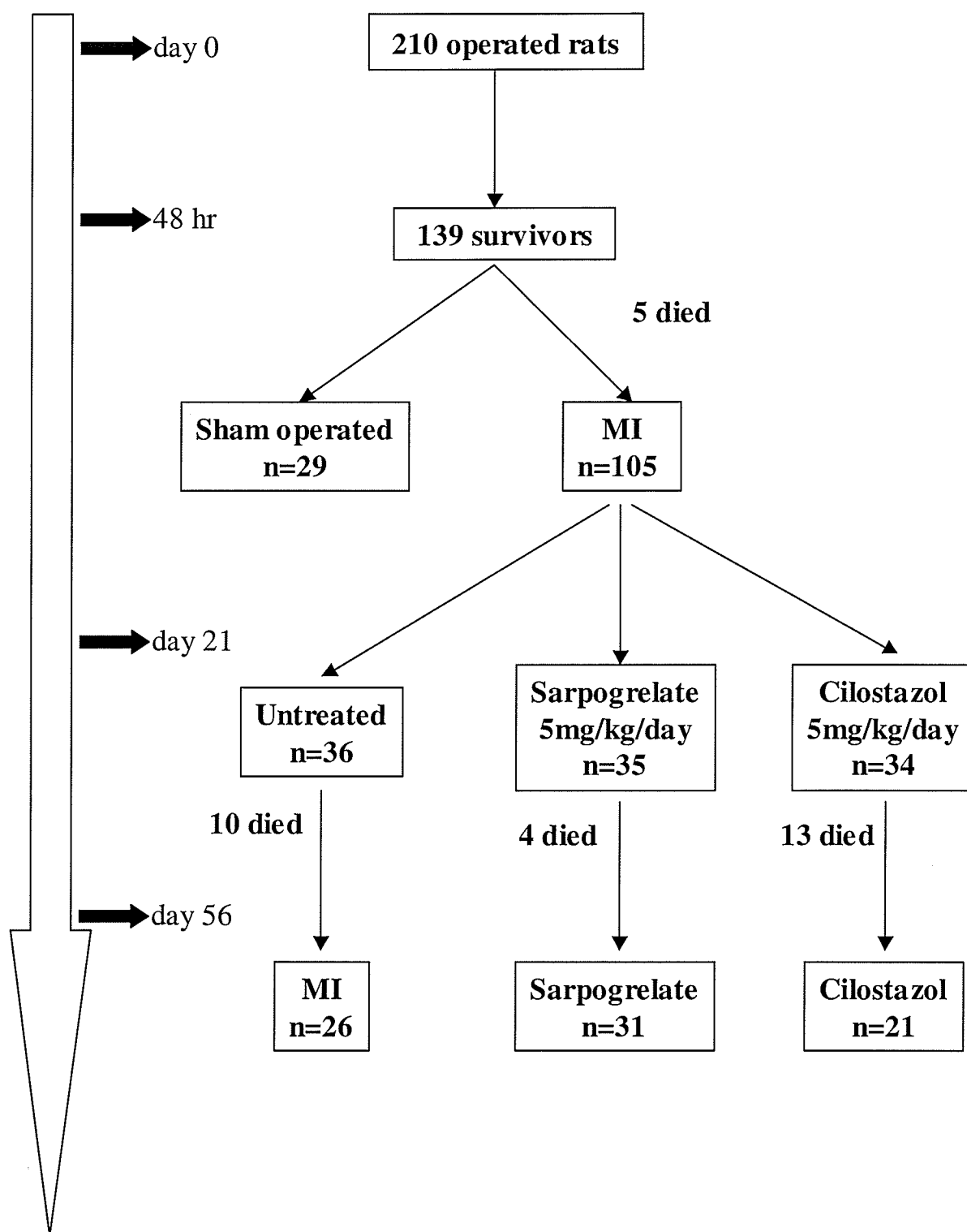


Figure 1. Flow diagram of various groups of rats according to the presence of MI and treatment with SAR or CIL

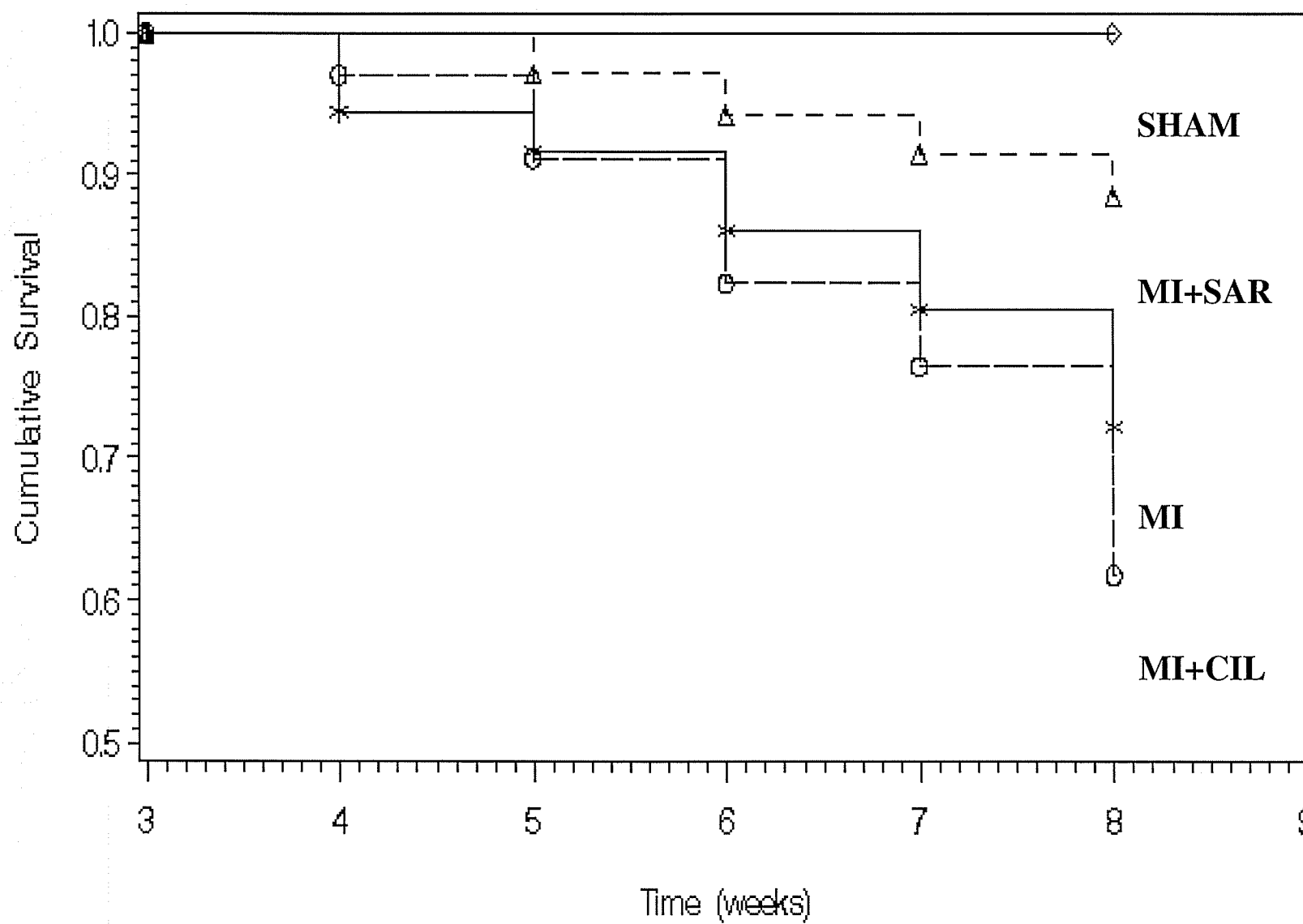


Figure 2. Kaplan Meier Survival Curves of sham, MI, SAR-treated and CIL-treated groups

**Table 1****General characteristics of sham, MI, SAR-treated and CIL-treated groups**

	SHAM	MI	MI + SAR	MI + CIL
<b>Body weight (g)</b>	573 ± 14.57	510 ± 8.99 *	529 ± 4.76	524 ± 10.60
<b>Ventricular wt (mg)</b>	1.31 ± 0.03	1.52 ± 0.04 *	1.39 ± 0.04 #	1.38 ± 0.03 #
<b>Ventricular wt/Body wt (mg:g)</b>	2.38 ± 0.02	3.03 ± 0.09 *	2.71 ± 0.08 #	2.77 ± 0.08 #
<b>RV (mg)</b>	0.28 ± 0	0.43 ± 0.03 *	0.32 ± 0.01 #	0.31 ± 0.02 #
<b>Scar wt (mg)</b>	---	0.17 ± 0.01	0.16 ± 0.01	0.16 ± 0
<b>Infarct size/LV mass (%)</b>	---	19.86 ± 2.31	19.53 ± 1.74	19.46 ± 0.42
<b>Lungs wet/dry ratio</b>	4.52 ± 0.05	5.09 ± 0.09 *	4.82 ± 0.04 #	4.79 ± 0.07 #
<b>Liver wet/dry ratio</b>	3.17 ± 0.02	3.27 ± 0.04	3.25 ± 0.05	3.24 ± 0.02

Values are means ± SE; n=15-20 animals for each group. MI, myocardial infarction; LV, left ventricle; RV, right ventricle; SAR, Sarpogrelate; CIL, Cilostazol. \* P<0.05, significantly different from sham control group. # P<0.05, significantly different from MI group.



Figure 2. Triphenyl Tetrazolium Chloride (TTC) stained sections of sham, MI, SAR-treated and CIL-treated groups

Hemodynamic parameters obtained from the different experimental groups 8 weeks after surgery are shown in Table 2. Infarcted animals had significantly higher heart rate and developed LV dysfunction with decreased LVSP, MAP,  $+dP/dt$ ,  $-dP/dt$  and elevated LVEDP compared to control animals. The LVEDP was reduced, whereas the  $\pm dP/dt$ , LVSP and MAP were increased towards sham levels in SAR-treated and CIL-treated groups compared with untreated MI. Heart rate was significantly increased in untreated-MI. Although SAR and CIL treatments decreased the heart rate compared to MI rats, the values did not reach statistical significance.

### **C. Alterations in Echocardiographic Parameters**

In order to obtain information on the myocardial contractile state, cardiac function was assessed by echocardiography and compared with the control models. Figure 4 shows representative 2D and M-mode echocardiographic tracings from each experimental group. By 3 weeks after surgery, all ligated animals developed severe systolic dysfunction evidenced by a dramatic 50 % drop in EF (Table 3). In the following 5 week period, EF values did not show worsening or improvement in the untreated-MI group. As shown in Figure 4 and Table 3, contractile dysfunction in these animals was accompanied by an increase in both systolic and diastolic LV diameters compared to sham controls. Compared to untreated MI, a 5-week treatment with SAR and CIL significantly improved EF and LV diameters to similar extent.

Changes in CO and SV showed similar tendency as EF. At 8 weeks after coronary artery ligation, CO dropped by 27% and SV by 30% in the absence of antiplatelet drug



**Table 2**  
**Hemodynamic parameters of sham, MI, SAR-treated and CIL-treated groups**

	SHAM	MI	MI + SAR	MI + CIL
<b>Arterial SP (mm Hg)</b>	135.81 ± 5.59	94.64 ± 2.86 *	118.81 ± 4.47 #	119.65 ± 2.55 #
<b>Arterial DP (mm Hg)</b>	92.45 ± 4.06	61.25 ± 2.3 *	87.07 ± 4.61 #	87.50 ± 3.07 #
<b>MAP (mm Hg)</b>	112.87 ± 3.18	72.37 ± 1.23 *	103.12 ± 4.39 #	100.41 ± 2.70 #
<b>LVSP (mm Hg)</b>	127.58 ± 4.22	88.30 ± 2.30 *	114.59 ± 4.61 #	106.92 ± 2.56 #
<b>LVEDP (mm Hg)</b>	8.31 ± 0.38	19.68 ± 0.46 *	11.59 ± 0.64 #	11.70 ± 0.54 #
<b>+dP/dt (mmHg/sec)</b>	8186 ± 290	3306 ± 118 *	6172 ± 216 #	6280 ± 247 #
<b>-dP/dt (mmHg/sec)</b>	6738 ± 561	2740 ± 105 *	4301 ± 220 #	4529 ± 295 #

Values are means ± SE; n=15-20 animals for each group. MI, myocardial infarction; LVSP, left ventricular systolic pressure; LVEDP, left ventricular end-diastolic pressure; +dP/dt, rate of pressure development; -dP/dt, rate of pressure decay; SAR, Sarpogrelate; CIL, Cilostazol. \* P<0.05, significantly different from sham control group. # P<0.05, significantly different from MI group.

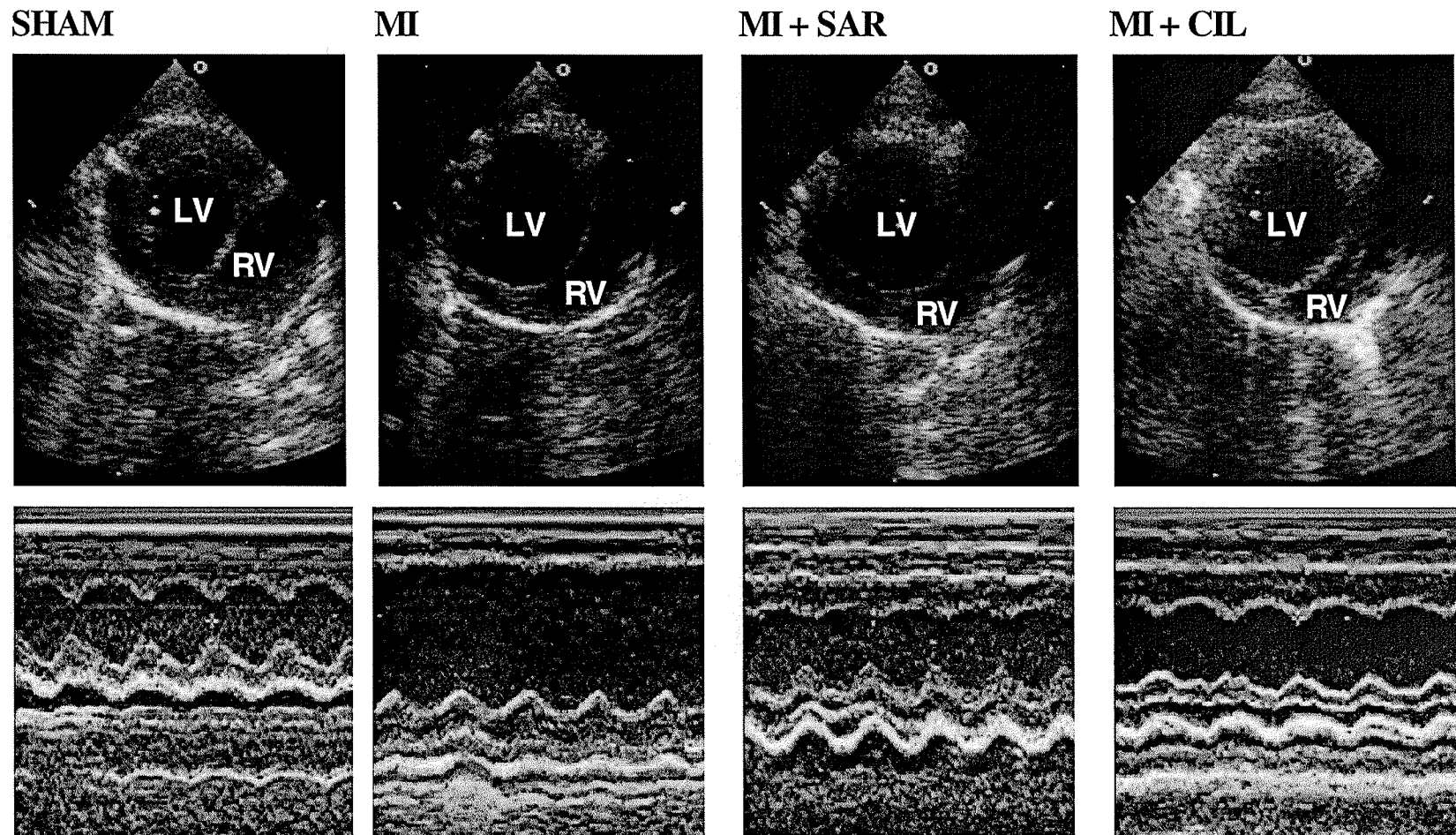


Figure 5. 2D and M-mode images of sham, MI, SAR-treated and CIL-treated groups

treatment. Both SAR and CIL improved CO and SV significantly. Untreated MI rats exhibited a marked increase in LV end-diastolic and LV end-systolic volumes ( $2.66 \pm 0.12$  ml and  $1.71 \pm 0.09$  ml, respectively) compared with sham-operated rats ( $1.02 \pm 0.06$  ml and  $0.22 \pm 0.02$  ml, respectively). Treatment with SAR and CIL partially restored increased LV volumes to control level.

#### **D. Alterations in Electrocardiographic Parameters**

Representative ECG tracings recorded in different experimental groups are shown in Figure 5. The majority of the animals surviving coronary ligation over 48 hr developed pathological Q waves or QS complexes at least in one of the leads of the ECG, indicating the characteristic sign of definite chronic MI. Sham controls were devoid of pathological QRS alterations. As indicated in Table 4, ECGs of failing hearts with chronic MI showed significant increase in PQ (PR), QT and QT<sub>c</sub> and decrease in RR intervals compared to controls. Since ECG results of sham animals at 8 weeks after surgery were not significantly different from those measured before surgery, latter data is not shown here. SAR and CIL treatments had no significant effect on PQ and RR intervals in the infarcted animals. QT<sub>c</sub> was significantly prolonged in untreated-MI rats when compared to sham controls from ( $0.179 \pm 0.002$  sec to  $0.216 \pm 0.003$  sec). Although SAR and CIL groups showed decreased tendency in QT<sub>c</sub> when compared to untreated MI, data didn't reach statistical significance. However, CIL treated rats also showed increased incidence of premature ventricular complexes (PVCs) and ventricular tachycardia (VT) (Figure 4), which may be attributed to increased mortality in this group.

**Table 3****Echocardiographic measurements of left ventricular volumes and intrinsic diameters**

	SHAM	MI	MI + SAR	MI + CIL
<b>LVID<sub>s</sub> (cms)</b>	0.43 ± 0.02	0.99 ± 0.01 *	0.68 ± 0.04 #	0.69 ± 0.03 #
<b>LVID<sub>d</sub> (cms)</b>	0.77 ± 0.02	1.16 ± 0.01 *	0.93 ± 0.03 #	0.97 ± 0.03 #
<b>LVESV (ml)</b>	0.22 ± 0.02	1.71 ± 0.09 *	0.64 ± 0.09 #	0.62 ± 0.07 #
<b>LVEDV (ml)</b>	1.02 ± 0.06	2.66 ± 0.12 *	1.50 ± 0.13 #	1.69 ± 0.13 #
<b>CO (ml/min)</b>	325 ± 26.5	240 ± 27.1 *	342 ± 30.4 #	314 ± 18.3 #
<b>HR (beats/min)</b>	317 ± 3.70 *	355 ± 7.50 *	340 ± 4.60	348 ± 5.40
<b>SV (ml/min)</b>	1.03 ± 0.09	0.72 ± 0.08 *	1.03 ± 0.09 #	1.04 ± 0.06 #
<b>EF (%)</b>				
Before treatment	83.14 ± 1.16	46.52 ± 2.20 *	49.54 ± 1.25	49.89 ± 2.53
After treatment	80.41 ± 1.20	41.89 ± 1.97 *	63.97 ± 2.71 #	68.61 ± 1.87 #
<b>FS (%)</b>				
Before treatment	45.88 ± 1.31	20.54 ± 1.36 *	21.70 ± 0.74	22.92 ± 0.79
After treatment	44.21 ± 1.19	15.94 ± 0.75 *	32.75 ± 1.10 #	32.77 ± 1.36 #

Values are means ± SE; n=25-30 animals for each group. MI, myocardial infarction; LVID<sub>s</sub>, left ventricular intrinsic systolic diameter; LVID<sub>d</sub>, left ventricular intrinsic diastolic diameter; LVESV, left ventricular end-systolic volume; LVEDV, left ventricular end-diastolic volume; LVSV, left ventricular stroke volume; SAR, Sarpogrelate; CIL, Cilostazol. \* P<0.05, significantly different from sham control group. # P<0.05, significantly different from MI group

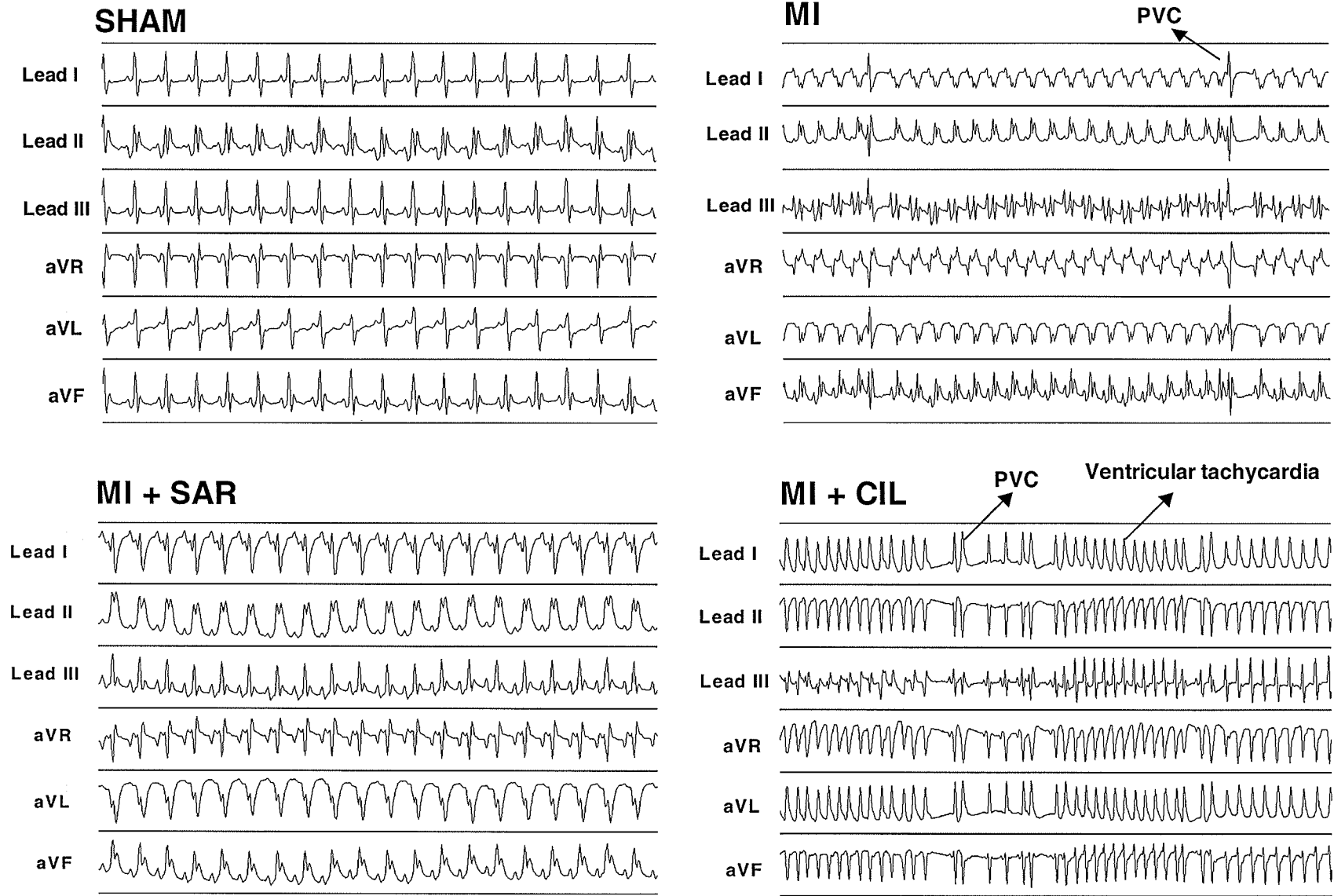


Figure 5. ECG recordings of sham, MI, SAR-treated and CIL-treated groups

**Table 4****Electrocardiographic parameters of sham, MI, SAR-treated and CIL-treated groups**

	SHAM	MI	MI + SAR	MI + CIL
<b>PR interval (sec)</b>	0.051 ± 0.02	0.057 ± 0.001 *	0.057 ± 0.002	0.056 ± 0.002
<b>QRS duration (sec)</b>	0.033 ± 0.01	0.036 ± 0.001 *	0.034 ± 0.001	0.035 ± 0.001
<b>QT interval (sec)</b>	0.077 ± 0.001	0.090 ± 0.001 *	0.090 ± 0.002	0.085 ± 0.002
<b>RR interval (sec)</b>	0.185 ± 0.003	0.174 ± 0.003 *	0.178 ± 0.004 *	0.173 ± 0.006 *
<b>QT<sub>c</sub></b>	0.179 ± 0.002	0.216 ± 0.003 *	0.213 ± 0.002	0.212 ± 0.004

Values are means ± SE; n=15-20 animals for each group. MI, myocardial infarction; SAR, Sarpogrelate; CIL, Cilostazol.

\* P<0.05, significantly different from sham control group. # P<0.05, significantly different from MI group.

### **E. Changes in Myofibrillar ATPase Activities**

The data in Figure 6 show that myofibrils isolated from the viable LV of infarcted hearts exhibited a lower  $\text{Ca}^{2+}$ -stimulated ATPase activity ( $6.07 \pm 0.30 \mu\text{mol Pi/mg/h}$ ) compared with sham-operated rats ( $10.67 \pm 0.44 \mu\text{mol Pi/mg/h}$ ,  $P < 0.05$ ). Treatment with SAR and CIL partially normalized the ATPase activity ( $8.04 \pm 0.25$  and  $8.05 \pm 0.54 \mu\text{mol Pi/mg/h}$ , respectively) (Figure 6). Myofibrillar  $\text{Mg}^{2+}$ -ATPase activity did not show any significant change in different groups.

### **F. Myosin Heavy Chain Isoforms**

The relative protein content of MHC was determined by using a 4-16 % gradient gel stained with Coomassie stain. No significant alterations in the total protein content level of MHC were observed in rats with MI irrespective of the treatment (data not shown).  $\alpha$ - and  $\beta$ -MHC isoforms were separated by using 4 % SDS-PAGE.  $\beta$ -MHC exhibited higher electrophoretic mobility than  $\alpha$ -MHC, which was the dominant (> 90 %) isoform in sham group (Figure 7). In the MI group,  $\alpha$ -MHC isoform was reduced significantly while that for  $\beta$ -MHC isoform was increased markedly (Figure 7);  $\beta$ -MHC isoform was increased in untreated MI hearts from 27.84 % to 55.98 % of total MHC in the viable tissue of LV whereas  $\alpha$ -MHC isoform was decreased from 72.16 % to 44.02 % of total MHC. Antiplatelet drug treatment with SAR and CIL partially prevented the increase in  $\beta$ -MHC as well as the decrease in  $\alpha$ -MHC due to MI.

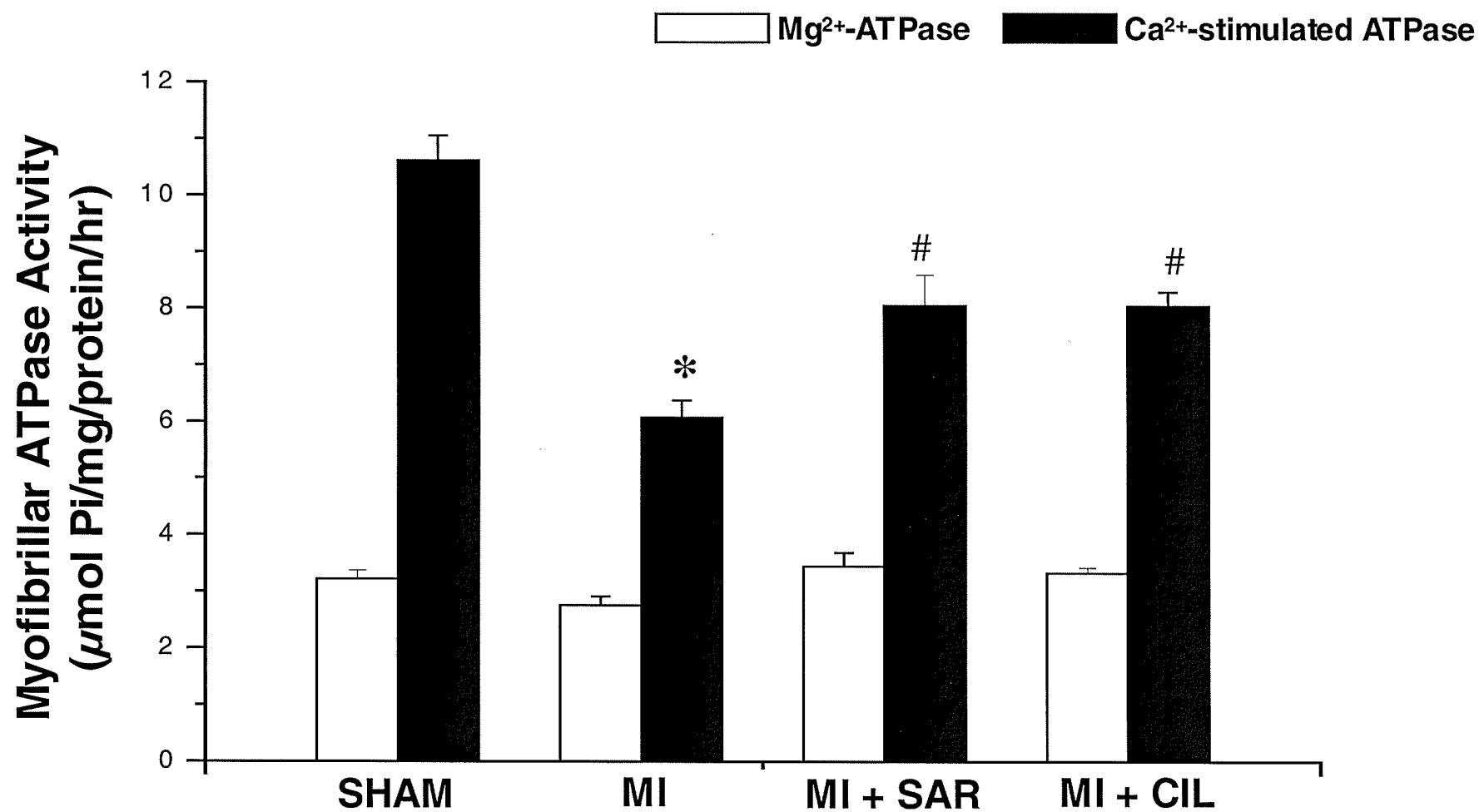


Figure 6. Myofibrillar  $\text{Ca}^{2+}$ -stimulated ATPase and  $\text{Mg}^{2+}$ -ATPase activities of sham, MI, SAR-treated and CIL-treated groups



### **G. SR $\text{Ca}^{2+}$ -Uptake and $\text{Ca}^{2+}$ -Release Activities**

Cardiac  $\text{Ca}^{2+}$  uptake activities were determined in SR vesicles obtained from the viable LV tissue in sham and failing hearts from animals treated with or without antiplatelet agents; results are shown in Figure 8. The SR  $\text{Ca}^{2+}$  uptake was lower in the MI group compared with the sham control group but was improved significantly upon SAR or CIL treatment. The data for  $\text{Ca}^{2+}$  release activities of the SR isolated from different experimental groups are shown in Figure 8. As compared with sham, MI markedly decreased the SR  $\text{Ca}^{2+}$  release activity. Treatment with SAR or CIL prevented decrease in SR  $\text{Ca}^{2+}$  release activity due to MI.

### **H. Effects of Sarpogrelate and Cilostazol on SR Protein Contents**

To study the molecular mechanisms of the beneficial effects of antiplatelet agents, SAR and CIL on SR  $\text{Ca}^{2+}$  transport activities in the infarcted heart, alterations in SR protein content were measured in the sham and infarcted animals with or antiplatelet treatment. Protein contents of the LV SR SERCA2a, RyR, PLB and phosphorylated PLB were identified by enhanced chemiluminescence Western blotting (Figures 9 and 10). The SR SERCA2a, RyR, phospholamban, and phosphorylated PLB protein levels were reduced by 71 %, 62 %, 23% and 63 % respectively, in failing LV (Figures 9 and 10). The reduction in protein contents of cardiac SR SERCA2a, RyR, PLB and phosphorylated PLB in the infarcted animals was prevented by SAR and CIL treatment, significantly.

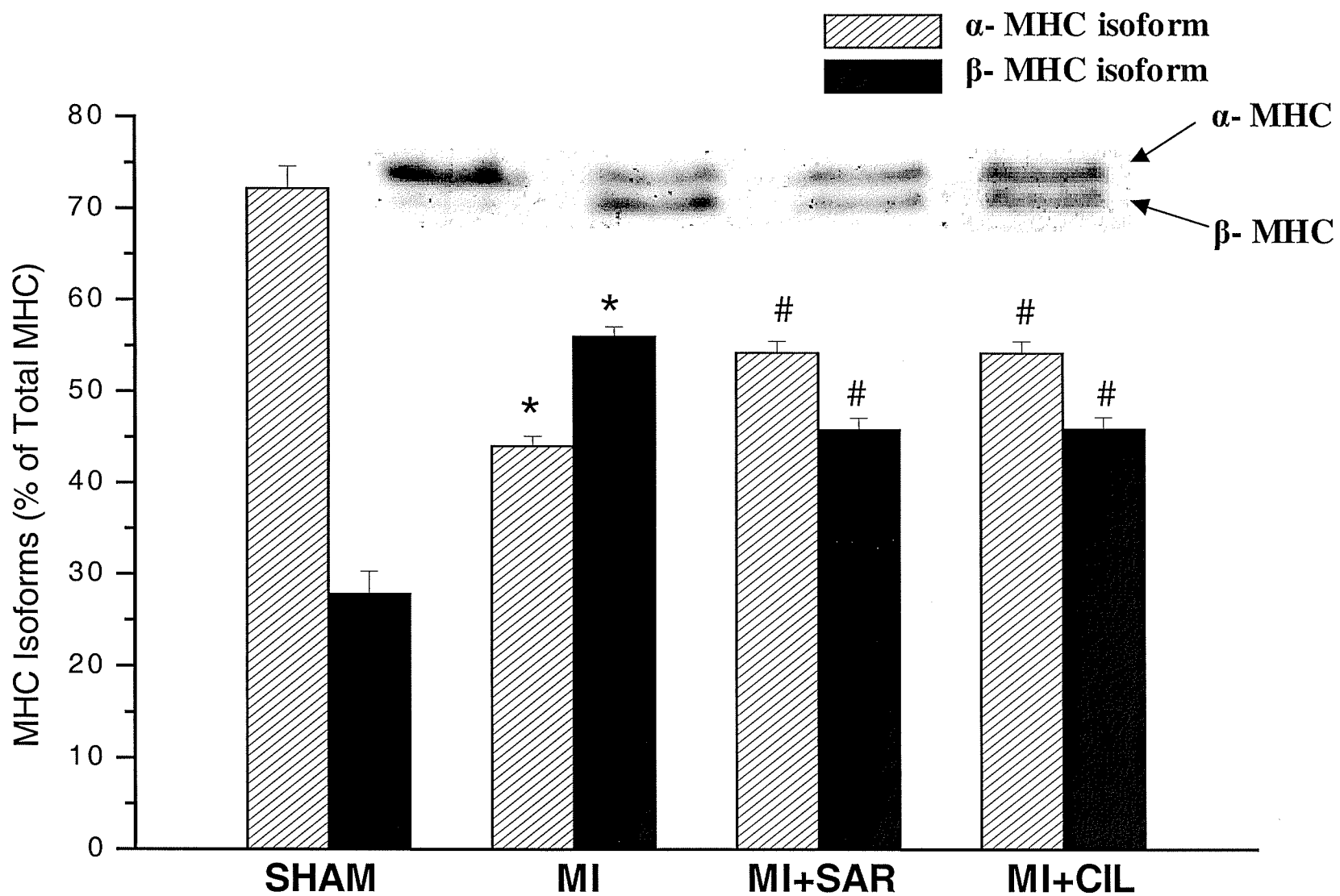


Figure 7.  $\alpha$ - and  $\beta$ - MHC isoforms of sham, MI, SAR-treated and CIL-treated groups

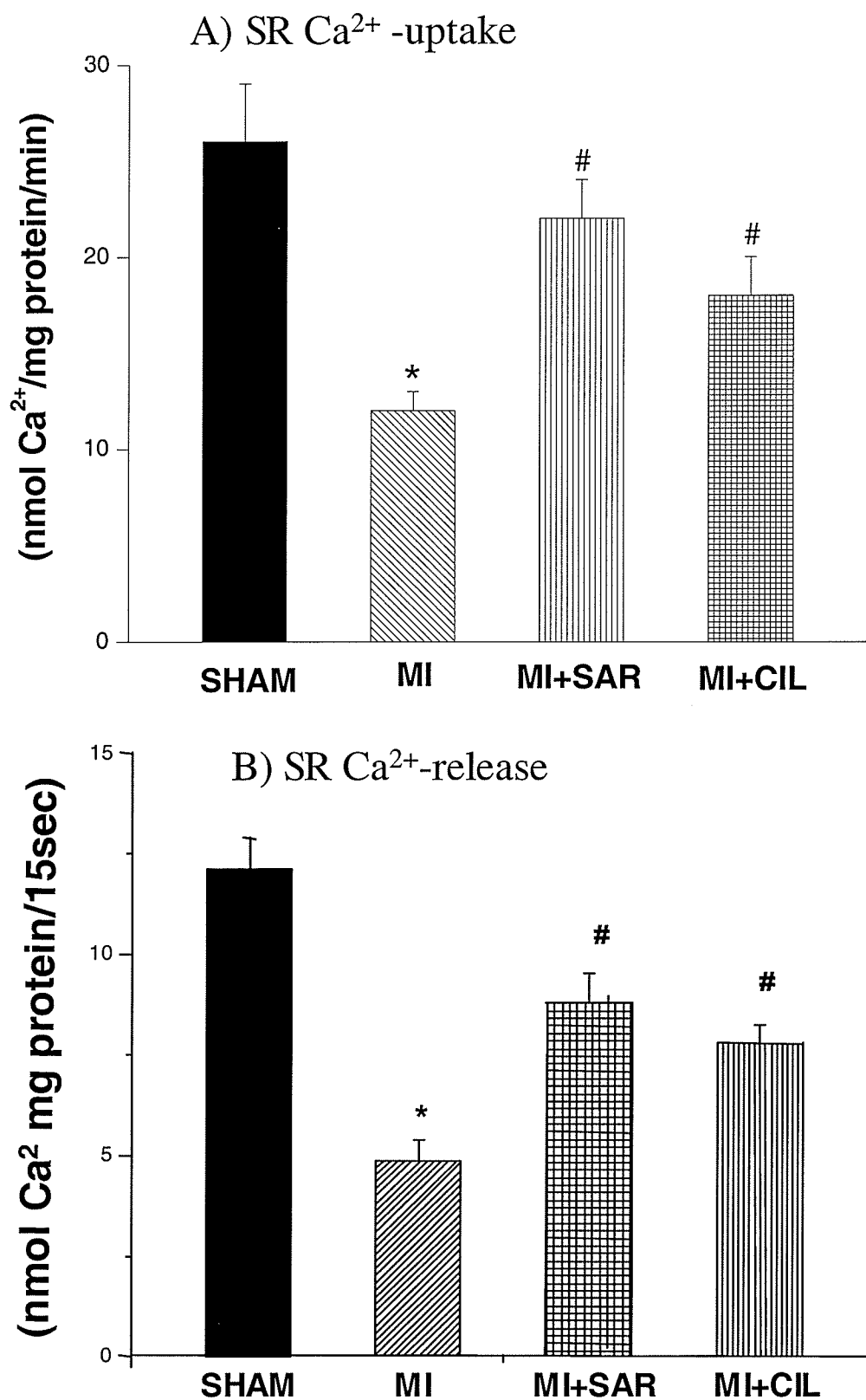


Figure 8. SR  $\text{Ca}^{2+}$ -uptake and  $\text{Ca}^{2+}$ -release activities of sham, MI, SAR-treated and CIL-treated groups

# **I. Effects of Sarpogrelate and Cilostazol on Gene Expression for Myofibrillar and SR Ca<sup>2+</sup>-handling Proteins**

Northern blot analysis of  $\alpha$ -MHC,  $\beta$ -MHC, PLB, SERCA2a and RYR mRNA levels are shown in Figures 11 and 12. The  $\alpha$ -MHC mRNA level was decreased by 70 % and that for  $\beta$ -MHC mRNA was increased by 88 % in LV of the infarcted rats. These changes were significantly reversed by treatment with SAR and CIL. mRNA levels for SERCA2a, RyR and PLB proteins were decreased by 60 %, 45 % and 35 %, respectively. This decrease in LV mRNA levels for the SERCA2 and RyR was prevented by both SAR and CIL treatment. However, SAR and CIL failed to reverse the decreased mRNA levels of PLB.

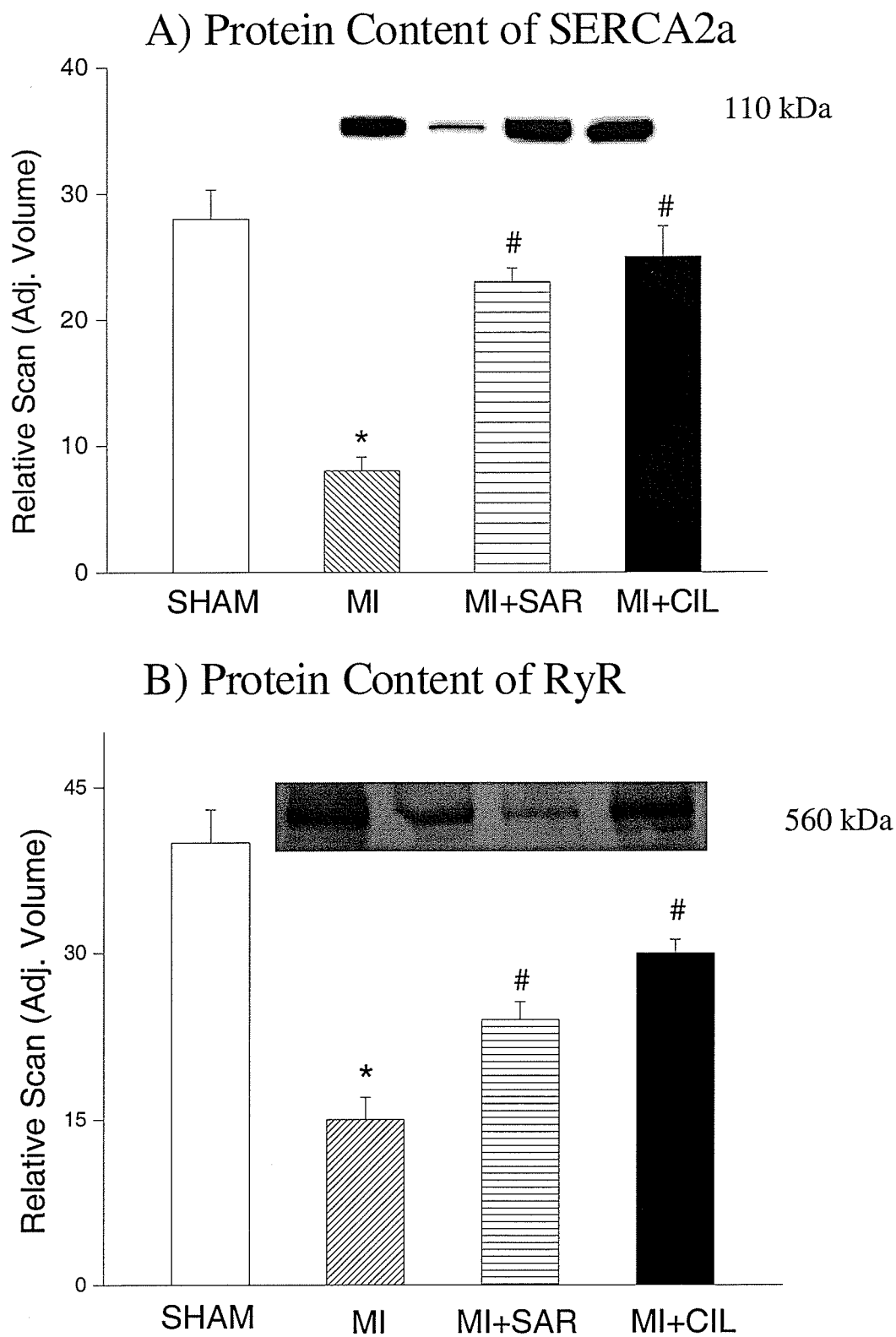


Figure 9. SR protein content of SERCA2a and RyR of sham, MI, SAR-treated and CIL-treated groups

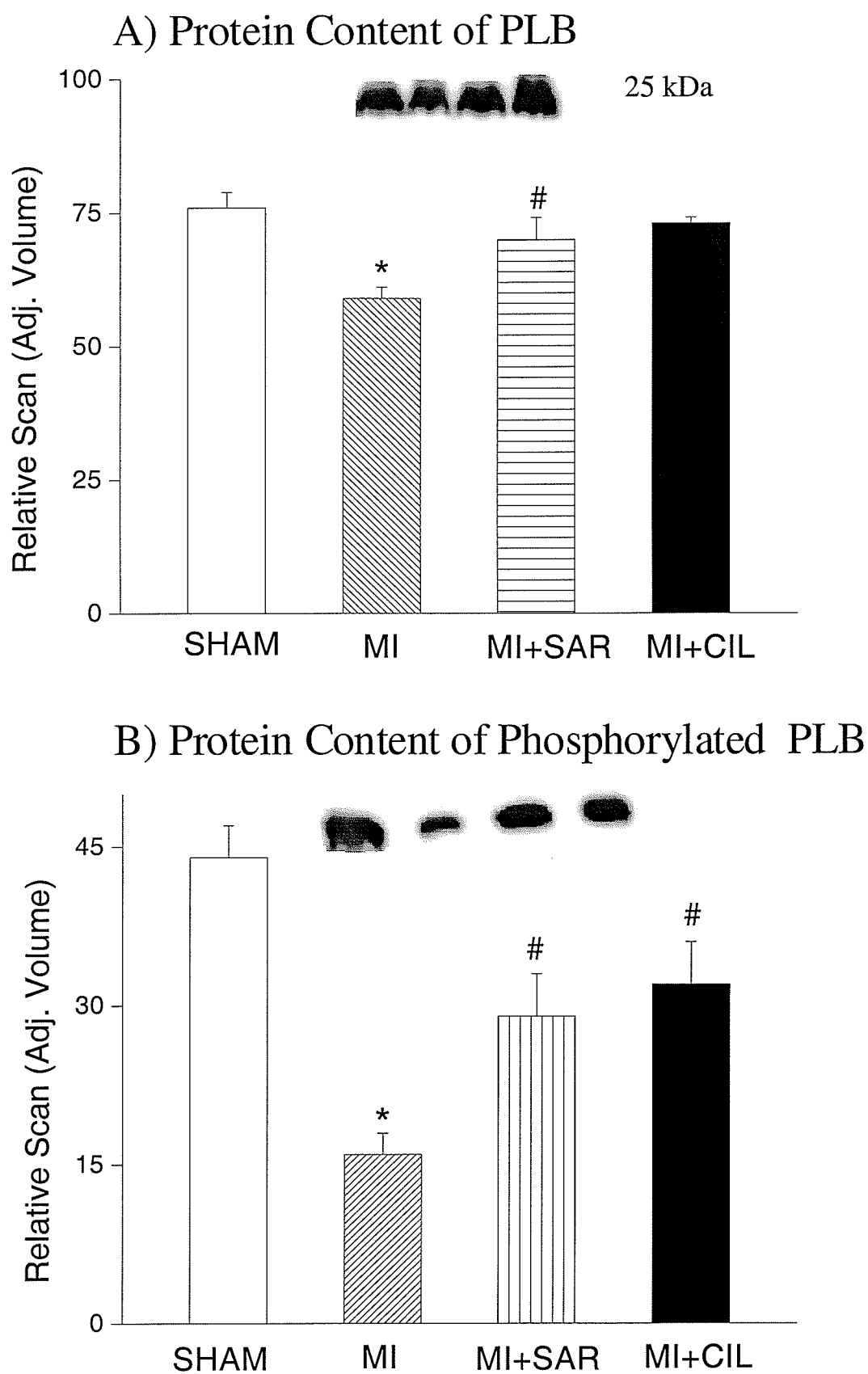


Figure 10. SR protein content of PLB and phosphorylated PLB of sham, MI, SAR-treated and CIL-treated groups

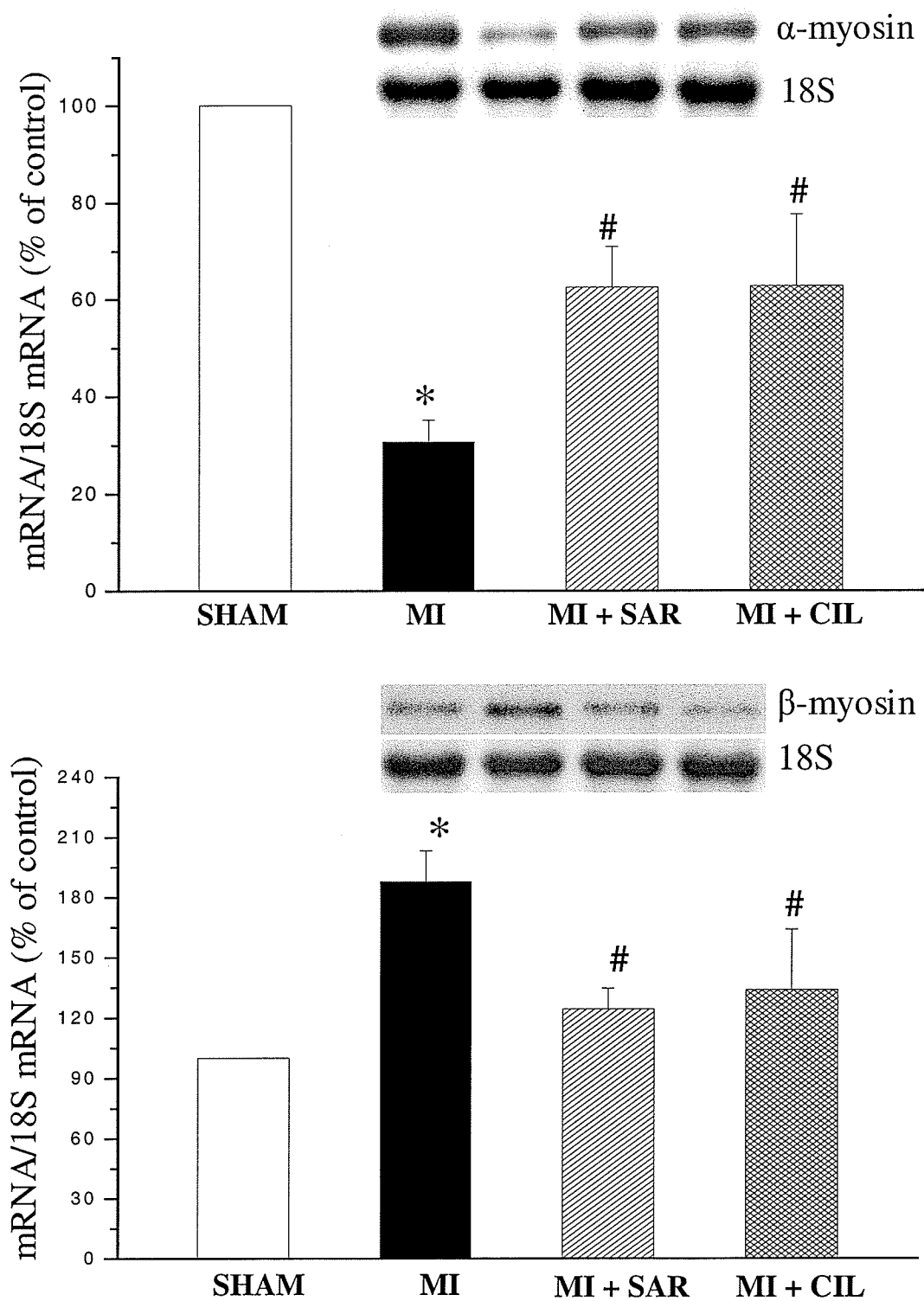


Figure 11. Northern blot analysis for  $\alpha$ -MHC and  $\beta$ -MHC of sham, MI, SAR-treated and CIL-treated groups

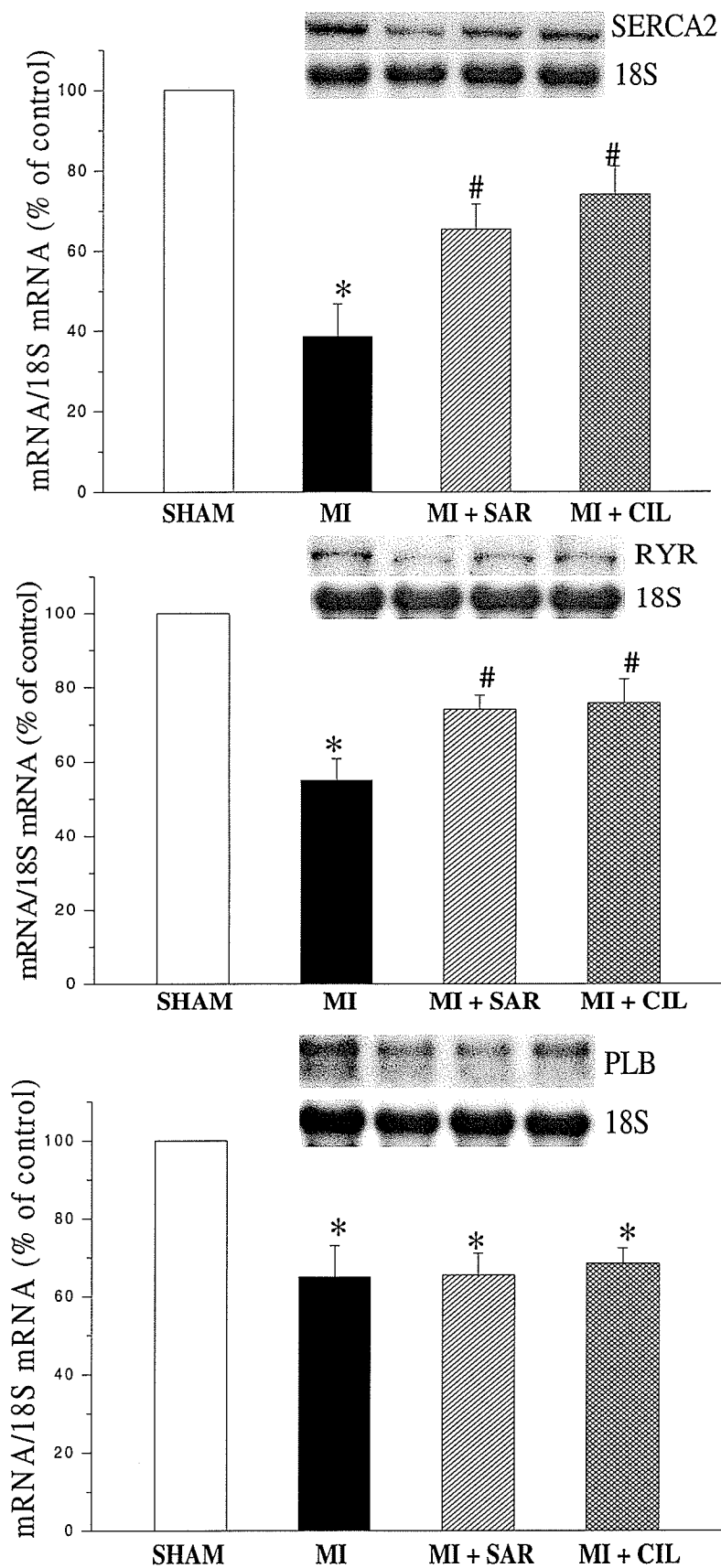


Figure 12. Northern blot analysis for SERCA2a, RyR and PLB of sham, MI, SAR-treated and CIL-treated groups



## V. DISCUSSION

This study demonstrates for the first time that long-term (56 day) therapy with antiplatelet agents SAR and CIL significantly improved cardiac function and attenuated detrimental structural and subcellular remodeling in CHF in rats with large MI. Specifically, in comparison to untreated MI rats, treatment of MI rats with SAR or CIL impeded the development of chronic HF (manifested by reduced lung wt to body wt ratio), preserved LV function and dimensions, reduced LV and RV hypertrophy, increased LVSP, MAP,  $\pm$  dP/dt and decreased LVEDP in the infarcted animals. Both SAR and CIL prevented the depression of myofibrillar  $\text{Ca}^{2+}$ -stimulated ATPase activity, alteration in  $\alpha$ -MHC and  $\beta$ -MHC isoforms and MHC gene expression in MI induced HF. In addition, treatment with these agents attenuated depressions in SR  $\text{Ca}^{2+}$  uptake and  $\text{Ca}^{2+}$  release, SR protein content for SERCA2a, RyR and PLB and SR gene expression for SERCA2a and RyR in the failing hearts. Together, these mechanisms may contribute to the preservation of LV structure and function observed with SAR and CIL treatment after MI in rats. Furthermore, SAR significantly prevented the mortality but CIL increased mortality in this model of HF. The mechanism of this increased survival in SAR needs further elucidation.

To our knowledge, no data are available on the long-term effects of antiplatelet agents on cardiac function, structural and subcellular remodeling in CHF. The CHF model in rats by coronary occlusion is well characterized and the pattern of evolution of overt HF is similar to humans in many features. This model has provided lot of information about the progression of LV dysfunction to HF. After a week of coronary occlusion, rats show signs of HF as evidenced by decrease in systolic blood pressure, increase in heart rate,

LVEDP and LV end-systolic and end-diastolic diameters (13,215,328) followed by LV dilation, which occurs mostly during the first 4 weeks. These changes in LV leads to impaired systolic function as evidenced by progressive decrease in LVFS and LV posterior wall function. CO and SV were found to be significantly reduced in untreated CHF rats.

SAR and CIL treatments in infarcted animals reduced cardiac preload, as illustrated by the reduction of LVEDP. The decrease in blood pressure might also contribute, through decreased oxygen demand, to the beneficial effect of both SAR and CIL in CHF. The increase in lung wt and pulmonary edema in this experimental model may be due to diastolic dysfunction that was favorably modified by both SAR and CIL treatment. Indeed, both the drugs decreased LVEDP and increased rate of pressure development ( $+dP/dt$ ) and rate of pressure decay ( $-dP/dt$ ) without having any significant effect on heart rate. There may be several possible explanations for the improvement in ventricular function by SAR and CIL treatments. Both the drugs tended to lower MAP and LVEDP, suggesting a trend toward a reduction of LV preload and afterload. The changes in the ventricular loading condition by SAR and CIL might improve LV function. Furthermore, decreases in LV load condition might have a favorable effect on cardiac energy metabolism. In this hemodynamic context, SAR and CIL treatments limited the increase in LV cavity enlargement in the failing hearts.

LVFS and LVEF were significantly improved by SAR and CIL treatments. This, together with the hemodynamic effects, as well as the decrease in LV intrinsic diameters and LV dilatation, may induce an improvement of LV filling and an increase in CO and cardiac contractility. This is confirmed in our study, in which SAR and CIL increased CO as well

as SV and prevented the deterioration of global LV function, with significant improvement in  $LV \pm dP/dt$ . The lung wet wt/dry wt ratio of the rats with CHF was attenuated by treatment with SAR or CIL. This indicates that the drugs were effective in improving pulmonary edema in animals with CHF.

#### **A. Effects of antiplatelet agents on myofibrillar remodeling in CHF**

In the present study we have shown that a 5-week treatment with antiplatelet agents, SAR and CIL was found to improve cardiac dysfunction, attenuate the depression of myofibrillar  $Ca^{2+}$ -stimulated ATPase activity, alteration in  $\alpha$ -MHC and  $\beta$ -MHC isoforms, and MHC gene expression in the LV from the infarcted rats.

The present study and previous reports from our laboratory have shown depressed cardiac function and myofibrillar ATPase activity as well as changes in MHC protein and gene expression in post-MI model of CHF (329,330). The observed decrease in myofibrillar  $Ca^{2+}$ -stimulated ATPase activity in failing hearts results in depression of cardiac function since the magnitude of cardiac contractile force is linearly related to myofibrillar  $Ca^{2+}$ -stimulated ATPase activity (331). On the other hand, myofibrillar ATPase activity is vastly determined by the ratio of the expressed MHC isoforms.  $\alpha$ -MHC has a low ATPase activity but produces high cross-bridge force with more economy of energy consumption (332). At the molecular level, the consequence of CHF was studied in failing LV myocardium of explanted human hearts as well as in dogs and it was shown that mRNA gene expression of  $\alpha$ -MHC was significantly reduced and  $\beta$ -MHC was significantly increased compared to normal (333). In rodent models of cardiac hypertrophy and failure, coordinate decrease in  $\alpha$ -MHC and increase in  $\beta$ -MHC mRNA

and protein expression were found to be associated with a reduction in velocity of shortening and other measures of systolic function (334,335,336). This subserves an adaptation to the altered demand. Antiplatelet treatment with SAR and CIL was beneficial as evidenced by an increase in myofibrillar  $\text{Ca}^{2+}$ -stimulated ATPase activity, reversal of  $\alpha$ -MHC and  $\beta$ -MHC isoform changes, increase in  $\alpha$ -MHC mRNA, decrease in  $\beta$ -MHC mRNA and de-induction of the fetal gene program. The changes in MHC gene expression were translated into changes in protein expression, which potentially can explain the improved intrinsic systolic and diastolic function.

#### **B. Effects of antiplatelet agents on sarcoplasmic reticular remodeling in CHF**

In this study, most of the coronary ligated rats had approximately 38% infarction of the LV, 8 weeks after the operation. Afzal and Dhalla (152) have shown that the  $\text{Ca}^{2+}$  uptake activity of cardiac SR isolated from the failing rat heart was significantly decreased when compared to normal hearts. Our findings are compatible with the latter results. Treatment with antiplatelet agents reversed the decreased rate of SR  $\text{Ca}^{2+}$  uptake. Since a decrease in SR  $\text{Ca}^{2+}$  uptake plays a significant role in  $\text{Ca}^{2+}$  handling in the calcium induced calcium release mechanism (337), our results suggest that chronic therapy with antiplatelet agents, SAR and CIL is capable of improving the impaired  $\text{Ca}^{2+}$  handling ability of cardiac SR in CHF.

The ability of cardiac SR  $\text{Ca}^{2+}$  release was also examined in this study. It has been shown previously that the ability of SR to release  $\text{Ca}^{2+}$  is reduced in CHF.  $\text{Ca}^{2+}$  release mechanism plays a key role by which cytoplasmic  $\text{Ca}^{2+}$  concentration is elevated during cardiac contraction (338); the decrease in contraction in failing hearts may be attributed

to a defect in the ability to release  $\text{Ca}^{2+}$  from SR. Treatment with antiplatelet agents significantly reversed this effect, which may contribute to the recovery of cardiac contractile dysfunction in CHF.

The SR plays a significant role in the regulation of cytosolic calcium during EC coupling. SR stores  $\text{Ca}^{2+}$  and releases it into the cytosol to activate the contractile apparatus and  $\text{Ca}^{2+}$  reaccumulates in SR, subsequently. The ability of SR  $\text{Ca}^{2+}$  reuptake rate is mainly dependent on SERCA2a pump activity. In failing hearts, reduced amount of SERCA2a has been suggested as a mechanism for reduced SR calcium reuptake (339,310). SERCA2a mRNA level has been reported to be reduced both in the failing human (308,340,307) and rat myocardium (153). But there are diverging ideas about protein levels of both PLB and SERCA2a. Investigators claim that these proteins are unchanged in CHF (307, 342, 343, 344). It is reported that decreased SR  $\text{Ca}^{2+}$  uptake may occur by a reduction in SERCA2a pump activity without any change in the amount of SERCA2a or PLB. The phosphorylated PLB dissociates from SERCA2a leading to increase in SERCA2a pump activity but the unphosphorylated form inhibits SERCA2a pump activity. PLB is phosphorylated at 2 sites: serine<sup>16</sup> via  $\beta$ -adrenergic pathway and threonine<sup>17</sup> via calcium/calmodulin kinase II (345,346). Protein phosphatases (PP) are also known to regulate the degree of PLB phosphorylation: PP1 and PP2A are known to dephosphorylate PLB (347).

LV relaxation is closely related to  $\text{Ca}^{2+}$  uptake activity namely SERCA2a activity and  $\text{Ca}^{2+}$  uptake activities are enhanced when PLB is phosphorylated by cAMP dependent protein kinase (348). In human failing hearts, serine<sup>16</sup> phosphorylated PLB is shown to be downregulated (343). Furthermore, Schwinger et al. (349), reported decreased levels of

both serine<sup>16</sup> and threonine<sup>17</sup> phosphorylation of PLB. The finding in our study that serine<sup>16</sup> phosphorylated PLB was significantly reduced, indicates a reduction in PKA-dependent PLB phosphorylation in CHF. This reduction in PKA-mediated PLB phosphorylation in CHF may be attributed to changes at various levels of  $\beta$ -adrenoceptor signaling pathways (350,351). The reduction in serine<sup>16</sup> phosphorylated PLB in CHF was attenuated by treatment with SAR and CIL.

The change in SERCA2a activity after decreasing phosphorylation in CHF suggests that the reduction in serine<sup>16</sup> phosphorylated PLB is one important factor determining the observed reduction in SR  $\text{Ca}^{2+}$  reuptake in MI. Previous studies have examined the levels of mRNA and protein for SERCA2a and PLB in various animal models and human HF. The results are controversial. The mRNA levels of PLB and SERCA2a have been reported to be reduced in failing human (352,308,353) and rat (152) hearts. With respect to the protein levels of PLB and SERCA2a there are diverging ideas (310, 342, 354, 355,307). Some investigators also indicated that in the majority of animal models of CHF there would be a reduced RNA and protein levels of SERCA2a and PLB (305).

### **C. Sarpogrelate as an antiplatelet agent in CHF**

SAR is a novel antiplatelet agent used in Raynaud's phenomenon (356), Buerger's disease (357) and to prevent restenosis of coronary vessels after stent implantation (358). Platelets store serotonin and when platelets are disrupted, serotonin is released. The released serotonin can act on the 5HT<sub>2A</sub> receptors of platelets to induce platelet aggregation and on VSM to cause vasoconstriction and both of these responses are responsible for thrombosis. Thus SAR has antithrombotic activity. Plasma 5HT levels

are increased in patients with coronary artery disease after angioplasty and stenting (359). Blockade of 5HT<sub>2</sub> receptors by ketanserin and cinanserine can protect the isolated rat heart against ischemia (343). It is also shown that Cinanserine has a protective effect on pacing-induced HF in dogs (344). However, the role of serotonin and 5HT<sub>2</sub> receptor blockers in myocardial ischemic cellular damage is unclear. The prototype 5HT<sub>2A</sub> antagonist, ketanserin, has shown beneficial clinical effects in CHF when given orally and intravenously. The drug improved mean CO, MAP, pulmonary capillary wedge and right atrial pressures, and systemic vascular resistance, at rest and with exercise (360,361,362,363). Ketanserin has also shown to cause regression of LV hypertrophy with preservation of systolic contractile function in hypertensive patients (364,365). Thus, further experiments are required to elucidate the mechanisms underlying the beneficial effects of SAR. Though the signaling mechanism is not clear for the beneficial effects of 5HT<sub>2A</sub> receptor antagonists in CHF, Nebigil et al. (366), suggested that 5HT<sub>(2A, B, C)</sub> receptors activates phospholipase C, which initiates a rapid release of inositol triphosphate and increases intracellular Ca<sup>2+</sup> levels.

#### **D. Cilostazol as an antiplatelet agent in CHF**

The use of PDEIII inhibitors, which enhances the cyclic adenosine mono phosphate (cAMP) levels, has been viewed as a rational approach for the treatment of CHF, since the production of cAMP is deficient in terminal stages of CHF (367,368). Despite this appeal, there is considerable uncertainty about the long-term efficacy and safety of these drugs in patients with CHF (369,370). It has been postulated by various investigators that uncontrolled and controlled studies with cAMP PDEIII inhibitors may

accelerate the progression of CHF and provoke serious ventricular arrhythmias (370,371,372). PDEIII inhibitors like amrinone, milrinone and vesnarinone have been studied in HF. Milrinone is a potent cardiac bipyridine with inotropic and vasodilator properties (373,374), which has been used to treat patients with CHF. It is known to exhibit beneficial inotropic effect by inhibiting the breakdown of cAMP and, hence, elevating the cellular cAMP (374,375). The cellular cAMP activates cAMP-dependent protein kinases, which results in increase in influx of  $\text{Ca}^{2+}$  (14) and the rate of  $\text{Ca}^{2+}$  uptake by the SR (376).

The inhibition of phosphodiesterase activity by PDEIII inhibitors increases the concentration of cAMP in the cell. There are several mechanisms by which increased levels of (377-380) cAMP may augment myocardial contractility:

(a) phosphorolative modulation of functional cellular proteins increases  $\text{Ca}^{2+}$  influx through the  $\text{Ca}^{2+}$  channels, (b) the cytoplasmic  $\text{Ca}^{2+}$  levels available to troponin is increased by inhibiting the  $\text{Ca}^{2+}$  uptake by SR, and (c) by blocking receptor for endogenous negative inotropic mediator, adenosine. CIL is a newly developed antiplatelet agent with PDEIII inhibitory effect for the management of intermittent claudication and peripheral vascular disease. CIL inhibits platelet aggregation and promotes vasodilation, an effect that is mediated by PGE1 and also in vitro via PDEIII inhibition and subsequent cAMP accumulation in blood platelets and blood vessels (381). Milrinone and amrinone exert positive inotropic effects and peripheral vasodilatory effects and thus improving symptoms of CHF but these drugs are not used in treating intermittent claudication. The reasons for the differences between the pharmacological actions of various PDEIII inhibitors are not known. Antiplatelet drug treatment with CIL



is also shown to prevent restenosis of coronary vessels after stent implantation (382). CREST (Cilostazol for RESTenosis) is an ongoing randomized clinical trial to test the effects of CIL to prevent restenosis following uncomplicated stent implantation.

Our findings indicate that long-term treatment with CIL has a deleterious effect on the survival of rats with CHF. The results of the present trial are consistent with the findings of previous clinical studies carried out with cAMP PDEIII inhibitors like milrinone (371) and enoximone (383) in patients with CHF.

Experimental results in rat model of CHF showed contrasting results: milrinone improved cardiac performance and survival (384,385), attenuated ventricular remodeling to the extent similar to that achieved with ACE inhibitors. To address these discordant findings of experimental and clinical studies with phosphodiesterase inhibitors, we conducted this study with CIL on CHF induced by MI.

#### **E. Electrocardiographic changes and treatment with SAR and CIL**

While ST segment and T wave changes are usually transitory in MI and recover with time, pathological Q waves or QS complexes representing myocardial necrosis and scar formation persist. The relationship between infarct size and Q wave is directly proportional, the greater the depth of the infarct, the deeper the Q waves. A deep QS complex results in complete disappearance of R wave in large infarctions. After MI, remodeling process starts in the remaining working myocardium as well as in the infarcted zone (13). Although the scar cannot be replaced by working myocardial cells, ECG changes might occur. In our experimental conditions, treatment with SAR or CIL induced no marked changes in QRS morphology. PQ interval was found prolonged in

the infarcted animals probably due to compromised AV conduction caused by the extensive MI. Coronary artery occlusion has been reported to produce a marked prolongation of the QT<sub>c</sub> interval (386), which occurs in the acute phase of MI, slowly recovers in the following weeks but it does not necessarily return to normal. QT<sub>c</sub> prolongation is of functional importance because it predisposes the heart for malignant arrhythmias (387). At 8 weeks after MI, prolongation of QT<sub>c</sub> interval was still persisting in untreated MI rats when compared to control animals, which was not altered by either SAR or CIL treatment. In this study we did not focus on the rate of arrhythmias because it would have required longer ECG recordings.

The precise mechanism by which long-term treatment with other PDEIII inhibitors like milrinone that increases mortality in patients with CHF remains elucidation. It has been speculated that, drug induced increases in intracellular cAMP may have directly toxic effects on myocardial cells which can lead to rhythm disturbances (388,389). Despite its favorable effects on hemodynamics and ventricular remodeling, long-term therapy with CIL increases mortality in rats. Scholz and Meyer (390) postulated that cAMP could be arrhythmogenic by several different mechanisms: (a) secondary to cAMP increased rates of diastolic depolarization could lead to abnormal impulse generation, (b) secondary to triggered activity from early or delayed after depolarizations or from provocation of slow responses in depolarized tissues can also lead to abnormal impulses and third, frequency of arrhythmias could be increased by inotropic agents which increase myocardial oxygen consumption.

## VI. CONCLUSIONS

This study was undertaken to test the beneficial effects of antiplatelet agents, SAR or CIL, on LV function and subcellular remodeling in post-MI CHF. From the results obtained in this study, the following conclusions can be drawn-

- 1) CHF in rats is evidenced by decrease in systolic blood pressure, increase in heart rate, LVEDP and LV end-systolic and end-diastolic diameters followed by LV dilation. These changes in LV leads to impaired systolic and diastolic function and were related to depressed myofibrillar ATPase activity as well as decreased MHC protein and gene expression.
- 2) In CHF, alterations in SR  $\text{Ca}^{2+}$  uptake and  $\text{Ca}^{2+}$  release activities as well as changes in SR protein content and gene expression for SERCA2a and PLB are related to LV dysfunction and abnormalities in  $\text{Ca}^{2+}$  handling by cardiomyocytes. The change in SERCA2a activity and decreased SR phosphorylation in CHF suggests that the reduction in serine<sup>16</sup> phosphorylated PLB is one important factor determining the observed reduction in SR  $\text{Ca}^{2+}$  reuptake in MI.
- 3) In view of observed alterations in myofibrillar and SR gene expression and protein contents, it is suggested that ventricular remodeling, systolic and diastolic dysfunction in CHF, may be partly due to the subcellular remodeling of the myofibrils and SR.
- 4) Treatment of infarcted animals with antiplatelet agents, SAR and CIL significantly improved the LV function and reversed the subcellular remodeling in myofibrils and SR due to post-MI CHF. Such changes may be indirectly due to decreases in preload and afterload.

- 5) Though SAR and CIL had beneficial effects to the same extent on overall cardiac function; however, CIL was observed to increase mortality, which may be attributed to VT.

## VII. REFERENCES

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