

CHARACTERIZATION OF ACTH RECEPTORS IN BRAIN AND ADRENAL

by

© Zhen-guo Li

A Thesis  
Submitted to the Faculty of Graduate Studies  
in Partial Fulfillment of the Requirements  
for the Degree of

DOCTOR OF PHILOSOPHY

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## ABSTRACT

Adrenocorticotropin (ACTH) receptors in brain and adrenal were characterized at levels of specific binding and post-receptor events. The high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to membrane from bovine adrenal cortex was inhibited by vasoactive intestinal peptide (VIP), growth hormone releasing factor (GRF) and dynorphin<sub>1-13</sub> (DYN), but not by other peptides tested. These same peptides each enhanced steroidogenesis in isolated bovine adrenal cortical cells in a dose-dependent manner. ACTH competed for  $^{125}\text{I}$ -VIP binding in membranes from rat brain and bovine adrenal cortex. The combination of VIP and ACTH, each at submaximally effective concentration, was additive in stimulating cortisol production, whereas each combined at a maximally effective concentration caused no additive response. These results, in conjunction with previous findings that the high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to membrane from rat brain was potently inhibited by VIP, GRF and DYN, indicate that these peptides interact with a common species of receptor for ACTH.

Maximally effective concentrations of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> each elicited cortisol secretion in isolated or cultured bovine adrenocortical cells that was only about one-half that by ACTH<sub>1-24</sub>. The combination of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> promoted cortisol release to the maximal level elicited by ACTH<sub>1-24</sub>. Maximal cortisol release by ACTH<sub>11-24</sub>, but not by ACTH<sub>1-10</sub> or ACTH<sub>1-24</sub>, was enhanced by forskolin. Vanadium in a dose-dependent fashion inhibited cortisol secretion elicited by ACTH<sub>1-10</sub> and ACTH<sub>1-24</sub>, but not by ACTH<sub>11-24</sub>. In bovine adrenal membranes, both ACTH<sub>1-10</sub> and ACTH<sub>1-24</sub> induced cAMP formation, whereas ACTH<sub>11-24</sub> was inactive. These observations indicate that there are at least two classes of receptors mediating ACTH<sub>1-24</sub> dependent steroid secretion, one recognizing ACTH<sub>1-10</sub> and coupled with the cAMP messenger pathway, and the other

recognizing ACTH<sub>11-24</sub> and linked to a non-cAMP messenger system.

Maximal cortisol production in response to VIP, GRF and DYN was only about one-half that by ACTH<sub>1-24</sub>. There was an additive steroidogenic effect of VIP plus ACTH<sub>1-10</sub> but not VIP plus ACTH<sub>11-24</sub>. Specific binding of <sup>125</sup>I-ACTH<sub>11-24</sub> in adrenal membranes was inhibited by unlabelled VIP, GRF and DYN, but not by ACTH<sub>1-10</sub>, peptide T (PEP T) and other peptides, e.g. thyrotropin releasing hormone (TRH),  $\alpha$ -melanocyte stimulating hormone ( $\alpha$ -MSH) and  $\beta$ -endorphins ( $\beta$ -END). These binding and functional studies, together with the existence of homologous amino acid sequences, indicate that VIP, GRF and DYN compete for a subpopulation of ACTH receptors that recognizes a moiety within the 11-24 sequence of the ACTH molecule.

## Introduction

The previous finding in this laboratory that high affinity specific binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to rat brain membrane was potently inhibited by VIP, GRF and DYN raised the question as to whether these binding sites represent receptors for ACTH?. To resolve this question, and as an extension of the first successful demonstration achieved by our laboratory of high affinity specific  $^{125}\text{I}$ -ACTH binding sites in rat brain, the ACTH receptor has been further investigated in terms of 1) interaction of ACTH binding sites with other neuropeptides mentioned above, and 2) the cellular effects mediated by ACTH binding sites.

### Interaction of ACTH, VIP, GRF and DYN for binding sites

Although high affinity binding sites have been described in brain for most of neuropeptides, those for ACTH binding in brain have been elusive, probably due to an extraordinary property of ACTH to adhere to surfaces and the loss of biological activity during iodination of ACTH molecule. After siliconizing all labware with SurfaSil, adding BSA to ACTH preparations, and using a biologically active radioligand,  $^{125}\text{I}$ -[Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub>, two specific high affinity  $^{125}\text{I}$ -ACTH binding sites were revealed with dissociation equilibrium constants ( $K_D$ ) of  $0.65 \pm 0.47$  nM and maximal binding capacity ( $B_{\text{max}}$ ) of  $21 \pm 14$  fmol/mg; and low affinity site with  $K_D$  of  $97 \pm 48$  nM and  $B_{\text{max}}$  of  $3.6 \pm 1.8$  pmol/mg (Hnatowich et al., in press).

VIP was discovered in V. Mutt's laboratory in Stockholm from one of the peptide fractions which remained after the purification of secretin from hog upper intestinal tissue (Said and Mutt, 1970, 1972). Porcine VIP is a highly basic peptide with 28 amino acid residues and belongs to



a family of peptides composed of secretin, glucagon, gastric inhibitory peptide (GIP), growth hormone releasing hormone (GRF), peptide with N-terminal histidine and C-terminal isoleucine amide (PHI), human peptide with N-terminal histidine and C-terminal methionine (PHM), corticotropin-releasing factor (CRF), sauvagine, urotensin I, and helodermin (Said, 1986). VIP has been paid more attention in this study because of its stimulation of steroidogenic and cAMP formation. Binding of VIP to brain membranes was first reported in guinea pig by Robberecht et al. (1978). Two classes of binding sites were shown, one with an apparent  $K_D$  of 36 nM and  $B_{max}$  of 4 pmol/mg protein and a second with an apparent  $K_D$  of 285 nM and  $B_{max}$  of 20 pmol/mg protein. The specificity of the VIP receptor was examined by the same group in 1979. Among the nine peptides tested, only VIP, [Gln<sup>9</sup>,Asn<sup>15</sup>] secretin<sub>5-27</sub>, [Val<sup>5</sup>] secretin and secretin were shown to inhibit the binding of <sup>125</sup>I-VIP, and VIP was at least 1000-fold more potent than the three other peptides. Binding of <sup>125</sup>I-VIP to membrane from rat brain and the distribution of the binding sites in the rat brain were reported by Taylor and Pert (1979). A single class of VIP binding was suggested with a  $K_D$  of 1.0 nM and a  $B_{max}$  of 2.2 pmol/g of wet tissue. Staun-Olsen et al. (1982) reported the specific binding of <sup>125</sup>I-VIP to isolated synaptosomes from rat cerebral cortex. Two classes of VIP binding sites were revealed.  $K_D$  values were 4.1 and 45 nM, which were smaller than what Robberecht et al. reported. This discrepancy may be due to the difference in animal species. Binding sites for VIP were also characterized in dispersed pineal gland cells (Kaku et al., 1983).

GRF was discovered in pancreatic tumors obtained from two patients (Guillemin et al., 1982; River et al., 1982). It is of interest that GRF interacts with VIP receptor in rat and human intestinal epithelial cell

membranes (Laburthe et al., 1983), guinea pig pancreatice acini (Pandol et al., 1984), rat pancreatic plasma membranes (Waelbroeck et al., 1985), and, like VIP, stimulates adenylyate cyclase activity in these preparations. There are no reports on an interaction of DYN with ACTH/VIP receptors

There are several ways to analyse binding data, such as Scatchard, Rosenthal, double-reciprocal (analogous to the Lineweaver-Burk plot) and Hill plots. With these plots, the binding parameters ( $K_D$  and  $B_{max}$ ) are obtained. A more sophisticated, although conceptually similar, method is the nonlinear curve-fitting program, LIGAND, which was developed by Munson and Rodbard (1984). This program resolves more complex systems by iteratively determining two or more fits to the primary binding data. One first assumes a single high-affinity receptor site model and allows the program to find the best fit. Then one assumes a two receptor site model and allows the computer to attempt to fit. Indicators of goodness of fit, including residual variance and a runs test, are calculated by the program. Eventually the 'right' model will be judged according to these statistical indicators. The LIGAND program can readily resolve a single high affinity binding site, a binding system containing two binding sites, and multiple binding components.

### **Steroidogenesis and dual ACTH receptor**

The key property of a binding site which defines it as a receptor is its association with physiological effect, i.e. only a binding site which is coupled to a response may be considered a receptor (Burt, 1978; Hollenberg & Cuatrecasas, 1979). At the present time there are no specific assay systems for examination of action of neuropeptide in the

central nervous system, probably because neuropeptides usually cause a broad spectrum of effect in CNS (see review by LaBella et al., 1985). In contrast, ACTH has been firmly established to stimulate steroid secretion from adrenal cortex. In vitro systems, Hechter (1949) first reported ACTH stimulated corticosteroid release from perfused adrenal glands of beef and sheep. Haynes and Savard (1952) first reported that ACTH induced steroid secretion from adrenal slices. Saffran et al. (1952) reported that production of corticoids was induced by ACTH from rat adrenal halves. From late 60's, the action of ACTH have been extensively studied on the isolated adrenal cells. These isolated cells were prepared by either collagenase (Kloppenborg et al., 1968; Haning et al., 1970; Rivkin & Chasin, 1971; Richardson & Schulters, 1972; Moyle et al., 1973; Falke et al., 1975; Goverde et al., 1980; Goverde & Smals, 1984) or trypsin treatment (Sayers et al., 1971; Schwyzer et al., 1971; Seelig & Sayers, 1971; Kitabchi & Sharma, 1971; Nakamura & Tanaka, 1971; Lowry et al., 1973; Fehm et al., 1973; Gewirtz et al., 1974; Liotta and Krieger, 1977) or both (Finn et al., 1976). Effects of ACTH on steroidogenesis have been shown in bovine adrenal cells in primary culture (Hornsby & Gill, 1978; Goodyer et al., 1976; Kramer et al., 1983). Therefore the steroidogenic activity can be used to investigate the post-receptor events by measuring cortisol content in the medium from isolated or cultured bovine adrenocortical cells with RIA.

VIP exerts steroidogenic activity in cultured murine adrenal tumor cells (Kowal et al., 1977; Morera et al., 1979), rat ovarian granulosa cells (Davoren and Hsueh, 1985), testicular cells (Kasson et al., 1986) and in rat (Nussdorfer and Mazzocchi, 1987; Cunningham and Holzwarth, 1988) and amphibian (Leboulenger et al., 1984) adrenal glands. In our

hand, VIP stimulates steroidogenesis in isolated and cultured bovine adrenocortical cells, although the maximal response is only about half that by ACTH. One of the explanations for this lower efficacy of VIP in stimulating steroid secretion is that VIP binds to only one class of ACTH receptors.

A few studies have proposed the existence of two classes of ACTH receptors. Early binding studies carried out in rabbit adrenal glands, mouse adrenocortical tumor cell membranes and isolated rat adrenocortical cells demonstrated two classes of binding sites for ACTH (Iefkowitz et al., 1971; Wolfson et al., 1972; McIlhinney and Schulster, 1975). Later, Moyle et al. (1973) reported that the effect of ACTH on cAMP formation, but not on steroidogenesis, was inhibited by an O-nitrophenyl sulfonyl derivative of ACTH, NPS-ACTH, indicating two types of receptors on the adrenal cells were involved in the effect of ACTH on cAMP formation and steroidogenesis. Yanagibashi et al. (1978) demonstrated two binding sites for ACTH in isolated adrenal cortical cells and found  $K_D$  value of ACTH effect on steroidogenesis in the presence of  $Ca^{++}$  was almost identical to that for the high affinity ACTH binding sites, while the  $K_D$  value of ACTH effect on cAMP formation was very close to that for the low affinity ACTH binding sites. They suggested that steroidogenesis or cAMP formation was linked to either one class of ACTH receptor. Bristow et al. (1980) observed that  $ACTH_{6-24}$  inhibited the action of  $ACTH_{1-39}$  and its full agonist,  $ACTH_{5-25}$ , to different extents, and pointed out that two different receptor types might be involved in the steroidogenic action of these two agonists. Schwyzer (1980) proposed that the steroidogenic action of ACTH was mediated by two receptors: receptor A which was linked to cAMP pathway and receptor B which was coupled with

non-cAMP pathway. Recently, the dual ACTH receptor concept was confirmed and extended by Kojima et al (1985) and Rasmussen et al. (1986). They provided evidence to support the concept that both types of ACTH receptors (type I and type II) on adrenal cortical cell membrane mediate steroid production via different 'second messenger pathway', i.e. receptor I was linked to calcium influx and receptor II was coupled with cAMP messenger system.

The relationship between ACTH structure and two classes of receptors has not been clarified. ACTH molecule has 39 amino acids. The 1-24 sequence is the active site of ACTH (full agonist for all effects of ACTH in vitro and in vivo) and the 25-39 sequence contains information about stability and the species label (Schwyzer, 1980). Within the 1-24 sequence, Schwyzer (1980) suggested there are three message sequences and two auxiliary sites (address site and potentiator site). The address site (the 11-18 sequence) adds receptor-specific affinity, and the potentiator (the 1-3 sequence) enhances potency and intrinsic activity. The three message sequences activate different receptors. Message I is located with N-terminal region (probably the 4/6-9 sequence, depending on animal species), which triggers receptors in adipocytes, adrenal cortex cells, melanophores and central neurons; message II is located in the centre of ACTH molecule (the 11-13 sequence), which triggers the melanophore receptor only; and message III is located in the 20-23 region and triggers a subtype of receptor on the rat adipocyte. Among three messages, only message I appears to be related to steroidogenesis. He correlated message I with two classes of receptor mediating steroidogenesis such that message I provides signal information for activating receptor B, and message I in conjunction with the adjacent

methionine residue may contribute to activation of receptor A. In contrast, two distinct centres in the ACTH molecule for steroidogenesis are predicted by dual adrenal receptor concept. Goverde and Smals (1984) reported the 11-24 sequence of ACTH molecule possesses the steroidogenic effect, thus providing evidence to support the existence of the second steroidogenic centre in ACTH molecule. In this study we tested ACTH<sub>10</sub> and ACTH<sub>11-24</sub> on steroidogenesis via different receptor mechanisms. Furthermore, we have tested whether VIP, GRF and DYN compete for one type or both types of ACTH receptors as well.

### Second Messenger and Dual ACTH Receptors

The interaction of ACTH with adrenocortical cell receptors results in an activation of intracellular signal mediators (second messenger), including cAMP and Ca<sup>++</sup>.

#### 1. Calcium

Calcium has been diversely implicated in the mechanism of action of ACTH on steroidogenesis: (a) ACTH-mediated steroid production requires Ca<sup>++</sup>. Birmingham et al. (1953) reported that increased steroid production by ACTH in rat adrenal halves was abolished when calcium was absent from the incubation medium. Later, other studies showed that ACTH failed to stimulate steroidogenesis in the absence of Ca<sup>++</sup> from sectioned rat adrenal (Péron and Koritz, 1958), isolated rat adrenal cells (Sayers et al., 1972) and isolated perfused cat adrenals (Jaanus et al., 1970). (b) ACTH enhances calcium uptake. Leier and Jungmann (1973) and Kojima et al. (1985) demonstrated an enhanced uptake of <sup>45</sup>Ca by rat adrenal slices and isolated calf adrenal cells incubated in the presence of ACTH;

(c) calcium can replace ACTH in triggering steroidogenesis in isolated rat adrenal cortical cells (Neher and Milani, 1978) and in rat adrenal homogenates (Koritz and Péron, 1959); (d) Activation of adenylate cyclase by ACTH requires the presence of  $\text{Ca}^{++}$  (Bär and Hetchter, 1969, Lefkowitz et al., 1970); (e) Calcium at 1 mM concentration, stimulates the conversion of cholesterol to pregnenolone, which is the rate-limiting step of adrenal steroidogenesis, from the rat adrenal mitochondria preparations (Simpson et al., 1978); and (f) Calmodulin, a calcium binding protein, plays a role in the regulation of steroid production. Hall et al. (1981) showed that when trifluoperazine (an inhibitor of calmodulin) was added to the medium, the ACTH-mediated steroidogenesis from mouse adrenal tumor cells (y-1 cell) was inhibited. Carsia et al. (1982) reported that ACTH-induced steroidogenesis in isolated rat adrenal cortical cells was inhibited by another calmodulin inhibitor, chlorpromazine. In the light of the foregoing facts, calcium has been suggested as a 'second messenger' in ACTH-mediated steroidogenesis.

## 2. cAMP

Haynes and Bathet (1957) first reported that ACTH caused a rapid and specific activation of phosphorylase in steer adrenal slices. Haynes (1958) showed that when ACTH is added to incubation medium of bovine adrenal cortex slices, cAMP accumulates with the tissue, and when cAMP is added to the incubation medium, phosphorylase activity is increased, indicating that the activation of adrenal cortical phosphorylase by ACTH is mediated through cAMP. Later, Haynes et al. (1959) demonstrated that addition of cAMP to an incubation of slices of rat adrenal cortex

stimulated steroidogenesis, whereas addition of substances closely related to cAMP had no effect. It was proposed that ACTH acts to increase the content of cAMP within the adrenocortical cells and that cAMP, as the intracellular mediator of ACTH, elicits steroidogenesis. Since then many studies demonstrate the role of cAMP on ACTH-induced steroidogenesis (Grahame-Smith et al., 1967; Taunton et al., 1969; Schulster et al., 1970) and support the above concept. Recently, John et al. (1986) using cDNA specific for enzymes of the steroidogenic pathway indicated that ACTH stimulates steroid hydroxylase gene expression through the action of cAMP. However, it is generally recognized that there is no consistent association between ACTH-induced steroidogenesis and cAMP formation (Beall and Sayer, 1972; Mackie et al., 1972; Bowyer and Kitabchi, 1974, Sharma et al., 1976; Horn and Chavin, 1977; Ramachandran et al., 1987). The concentration of ACTH required for half-maximal activation of steroid production is smaller than that needed for half-maximal activation of adenylate cyclase in rat adrenal cortical cells. To explain this discrepancy, several hypothesis have been proposed. Ramachandran et al. (1987) suggested the receptor-reserve model that only a small fraction of and cAMP formed in response to ACTH is needed for steroidogenesis. Another suggestion is the compartment guidance concept that an acute action of ACTH at low concentration is through a mechanism utilizing pre-existing background amounts of cAMP (Schulster and Schwyzer, 1980). Bristow et al. (1980) proposed that ACTH stimulated steroidogenesis by a pathway involved cAMP and another pathway completely independent of cAMP formation (dual receptor concept). Evidence has accumulated to indicate two types of ACTH receptors on adrenocortical cells, one coupled to  $\text{Ca}^{++}$  and one to cAMP.



In this study, cAMP formation induced by ACTH fragments has been measured to determine the correlation with specific types of ACTH receptors. The formation of cAMP from ATP may be assayed in vitro by measuring the production of radioactively labeled cyclic AMP from the substrate [ $\alpha$ - $^{32}\text{P}$ ]ATP. Difficulty in this assay results from the fact that only a minute fraction, usually less than 0.05% of the substrate, ATP, is converted to cAMP. Assay sensitivity and reliability are therefore largely dependent upon and proportional to the efficiency with which cAMP is separated from the labeled ATP and its breakdown products. Krishna et al. (1968) reported that the separation of cAMP from ATP may be accomplished by employing chromatography on Dowex cation exchange resin, followed by treatment with  $\text{ZnSO}_4$  -  $\text{Ba}(\text{OH})_2$  to remove most of the remaining ATP and its breakdown products. White and Zenser (1971) have shown that the bulk of ATP may be separated from cAMP by chromatography on aluminum oxide. However, neither of these methods resulted in the complete elimination of  $^{32}\text{P}$  in the assay blanks. Later, Solomon et al. (1974) showed that a combination of chromatography on both Dowex cation exchange resin and aluminum oxide permitted the nearly complete elimination of radioactivity in the assay blanks. Therefore, the sequential Dowex-Aluminum oxide chromatography is used in this study to examine cAMP formation in response to ACTH fragments.

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ACTH<sub>1-10</sub> AND ACTH<sub>11-24</sub> PROMOTE ADRENAL  
STEROIDOGENESIS BY DIFFERENT MECHANISMS

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#### FOOTNOTES

Abbreviations: ACTH, adrenocorticotropin; AII, angiotensin II; BSA, bovine serum albumin; INS, insulin; Met-Enk, methionine enkephalin; SP, substance P; TRF, thyrotropin releasing hormone.

# ABSTRACT

ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> each elicit cortisol secretion submaximally in freshly dispersed or cultured beef adrenal cortical cells. The combination of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> promotes cortisol release to the maximal level elicited by ACTH<sub>1-24</sub>. Maximal cortisol release by ACTH<sub>11-24</sub>, but not by ACTH<sub>1-24</sub> or ACTH<sub>1-10</sub>, was enhanced by forskolin. Calcium channel blockers, nifedipine and verapamil, inhibited cortisol release by ACTH<sub>1-10</sub>, ACTH<sub>1-24</sub> or ACTH<sub>11-24</sub>, suggesting calcium influx to be essential for steroid secretion irrespective of the secretagogue. Vanadium in a dose-dependent manner inhibited cortisol secretion elicited by ACTH<sub>1-24</sub> and ACTH<sub>1-10</sub> but not by ACTH<sub>11-24</sub>. These results suggest that there are at least two receptors mediating ACTH<sub>1-24</sub>-dependent steroid secretion. One class of receptor recognizes ACTH<sub>1-10</sub> but not ACTH<sub>11-24</sub> and is linked to the cAMP messenger pathway.

## INTRODUCTION

ACTH stimulates steroidogenesis in adrenocortical cells by at least two distinct mechanisms: both appear to involve specific cell membrane receptors, but only one class of receptor recruits the formation of cyclic AMP in the signal transduction process (1-6). Several laboratories have proposed that mobilization of intracellular calcium mediates steroidogenesis in response to a receptor species not linked to adenylyl cyclase (4,5,7-9). Furthermore, an amino acid sequence containing the N-terminus seems to be essential for evoking steroidogenesis (10-12), and Bristow et al. (1) concluded that there are at least two different sequences involved, each utilizing a distinct receptor/effector mechanism. We now present evidence that the N-terminus sequence ACTH<sub>1-10</sub> stimulates steroidogenesis through the cAMP-linked receptor and ACTH<sub>11-24</sub> through activation of a receptor linked to another effector system.

## EXPERIMENTAL

**Materials.** ACTH<sub>1-24</sub> and ACTH<sub>1-10</sub> were generously provided by Organon (W. Orange, NJ), ACTH<sub>11-24</sub> was purchased from Bachem (Torrance, CA); Collagenase Ia from Sigma (St. Louis, MO), DNase from Boehringer Mannheim Corp. (Dorval, Quebec), cortisol antiserum from Endocrine Science (Tarzana, CA), <sup>3</sup>H-cortisol from New England Nuclear (Boston, MA) and Ham's F-12 medium and Dulbecco's modified Eagle medium from Flow Laboratories (McLean, VA).

**Preparation of dispersed adrenocortical cells.** Fresh bovine adrenal glands were obtained from a local slaughterhouse and placed in Hank's Balanced Salt Solution (HBSS), pH 7.4, containing penicillin G 1000

IU/ml, streptomycin 1 mg/ml and gentamycin 40 ug/ml. Upon arrival at the laboratory the medium was changed. Adrenal glands were stripped of fat, bisected longitudinally, the medulla removed and the cortical portion dissociated from the capsule. Cortical tissue was minced with scissors, washed once with HBSS and incubated in HBSS containing sodium bicarbonate (2.0 g/l), HEPES (6.51 g/l), BSA (5 g/l), collagenase (2 mg/ml) and DNase (25 ug/ml) for 60 min at 37°C on a gyratory shaker. The undigested fragments were allowed to settle and the mixture decanted through four layers of sterile cheesecloth. The cells were obtained by centrifugation at 100 x g for 10 min and washed 3 times. The final pellet was resuspended in a mixture of Ham's F-12 medium and Dulbecco's modified Eagles medium (1:1) containing fetal calf serum (FCS) (10%), penicillin G (100 IU/ml), streptomycin (100 ug/ml), gentamycin (10 ug/ml) and fungizone (0.25 ug/ml) and preincubated overnight in a humid incubator at 37°C.

Overnight pre-incubated cell suspensions were washed twice with culture medium without FCS and antibiotics. The final pellet was resuspended with culture medium containing BSA (0.5%). Viability of free cells was determined with trypan blue and cell number counted with a hemocytometer. Aliquots of cell suspension containing about  $0.5 \times 10^6$  cells/ml were incubated in the presence or absence of ACTH fragments or other treatment for 1 hour at 37°C under 95% O<sub>2</sub>:5% CO<sub>2</sub>. The cell cultures were rinsed three times with the same medium and incubated with/without treatment for 3 hours at 37°C in the CO<sub>2</sub> incubator. After incubation, the cell suspension was collected and centrifuged at 1000 x g for 10 min. Aliquots of the supernatant were analyzed for cortisol by radioimmunoassay.

**Adrenal cell culture.** In order to make use of the dispersed cell suspension efficiently, aliquots were plated in 5 cm petri dishes to give approximately  $10 \times 10^6$  cells/plate for incubation. The medium was aspirated 3-4 days after plating and fresh medium with FCS and antibiotics was added. Thereafter, medium was replaced every 48 h for 5-14 days.

**Radioimmunoassay of cortisol.** Each centrifuge tube (1 ml) contained 50  $\mu$ l of supernatant medium from incubation, 0.20 ml of the labelled antigen/antiserum mixture (12 ml of borate buffer, 0.05M, pH 8.0, 1,200,000 dpm of 1,2- $^3$ H-cortisol, 0.30 ml of 2.5% human gamma globulin, 0.24 ml of 10% BSA, and 0.10 ml of gently but well mixed stock antiserum), mixed well and incubated for 1.5 hours at 37°C. Alternatively, the incubates were kept overnight at room temperature. To each tube 0.25 ml of saturated  $(\text{NH}_4)_2\text{SO}_4$  was added, mixed thoroughly in a vortex shaker, and centrifuged at 3000 rpm for 10 min at room temperature. A 0.40 ml aliquot of supernatant was transferred to a counting vial containing 4 ml of scintillation fluid and mixed thoroughly. Unbound 1,2- $^3$ H-cortisol was counted with a Beckman Liquid Scintillation  $\beta$ -counter and cortisol calculated by weighted linear regression.

## RESULTS

Cortisol release from dispersed cells elicited by  $\text{ACTH}_{1-10}$ ,  $\text{ACTH}_{11-24}$  and  $\text{ACTH}_{1-24}$  was compared with that from cultured cells (Table 1). Taking cortisol release induced by  $\text{ACTH}_{1-24}$  as 100 per cent, there were no significant differences between the two cell preparations in response

to the ACTH fragments.

The dose-response curves for ACTH<sub>1-10</sub>, ACTH<sub>11-24</sub> and ACTH<sub>1-24</sub>-induced steroidogenesis are shown in Fig. 1. A stimulatory effect of ACTH<sub>1-24</sub> is detected at 0.1 nM. For ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>, cortisol production was not significantly enhanced even at 1  $\mu$ M peptide, but a response peak was achieved at 10  $\mu$ M. The maximal responses to ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> were 52.7 and 47.8 per cent, respectively, of that to ACTH<sub>1-24</sub>. Cortisol release was estimated in response to ACTH<sub>1-24</sub>, ACTH<sub>1-10</sub> or ACTH<sub>11-24</sub> alone or in combination (Fig. 2). The combination of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> significantly increased cortisol release compared to either peptide alone, and reached the same maximum as with ACTH<sub>1-24</sub>. The combination of ACTH<sub>1-24</sub> plus either ACTH<sub>1-10</sub> or ACTH<sub>11-24</sub>, however, resulted in an inhibition of cortisol release compared to that by ACTH<sub>1-24</sub> alone.

Several peptides, AII, SP, Met-Enk, TRF, INS, ACTH<sub>1-10</sub>, ACTH<sub>11-24</sub>, ACTH<sub>1-24</sub>, were tested at 10  $\mu$ M (Fig. 3). Only ACTH<sub>1-24</sub> and its fragments induced steroidogenesis significantly in adrenal cell suspensions.

Forskolin induces steroidogenesis in a dose-dependent manner, maximum response occurring with a 1 mM concentration (Fig. 4). Cortisol release by ACTH was measured in the presence and absence of forskolin (1 mM) (Fig. 5). Forskolin potentiated the steroidogenic effects of a maximally effective concentration of ACTH<sub>11-24</sub> but not of maximally effective concentrations of ACTH<sub>1-24</sub> or ACTH<sub>1-10</sub>.

Vanadium is reported to block ACTH-, but not cAMP-mediated steroidogenesis (13). As shown in Fig. 6, vanadium inhibited ACTH<sub>1-10</sub> or ACTH<sub>1-24</sub> but not ACTH<sub>11-24</sub>-induced cortisol release in a dose-dependent manner. An inhibitory effect of vanadium was detected at 0.1

uM.

To evaluate the role of calcium on the ACTH-induced steroid release, the effects of verapamil and nifedipine were examined. Both classes of calcium antagonist inhibited steroidogenesis evoked by ACTH<sub>1-10</sub>, ACTH<sub>1-24</sub>, or ACTH<sub>11-24</sub> (Table 2).

## DISCUSSION

The present study confirms and extends the hypothesis of a dual messenger function in ACTH action on adrenal steroidogenesis. The results demonstrate that ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> each possesses steroidogenic activity, although either is much less potent than ACTH<sub>1-24</sub> and elicits only a fraction of the ACTH<sub>1-24</sub> response. Also, the additive effect of maximally effective concentrations of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> on steroidogenesis suggests that the effects of the two fragments are mediated via separate receptors.

If actions of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>, indeed, are mediated via separate receptors, different second messenger pathways may be recruited. Rasmussen et al. (5) proposed that ACTH interacts with two species of receptors in the rat adrenocortical cell membrane. Activation of one receptor evokes steroidogenesis through cAMP production and of the other through calcium mobilization. We suggest that these two steroidogenically responsive receptors for ACTH correspond to ACTH<sub>11-24</sub> and ACTH<sub>1-10</sub> recognition sites.

Forskolin at 1 mM stimulates cAMP formation maximally in adrenal membrane preparations. Thus, enhancement by forskolin of maximal ACTH<sub>11-24</sub>-induced cortisol release indicates that ACTH<sub>11-24</sub> site is not linked to cAMP formation. Conversely, that forskolin does not potentiate

maximal ACTH<sub>1-10</sub>-induced steroidogenesis suggests that this receptor site is linked to cAMP production.

Vanadium inhibits steroid release by ACTH<sub>1-24</sub> or ACTH<sub>1-10</sub>, but not ACTH<sub>11-24</sub> in a dose-dependent manner. According to Hayashi and Kimura (13), vanadium inhibits ACTH-stimulated formation of cAMP. Therefore, the differential effects of vanadium upon ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>-induced steroidogenesis are consistent with the hypothesis that ACTH<sub>1-10</sub> stimulates steroidogenesis via cAMP production and ACTH<sub>11-24</sub> through another mechanism.

Calcium channel blockers, nifedipine and verapamil, inhibit the steroidogenesis by ACTH<sub>1-10</sub>, ACTH<sub>11-24</sub> or ACTH<sub>1-24</sub>, suggesting that calcium is required for release of steroid from adrenal cells irrespective of the receptor/effector mechanism.

Studies on the binding of I<sup>125</sup>-ACTH in adrenal cells have indicated two populations of receptors (14,15). Bristow et al. (1), utilizing ACTH<sub>1-39</sub> and two analogues, ACTH<sub>5-24</sub>, a full agonist and ACTH<sub>6-24</sub>, a competitive inhibitor, reported that ACTH<sub>6-24</sub> antagonized to different extents the actions of ACTH<sub>1-39</sub> and ACTH<sub>5-24</sub>, indicating that the steroidogenic action of the two agonists is not mediated through the same population of receptors. Schwyzer (3) proposed that the binding of ACTH to one species of adrenal receptor (receptor A) elicits steroidogenesis through the involvement of cAMP production and to a second species of receptor (receptor B) through another mechanism. ACTH<sub>1-39</sub> presumably interacts with both receptors, whereas ACTH<sub>5-24</sub> would tend to act at one receptor only. Rasmussen et al. (5) confirmed and extended the evidence in support of the dual messenger function of ACTH on adrenal steroidogenesis. They demonstrated that calcium plays a messenger role



in ACTH action and proposed that the binding of ACTH to its receptors initiates at least two events. A prompt and sustained increase in calcium influx via receptor 1 and activation of adenylate cyclase via receptor 2 gives rise to two intracellular messengers. They did not test whether or not specific ACTH fragments activate separate and distinct receptor/effector systems. Our finding that ACTH stimulates cortisol release through at least two classes of receptors is in agreement with the dual receptor concept.

Schwyzzer (3) proposed three message sequences within the ACTH molecule: message I triggers receptors in adipocytes, adrenal cortex cells, melanophores and central neurons; message II triggers the melanophore receptors only; and message III triggers a subtype of receptor on the rat adipocyte. But only message I appears to be linked to steroidogenesis. Message I provides signal information for activating adrenal receptor B; and message I plus the adjacent methionine residue may be required for activation of adrenal receptor A. However, from our observations, two message sequences for steroidogenesis appear to be located more distant one from the other, and are situated in the 1-10 and 11-24 sequences, respectively. These two sequences are not restricted to the message I region of Schwyzzer. The message sequence which activates receptor A seems to be located in the 1-10 region and may overlap with message I, whereas our results indicate that the message sequence which activates receptor B seems to be located in the 11-24 region. The existence of a second center within the ACTH molecule capable of inducing steroidogenesis was proposed by Goverde and Smals (16). They found a barely measurable steroidogenic activity of ACTH<sub>11-24</sub> or ACTH<sub>11-19</sub>, and the potencies were comparable to that of the

ACTH<sub>1-10</sub> fragment, the latter finding being in agreement with us. They reported that ACTH<sub>11-24</sub> induced steroidogenesis with an equal efficacy to ACTH<sub>1-39</sub>, whereas, in our hands, ACTH<sub>11-24</sub> evoked a partial response only. However, others failed to observe steroidogenic activity with ACTH<sub>11-24</sub> (17-19).

With respect to steroidogenic activity of ACTH<sub>1-10</sub>, here again there is controversy. In early studies by Schwyzer et al. (12), ACTH<sub>1-10</sub> was said to elicit maximal steroid generation equivalent to that by ACTH<sub>1-24</sub>, but with less potency. However, in agreement with our results, Hinson and Birmingham (19) reported ACTH<sub>1-10</sub> to elicit only a fraction of the ACTH<sub>1-24</sub> response.

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Table 1. Cortisol release from adrenocortical cell suspensions and cell cultures.

	<u>ACTH<sub>1-10</sub></u>	<u>ACTH<sub>11-24</sub></u>
	(% of maximum)	
Cell suspension (n = 13)	51.7 ± 4.6	47.0 ± 3.5
Cell culture (n = 5)	54.5 ± 6.0	45.9 ± 7.0

Preparation of cell suspensions and cell cultures are described in "Methods". Results are expressed as per cent of maximal activity elicited by ACTH<sub>1-24</sub> at 1 uM. Peptide concentration was 10 uM. Mean ± S.E.M. The number of experiments performed in triplicate is shown in parentheses.

Table 2. Inhibitory effects of calcium channel blockers on steroidogenesis induced by ACTH.

	<u>Control</u>	<u>Verapamil</u>	<u>Control</u>	<u>Nifedipine</u>
	(ng cortisol/tube)			
ACTH <sub>1-10</sub>	0.50 ± 0.07	0.17 ± 0.04**	0.45 ± 0.01	0.32 ± 0.05*
ACTH <sub>11-24</sub>	0.52 ± 0.09	0.08 ± 0.03**	0.41 ± 0.03	0.29 ± 0.04*
ACTH <sub>1-24</sub>	0.75 ± 0.05	0.23 ± 0.04***	0.73 ± 0.03	0.57 ± 0.03**

ACTH<sub>1-10</sub> (10 uM), ACTH<sub>11-24</sub> (10 uM) and ACTH<sub>1-24</sub> (1 uM). The cell suspensions were incubated with ACTH<sub>1-10</sub>, ACTH<sub>11-24</sub> and ACTH<sub>1-24</sub> in the presence of either verapamil (1 uM) or nifedipine (1 uM). Data are shown as the mean ± S.D. of three replicates in a single experiment.

\* P < 0.05 compared with control.

\*\* P < 0.01 compared with control.

\*\*\* P < 0.001 compared with control. (t test)



## LEGENDS

Fig. 1. Concentration-response curves for cortisol release from cell suspensions by ACTH<sub>1-24</sub>, ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>. Data are expressed as the mean  $\pm$  S.E.M. of three experiments each in triplicate.

Fig. 2. Steroidogenic response of cell suspensions to ACTH fragments. Concentration of ACTH<sub>1-24</sub> was 1  $\mu$ M, and of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>, 10  $\mu$ M. Mean  $\pm$  S.E.M. of three determinations performed in triplicate.

(a) vs ACTH<sub>1-24</sub>, NS;

(a) vs ACTH<sub>1-10</sub> or ACTH<sub>11-24</sub>,  $P < 0.01$ ;

(b) vs ACTH<sub>1-24</sub>,  $P < 0.01$ ;

(c) vs ACTH<sub>1-24</sub>,  $P < 0.01$  (Tukey's multiple comparison).

Fig. 3. Steroidogenic response of cell suspensions to several peptides at 10  $\mu$ M except ACTH<sub>1-24</sub> and ACTH<sub>1-39</sub> (1  $\mu$ M). Data are shown as the mean  $\pm$  S.E.M. Brackets are the numbers of separate experiments.

Fig. 4. Dose-response curve of forskolin-induced steroidogenesis from adrenal cell cultures. The data are expressed as the mean  $\pm$  S.E.M. of two experiments, each in triplicate.

Fig. 5. Effect of forskolin on steroidogenesis promoted by ACTH. Adrenocortical cell cultures were incubated with ACTH<sub>1-10</sub> (10 uM), ACTH<sub>11-24</sub> (10 uM) and ACTH<sub>1-24</sub> (1 uM), each alone (open bar), or in the presence of forskolin (1 mM) (hatched bar). The results are expressed as the mean  $\pm$  S.E.M. of three experiments each performed in triplicate.

(b) vs (a),  $P < 0.01$ ;

(b) vs ACTH<sub>1-24</sub>, NS;

(c) vs (a), NS;

(d) vs (a)  $P < 0.01$ ;

(d) vs ACTH<sub>11-24</sub>,  $P < 0.01$  (Tukey's multiple comparison).

Fig. 6. Effect of sodium vanadate on steroidogenesis. Cell cultures were incubated with ACTH<sub>1-24</sub>, ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> in the presence of various concentrations of sodium vanadate. Mean  $\pm$  S.E.M. of two experiments, each in triplicate.

CORTISOL RELEASE  
(% of maximum)

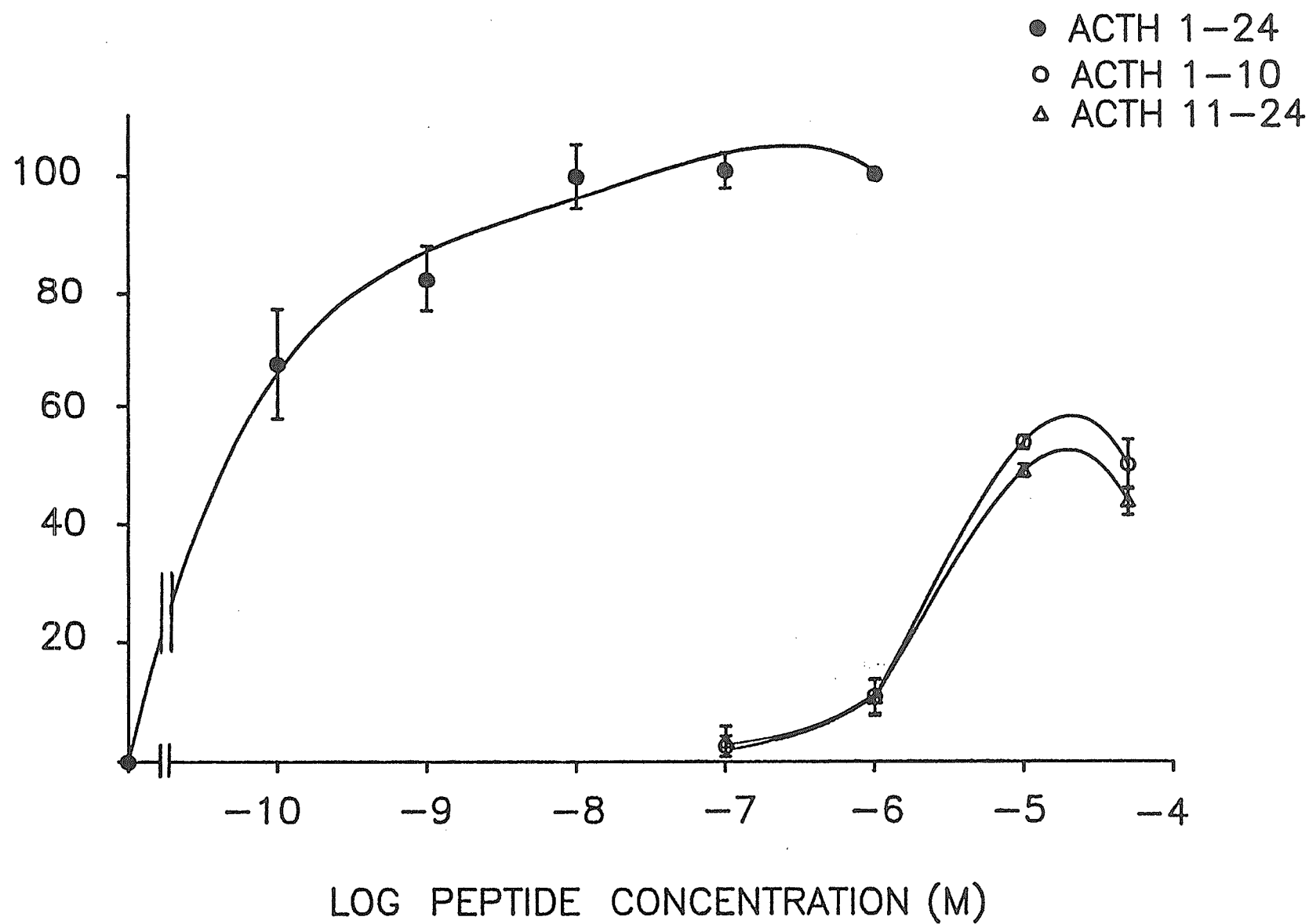


Fig. 1

Fig. 2

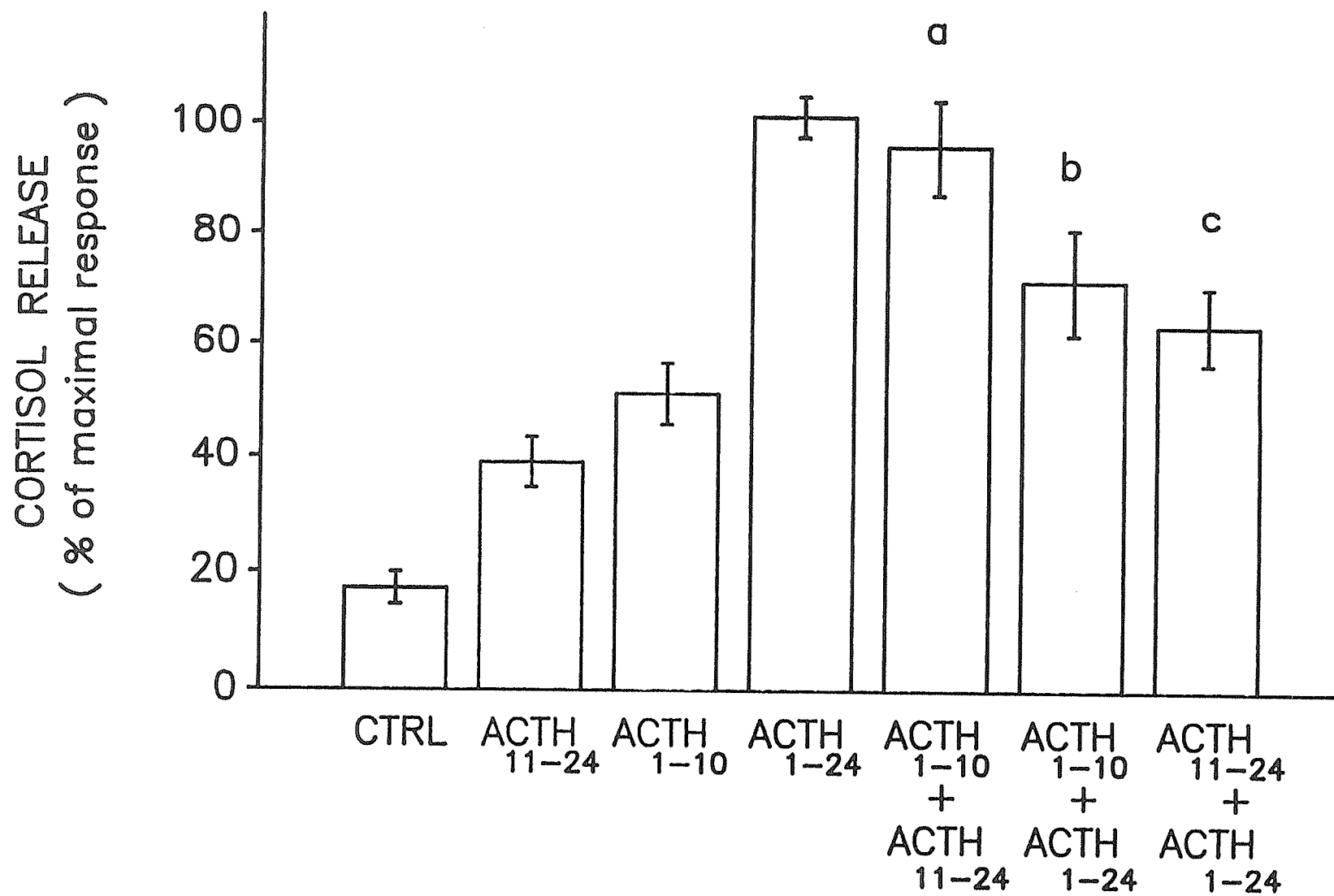


Fig. 3

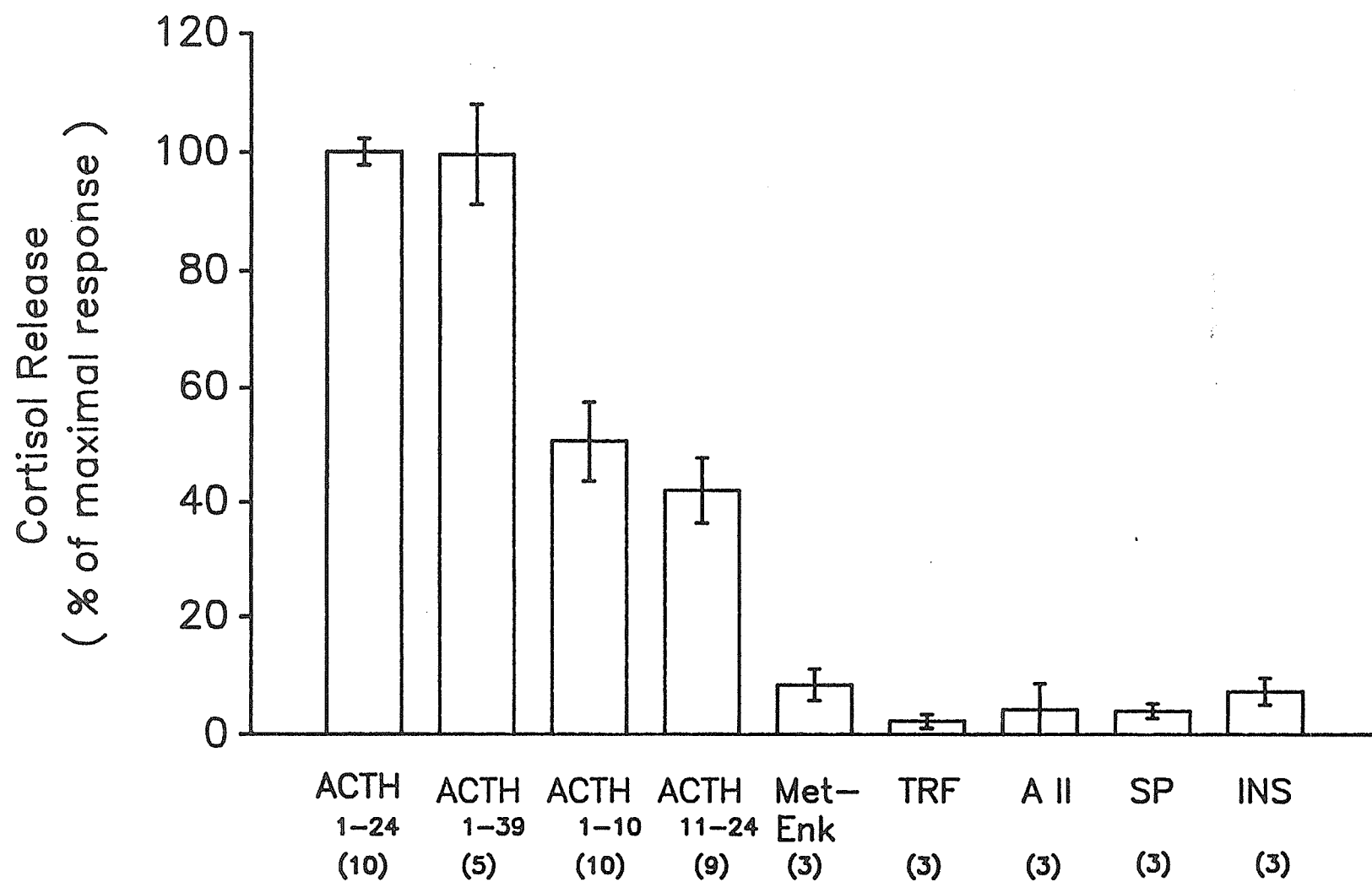


Fig. 4

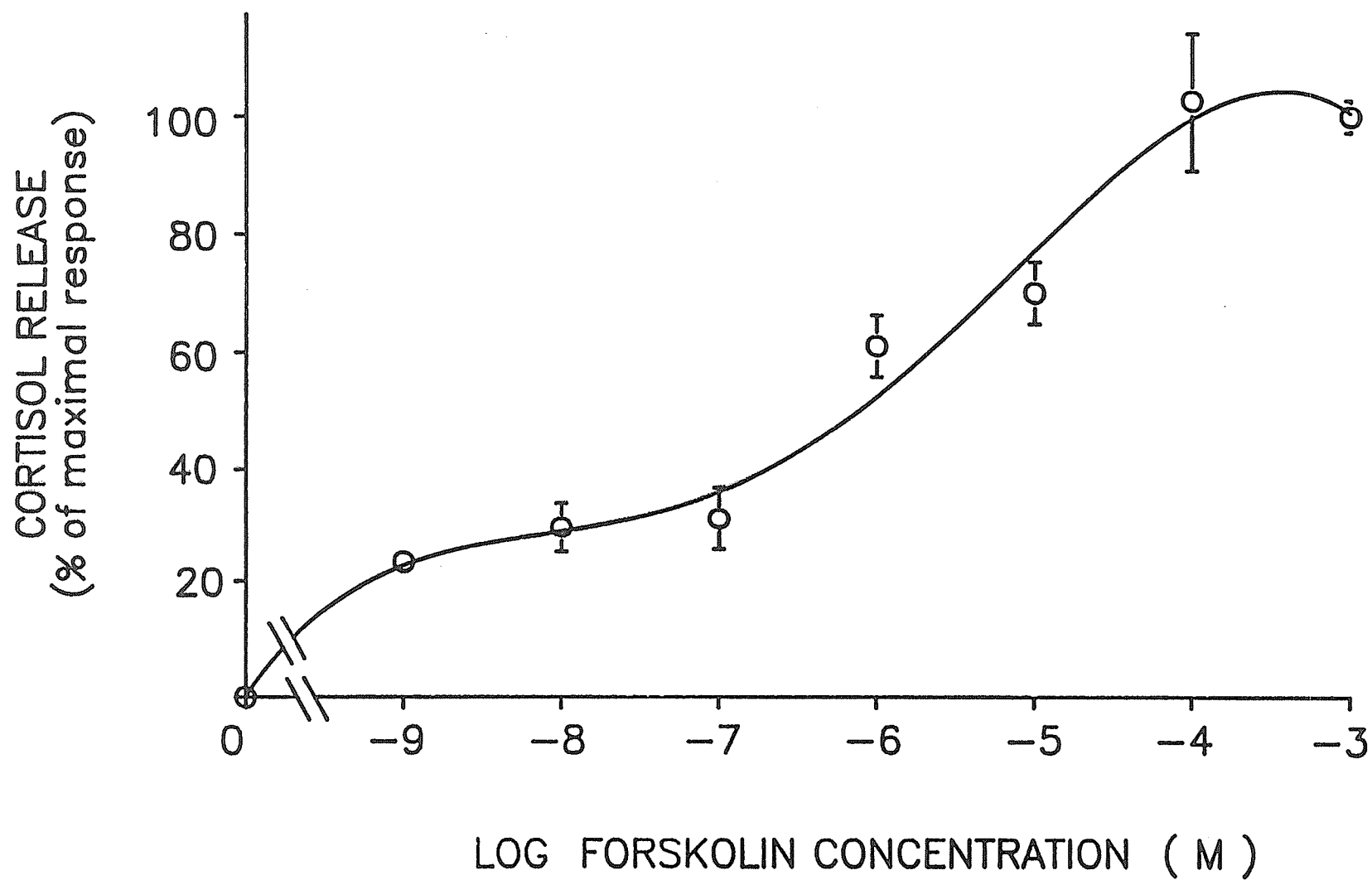


Fig. 5

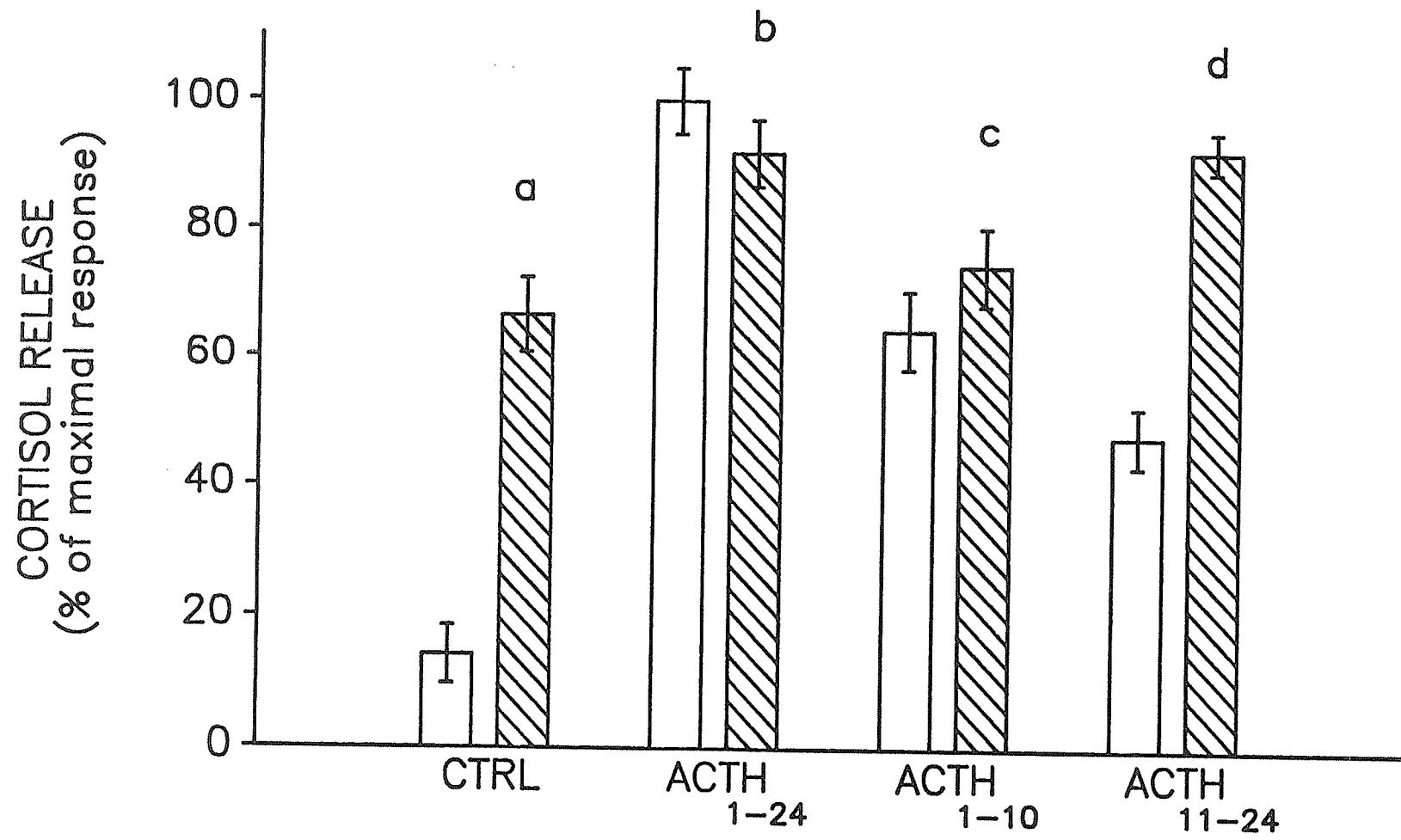
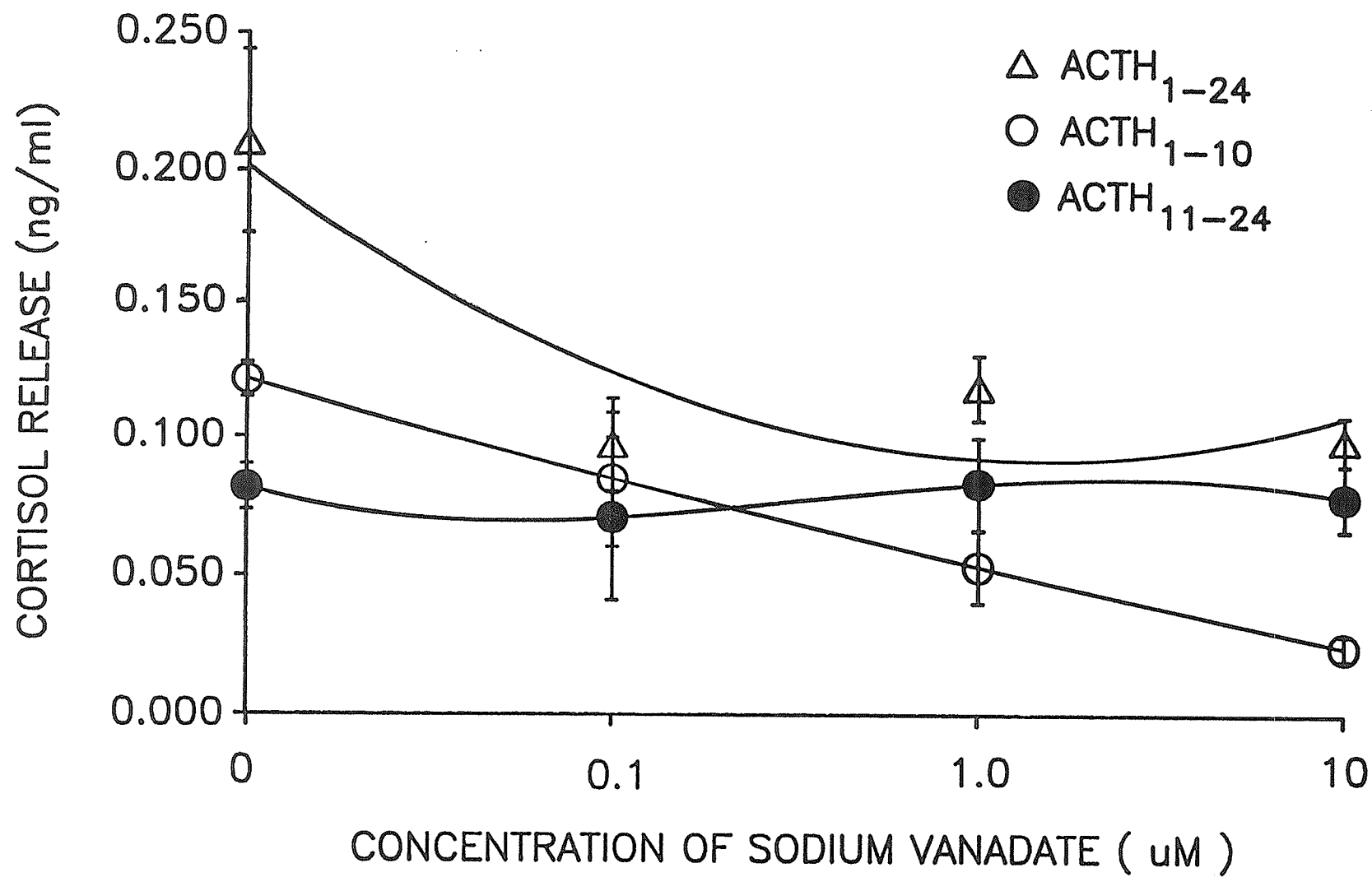


Fig. 6





ACTH, VIP, GRF AND DYNORPHIN COMPETE FOR  
COMMON RECEPTORS IN BRAIN AND ADRENAL

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**Abbreviations used:** ACTH: adrenocorticotropin; VIP: vasoactive intestinal polypeptide; GRF: growth hormone releasing factor; DYN: dynorphin<sub>1-13</sub>; CRF: corticotropin releasing factor; BSA: bovine serum albumin; PEP T: Peptide T; MET-ENK: methionine-enkephalin; INS: insulin; AII: angiotensin II, SP: substance P; RIA: radioimmunoassay;  $\beta$ -END:  $\beta$ -endorphin; TRH: thyrotropin releasing hormone;  $\alpha$ -MSH:  $\alpha$ -melanocyte stimulating hormone.

# ABSTRACT

It was previously shown in this laboratory that high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to membranes from rat brain was inhibited by VIP, GRF and DYN, but not by other peptides tested. We now show that these same peptides compete for  $^{125}\text{I}$ -ACTH<sub>1-24</sub> binding in membranes from adrenal cortex. The high affinity sites for  $^{125}\text{I}$ -ACTH<sub>1-24</sub> in the rat brain and bovine adrenal had  $K_D$ 's (nM) of  $0.51 \pm 0.41$  and  $3.9 \pm 1.3$ , respectively; and the  $K_I$ 's (nM) for VIP of  $5.4 \pm 4.2$  and  $1.4 \pm 0.51$ , respectively. The high affinity sites for  $^{125}\text{I}$ -VIP in rat brain and bovine adrenal had  $K_D$ 's (nM) of  $2.9 \pm 1.7$  and  $0.5 \pm 0.8$ , respectively; and  $K_I$ 's (nM) for ACTH of  $23.6 \pm 14.0$  and  $22.2 \pm 33.0$ , respectively. Cortisol secretion from isolated bovine adrenal cortical cells was significantly stimulated by  $10^{-10}$  M of either ACTH or VIP, and a maximal response occurred for each at  $10^{-8}$  M. However, maximal cortisol production in response to VIP was only about one-half that by ACTH<sub>1-24</sub>. The combination of both peptides, each at  $10^{-10}$  M, was additive in stimulating cortisol production, whereas each combined at  $10^{-8}$  M caused no greater response than ACTH alone. There was an additive steroidogenic effect of VIP plus ACTH<sub>1-10</sub> but not VIP plus ACTH<sub>11-24</sub>. In adrenal GRF and DYN competed for binding of labelled ACTH and each enhanced steroidogenesis at  $10^{-10}$  M; maximally effective levels of GRF or DYN stimulated cortisol production to only about half that by ACTH<sub>1-24</sub>. Specific binding of  $^{125}\text{I}$ -ACTH<sub>11-24</sub> in adrenal membranes was inhibited by unlabelled ACTH<sub>11-24</sub>, ACTH<sub>1-24</sub>, VIP, GRF and DYN but not by ACTH<sub>1-10</sub>, PEP T and other peptides, e.g. TRH,  $\alpha$ -MSH and  $\beta$ -END; there was no specific binding of  $^{125}\text{I}$ -ACTH<sub>1-10</sub>. Previous functional studies and the present binding data, in conjunction with the existence of homologous amino acid sequences, indicate that VIP, GRF and DYN

interact at a subpopulation of ACTH receptors that recognizes a moiety within the 11-24 sequence of the ACTH molecule.

## INTRODUCTION

We found that specific binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to brain membranes is inhibited by VIP, GRF and DYN but not by several other peptides tested (Hnatowich et al., in press). Furthermore, we obtained evidence that in the adrenal cortex the ACTH<sub>1-10</sub> sequence activates a receptor linked to adenylate cyclase and ACTH<sub>11-24</sub> interacts with a receptor coupled to another second messenger system (Li et al., in press); both receptors mediate steroidogenesis. The present investigation was designed to elucidate the subtype(s) of ACTH receptors that recognize VIP, GRF and DYN. The adrenal was selected for these studies because steroidogenesis represents a functional cellular consequence of receptor activation by ACTH.

## MATERIALS AND METHODS

### Materials

ACTH<sub>1-24</sub> and ACTH<sub>1-10</sub> were generously provided by Organon Inc. (West Orange, NJ); ACTH<sub>11-24</sub>, GRF, CRF, and DYN were purchased from Bachem Inc. (Torrance, CA); VIP (porcine) and [Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub> from IAF Biochemicals (Laval, Quebec); Collagenase/dispase and DNase from Boehringer Mannheim Corporation (Dorval, Quebec);  $^{125}\text{I}$  from Amersham Corporation (Oakville, Ontario);  $^3\text{H}$ -cortisol from New England Nuclear (Boston, MA); Cortisol antiserum from Endocrine Science (Tarzana, CA); SP from Abbott Laboratories (N. Chicago, Ill.); QUSO G-32 from Philadelphia Quartz (Philadelphia, PA); PEP T from Peninsula Laboratories Inc. (Belmont, CA); BSA, MET-ENK, AII (human), INS, TRH,  $\alpha$ -MSH from Sigma Chemical Company (St. Louis, MO); and SurfaSil from Pierce Chemical Co. (Rockford, Ill).

### Preparation of brain and adrenal membranes.

The cerebral cortex was dissected from decapitated adult male Sprague-Dawley rats (about 200-300 x g) and meninges carefully removed. The adrenal cortex was dissected from fresh bovine glands obtained from a local slaughterhouse. Adrenal cortex and brain cortex were homogenized in 10% (w/v) sucrose by 5 bursts with a Brinkmann Polytron and centrifuged (600 x g, 15 min) at 0-4°C. The pellet (nuclei and cell debris) was discarded, and the supernatant suspended in 300 mM NaCl and centrifuged at 25,000 x g for 15 min at 0-4°C. The supernatant was discarded and the pellet resuspended in sodium phosphate buffer (300 mM, pH 7.4). Protein concentration of the suspension was determined by the method of Lowry et al. (1951) using BSA as the standard, and the membrane suspensions diluted in buffer to give 1 mg protein/ml.

### Iodination of [Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub>.

ACTH<sub>1-24</sub> possesses biological activity equivalent to that of the natural hormone, ACTH<sub>1-39</sub> (Evans et al., 1966). Iodination of ACTH<sub>1-24</sub> causes loss of biological activity due to iodination of tyrosine at the 2 position and oxidation of methionine at the 4 position (Hofmann et al., 1986; Lowry et al., 1973). The [Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub> derivative retains biological activity upon iodination of tyrosine at position 23 (Hofmann et al., 1986), and is a practical radiolabel for binding studies.

[Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub> was iodinated following the method of McIlhinney and Schulster (1971). In order to reduce the loss of ACTH through adsorption, all labware was briefly exposed to 10% SurfaSil in N-hexane, rinsed with methanol then water, and air-dried. To a siliconized polypropylene tube, 50 ul of sodium phosphate buffer (0.05 M, pH 7.0),

[Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub> (5-10 ug), lactoperoxidase (4 ug), <sup>125</sup>I (2 mCi) and H<sub>2</sub>O<sub>2</sub> (0.003%) were added and vortexed frequently at room temperature. An additional 10 ul of H<sub>2</sub>O<sub>2</sub> (0.003%) was added at 2 min and 0.5 ml of sodium phosphate buffer at 4 min to stop the iodination reaction. The iodination mixture was transferred to 10 ml of the same buffer containing QUSO G-32 10 mg, BSA 10 mg and mercaptoethanol 50 ul, vortexed for 30 min, then centrifuged at 1700 g for 10 min. The supernatant was aspirated and the pellet washed twice with water to remove free <sup>125</sup>I. The <sup>125</sup>I labelled ACTH was extracted from QUSO with 0.5 ml of acetone: H<sub>2</sub>O: acetic acid (40:59:1), stored at 4°C and used within two weeks. The specific activity of monoiodinated [Phe<sup>2</sup>,Nle<sup>4</sup>]ACTH<sub>1-24</sub> is approximately 1600 Ci/mmol. Approximately 35% of the added <sup>125</sup>I was recovered as labelled peptide.

Daily, 100 ul of the iodination mixture was applied to a uBONDAPAK reverse phase C<sub>18</sub> HPLC column equilibrated with sodium phosphate buffer (0.1 M, pH 2.1) containing 23% acetonitrile. The sample was eluted with the same buffer at a flow rate of 0.5 ml/min, aliquots of 0.7 ml were collected and radioactivity determined with a LKB Universal Gamma Counter. One or two fractions were collected from the midportion of the major peak (I), which has been assigned to monoiodinated ACTH<sub>1-24</sub> (Hnatowich et al., in press). The <sup>125</sup>I-ACTH was used on the same day or stored at 4°C for use no longer than 24 hours later.

#### Iodination of VIP.

VIP was iodinated following the method described for ACTH except that the eluting solution applied to HPLC column contained 25% acetonitrile. After HPLC purification three major peaks were obtained, in agreement

with others (Martin et al., 1986). Unlabelled VIP at 0.5 uM inhibited displaceable binding of  $^{125}\text{I}$ -VIP from each peak by 67.2%, 62.4% and 60.4%, respectively. The first major peak was collected for routine binding studies in view of the larger yield compared to that of the other two peaks.  $^{125}\text{I}$ -VIP was stored at 4°C for up to 7 days and yielded consistent binding properties. The specific activity of  $^{125}\text{I}$ -VIP is approximately 1500 Ci/mmol.

#### Iodination of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>.

Iodination of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> with  $^{125}\text{I}$  and the removal of free  $^{125}\text{I}$  were done as described above, but the iodinated mixtures were not purified further.

#### Radioligand binding assay

Eppendorf centrifuge tubes contained  $^{125}\text{I}$  peptide in 200 ul, 50 ul membrane suspension (1 mg/ml), 10 ul unlabeled peptide dissolved and diluted to designed concentration with 0.5% BSA (w/v), and sodium phosphate buffer (300 mM, pH 7.4) to 500 ul. All labware was siliconized. The final BSA concentration in incubate is 0.01% (w/v). After incubation at 0°C for 1 hr, the incubates were centrifuged (8000 x g, 15 min at 0-4°C). The supernatants were aspirated and the pellet surfaces and assay tube walls gently washed twice with ice-cold 0.9% saline. The tips of the centrifuge tubes were cut off and  $^{125}\text{I}$  determined in a gamma-counter.

#### Isolation of adrenal cortical cells

Fresh bovine adrenal glands were obtained from the local

slaughterhouse and kept in 10% sucrose at room temperature. After stripping off the fat, the cortical portions of the adrenal were dissected and sliced in McIlwain Tissue Chopper. The slices were incubated with Krebs bicarbonate buffer (pH 7.4) containing BSA 0.5% (w/v), collagenase (2 mg/ml), and DNase (25 ug/ml) on a gyratory shaker for 30 min at 37°C under an atmosphere of 95% O<sub>2</sub>:5% CO<sub>2</sub>. The tissue was dispersed by repeated pipetting through plastic pipettes of decreasing diameters. The undigested fragments were allowed to settle and the digested fragments decanted through nylon mesh (160 µm pore). The cells were collected by centrifugation at 100 x g for 5 min, and the pellets washed twice and put in an atmosphere of O<sub>2</sub>:CO<sub>2</sub> (95:5). The undigested fragments were again exposed to the same procedure and the dispersed cells mixed and washed with Krebs/BSA. Viability of free cells was determined with trypan blue (Tennant, 1964). Cell number was determined with a hemocytometer.

#### Measurement of steroid release from adrenal cells

The incubate contained adrenal cell suspension in 0.99 ml Krebs/BSA (1-6 X 10<sup>6</sup> cells) and peptides were added in 0.01 ml. After incubation at 37° for 1 hr, incubates were centrifuged (1000 x g, 10 min) and aliquots of the supernatant analyzed for steroids by radioimmunoassay. Briefly, 0.05 ml of supernatant was mixed with 0.20 ml of <sup>3</sup>H-cortisol/antiserum mixture (1,200,000 dpm of <sup>3</sup>H-cortisol, 0.30 ml of 2.5% human gamma globulin, 0.24 ml of 10% BSA, 0.10 ml of anti-cortisol antiserum, and 12 ml of borate buffer, 0.05 M, pH 8.0) and incubated for 1.5 hours at 37°C. Bound <sup>3</sup>H-cortisol was precipitated with addition of 0.25 ml of saturated (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub>. Unbound <sup>3</sup>H-cortisol was counted with a



Scintillation  $\beta$ -counter and cortisol calculated by weighted linear regression.

## RESULTS

Specific binding of  $^{125}\text{I}$ -ACTH to membranes from both brain and adrenal was inhibited by either unlabeled ACTH or unlabeled VIP in a dose-dependent manner (Fig. 1). Binding data from multiple experiments were pooled and analyzed with the computer program LIGAND (Munson and Rodbard, 1980). For ACTH in brain a two-site model with a high affinity, low capacity site and a low affinity, high capacity site was statistically a better "fit" of data than a one-site model ( $p < 0.05$ ). In the adrenal a one-component binding model was statistically a better "fit" of the data than a two-component model.

Similarly, specific binding of  $^{125}\text{I}$ -VIP to membrane preparations from brain and adrenal was inhibited by both unlabelled VIP and ACTH in a dose-dependent fashion (Fig. 1). A two-site model for VIP binding provided a significantly improved "fit" compared to a one-site model ( $p < 0.05$ ) in both tissues. The binding parameters are summarized in Table 1.

Unlabelled VIP, ACTH and several other peptides were tested at 1  $\mu\text{M}$  against  $^{125}\text{I}$ -VIP binding in brain. As shown in Figure 2, both VIP and ACTH displaced  $^{125}\text{I}$ -VIP binding, whereas INS and AII were inactive and MET-ENK, SP and CRF insignificantly increased binding of  $^{125}\text{I}$ -VIP ( $P > 0.05$ ).

ACTH and VIP each enhanced steroidogenesis in a dose-dependent manner (Fig. 3). For either peptide significant stimulation of cortisol occurred at  $10^{-10}$  M and a maximal response at  $10^{-8}$  M. Maximal cortisol production induced by VIP was about 40% of that by ACTH.

To determine if VIP stimulates cortical cells via the same receptor as ACTH, submaximal or maximally effective concentrations of VIP and ACTH were combined. As shown in Table 2,  $10^{-10}$  M of VIP plus  $10^{-10}$  M of ACTH significantly increased cortisol production over either alone, whereas the combination of peptides each at  $10^{-8}$  M concentration led to no greater effect than ACTH alone at that concentration.

As we have shown, ACTH<sub>1-10</sub> or ACTH<sub>11-24</sub> each stimulates steroidogenesis maximally at a concentration of 10  $\mu$ M (Li, Park and LaBella, in press). Maximal steroidogenesis by VIP (1  $\mu$ M) was significantly enhanced by the addition of 10  $\mu$ M ACTH<sub>1-10</sub> but not by 10  $\mu$ M of ACTH<sub>11-24</sub> (Fig. 4).

GRF and DYN also stimulated steroidogenesis in a dose-dependent fashion (Fig. 5), although, again, maximal cortisol release by either peptide was about half that induced by ACTH<sub>1-24</sub>. Cortisol release from adrenal cells was stimulated by as low as  $10^{-10}$  M of each peptide.

As shown in Figure 6, GRF and DYN at 1  $\mu$ M significantly inhibited  $^{125}$ I-ACTH<sub>1-24</sub> binding to adrenal membranes, whereas PEP T,  $\beta$ -END,  $\alpha$ -MSH and TRH were ineffective.

Figure 7 shows that the specific binding of  $^{125}$ I-ACTH<sub>11-24</sub> in adrenal membranes was inhibited, at 1  $\mu$ M, by unlabelled ACTH<sub>11-24</sub>, ACTH<sub>1-24</sub>, VIP, GRF and DYN, by 63, 69, 40, 50, and 83%, respectively. ACTH<sub>1-10</sub> and PEP T were inactive. Other inactive peptides tested in single experiment, included TRF,  $\alpha$ -MSH and  $\beta$ -END.

## DISCUSSION

In this study VIP was a potent competitor of  $^{125}$ I-ACTH binding, and ACTH a potent competitor of  $^{125}$ I-VIP binding, both in brain and adrenal.

Of many peptides tested in an  $^{125}\text{I}$ -VIP binding assay on brain membranes, ACTH was a potent competitor, several peptides were inactive and three peptides actually increased  $^{125}\text{I}$ -VIP binding slightly; the mechanism of the enhanced affinity is unknown. But the use of membrane preparations and an incubation temperature of  $0^{\circ}\text{C}$ , rules out metabolic mechanisms. We found a large variability in the estimates of parameters of ACTH binding data, probably due in large part to the extraordinary propensity of ACTH to adhere to surfaces. Although all labware was siliconized with SurfaSil to minimize adsorption, it is not possible to abolish it completely.

The high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to membranes from rat brain is potently inhibited by VIP, GRF and DYN (Hnatowich et al., unpublished). We now show that VIP, GRF and DYN also compete for high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> in membranes from adrenal cortex. These three peptides show amino acid sequence homologies with ACTH (Fig. 8). VIP is reported to stimulate steroidogenesis in cultured adrenal tumour cells (Kowal et al., 1977; Morera et al., 1979), ovarian granulosa cells (Davoren and Hsueh, 1985), testicular cells (Kasson et al., 1986) and in rat (Nussdorfer and Mazzocchi, 1987; Cunningham and Holzwarth, 1988) and amphibian (Leboulenger et al., 1984) adrenal glands. GRF is reported to interact with a VIP receptor in rat and human intestinal epithelial cell membranes (Laburthe et al., 1983; Laburthe et al., 1986), guinea pig pancreatic acini (Pandol et al., 1984), rat pancreatic plasma membranes (Waelbroeck et al., 1985), and, like VIP, to stimulate adenylate cyclase activity in these preparations. Opioid peptides influence corticoid synthesis by isolated rat adrenocortical cells; e.g.  $\beta$ -endorphin stimulated corticosterone production but the combination of maximally

steroidogenic concentrations of ACTH and  $\beta$ -endorphin gave no further increase (Guaza et al., 1986; Shanker and Sharma, 1979). Szalay and Stark (1981) reported that  $\beta$ -endorphin elicited a u-shaped dose-response pattern in isolated zona fasciculata cells: low concentrations decreased and high concentrations increased steroid production. Dynorphin<sub>1-17</sub> enhanced steroidogenesis by a low concentrations of ACTH but did not affect the response to a maximally effective dose of ACTH (Guaza et al., 1986). These observations suggest that VIP, DYN and GRF and ACTH compete for at least one population of receptors in the adrenal cell and elicit steroidogenesis, but maximal hydrocortisone secretion mediated through that species of receptor accommodating VIP, DYN and GRF is only about one-half that evoked by ACTH<sub>1-24</sub>.

In a previous study (Li et al., in press) we found that the 1-10 or 11-24 amino acid fragments of ACTH elicited steroidogenesis, each by a separate receptor system, and that the 1-10 but not the 11-24-activated receptor was linked to adenylate cyclase. Individually, each of the fragments evoked a steroid response that was only one half that of ACTH<sub>1-24</sub>, but the two fragments together elicited a response approximately equal to that to the whole molecule. VIP enhanced steroidogenesis by ACTH<sub>1-10</sub>, but not that by ACTH<sub>11-24</sub>. Binding of <sup>125</sup>I-ACTH<sub>11-24</sub> was inhibited by ACTH<sub>11-24</sub>, and by VIP, GRF and DYN, but not by ACTH<sub>1-10</sub> and PEP T. The latter peptide was tested because its amino acid sequence is contained within the sequence of VIP and was postulated to interact with VIP receptors (Ruff et al., 1987). The amino acid homologies among the peptides appear to comprise the 11-24 region of ACTH. We failed to demonstrate displaceable binding of <sup>125</sup>I-ACTH<sub>1-10</sub>, probably because iodination of <sup>2</sup>Tyr in the peptide yields a biologically inactive peptide,

presumably because of the failure of the receptor to recognize the iodinated species, as was demonstrated for  $^{125}\text{I}-(^2\text{Tyr})\text{ACTH}_{1-24}$  (Lowry et al., 1973).

Kowal et al. (1977) reported that VIP stimulated steroidogenesis in cultured murine adrenal tumor cells (with less potency but the same efficacy as  $\text{ACTH}_{1-24}$ ). Our results indicate that VIP stimulated corticoid production in adrenocortical cells with the same potency but with less efficacy than does  $\text{ACTH}_{1-24}$ . The apparent inconsistencies may be explained by differences in cell types or in steroid assay methods. Kowal et al. measured  $20\alpha$ -dihydroprogesterone ( $20\text{-OHA}$ ) and  $11\beta$ -hydroxy, $20\alpha$ -dihydroprogesterone in the supernatant from cultured murine tumor cells using a fluorometric method (Kowal and Fiedler, 1968). We measured cortisol levels in supernatant from bovine adrenocortical cells by radioimmunoassay. In our hands, also, the fluorometric method showed VIP to stimulate steroid production with the same efficacy and potency as ACTH (data not shown). The reason(s) for the lower steroidogenic activity of VIP, as indicated by the more specific radioimmunoassay, may reflect: (1) lower intrinsic activity of VIP, (2) multiple intracellular pathways involved in steroid biosynthesis that VIP and ACTH affect differently, or (3) activation by VIP of fewer receptors that mediate steroid production. The data accumulated in this paper seem to favor the last notion that VIP (also, DYN and GRF) interacts with only a certain subtype of ACTH receptor that recognizes  $\text{ACTH}_{11-24}$ .

#### ACKNOWLEDGEMENTS

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Table 1. Binding Parameters for ACTH and VIP in Membranes from Brain and Adrenal Cortex.

		$^{125}\text{I}$ -VIP			$^{125}\text{I}$ -ACTH		
		$K_D$ (nM)	$K_I$ (nM)	$B_{\max}$ (fmole/mg)	$K_D$ (nM)	$K_I$ (nM)	$B_{\max}$ (fmole/mg)
BRAIN	VIP	$2.9 \pm 1.7$ $167 \pm 112$		$121 \pm 81$ $6,450 \pm 4,390$		$5.4 \pm 4.2$ $6,000 \pm 9,800$	
	ACTH		$23.6 \pm 14.0$ $5,240 \pm 10,600$		$0.51 \pm 0.41$ $87 \pm 40$		$13.5 \pm 9.3$ $2,780 \pm 1,340$
ADRENAL	VIP	$0.5 \pm 0.8$ $14.3 \pm 6.6$		$257 \pm 367$ $12,200 \pm 4,750$		$1.4 \pm 0.51$	
	ACTH		$22.2 \pm 33.0$ not resolved		$3.9 \pm 1.3$		$2,820 \pm 929$

$K_D$ ,  $K_I$  and  $B_{\max}$  were determined using the computer program LIGAND (see Materials and Methods). Data are expressed as the Mean  $\pm$  SEM from the same experiments shown in Figure. 1.

TABLE 2. Steroidogenic effect of VIP and ACTH from adrenal cell suspensions.

		Cortisol release (ng/10 <sup>6</sup> cells/hour mean $\pm$ SE)
Control		0.15 $\pm$ 0.01
VIP 0.1 nM		0.32 $\pm$ 0.02
100 nM		0.59 $\pm$ 0.10
ACTH 0.1 nM		0.77 $\pm$ 0.25
100 nM		1.37 $\pm$ 0.03
VIP + ACTH	0.1 nM 0.1 nM	1.22 $\pm$ 0.11**
VIP + ACTH	100 nM 100 nM	1.47 $\pm$ 0.07 <sup>(a)</sup>

\*\* p < 0.01 vs ACTH 0.1 nM  
p < 0.01 vs VIP 0.1 nM

(a) NS vs ACTH 100 nM (Tukey's multiple comparison)

# LEGENDS

Fig. 1. Displacement of  $^{125}\text{I}$ -ACTH or  $^{125}\text{I}$ -VIP by unlabelled ACTH and VIP from brain and adrenal membranes. Panels A and B represent the displacement of  $^{125}\text{I}$ -VIP and  $^{125}\text{I}$ -ACTH, respectively, from brain membranes. Panels C and D represent their displacement from adrenal membranes. Experimental data were pooled and analyzed using the computer program LIGAND (see Materials and Methods) to generate displacement curves. Each ligand-derived displacement curve is based on data pooled from multiple experiments (n). ACTH<sub>1-24</sub> (solid line) n=9,4,3,2, in panels A,B,C,D, respectively. VIP (dashed line), n=10,2,2,2 in panels A,B,C,D, respectively. Each point represents the Mean  $\pm$  SEM from experiments performed in 5 replicates. In experiments where a particular dose was used only once (5 replicates), no standard error bars are shown.

Fig. 2. Inhibition of  $^{125}\text{I}$ -VIP binding to rat brain membranes by peptides at 1  $\mu\text{M}$  concentration. Total  $^{125}\text{I}$ -VIP binding in the absence of unlabelled peptides is taken as 100%. Each bar represents percentage of the total binding. Mean  $\pm$  SEM of two experiments, each with 4 replicates.

(a) vs CTRL,  $p < 0.01$ ;

(b) vs CTRL,  $p < 0.01$ ;

(c) vs CTRL, NS;

(d) vs CTRL, NS;

(e) vs CTRL, NS;

(a) vs (b), NS (Tukey's multiple test)

Fig. 3. Steroidogenic activity of ACTH<sub>1-24</sub> and VIP. Adrenal cortical cell suspensions were incubated in the presence of increasing concentrations of ACTH and VIP. Each point represents the Mean  $\pm$  SEM of three experiments performed in triplicate.  $\bigcirc$  ACTH,  $\bullet$  VIP,

Fig. 4. Effect of addition of VIP upon ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>-induced steroidogenesis. VIP (1  $\mu$ M), ACTH fragments (10  $\mu$ M), CTRL, no peptides.

(a) vs VIP,  $p < 0.01$ ;

(a) vs ACTH<sub>1-10</sub>,  $p < 0.01$ ;

(b) vs VIP, NS;

(b) vs ACTH<sub>11-24</sub>, NS; (Tukey's multiple test).

Fig. 5. Steroidogenic effect of peptides. Data are expressed as the percentage of the maximal steroidogenic activity elicited by ACTH<sub>1-24</sub>. Each point represents mean  $\pm$  SEM of three experiments performed in triplicate.  $\bigcirc$  ACTH,  $\triangle$  DYN,  $\square$  GRF,  $\bullet$  VIP.

Fig. 6. Inhibition of  $^{125}$ I-ACTH<sub>1-24</sub> binding to adrenal membranes by 1  $\mu$ M VIP, DYN, GRF, TRH,  $\beta$ -END,  $\alpha$ -MSH and PEP T. The specific binding was obtained by subtracting the binding in the presence of 1  $\mu$ M ACTH<sub>1-24</sub> from the total binding. Each bar represents the Mean  $\pm$  SEM for three experiments of five replicates each. \*\*  $p < 0.01$  vs CTRL (Dunnett's test).

Fig. 7. Competition for  $^{125}$ I-ACTH<sub>11-24</sub> binding to adrenal membranes by ACTH<sub>11-24</sub>, ACTH<sub>1-10</sub>, ACTH<sub>1-24</sub>, GRF, DYN, VIP and PEP T, all at 1  $\mu$ M. The specific binding is the difference between total binding and binding in the presence of 5  $\mu$ M of ACTH<sub>11-24</sub>. Each

bar represents the Mean  $\pm$  SEM of three experiments, each with five replicates. \*\*  $p < 0.01$  compared to CTRL (Dunnett's test).

Fig. 8. Amino acid sequence homologies among ACTH<sub>11-24</sub>, VIP, GRF and DYN. The enclosed are identical amino acid residues, while the amino acid residues within the same classification (basic, neutral, acidic, etc.) are underlined.

Fig. 1

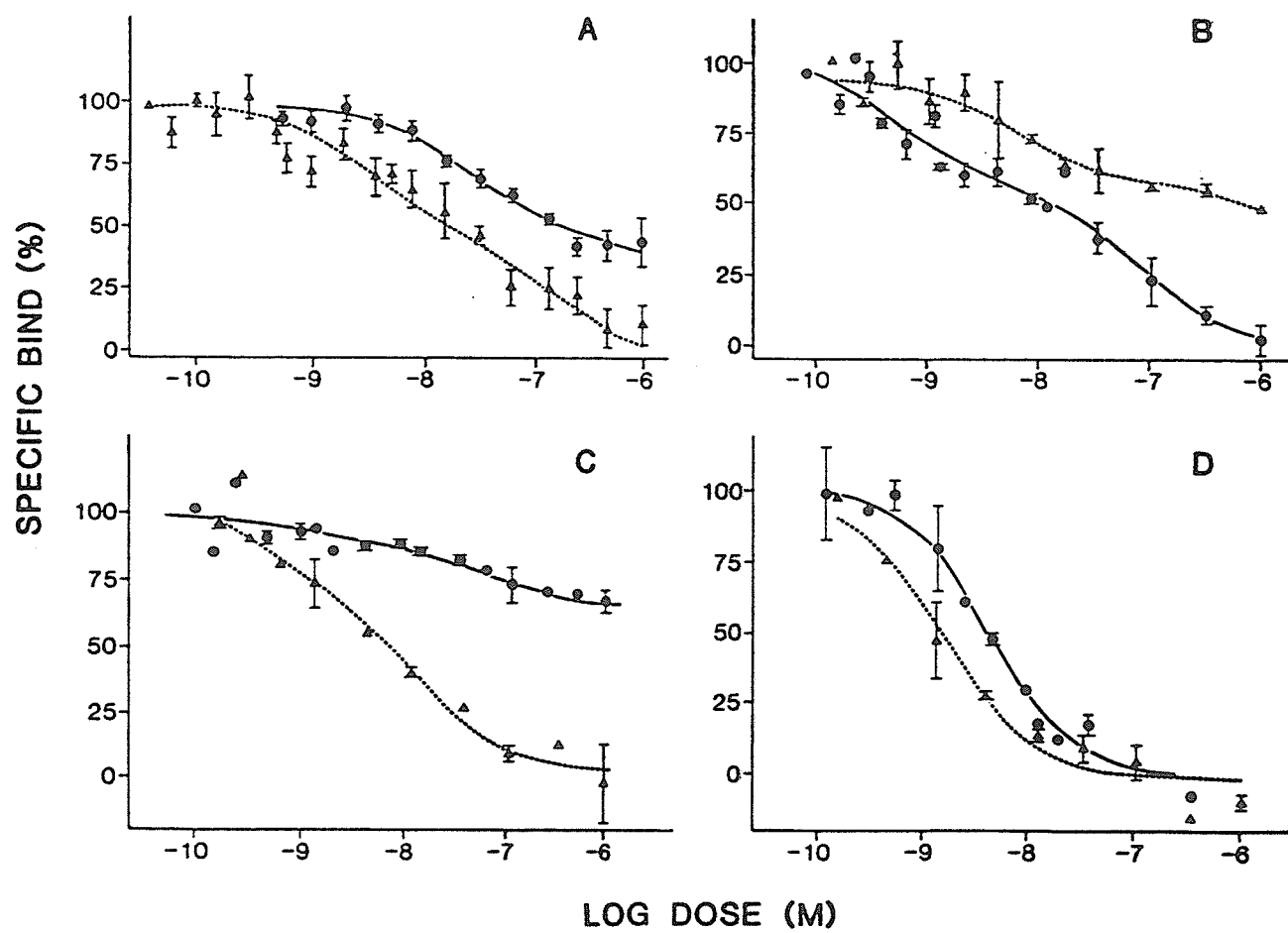
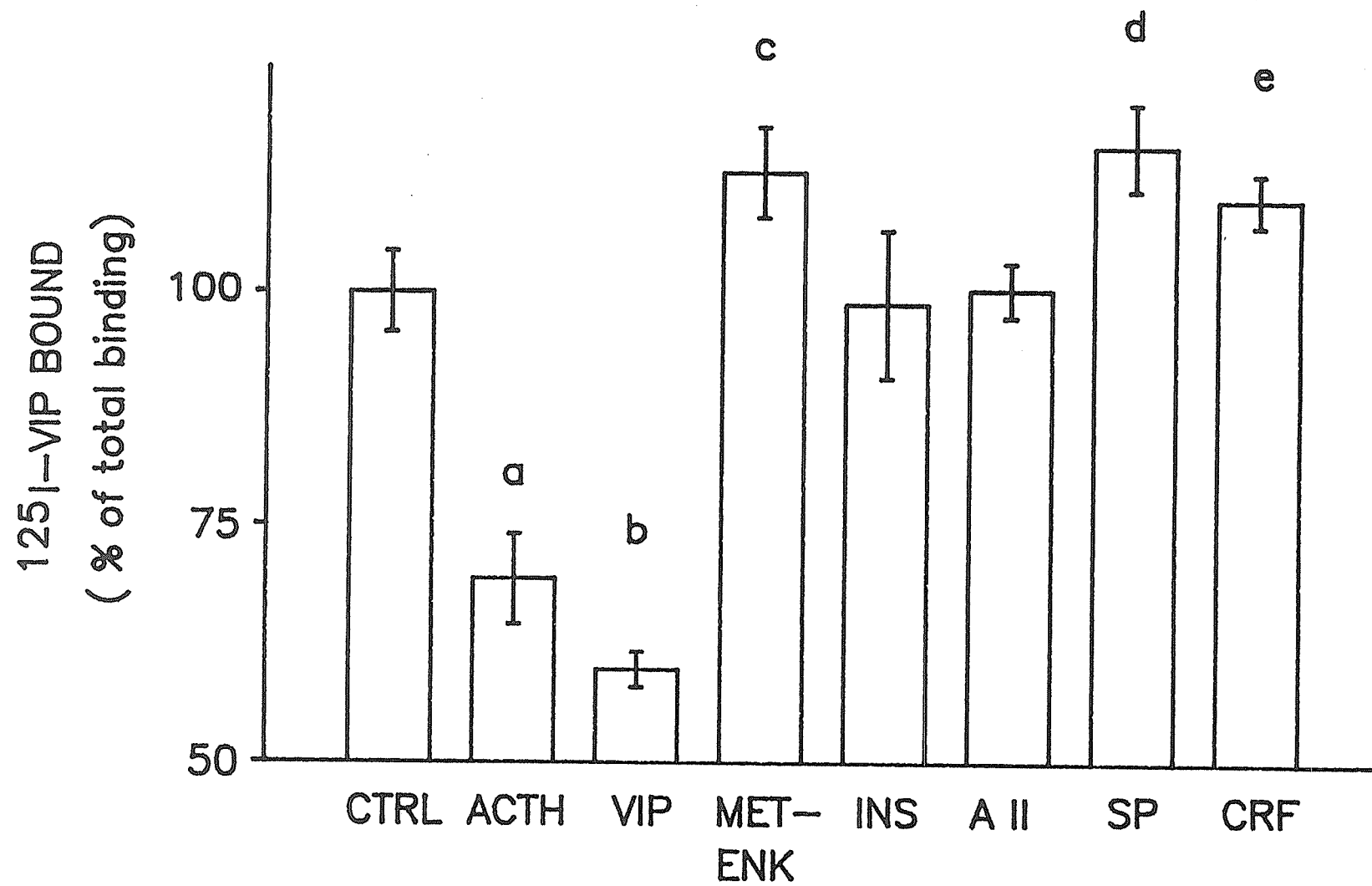




Fig. 2



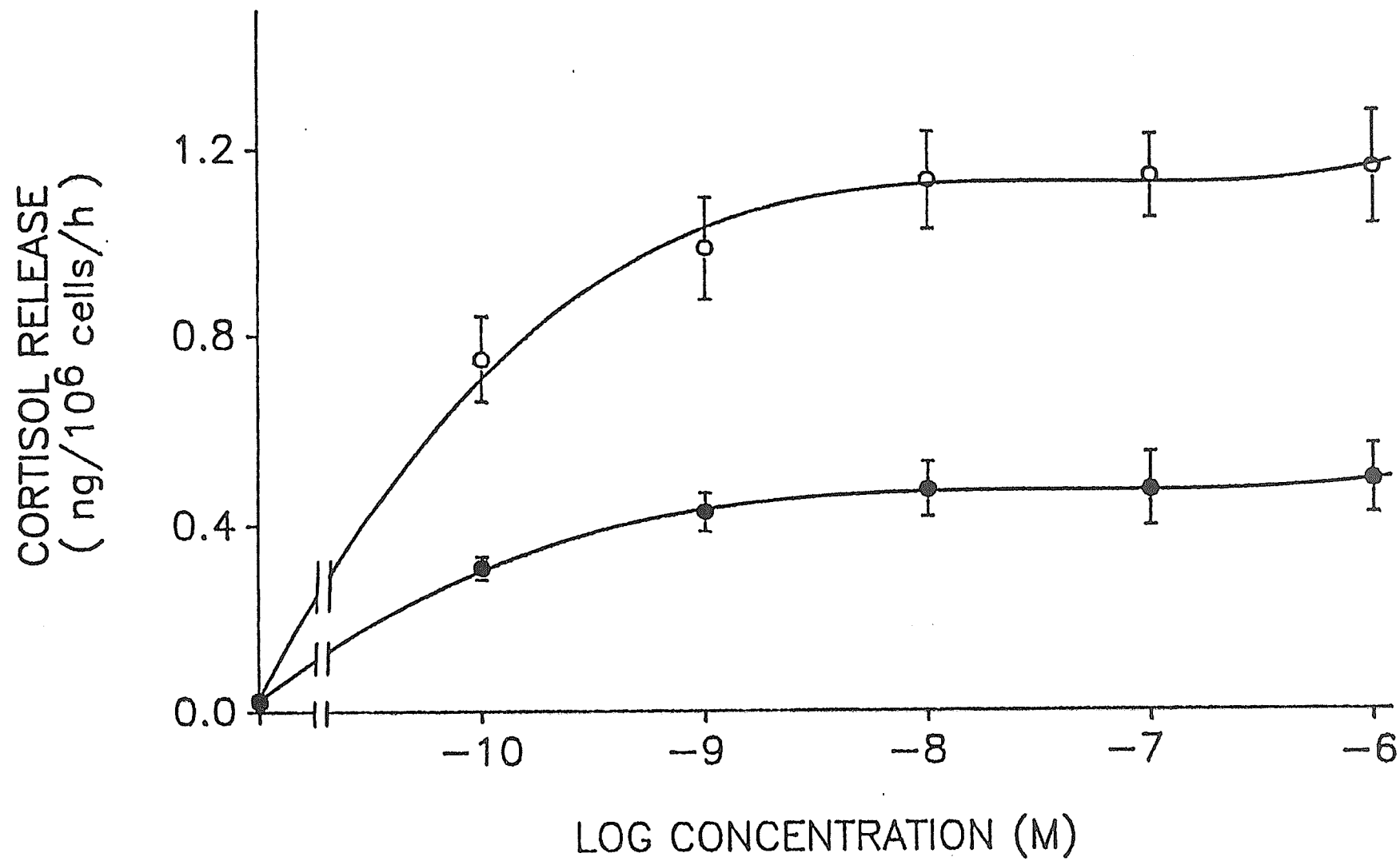


Fig. 3

Fig. 4

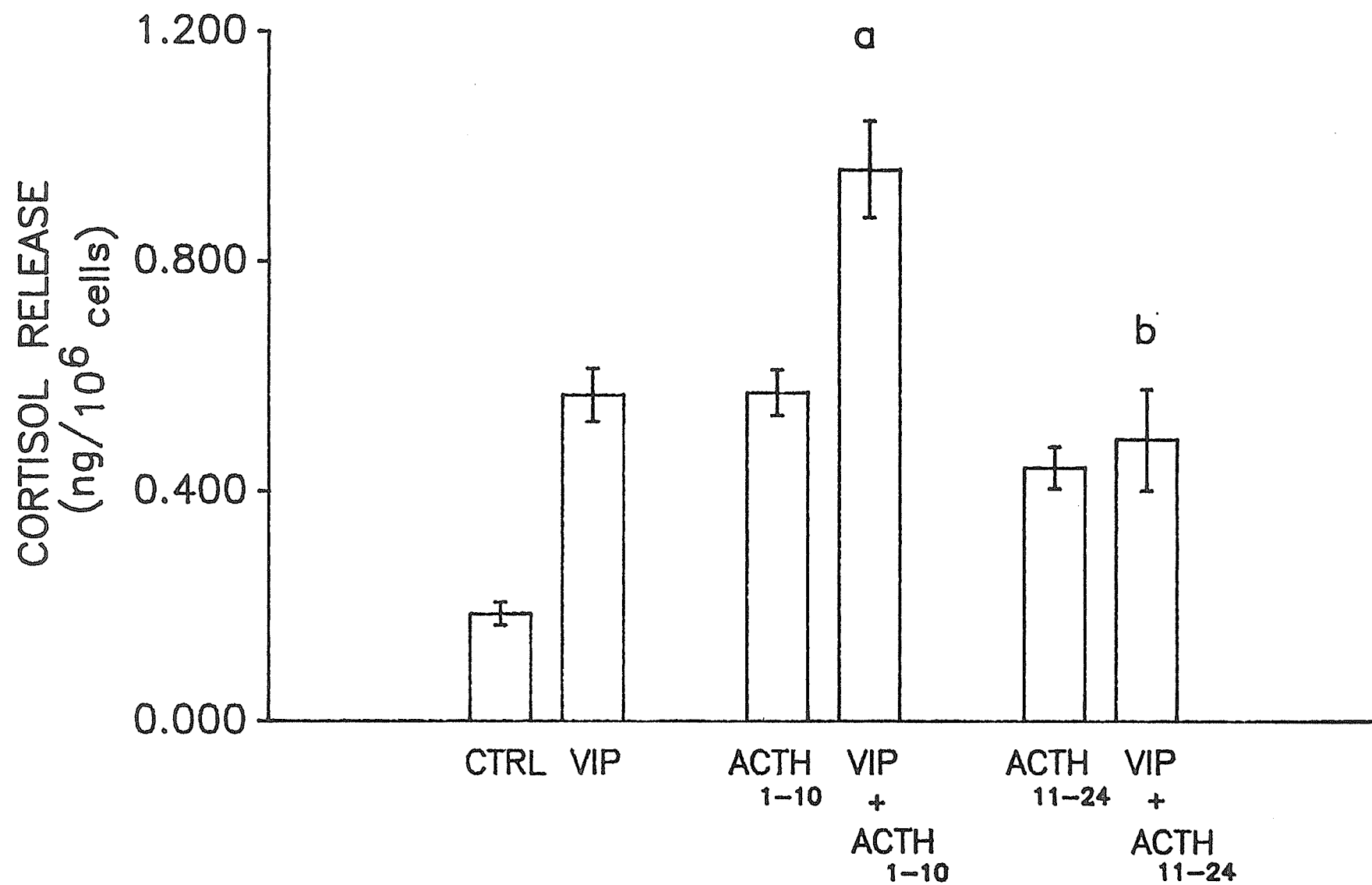


Fig. 5

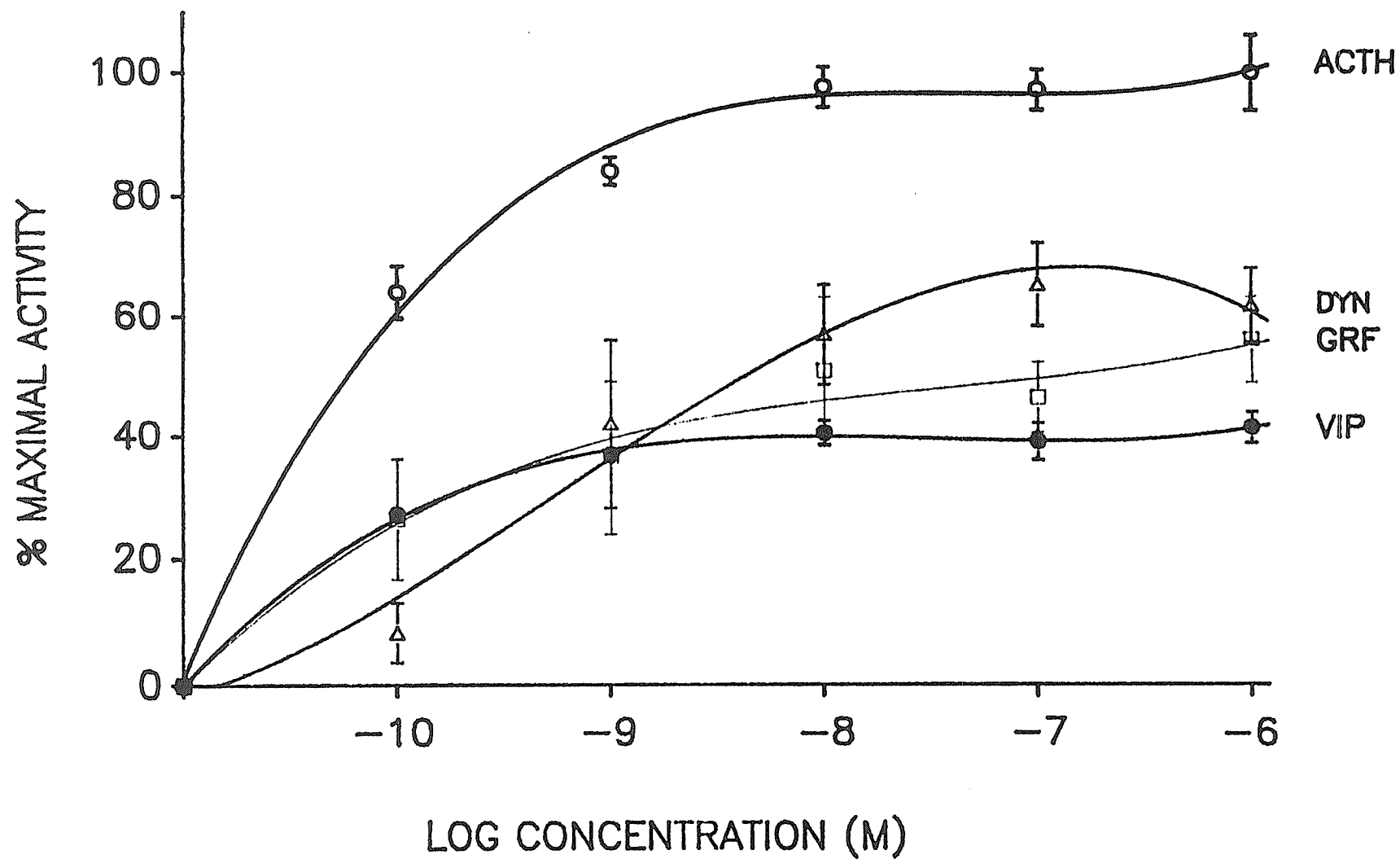


Fig. 6

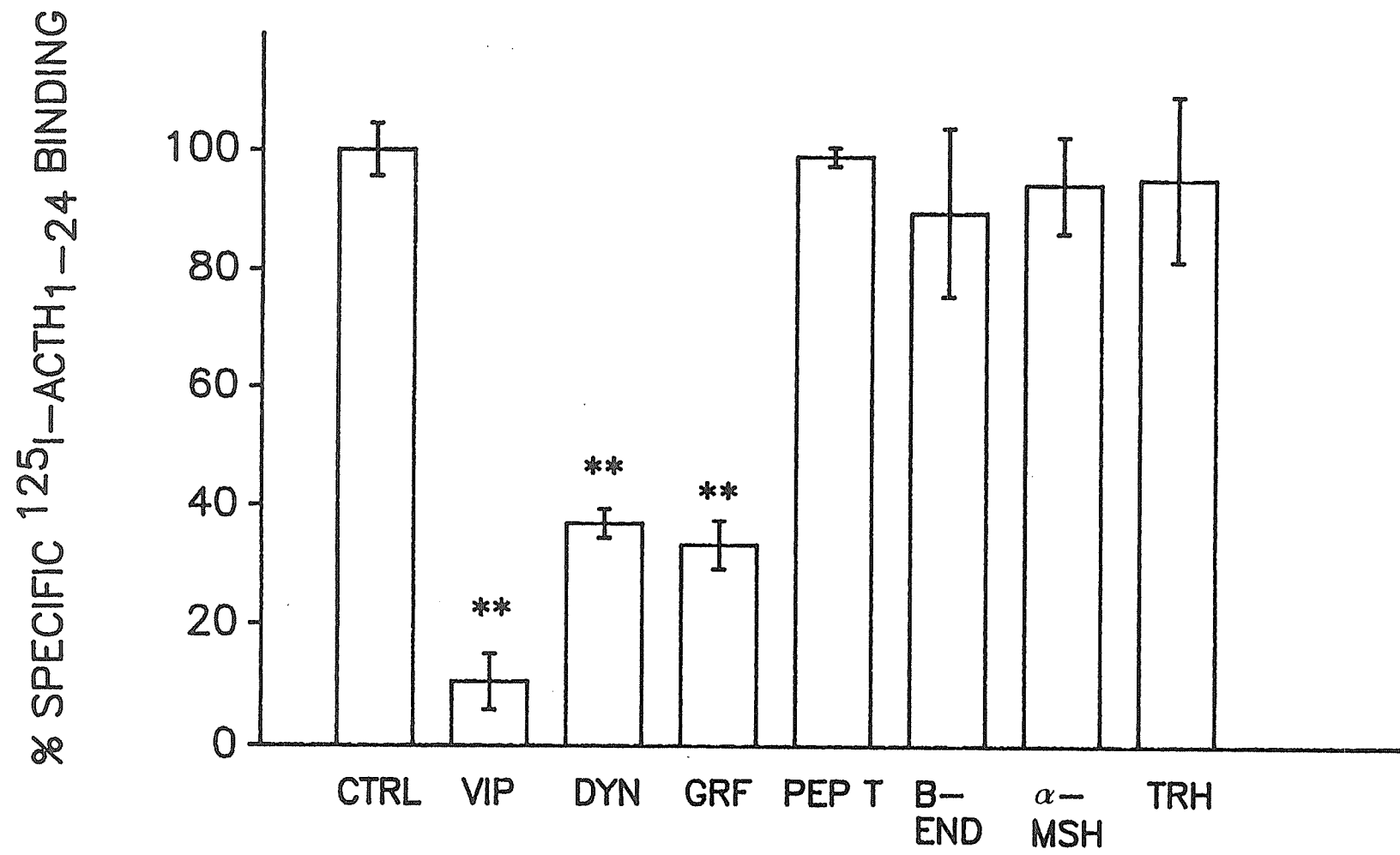


Fig. 7

% SPECIFIC  $^{125}\text{I}$ -ACTH $_{1-24}$  BINDING

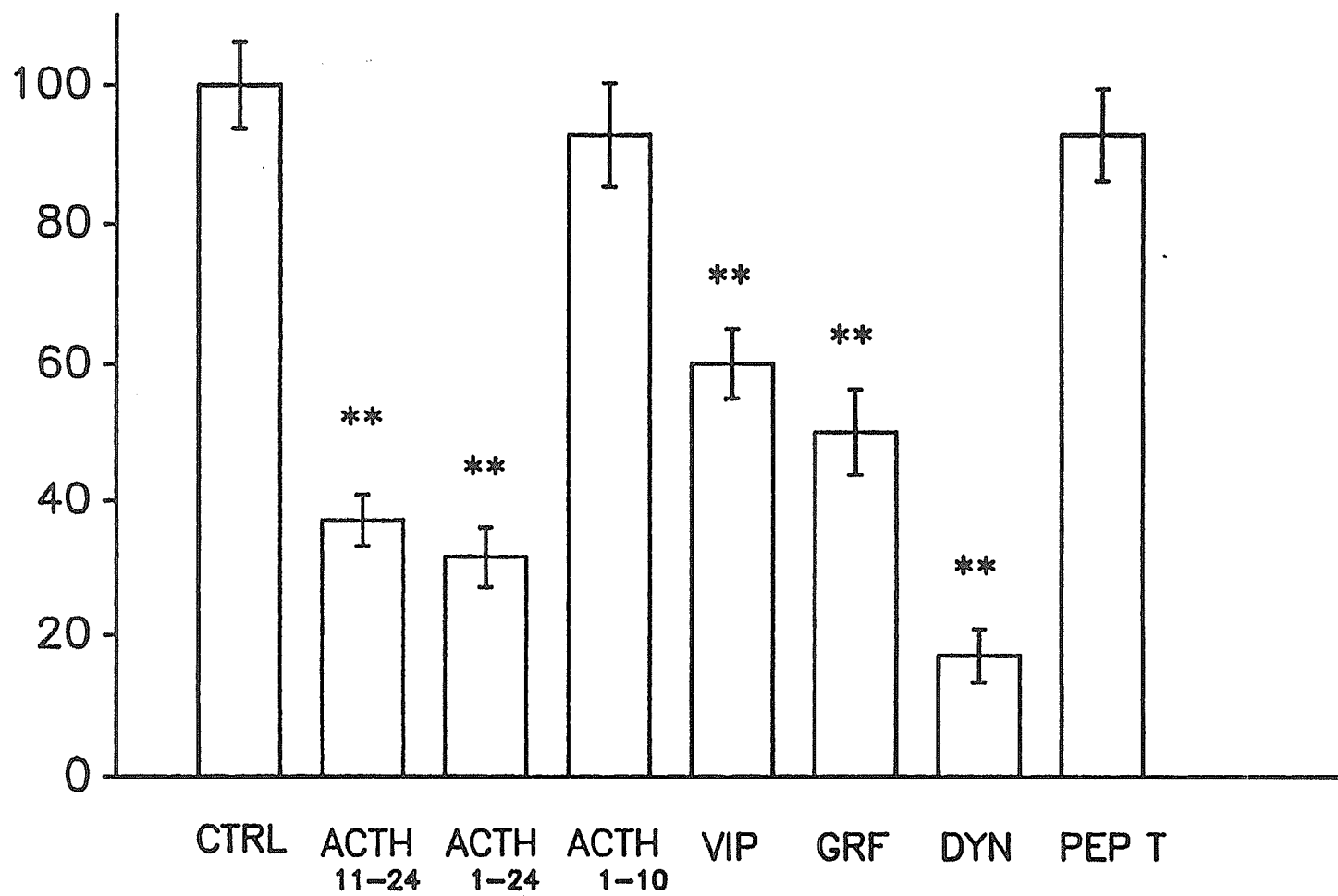
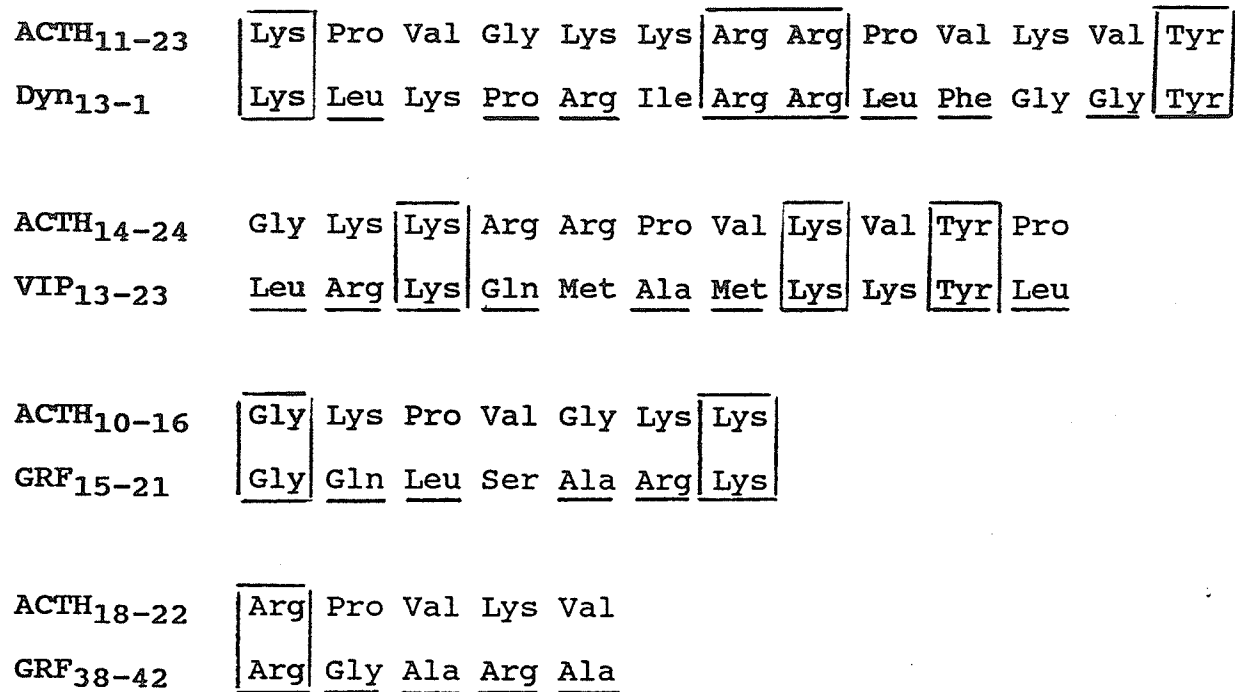


Fig. 8



ACTH/VIP RECEPTORS MEDIATE CYCLIC AMP GENERATION  
IN BRAIN AND ADRENAL. DIFFERENTIAL EFFECTS OF  
ACTH<sub>1-10</sub> AND ACTH<sub>11-24</sub>\*

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### Abbreviations

ACTH: adrenocorticotropin, ATP: adenosine 5'-triphosphate, BSA: bovine serum albumin, cAMP: adenosine 3',5'-cyclic monophosphate, DTT: dithiothreitol, GTP: guanosine 5'-triphosphate, VIP: vasoactive intestinal peptide.

### **Abstract**

Our previous studies indicated that ACTH and VIP share a common species of receptor in both brain and adrenal. In this study ACTH and VIP are shown to stimulate cAMP production in brain in a dose-dependent manner. In adrenal both ACTH<sub>1-24</sub> (1  $\mu$ M) and ACTH<sub>1-10</sub> (10  $\mu$ M) maximally induce cAMP formation, whereas ACTH<sub>11-24</sub> is inactive. These results now provide direct evidence for our earlier conclusion that promotion of adrenal steroidogenesis by ACTH<sub>1-10</sub> is mediated through a receptor coupled to adenylate cyclase and by ACTH<sub>11-24</sub> through a receptor linked to another second messenger system.

## Introduction

There is substantial evidence for a role of cAMP in the process whereby ACTH stimulates steroidogenesis (1-4). The interaction of ACTH with membrane receptors gives rise to activation of adenylate cyclase, and the consequent increase in intracellular cAMP level activates steroidogenesis acutely, and in the long-term induces steroidogenic enzymes through the action of cAMP-dependent protein kinase (5). It has been recognized generally that not all ACTH receptors are linked to adenylate cyclase. Rasmussen and Barrett (6) proposed that there are at least two types of ACTH receptors on adrenal cortical cells, one linked to cAMP and the other to calcium influx.

Our previous work indicated indirectly that there are at least two types of ACTH receptors, one recognizing the sequence ACTH<sub>1-10</sub> and coupled to cAMP formation, the other accommodating ACTH<sub>11-24</sub> (7). In the adrenal, VIP and certain other steroidogenic peptides appear to act through the ACTH<sub>11-24</sub> receptor. In this study we present direct data on cAMP formation in membrane preparations from brain and adrenal cortex upon exposure to ACTH<sub>1-24</sub>, ACTH<sub>1-10</sub>, ACTH<sub>11-24</sub> and VIP that provide additional support for the existence of two types of ACTH receptors.

## Experimental

### Materials

ATP, cAMP, GTP, DTT, neutral alumina (type WN-3), creatine phosphokinase, and imidazole were obtained from Sigma Chemical Company (St. Louis, MO);  $\alpha$ -<sup>32</sup>P-ATP from ICN Radiochemicals (Irvine, CA), <sup>3</sup>H-cAMP from Amersham Corporation (Oakville, Ont); creatine phosphate from Boehringer Mannheim Corporation (Dorval, Quebec); Dowex AG 50W-X4 from

Bio-Rad Laboratories (Richmond, Calif.); plastic columns (175 x 7 mm internal diameter) with funnels from Kontes Scientific (Vineland, NJ); VIP and ACTH<sub>11-24</sub> from Bachem Inc. (Torrance, CA); and ACTH<sub>1-24</sub> and ACTH<sub>1-10</sub> were generously provided by Organon (W. Orange, NJ).

#### Isolation of cAMP.

Isolation and measurement of <sup>32</sup>P-cAMP was performed by the sequential chromatographic method of Solomon (8), with some modification. Dowex AG50W-X4 (100-400 mesh) was washed with deionized water until the effluent was colour-free. A 1:1 slurry (Dowex:water) (2.5 ml) was added to the glass wool-stoppered columns to form the first column. Neutral alumina (WN-3) (0.55 g) was added to each column, washed with 10 ml of imidazole buffer (1.0 M, pH 7.3) to form the second column, followed by 20 ml of imidazole buffer (0.1 M, pH 7.3). The columns were placed on a special rack constructed to fit into each other in pairs, with the columns in the upper and lower racks vertically aligned. 'Stop solution' (1 ml) containing 10,000 cpm α-<sup>32</sup>P-ATP and 10,000 cpm <sup>3</sup>H-cAMP was added to each column and allowed to drain completely into the vials containing 4 ml of scintillation fluid. Then, consecutive 0.5 ml water effluents from each column were collected into vials containing 4 ml of scintillation fluid for a total of 14 fractions. To all the vials which received 0.5 ml effluent, 0.5 ml H<sub>2</sub>O was added and counted for <sup>3</sup>H and <sup>32</sup>P. The counts in <sup>3</sup>H and <sup>32</sup>P channels were plotted against the elution volume (ml). 'Stop solution' (1 ml) containing 10,000 cpm <sup>3</sup>H-cAMP was loaded into Dowex columns. Effluent allowed to drain completely and washed with 2 ml of water. The rack containing the Dowex columns was placed on top of a rack containing the alumina columns. Each Dowex column was eluted with 3.5 ml of water and the effluent was allowed to

pass through both columns into scintillation vials containing 14 ml of scintillation fluid. The upper rack containing Dowex columns was removed and alumina columns were eluted with consecutive 10 x 0.5 ml aliquots of 0.1 M imidazole buffer (pH 7.3) into vials containing 4 ml of scintillation fluid. 0.5 ml of imidazole was added to all the vials and counted in  $^3\text{H}$  and  $^{32}\text{P}$  channels. The counts were plotted against the elution volume (ml) and the elution profiles determined.

#### Measurement of $^{32}\text{P}$ -cAMP formation from $^{32}\text{P}$ -ATP

On the day of experiment,  $2-6 \times 10^6$  cpm  $\alpha$ - $^{32}\text{P}$ -ATP was added to 1 ml of reaction mixture containing creatine phosphate 25 mM, creatine phosphokinase (250 u), Tris acetate buffer (pH 7.6, 125 mM), magnesium acetate (25 mM), ATP (2.5 mM), cAMP (0.25 mM), DIT (5.0 mM), BSA (0.5 mg) and GTP (0.1  $\mu\text{M}$ ). Into plastic centrifuge tube (1.5 ml) held in an ice bath, 10  $\mu\text{l}$  of reaction mixture, 10  $\mu\text{l}$  peptides and 10  $\mu\text{l}$  theophylline (4 mM) were added. The reaction was initiated by adding 20  $\mu\text{l}$  of fresh adrenal or brain membrane preparation (15  $\mu\text{g}$  protein/assay tube), mixed well and incubated at 30°C for 15-30 min. The tubes were placed in an ice bath and 1.0 ml of 'stop solution' containing 0.2 mg of ATP and 0.1 mg of cAMP and 50  $\mu\text{l}$  of  $^3\text{H}$ -cAMP (10,000 cpm) was added to each assay tube. The tubes were centrifuged at 8000 g for 15 minutes. Aliquots of 0.9 ml supernatants were collected and applied to sequential chromatography on Dowex columns and alumina columns. The elutes from alumina columns were counted in both  $^3\text{H}$  and  $^{32}\text{P}$  channels and the gross amount of cAMP is calculated as follows:

$$\text{cAMP}_{\text{gross}} = \frac{H}{S} \times \frac{(S' - B' - F) \times 1,000}{\text{Rsp} \times E}$$

H and H' represent the cpm for  $^3\text{H}$ -cAMP standard in  $^3\text{H}$  and  $^{32}\text{P}$

channel, respectively; P and P' for the  $^{32}\text{P}$ -ATP standard, S and S' for the sample and B and B' for the background in the  $^3\text{H}$  and  $^{32}\text{P}$  channels respectively. E is membrane protein (ug/per assay tube). F, the correction for  $^3\text{H}$  counts in the  $^{32}\text{P}$ -channel is  $\frac{H'-B'}{H \times S}$

Rsp, the specific radioactivity of  $\alpha$ - $^{32}\text{P}$ -ATP is  $\frac{P' \times 100}{A}$  (cpm/p mole),

where A represents ATP (pmole/assay tube). The blank value (Z) is calculated similarly, and the net cAMP formation  $\text{cAMP}_{\text{net}} = \text{cAMP}_{\text{gross}} - Z$ .

### Preparation of membranes

Fresh bovine adrenal glands were obtained from a local slaughterhouse and kept in 10% sucrose at room temperature. After removing fat, the adrenals were bisected and cortical portions collected. Male Sprague-Dawley rats (weighing 150-200 g) were decapitated and brains removed rapidly and stripped of meninges. Tissues were minced with scissors and homogenized using 5 strokes of a glass-teflon homogenizer. The homogenate was centrifuged for 15 min at 1000 g (4°C), and the supernatant centrifuged for 30 min at 20,000 x g (4°C). The resulting pellet was resuspended in Tris-acetate buffer (0.01 M, pH 7.4) containing EDTA (0.8 mM), theophylline (4 mM). Protein concentration was determined by the method of Lowry et al. (9) and protein content in each assay tube was approximately 15 ug.

### Results

A typical elution profile of the Dowex column is shown at Figure 1. Over 99.9% of ATP added was eluted in the first 1.5 ml volume, and cAMP after the 2.5 ml elution volume.  $^{32}\text{P}$ -ATP was separated from the  $^{32}\text{P}$ -cAMP

by washing the column with 2 ml, then by 4 ml of water to elute the  $^{32}\text{P}$ -cAMP into the alumina column.

Figure 2 shows the typical elution profile of an alumina column. cAMP was not eluted until 1.0 ml elution volume of imidazole buffer was applied.  $^{32}\text{P}$ -cAMP was purified by washing the column with 0.5 ml of imidazole (to eliminate residual  $^{32}\text{P}$ -ATP) followed by 3.5 ml of the same buffer into the collecting vials. With this elution profile, more than 80% of cAMP was recovered.

VIP at  $10^{-10}\text{M}$  induces detectable cAMP production from brain membranes, and at  $10^{-6}\text{M}$  is maximally effective (Fig. 3). The dose of VIP required to stimulate maximal cAMP production by 50% ( $\text{EC}_{50}$ ) is  $7 \times 10^{-10}\text{M}$ . Similarly, ACTH stimulates adenylate cyclase activity from brain membrane in a dose-dependent manner (Figure 4). Detectable cAMP formation was stimulated by ACTH at  $10^{-10}\text{M}$ , and maximal cAMP generation at  $10^{-7}\text{M}$ . The  $\text{EC}_{50}$  is about  $1.2 \times 10^{-9}\text{M}$ . At  $10^{-6}\text{M}$  ACTH seems to be less effective.

In adrenal cortical membranes, ACTH (1  $\mu\text{M}$ ) induces cAMP formation in a time-related manner (Fig. 5). In the presence of the phosphodiesterase inhibitor theophylline (4 mM), a linear relationship between cAMP formation and incubation time up to 60 min was found. Both  $\text{ACTH}_{1-10}$  and  $\text{ACTH}_{1-24}$  enhance cAMP formation (148% and 238% of basal level, respectively), whereas  $\text{ACTH}_{11-24}$  was ineffective (Fig. 6).

### Discussion

ACTH augments cAMP levels in nervous tissue, including synaptosomal plasma membranes from rat brain (10), cultured murine brain cells (11) and cultured mouse cortical neurons (12). Binding of VIP to its receptor

sites is coupled to activation of an adenylate cyclase (13), e.g. in plasma membrane preparations from rat fat cells (14,15), heart (16) and lung (17); in isolated rat and chicken adipose cells (18,19), guinea pig pancreatic acinar cells (20), epithelial cells of rat ventral prostate (21) and horizontal cells of the teleost retina (22); and in cultured bovine choroid plexus epithelial cells (23). In the central nervous system, VIP stimulates cAMP formation in guinea pig brain (24) and various regions of rat brain (25-29). Our results confirm that VIP and ACTH stimulate adenylate cyclase activity in rat brain. From the study on time-course of cAMP generation to ACTH, cAMP generation increases over 0-60 min. The incubation times in all the experiments were 15-30 min which is within the linear portion of the curve. These observations also indicate that the two column separation method for cAMP is sensitive and reliable.

Since the classic report of Haynes and Berthet (1) implicating cAMP in adrenal steroidogenesis, many studies have related the action of ACTH to the generation of cAMP (2-4). However, it is generally recognized that there is not a consistent association between ACTH induced steroidogenesis and cAMP formation (30-34). For example, low concentrations of ACTH evoke steroidogenic response without evoking detectable changes in cAMP levels. To explain this discrepancy, several hypotheses have been proposed, e.g. the 'receptor-reserve model' by Ramachandran (35) and the 'compartment guidance concept' by Schulster and Schwyzer (36). Evidence has since accumulated to indicate two types of ACTH receptors on adrenocortical cells, only one of which is coupled with cAMP formation.

Early binding studies demonstrated two classes of binding sites for



ACTH in rabbit adrenal glands (37), mouse adrenocortical tumour cell membranes (38) and isolated rat adrenocortical cells (39). McIlhinney and Schulster (39) correlated their binding data to previous measurements of cAMP production in response to increasing concentration of ACTH (31). The  $K_D$  value of the low affinity site ( $1 \times 10^{-8} M$ ) was consistent with an  $EC_{50}$  value of ACTH action on cAMP formation ( $1 \times 10^{-8} M$ ). They suggested that this low affinity high capacity binding site was coupled to the cAMP system. Later, Moyle et al. (40) reported that an O-nitrophenyl sulfonyl derivative of ACTH, NPS-ACTH, appeared to inhibit, in a competitive fashion, the effect of ACTH on cAMP production, but not steroid production, indicating that the effects of ACTH on cAMP formation and steroidogenesis involved an interaction of the hormone with two types of receptors on the adrenal cells. Yanagibashi (41) identified two distinct ACTH receptors in rat adrenocortical cells and correlated binding data to steroidogenesis, calcium influx and cAMP synthesis induced by  $ACTH_{1-24}$ . From double reciprocal plots analysis, the apparent dissociation constant ( $K_D$ ) of ACTH effect on steroidogenesis,  $2.6 \times 10^{-10} M$  in the presence of  $Ca^{++}$ , was in good agreement with the  $K_D$  value for the high affinity ACTH receptor, while the apparent dissociation constant ( $K_D$ ) of the ACTH effect on cAMP formation,  $5.4 \times 10^{-9} M$ , was very close to  $K_D$  value of the low-affinity receptor, thus indicating that the high affinity ACTH receptor was linked to steroidogenesis and the low affinity receptor to cAMP formation. Bristow et al. (42) found that the action of either  $ACTH_{1-39}$  or  $ACTH_{5-25}$  (a full agonist of  $ACTH_{1-39}$ ), was inhibited by  $ACTH_{6-24}$  to different extents, indicating that the steroidogenic action of these two agonists might be mediated by two different receptor types. Recently, Kojima et al. (43) provided evidence to support the dual

receptor theory and proposed that both types of ACTH receptors on adrenal cortical plasma membrane elicit steroidogenesis. ACTH binds to one type of receptor to activate adenylate cyclase and binds to the other type of receptor to promote calcium influx. Increases in both cAMP formation and calcium influx act synergistically to induce a cellular steroidogenic response.

Our present report agrees with Kojima et al. (43) and indicated that of two classes of ACTH receptors mediating steroidogenesis, one recognizes the ACTH<sub>1-10</sub> fragment and is linked to cAMP system, whereas the other one recognizes ACTH<sub>11-24</sub> fragment and is coupled with another second messenger system (7). In this study we show directly that ACTH<sub>1-10</sub> and ACTH<sub>1-24</sub> elicit cAMP formation, whereas ACTH<sub>11-24</sub> is ineffective. Differential effects of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> on cAMP production directly confirms conclusions drawn in our previous study and support the concept of two types of ACTH receptors.

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### Legends

Fig. 1. Elution profile of Dowex column. 1 ml 'stop solution' containing 10,000 cpm  $^{-32}\text{P}$ -ATP and 10,000 cpm  $^3\text{H}$ -cAMP was applied to the column. Consecutive 0.5 ml volumes of water from the column was collected and counted (see Materials and Methods). Each point represents the radioactivity in 0.5 ml of effluent in a typical experiment.

Fig. 2. Elution profile of Alumina column. 1 ml 'stop solution' containing 10,000 cpm  $^3\text{H}$ -cAMP was applied to alumina column and eluted as described under the Materials and Methods. Each point represents the radioactivity in 0.5 ml of effluent in one typical separation.

Fig. 3. Dose-response curve for VIP-stimulated cAMP formation from brain membrane preparations. Incubation conditions and elution profiles were determined as described above (see Materials and Methods). Data are expressed as the Mean  $\pm$  SEM of two experiments pooled in duplicates.

Fig. 4. Dose response curve for ACTH<sub>1-24</sub>-stimulated cAMP generation from brain membrane preparations. Data are expressed as the Mean  $\pm$  SEM of pooled two experiments performed in duplicates.

Fig. 5. Time course of ACTH-induced cAMP formation from adrenal membranes. Adrenal membranes (15 ug/tube) were incubated with theophylline (4 mM), ACTH (1 uM) for 0-60 minutes. Each point represents the mean value of duplicates from one experiment.

Fig. 6. cAMP generation by ACTH<sub>1-10</sub>, ACTH<sub>11-24</sub> and ACTH<sub>1-24</sub>. Adrenal cortical membrane was incubated in the presence of ACTH<sub>1-24</sub> (1 uM) or ACTH<sub>1-10</sub> (10 uM) or ACTH<sub>11-24</sub> (10 uM). Each bar represents the mean  $\pm$  SEM of two experiments, each in duplicate.

Fig. 1

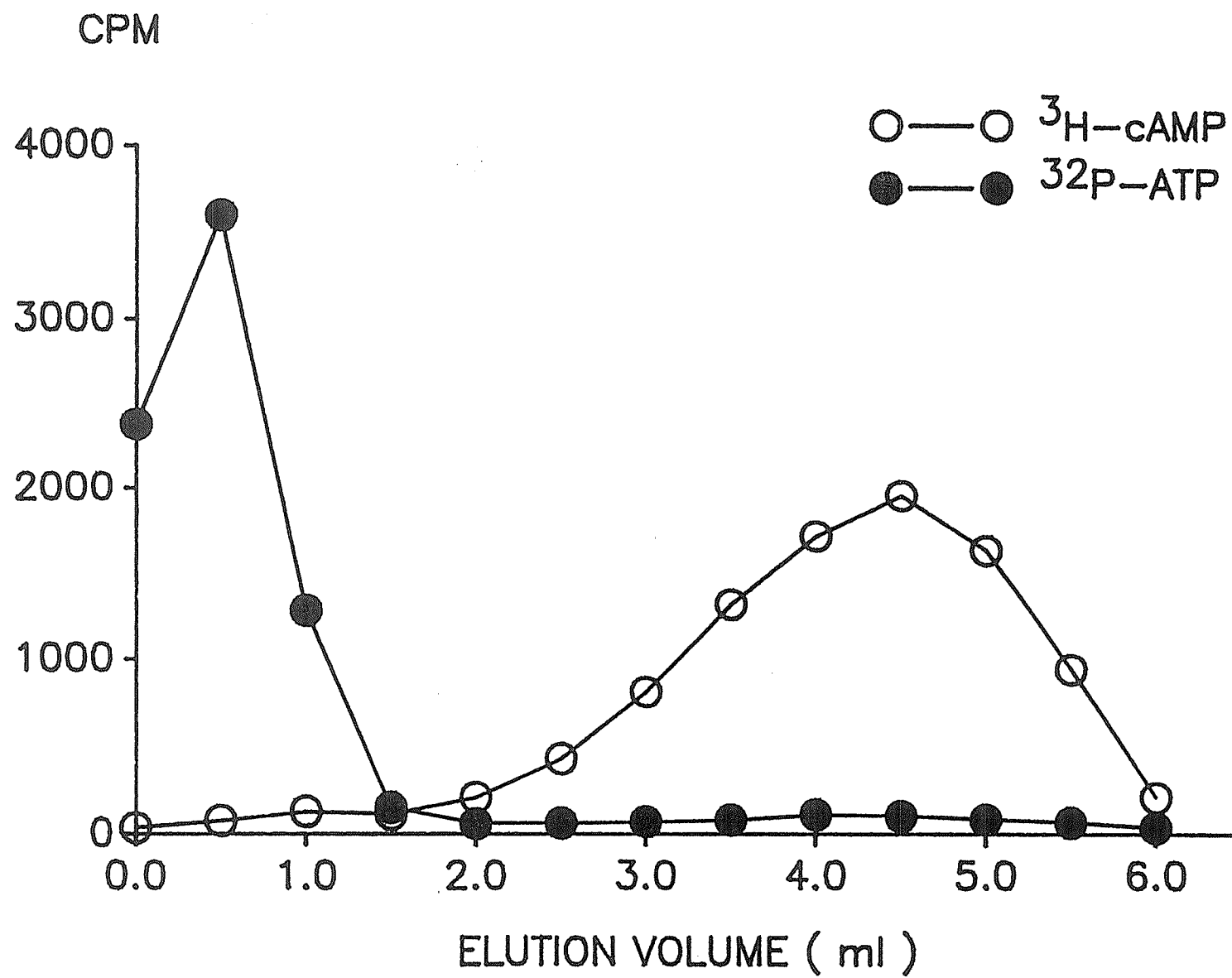


Fig. 2

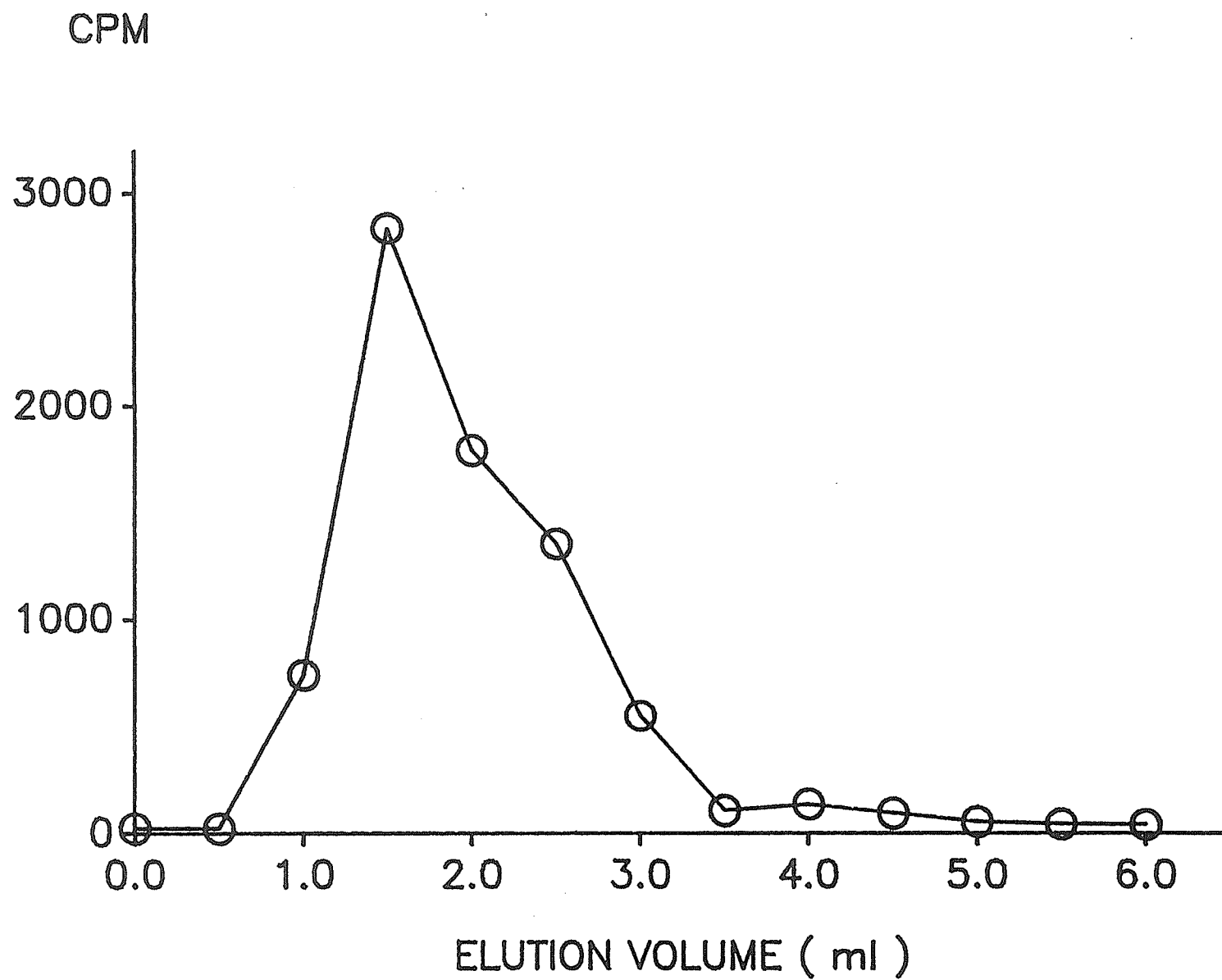


Fig. 3

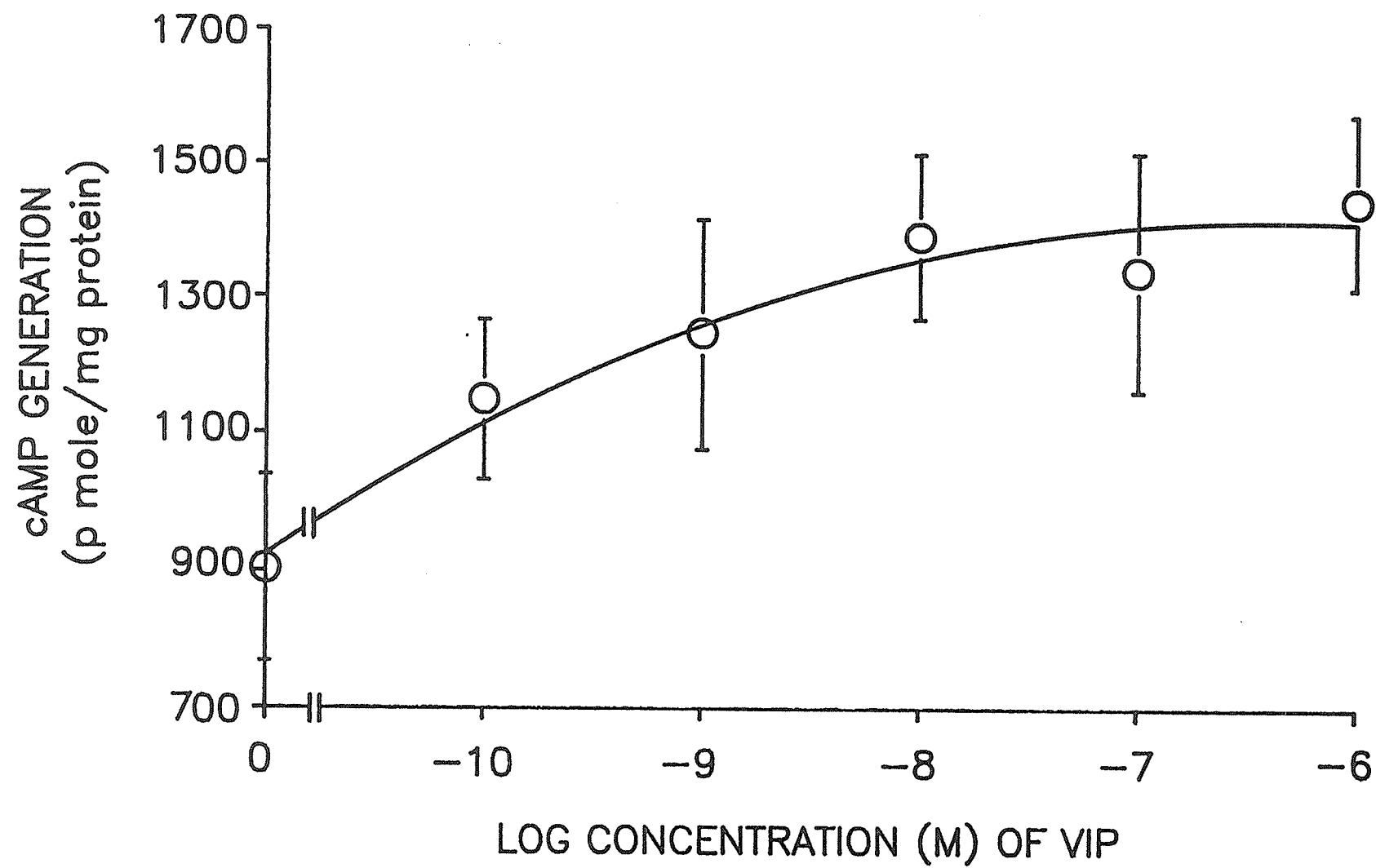


Fig. 4

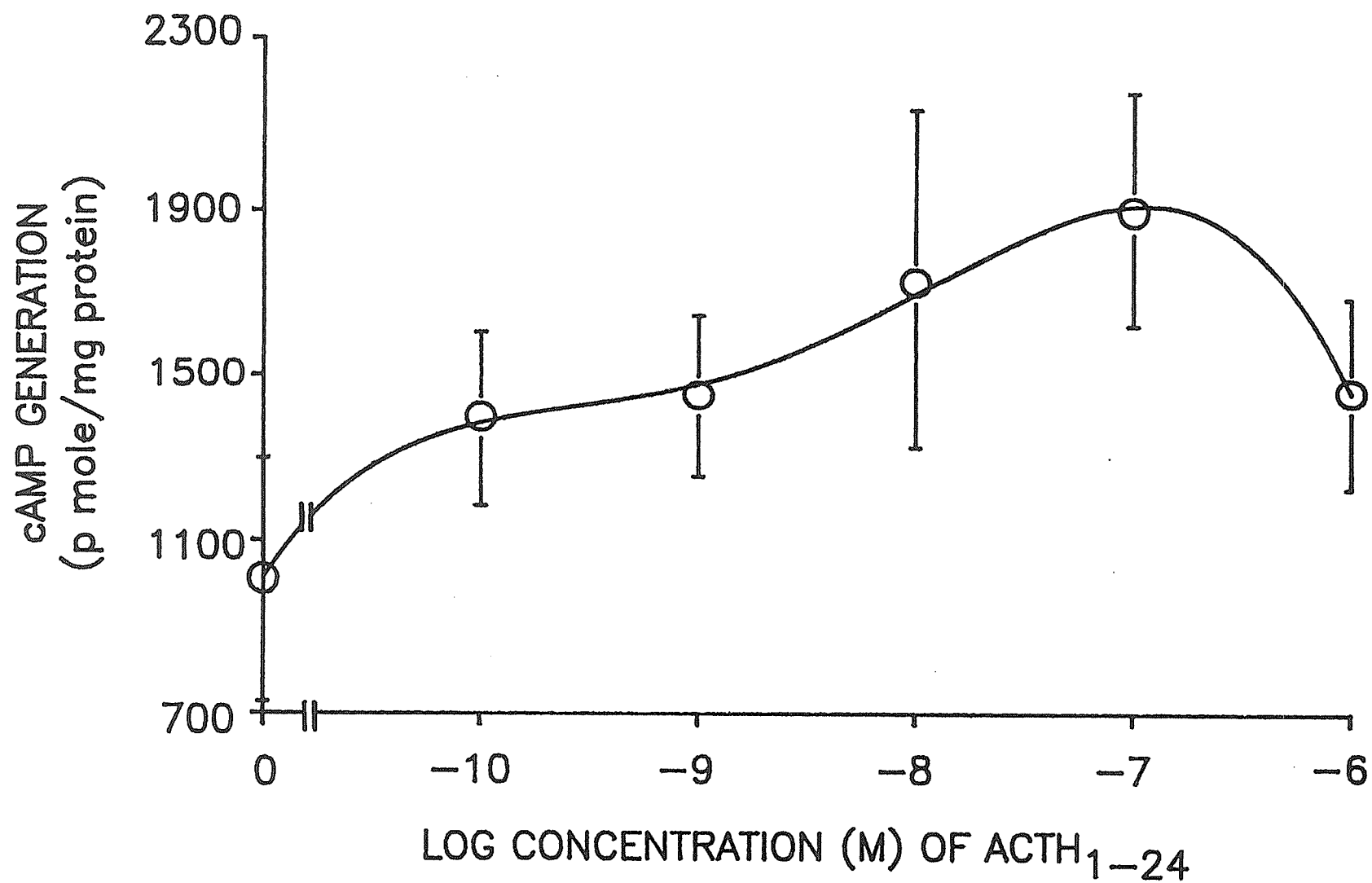


Fig. 5

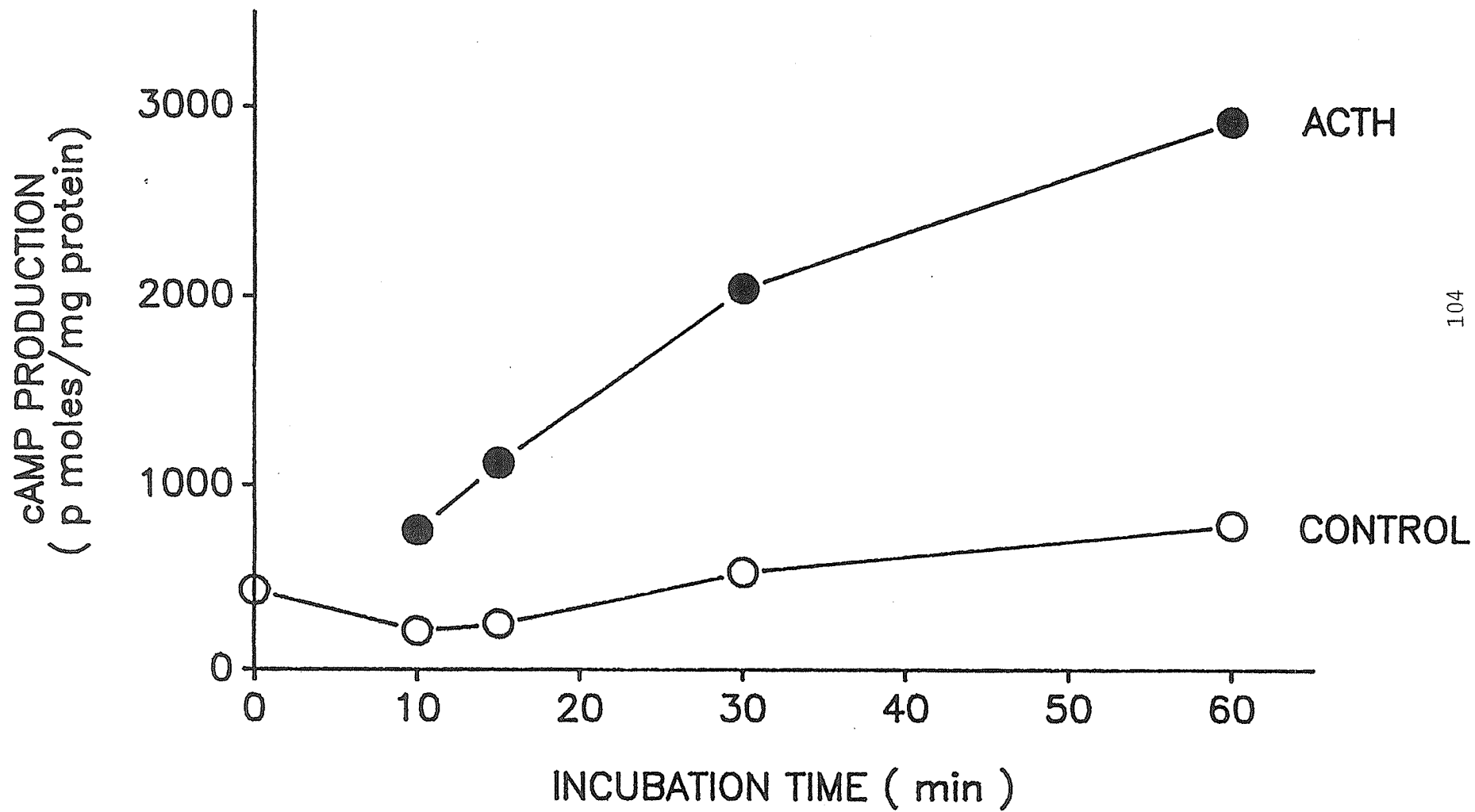
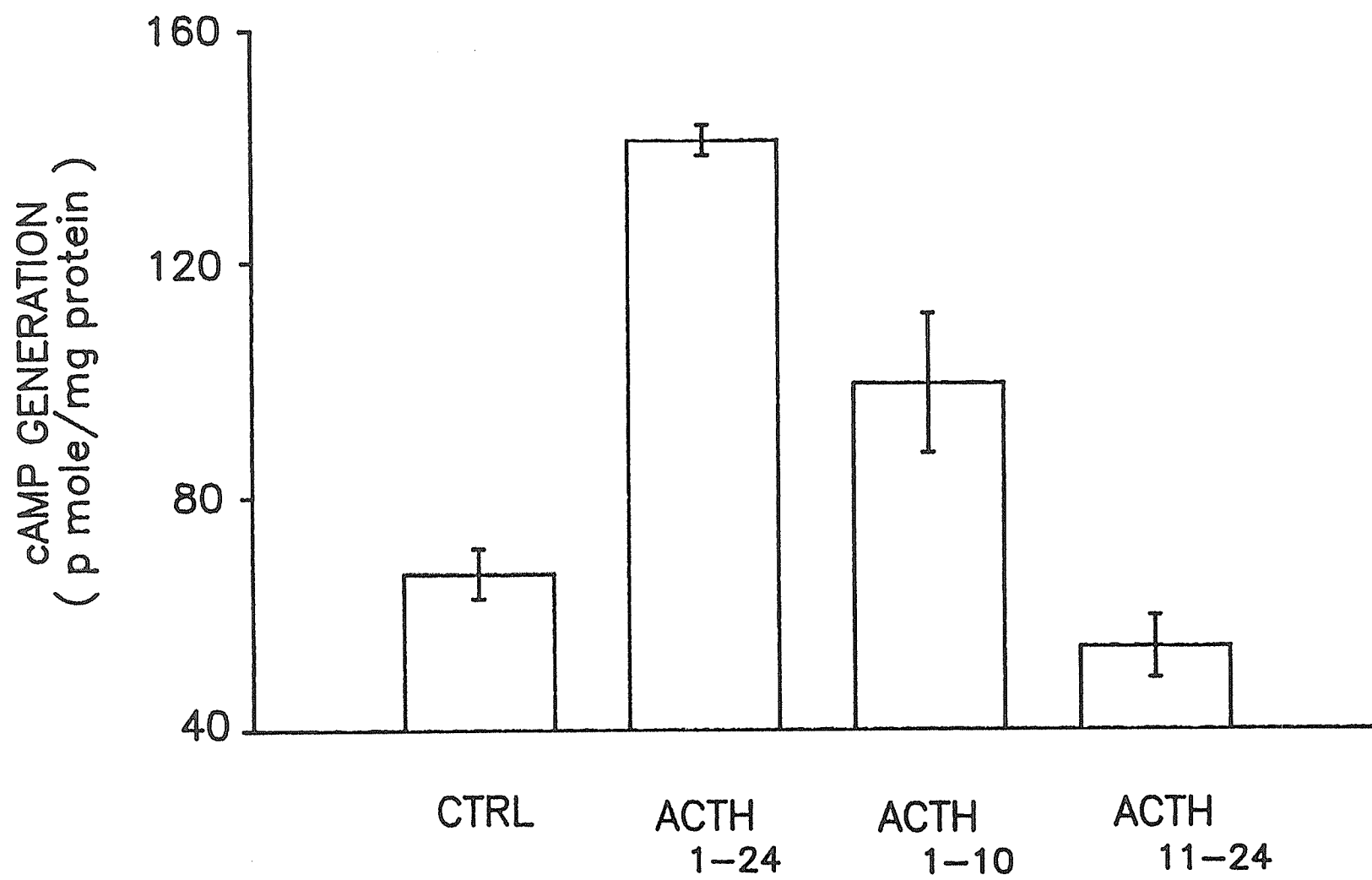


Fig. 6





## General Discussion and Overall Conclusion

Previous studies in this laboratory showed that high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to membranes from rat brain is potently inhibited by the peptides, VIP, GRF and DYN. We now provide evidence that all four peptides also compete for the high affinity binding of  $^{125}\text{I}$ -ACTH<sub>1-24</sub> to membranes from bovine adrenal cortex, and of  $^{125}\text{I}$ -VIP to membranes from rat brain and bovine adrenal cortex. In addition, VIP, GRF and DYN stimulate cortisol production in isolated bovine adrenocortical cells, suggesting that ACTH, VIP, GRF and DYN interact with a common species of receptor that mediates steroidogenesis.

There has been no report describing the interaction of VIP, (GRF, DYN) with the ACTH receptor. Kowal et al. (1977) reported that VIP stimulated steroid production in murine tumor cell cultures. The maximal steroid secretion in response to VIP was almost identical to that by ACTH, but with much less potency. Our results show that VIP elicits cortisol production in isolated bovine adrenal cortex cells with the same potency, but with less efficacy than does ACTH<sub>1-24</sub>. The apparent inconsistency may be caused by differences in cell types and/or in assay method for steroids. Kowal et al. measured steroids represented by 20 $\alpha$ -dihydroprogesterone (20-OHA) and 11 $\beta$ -hydroxy, 20 $\alpha$ -dihydroprogesterone from cultured murine adrenal tumor cells using a fluorometric method. We measured cortisol levels from dispersed bovine adrenocortical cells using radioimmunoassay. With the fluorometric method we have observed that VIP elicited steroid secretion with the same efficacy and potency as does ACTH. The reason for "overestimation" of steroid levels by fluorometric method is unclear.

The lower steroidogenic activity of VIP (GRF and DYN) may reflect

that these peptides 1) have lower intrinsic activity, 2) affect differently the multiple intracellular pathways involved in steroidogenesis from ACTH, or 3) occupy fewer receptors mediating steroid production. The finding that there are two classes of ACTH receptors mediating steroidogenesis in adrenal favors the last notion. Schwyzer (1980); Rasmussen et al. (1986) proposed the dual receptor model of ACTH action in steroidogenesis. However, the relation between the two receptors and ACTH structure has not been clear. We demonstrated that ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> each stimulates cortisol release in isolated and cultured bovine adrenocortical cells to about one-half the extent by ACTH<sub>1-24</sub>. The combination of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub> elicits cortisol secretion to the maximal level promoted by ACTH<sub>1-24</sub>. The maximal cortisol secretion by ACTH<sub>11-24</sub> is enhanced by forskolin, whereas the maximal cortisol production by ACTH<sub>1-10</sub> or ACTH<sub>1-24</sub> is not promoted by forskolin. On the other hand, vanadium in a dose-dependent manner inhibits cortisol release elicited by ACTH<sub>1-10</sub> and ACTH<sub>1-24</sub>, but not by ACTH<sub>11-24</sub>. cAMP production was induced in bovine adrenocortical membrane preparation by ACTH<sub>1-10</sub> and ACTH<sub>1-24</sub>, but not by ACTH<sub>11-24</sub>. These observations suggest that there are two classes of ACTH receptor sites mediating ACTH-induced steroid secretion, one recognizing ACTH<sub>1-10</sub> and coupled with the cAMP messenger system, and the other recognizing ACTH<sub>11-24</sub> and linked to a non-cAMP messenger pathway.

With respect to the steroidogenic activity of ACTH<sub>1-10</sub> and ACTH<sub>11-24</sub>, there is controversy in the literature. In an early study, Schwyzer et al. (1971) reported that ACTH<sub>1-10</sub> stimulated the maximal steroid secretion equivalent to that by ACTH<sub>1-24</sub>, but with less potency. However in a recent study by Hinson and Birmingham, ACTH<sub>1-10</sub> was reported to

elicit only a fraction of the ACTH response and with a less potency as well. Our results are in agreement with Hinson and Birmingham. As regarding ACTH<sub>11-24</sub>, many have reported that ACTH<sub>11-24</sub> was inactive in steroidogenic activity, except for Goverd and Smals (1984), who reported that ACTH<sub>11-24</sub> steroidogenic potency was comparable to that of ACTH<sub>1-10</sub>. This latter finding is consistent with ours. Goverde and Smalls (1984) also reported that ACTH<sub>11-24</sub> promoted steroid secretion with an equal efficacy to ACTH<sub>1-39</sub>, whereas we found that ACTH<sub>11-24</sub> only induced a maximal steroid synthesis corresponding to about one-half that by ACTH<sub>1-24</sub>.

Specific binding of <sup>125</sup>I-ACTH<sub>11-24</sub> to adrenal membranes is inhibited by VIP, GRF and DYN, but not by ACTH<sub>1-10</sub> and other peptides tested. Maximal cortisol production in response to VIP, GRF and DYN is only about one-half that by ACTH<sub>1-24</sub>. An additive steroidogenic effect of VIP plus ACTH<sub>1-10</sub> but not plus ACTH<sub>11-24</sub> has been shown. These binding and functional studies, in conjunction with the existence of structural homology among VIP, GRF, DYN and ACTH<sub>11-24</sub>, indicate that a common ACTH receptor site, probably the ACTH<sub>11-24</sub> recognition site accommodates VIP, GRF, DYN and mediates their steroidogenic actions.

Schwyzzer (1980) proposed that one class of adrenal ACTH receptor, receptor A, elicited steroidogenesis through cAMP pathway, whereas a second species of receptor, receptor B, stimulated steroidogenesis through another mechanism(s). He also stated that the N-terminal region of ACTH molecule contained all the message sequences responsible for activating both receptor A and B. In our study we agree with the dual receptor concept. However the message sequences within ACTH molecule for activating receptor A and B appear not be restricted to the N-terminal

region as proposed by Schwyzer. In contrast, the two message sequence appear to be situated more distant one from the other. The message sequence for activating receptor A seems to be situated in the 1-10 region, whereas that for receptor B seems to be located in the 11-24 region. Opmeer et al. (1978) reported that ACTH<sub>11-24</sub> induced lipolysis in rat adipocytes. Greven et al. (1977) reported that ACTH<sub>11-24</sub> contained a message sequence for activity in the central nervous system. In this context, it is reasonable that ACTH<sub>11-24</sub> contains a message sequence for activating receptor A and steroidogenesis.

The work in this study extends the previous demonstration of high affinity specific binding of <sup>125</sup>I-ACTH in rat brain. It constitutes binding and functional studies towards further characterizing ACTH receptors in brain and adrenal, demonstrating the existence of two classes of ACTH receptors, identifying specific regions within the ACTH molecule for activating each type of receptor, and elucidating the 'second messenger system' activated by occupancy of these receptors. We feel we have contributed to understanding the mechanism of action of ACTH in steroidogenesis and provided an example of how several structurally related neuropeptides may interact at one common recognition site to elicit a common physiological response.

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